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Your conflict matters to me! Behavioral and neural manifestations of control adjustment after self-experienced conflict and observed decision-conflict

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INTRODUCTION

In our daily lives, we need to selectively control and adjust our behavior. Wrong choices may instantly appeal to us, and yet we override these in order to respond based on what we have learned is right. This is indicative of how our brain selects responses: automatic bottom-up processes capture our action system, based on salient stimulus properties or strong impulses, and top-down action control is applied, based on intentions, instructions, and previous experience. Understanding the actions of others may be central to the human condition. Evolutionary thinkers believe that much of the improved cognitive abilities that humans and other apes possess, originate from the adaptive advantage of understanding and predicting the cognition and behavior of our peers; the Machiavellian intelligence hypotheses (Byrne and Whiten, 1988; Whiten and Byrne, 1997). Here we ask what happens if the previous experience that lead us to implement control is not our own behavior, but rather derived from performance observed in another. And more specifically, how do we tune our behavior to that of others? This study set out to answer these questions by zooming in on trial-by-trial adjustments using a social interference task.

Trial-to-trial adjustments have been studied with different interference tasks such as the Stroop task, the Eriksen flanker task, and stimulus-response compatibility tasks such as the Simon task (e.g., Pardo et al., 1990; Hazeltine et al., 2003; Schumacher et al., 2007). In such tasks, responses are typically slowed on incongruent (I) trials, that is, when the relevant aspect of the stimulus requires a response opposite to the response triggered by task-irrelevant stimulus aspects, rather than when the activated responses overlap, as on congruent (C) trials. The magnitude of the behavioral interference effect of congruence (i.e., I trials–C trials) is often considered as a measure for the ability to resolve response interference within a trial which may involve selective inhibition of the automatic response to reduce interference between competing actions (Simon and Wolf, 1963; Simon and Rudell, 1967; Forstmann et al., 2008a,b). Interestingly, when zooming in on trial-by-trial adjustments, it becomes evident that the interference effect is reduced after I compared to C trials (Gratton et al., 1992). This finding refers to the so-called conflict adaptation effect, or Gratton effect, which can be quantified as the difference of the interference effect following incongruent trials (ii–IC), subtracted from the interference effect following congruent trials (ci–cC). For brevity, in the following text we will use a lower case to denote the previous trial and an upper case to denote the current trial.

An influential theory capturing the conflict adaptation effect is the conflict monitoring hypothesis (Botvinick et al., 1999, 2001, 2004; but see also Mansouri et al., 2009). It proposes that in order to resolve response conflict, the presence of this conflict must first be detected and evaluated. Subsequently, cognitive control is implemented in order to overcome the detected conflict. Once control processes are activated they can also act on the following trial: when the subsequent trial is again incongruent, the already implemented control processes lead to an advantage in overcoming conflict. Hence, faster reaction times (RTs) are observed on I trials compared to C trials which results in an overall reduction of the interference effect after I trials compared to C trials.

The activation of conflicting response tendencies is typically accompanied by activation of posterior brain areas within the medial frontal cortex, most prominently the rostral cingulate zone (RCZ; for review see Ridderinkhof et al., 2004a). Selecting the task-appropriate action is more demanding when competing alternative actions are activated on the basis of task-irrelevant stimulus
features. Such processes of action selection are typically associated with activation in dorsal brain areas within the medial frontal cortex, most prominently the pre-supplementary motor area (pre-SMA; for review see Nachev et al., 2008). Under more demanding circumstances, additional activation is observed in lateral prefrontal cortex (LPFC; for review see Mostofsky and Simmonds, 2008). Studies using functional magnetic resonance imaging to examine the Gratton effect have shown that RCZ activation associated with conflicting response tendencies is followed by activation in LPFC (e.g., Kerns et al., 2004; Kerns, 2006), presumably as a means of increased proactive top-down guidance of action selection processes after conflict has been experienced, such that further response capture by task-irrelevant stimulus features is pre-empted.

Action selection processes, especially when facing conflicting response tendencies, are expressed in event-related brain potentials (ERPs) obtained from frontocentral scalp sites. Although it is not always clear whether these manifestations reflect activation in pre-SMA or in the directly underlying RCZ, frontocentral ERPs are consistently modulated by factors that place differential demands on action selection, most typically in the time window of the so-called N2 (for review see Folstein and van Petten, 2008). Many studies have examined these modulations in the context of conflicts tasks, expressed in a negative shift in the frontocentral ERPs in the N2 time range (e.g., Heil et al., 2000). This negative shift is modulated by the Gratton effect, such that the negative shift was considerable after congruent trials but much reduced after incongruent trials, mirroring the RT results (Leuthold and Schröter, 2006). This pattern again suggests pre-emptive control after experienced conflict, such that action selection is subsequently less affected by response capture from task-irrelevant stimulus features.

In the present study, we introduce a social version of the Simon task, where during half of the trials, the subjects observe another person’s response instead of responding themselves. This allows us to examine trial-by-trial adjustments, after having observed behavior of someone else compared to the adjustments after performing the task oneself. According to the simulation account (Gallese et al., 2004; Ramnani and Miull, 2004; Iacoboni et al., 2005; Decety and Grèzes, 2006) the observation of another person’s behavior induces internal states in the observer that are similar to those that would occur if the observer undertook the action himself. Interestingly, these internal states are also evoked if the other’s actions are not directly observed, but heard or suggested instead (Umilità et al., 2001; Kohler et al., 2002). These findings suggest that it is not simply perceiving an action, but knowing that it takes place, that evokes these states. As such, we expect that observing the Simon task in another will also evoke response conflict in the observer. Therefore, we examine whether the Gratton effect as obtained after self-experienced response conflict is also obtained after observing the performance of someone else.

Two hypotheses are formulated: first, we expect to find comparable trial-to-trial adjustments in the shape of a behavioral Gratton effect after the observation of someone else or after performing oneself. Second, we expect the negative shift in the frontocentral ERPs in the N2 time range to be modulated by the Gratton effect, such that a negative shift is observed after congruent but not incongruent trials. Again, this modulation should be comparable after having observed someone else compared to having performed the task oneself on the previous trial.

**MATERIALS AND METHODS**

**PARTICIPANTS**

Twenty healthy volunteers (22–28 years old, \( \mu = 24, \sigma = 1.65 \)) were recruited from the student population of the University of Amsterdam. The subjects were all right handed as assessed by the Edinburgh Inventory (Oldfield, 1971). Informed consent was obtained prior to the experiment. The experiment was approved by the local ethics committee of the University of Amsterdam, and all procedures were conducted in accordance with relevant laws and institutional guidelines. All subjects had normal or corrected-to-normal vision. Subject reported having no history of neurological, major medical, or psychiatric disorder. Due to an error in the computer setup, no response markers were introduced in the EEG datafiles during the testing of five subjects. As a result, only the behavioral data from these subjects are reported. An additional behavioral session was acquired for 17 of the 20 subjects.

**PROCEDURE**

**Instructions**

Subjects were instructed that they were to perform in a task that was interspersed with trials previously recorded from another person performing in the same task. In reality, they observed computer generated behavior. The subjects were shown a picture and were given a name of the fictional other subject. Names of fictional subjects were matched in length to the names of the subjects participating in the experiment. Note that subjects were explicitly informed about the non-competitive nature of the experiment. Moreover, subjects were instructed not to respond during the other’s trials, unless the other made an error. The latter trials served as catch trials. Before the experiment started the subjects were also photographed to increase the plausibility that their own data would be used as an ‘other’ for a future subject. Subjects had already performed this task for 40 min previously, and subjects were allowed to practice the task for 10 min before the experiment began.

**Debriefing and questionnaire**

After performing the experimental session, subjects filled out a visual analog scale questionnaire. The questions were set up to probe the subjects’ representation of the other player, without directly asking their belief in the manipulation. Once the subjects had filled out this questionnaire, they were informed about the deception, and asked directly whether they had believed it. Their answer to this final question was rated on a 5-point scale, which was included in the overall measure of the strength of the subjects’ representation of the other, ranging from 0 to 1.

**Behavioral task**

Subjects performed a social version of the Simon task (Simon and Wolf, 1963) with four blocks of 320 trials each. Throughout the experiment, two buttons were visualized in the lower left and lower right of the screen, a visual angle of 5.6° apart (see Figure 1). A white central fixation cross was presented on a black background for 1000 ms, followed by a 500 ms cue (the subject’s name or the other), indicating who was to perform the upcoming trial. This cue was followed by a fixation cross for 800 ms, and then the target appeared, lasting for 1000 ms. Targets were filled circles of one of four colors (red and green for a right response, blue and yellow for
a left response). Targets appeared to the left or right of fixation, above either the left or the right button. The distance between the fixation cross and the target covered a visual angle of 2.8°. Responses were either generated by the computer, or made by the subject using response buttons, depending on the trial type (self or other). The selected response was visualized by pressing and depressing the corresponding button on the screen. After a delay of 400 ms, a new trial began.

The sequence of trial conditions was produced randomly, with several constraints: the subject’s trials comprised eight types (2 × 2 × 2), as determined by the player of the previous trial (self/other condition of the previous trial that varies). The Gratton effect was determined as the interaction effect between the congruency of the current trial and the congruency on the previous trial. Error rates were also computed for each of these eight trial types.

**RT and error rates were analyzed using SPSS 17 (SPSS Inc.).**

**Electrophysiology**

Electrophysiological data was recorded using the 'Biosemi active two' acquisition system (Biosemi B.V., the Netherlands), recording from 32 scalp electrodes placed according to the 10/20 system (Jasper, 1958). Additionally, horizontal and vertical eye movements were recorded, next to the canthus of the left and right eye, and above and below the left eye. An electrode placed on the left earlobe was used as a reference signal.

The data was analyzed using Brain Vision Analyzer (v.1.05.0005, Brain Products GmbH, Germany). The raw data was downsampled to 512 Hz. The data were initially band-pass filtered with a lower cut-off of 0.5 Hz (12 dB/octave) and an upper cut-off of 20 Hz (48 dB/octave). Any noisy segments were located by visual inspection and removed. Eye-movement artifacts were isolated using Independent Component Analysis, and subsequently removed from the data (Vigario, 1997; Hyvarinen and Oja, 2000; Iriarte et al., 2003; Wijnen and Ridderinkhof, 2009). ERPs were aligned to a baseline of the 200 ms prior to target onset (t = 0 ms). The data were exported from Brain Vision Analyzer, and the values for Fz and Cz were analyzed using SPSS.

Frontocentral ERPs in the N2 time window (between 200 and 400 ms) were expected to show greater negativity in cl compared to cC trials. We identified such a shift based on the difference waves
of cI and cC. This negative shift occurred between 270 and 400 ms, and peaked at 328 ms (see Figure 3). We selected the area between 300 and 350 ms to zoom into this timespan. Adopting a procedure previously used in a number of similar studies (Kopp et al., 1996; Heil et al., 2000; Bartholow et al., 2005; Leuthold and Schröter, 2006) we analyzed the interval by computing the average voltage over the timespan.

The P3 component of the ERP follows the N2. Because the P3 spans a wide time interval and shows a broad scalp distribution, it shows partial overlap with the N2 both temporally and spatially (Nieuwenhuis et al., 2003; Yeung et al., 2004). In order to minimize the effects of this overlap on our analyses, we also filtered the data again to exclude the slow P3 component, using a band-pass filter with a lower cut-off of 3.5 Hz (12 dB/octave) and an upper cut-off of 20 Hz (48 dB/octave), (Donkers and van Boxtel, 2004; Wijnen and Riddervold, 2009). Afterwards, we repeated our analysis of the negativity. We also computed the highest negative peak between 200 and 400 ms on the individual cI–cC difference waves, to acquire an individual measure of the latency of the ERP negativity.

**Bayesian analysis**

In the remainder of the statistical analyses, we report Bayesian posterior probabilities in addition to conventional p-values on the ERP and the behavioral data to show that the effects for self and for other were identical. When we assume, for fairness, that the null hypothesis and the alternative hypothesis are equally plausible a priori, a default Bayesian t-test (Wetzels et al., 2009) allows one to determine the posterior plausibility of the null hypothesis and the alternative hypothesis. We denote the posterior probability for the null hypothesis as $p_{\text{pos}}(H_0)$. When, for example, $p_{\text{pos}}(H_0) = 0.9$, this means that the plausibility for the null hypothesis has increased from 0.5 to 0.9, and the plausibility of the alternative hypothesis has correspondingly decreased from 0.5 to 0.1. We report these posterior probabilities because they address several problems both with conventional p-values and with $p_{\text{Bayes}}$ (Wagenmakers, 2007; Iverson et al., 2008a,b). Most importantly, posterior probabilities allow one to directly quantify evidence in favor of the null hypothesis, instead of only ‘failing to reject’ it. In the case of our analyses, we perform a one-sample Bayesian t-test on the difference scores of two measures (following self and following other), because we want to show the posterior probability that they are the same. This relates directly to our hypotheses following the simulation account, proposing that the same behavioral and neural modulations occur following own, and following observed behavior.

**RESULTS**

**BEHAVIORAL RESULTS**

Average RT was $572\text{ ms } (\sigma = 42)$. Average ER was $0.037\text{ } (\sigma = 0.023)$. The average strength subjects’ representation of the other was $0.54\text{ } (\sigma = 0.17)$. We performed two repeated-measures ANOVAs, one with RT as the dependent variable, and one with error rate as the dependent variable. Both analyses used previous congruency, current congruency, and previous self/other condition as independent variables.

The only significant result was found for the interaction effect between previous congruency and current congruency on RT, with a larger Simon effect following congruent, than following incongruent trials [$F(1,19) = 6.147, p = 0.023$] (See Figure 2A). There was a marginal main effect of previous congruency on error rates [$F(1,19) = 3.924, p = 0.062$], with error rates being higher following incongruent (0.049) than following congruent trials (0.043).

When split for following self and following other trials, the interaction effect on RT between current and previous congruency was marginally significant following self [$F(1,19) = 3.67, p = 0.070$], and marginally significant following other [$F(1,19) = 3.07, p = 0.096$]. The directions of these two interactions are the same (Figures 2B,C). Bayesian analysis on the size of the Gratton effect following self and following other trials revealed that there was no difference between the two [$F(19) = 0.595, p = 0.359, p_{\text{Bayes}}(H_0) = 0.83$]. No other tests revealed significant effects ($F < 1$).

Note that no main effects of current congruency on RT or ER (i.e. Simon effects) were found in our behavioral data. However, we find that the size of the Simon effect during our experiment...
EEG RESULTS

Visual inspection of frontocentral ERPs suggests that, as expected, I trials were associated with a greater negativity in the N2 time window (between 200 and 400 ms) than C trials (see Figure 3A). Modulations of this effect by the congruity of the preceding trial were examined by determining area averages in the difference waves cl–cC versus il–iC. A substantial negative shift occurred in the cl–cC difference wave between 270 and 400 ms, peaking at 328 ms. Voltage maps confirmed the frontocentral scalp distribution of this negative shift (see Figure 3B). Notably, such a negative shift was conspicuously absent in the il–iC difference wave. Repeated-measures ANOVAs on the average EEG amplitude between 300 and 350 ms were computed separately for the electrodes of interest, Fz and Cz. The average amplitude of the negative shift at Fz shows a significant interaction effect between current congruency and previous congruency \( F(1,14) = 9.962, p = 0.007 \) (see Figure 3B). The average amplitude of Cz shows a similar Gratton effect \( F(1,14) = 6.175, p = 0.026 \). P2 amplitudes showed no significant effects (all \( p > 0.1 \)).

The same analysis was repeated for ERPs with the P3 filtered out. The results were comparable, and more reliable. The average amplitude of Fz shows a significant interaction effect between current congruency and previous congruency \( F(1,14) = 17.375, p = 0.001 \), as does the average amplitude of Cz \( F(1,14) = 12.189, p = 0.004 \).

The interaction effect on Fz was significant in the trials following self trials \( F(1,14) = 6.527, p = 0.023 \), and in trials following other trials \( F(1,14) = 6.232, p = 0.026 \). The interaction effect on Cz was also significant in the trials following self trials \( F(1,14) = 4.960, p = 0.043 \), and in trials following other trials \( F(1,14) = 4.638, p = 0.049 \). Bayesian analysis revealed that the N2 effect across the four trial types were identical for previous self and previous other on both Fz \( [t(14) = 0.19, p = 0.86, p_{Bayes}(H_0) = 0.83] \) and Cz \( [t(14) = 0.38, p = 0.71, p_{Bayes}(H_0) = 0.83] \). Also, there is no difference between the interaction effect following self and following other trials for Fz \( [t(14) = -0.6, p = 0.55, p_{Bayes}(H_0) = 0.81] \), and Cz \( [t(14) = -0.64, p = 0.53, p_{Bayes}(H_0) = 0.81] \).

The average latency of the individual maximum difference between cl–cC was 341 ms (\( \sigma = 33 \) ms). These latencies showed a significant positive correlation with individual RTs \( R(15) = 0.597, p = 0.018 \) (two-tailed).

DISCUSSION

The present study set out to investigate adaptive control mechanisms based on observed behavior. More specifically, using a Simon task, we measured the Gratton effect, which is a modulation of the interference effect of the current trial by the congruency condition of the previous trial. According to the simulation account, subjects attempt to understand the behavior of others by utilizing their own neural circuitry to simulate the mental processing underlying that behavior. Such a view has been firmly established in the domain of motor actions, but several studies have extended it to cognitive processing (van Schie et al., 2004; Schuch and Tipper, 2007; Tsai et al., 2008). Based upon the simulation account, we hypothesized that we would observe a similar Gratton effect following a subject’s own conflict, and following the observation of conflict in another.

Most importantly, our results show a similar Gratton effect following performed, and observed conflict. This is in line with our hypothesis that subjects implement lasting control when observing a conflict situation in another’s behavior. The presence of control in subjects’ own behavior after an observed incongruent trial suggests that subjects also simulate conflict during that observed trial. This finding suggests that when we observe someone else performing a conflicting task, we experience conflict ourselves. The fact that we find frontocentral negative shifts in the ERP, which match the Gratton effect on RT supports this notion and indicates that difficulties in action selection, as triggered by salient but task-irrelevant stimulus features, are pre-empted by response conflict in the previous trial, regardless of whether that conflict was self-experienced or simulated based on the observed performance of someone else.

The Gratton effect we observed on RT did not retain statistical significance when split for self and other. However, we did find marginal significance in both these split conditions, and the absence of a three-way interaction effect between self/other, previous, and current congruency suggests that our significant Gratton effect was not specifically driven by only the following self, or only the following other trials. Further support for this notion is provided by our Bayesian analysis. We found high posterior Bayesian probability, showing that the effects following self and following other were the same. Therefore, we suggest that the Gratton effects following self and following other trials are similar.

At first glance, the present data seem to be inconsistent with previous findings. First, we did not obtain a Simon effect on either RT or error rates. Second, compared to previous ERP results, our frontocentral negativity occurs slightly later than the N2 peak normally found in the Simon task. One explanation for the aforementioned discrepancies might be the overall prolonged RTs as compared to classical Simon tasks. In our experiment, the mean RT was 572 ms whereas in classical Simon tasks mean RTs are much shorter, e.g., 473 ms (Hommel, 1994); 485 ms (Notebaert et al., 2001), or 496 ms (Hommel et al., 2004). As such, responses in our modified experiment were 75–100 ms slower than in the basic Simon task. Previous experiments have shown that increasing the delay between stimulus presentation and response decreases the Simon effect (Simon et al., 1976). Another study has demonstrated that increasing the complexity of the stimulus used in the Simon tasks results in longer RTs, as well as a complete abolishment of the Simon effect (Hommel, 1994). Increasing the size of the stimulus set mapped to each response hand also increases RT and decreases the overall Simon effect (Hommel, 1995). Note that an increased stimulus set size is also present in our experiment, because we use two colors mapped to each response hand. Further evidence for the phenomenon of decreased Simon effects with slower responses is found in research looking into RT distributions. In these types of analyses, the size of the interference effect is determined separately across different Vincentized time bins (De Jong et al., 1994). The results typically show strong Simon effects in fast response bins, and progressively smaller, even negative Simon effects in slower response bins (Burle et al., 2002; Ridderinkhof et al., 2004b).
FIGURE 3 | ERP results. (A) ERP results on the filtered signal from Fz, Fc2, Fc1 and Cz in rows, separated by previous condition (self/other x congruent/ incongruent) in columns. Blue lines represent current congruent trials, red lines represent current incongruent trials, and gray lines represent the difference wave of I–C. Note the difference between cI and cC trials between 300 and 350 ms which is absent in iI and iC trials. (B) The Gratton effect on the ERP amplitude of Fz, split for following self and following other trials. The average EEG amplitude is plotted as a function of congruency of the previous trial (x-axis) and congruency of the currents trial (lines). Bars represent the standard error of the mean, computed over the amplitude, as normalized per subject. (C) Voltage map of the difference wave of cC and cI trials. Note the frontocentral scalp distribution of the negativity.
Negative Simon effects also occur following incongruent trials in several experimental manipulations, resulting in a net Simon effect of 0 in these conditions (Stürmer et al., 2002). This demonstrates that the reliability of the Gratton effect does not depend on the presence of a Simon effect.

We believe that such an increase in RTs might also account for the present results in that it caused participants to respond more slowly, thereby evading the early response capture process. Less response capture would also explain the missing Simon effect on error rates since most incongruent errors are committed during very fast responses. Interestingly, although the Simon effect is abolished in our data, the Gratton effect is maintained.

In addition to the behavioral consequences, the slower responses may also explain why the frontocentral negativity in the ERP is delayed compared to the commonly reported N2 peak. We propose that the frontocentral negativity might reflect the same processes underlying the N2 component; however, these processes are delayed due to complexity of the task. This results in a modulation of the slope between N2 and P3 instead. To support this notion, we analyzed the latency of our ERP effect on the subject-specific level by applying peak detection on subject-specific -cl-C difference waves. We found that the latency of subjects’ frontocentral negativity correlated positively with their mean RT. This finding corroborates the idea that the latency of the frontocentral negativity is dependent on mean RT.

Our results complement other recent findings in social cognitive control. For instance, subjects who perform half a Simon task (by using only one response button) show an interference effect when they believe the other button is operated by a human, but not when they believe it is operated by a computer (Tsai et al., 2008). Subjects also show an error-related negativity when observing another’s errors (van Schie et al., 2004), and afterwards they also show post-error slowing (Schuch and Tipper, 2007). Our results and the results mentioned above can be considered to form a cognitive version of the simulation account, which proposes that we understand the cognitive processes of others by simulating them; generating a representation similar to that we would use ourselves (Gallese et al., 2004; Ramnani and Miall, 2004; Iacoboni et al., 2005; Decety and Grèzes, 2006). This hypothesis is based upon the discovery of the mirror neuron system (Di Pellegrino et al., 1992; Gallese et al., 1996), and the simulation account has been firmly established in the visuomotor domain. The system is thought to serve both to understand the actions of others, and likely also to facilitate learning through imitation (Rizzolatti, 2005). Research outside the motor domain indicates that the simulation account also holds for emotional states, such as disgust (Phillips et al., 1997; Calder et al., 2000; Smal et al., 2003; see Gallese et al., 2004, for a review). According to the simulation account, in order to understand observed behavior, we represent observed actions as if they are our own. The finding that we adapt our subsequent behavior in the form of the Gratton effect indicates that this is also the case for observed conflict. Combined with the aforementioned results, this leads us to conclude that the simulation account also applies to cognitive control.

To summarize, the use of our novel paradigm has allowed us to show the existence of sustained control processes in the brain and behavior of the observer of an action. These results indicate that we represent observed conflict as if it were our own.

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