Behavioral/Systems/Cognitive

Shift from Hippocampal to Neocortical Centered Retrieval Network with Consolidation

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Introduction

Medial temporal lobe lesions cause temporally graded retrograde amnesia, suggesting a time-limited role of the hippocampus in memory retrieval (Scoville and Milner, 1957; Squire and Zola-Morgan, 1991) [but see Nadel and Moscovitch (1997) and Moscovitch et al. (2006)]. This phenomenon forms the basis of the standard model of system-level consolidation, which proposes that the hippocampus is part of a retrieval network for recent memories, but that memories are gradually transferred to neocortical circuits with consolidation, where the connections within this circuit grow stronger and reorganized so that redundant and/or contextual details may be lost. Thus, remote memories are based on neocortical networks and can be retrieved independently of the hippocampus. To test this model, we measured regional brain activity and connectivity during retrieval with functional magnetic resonance imaging. Subjects were trained on two sets of face–location association and were tested with two different delays, 15 min and 24 h including a whole night of sleep. We hypothesized that memory traces of the locations associated with specific faces will be linked through the hippocampus for the retrieval of recently learned association, but with consolidation, the activity and the functional connectivity between the neocortical areas will increase. We show that posterior hippocampal activity related to high-confidence retrieval decreased and neocortical activity increased with consolidation. Moreover, the connectivity between the hippocampus and the neocortical regions decreased and in turn, cortico-cortical connectivity between the representational areas increased. The results provide mechanistic support for a two-level process of the declarative memory system, involving initial representation of new associations in a network including the hippocampus and subsequent consolidation into a predominantly neocortical network.

The standard model of system-level consolidation posits that the hippocampus is part of a retrieval network for recent memories. According to this theory, the memories are gradually transferred to neocortical circuits with consolidation, where the connections within this circuit grow stronger and reorganized so that redundant and/or contextual details may be lost. Thus, remote memories are based on neocortical networks and can be retrieved independently of the hippocampus. To test this model, we measured regional brain activity and connectivity during retrieval with functional magnetic resonance imaging. Subjects were trained on two sets of face–location association and were tested with two different delays, 15 min and 24 h including a whole night of sleep. We hypothesized that memory traces of the locations associated with specific faces will be linked through the hippocampus for the retrieval of recently learned association, but with consolidation, the activity and the functional connectivity between the neocortical areas will increase. We show that posterior hippocampal activity related to high-confidence retrieval decreased and neocortical activity increased with consolidation. Moreover, the connectivity between the hippocampus and the neocortical regions decreased and in turn, cortico-cortical connectivity between the representational areas increased. The results provide mechanistic support for a two-level process of the declarative memory system, involving initial representation of new associations in a network including the hippocampus and subsequent consolidation into a predominantly neocortical network.
changes in interaction between different regions. Recent functional magnetic resonance imaging (fMRI) techniques provide a unique opportunity to probe such changes (Levine et al., 2004; Addis and McAndrews, 2006).

Here we report a study probing consolidation-related changes in brain activity associated with retrieval of face–location associations. In addition to local activity assessment for the two different retrieval time points, we used functional connectivity analysis (Friston et al., 1997) to reveal changes in network properties. In line with the system-level consolidation theory, we hypothesized that high-confidence retrieval of recently learned face–location associations would involve hippocampal activity and a strong functional connectivity between the hippocampus and representational areas in the neocortex. With consolidation, this network is expected to change, such that functional connectivity between the neocortical areas increases, while hippocampal activity and its connectivity to these representational areas decrease.

Materials and Methods

Subjects. Twenty-seven subjects were recruited from the university campus in Nijmegen, The Netherlands (8 males, age mean ± SD: 24.5 ± 4.6 years). All subjects had normal or corrected-to-normal vision. Subjects received a monetary payment for their participation. Written informed consent was obtained according to the local medical ethics committee. A sleep questionnaire was obtained and all subjects reported to be regular night-time sleepers.

Stimuli. One hundred twenty grayscale front-facing photographs of unfamiliar male and female faces (60 of each) were used as face stimuli. These pictures were taken from anonymous visitors of a museum in Amsterdam with a digital camera. The purpose of the photos was explained to the visitors and they gave consent to the usage of their face portraits as experimental stimuli. The pictures comprised the neck and above, all showing neutral expressions gazing toward the camera. These faces were divided into two sets of 60 faces each (30 male and 30 female). One set of faces was encoded on day 1, and the other was encoded on day 2 and assigned to the remote condition (Fig. 1A). The two stimulus sets were randomly assigned to either remote or recent conditions for each subject.

Procedure. For the remote condition, subjects learned the first set of 60 face–location associations on day 1. Before the actual memorization of the association, they performed a face item familiarity task, to minimize effects of item memory. Subjects were exposed to 60 faces over three cycles while they responded to simple questions about the face (How old do you think he/she is? Do you like this face? Is this face male or female?). After this familiarization task, subjects were trained on the face–location associations (learning session) (Fig. 1A). Each subject underwent three encoding–retrieval cycles. During encoding, subjects passively viewed each face while it was associated with one of the six locations on the screen. Immediately after each encoding block, a retrieval block followed in which the subjects were instructed to indicate the correct location of each face by a joystick movement toward the previously learned position with a confidence rating (Fig. 1B). No feedback was given. This encoding–retrieval cycle was repeated three times with the same set of faces associated with identical locations, but in different random presentation orders. Each location was used equally often across the stimuli. For the recent condition, subjects performed the same familiarization task and learning session 24 h later (day 2) as on day 1, but with a new set of 60 faces.

Approximately 15 min after completing the learning session (recent set) on day 2, subjects performed a cued recall memory test for face–location memory during MRI data acquisition. All faces of the remote and recent conditions served as cues, and were presented centrally one at a time, in randomized order. Subjects were instructed to indicate the correct location by a joystick movement using their right hand. The face and the gray location probes appeared on the screen for 4 s in which the subjects were instructed to respond to the correct location using a joystick controlled cursor. This was followed by a confidence rating on a scale of 1 (unsure) to 5 (sure). The pink circle on the picture indicates the joystick controlled cursor and the green arrow indicates the movement of the cursor to either the selected location or the confidence rating (green arrow did not appear on screen).

MRI data acquisition. For fMRI, we acquired T2∗-weighted images covering the whole brain using an echo-planar imaging (EPI) sequence (31 axial slices, ascending slice acquisition, repetition time (TR) = 2.28 s, echo time (TE) = 35 ms, 90° flip angle, matrix = 64 × 64, slice thickness: 3.5 mm, slice gap: 0.35 mm, field of view (FOV): 224 mm, Sonata 1.5 T, Siemens). For structural MRI, we acquired T1-weighted images using a magnetization-prepared, rapid-acquisition gradient echo sequence (176 sagittal slices, TR = 2250 ms, TE = 2.95 ms, 15° flip angle, matrix = 256 × 256, slice thickness: 1.0 mm, FOV: 256 mm).

MRI data analysis. Image preprocessing and statistical analysis was performed using SPM5 (www.fil.ion.ucl.ac.uk). The first five volumes of each participant’s functional EPI data were discarded to allow for T1
equilibration. The EPI images were realigned and the subject mean was coregistered with the corresponding structural MRI using mutual information optimization. These EPI images were subsequently slice-time corrected to the 16th slice, using SPM5’s Fourier panes shift interpolation. Both functional and structural scans were spatially normalized and transformed into a common Montreal Neurological Institute space (resampled at voxel size $2 \times 2 \times 2$ mm), as defined by the SPM5 T1.nii template, as well as spatially filtered by convolving the functional images with an isotropic three-dimensional (3D) Gaussian kernel (8 mm full width at half maximum). The normalized structural images were segmented into gray matter, white matter, and CSF area using unified segmentation algorithm implemented in SPM5 (Ashburner and Friston, 2005). These segmented images were used as masks to calculate mean signal intensity-related effect (Verhagen et al., 2006). A high pass filter was implemented using a cutoff period of 128 s to remove low-frequency effects from the time series. For statistical analysis, relevant contrast parameters were generated for each subject and subsequently subjected to a second-level analysis (Penny et al., 2003) treating subjects as a parameter images were generated for each subject and subsequently subjected to a second-level analysis (Penny et al., 2003) treating subjects as a random variable.

To probe changes in functional connectivity associated with consolidation, we performed a psychophysiological interaction (PPI) analysis (Friston et al., 1997) embedded in SPM5. In the PPI analysis, functional connectivity is assessed by searching for brain regions that coactivate with a seed region (physiological factor), and in which this coactivation is significantly different in one condition compared with the other (psychological factor). Here we analyzed areas that coactivated with the defined seed regions (explained in detail in the result section) more strongly for remote hits than recent hits and vice versa. A GLM was constructed at the single subject level using three regressors: (1) the deconvolved signal from the seed region, (2) trial onset for remote hits (positive) and recent hits (negative) convolved with HRF, and (3) the interaction term between the first and the second regressors, together with the 15 movement related regressors that were used in the GLM mentioned above. For each subject and for each seed region, the physiological activity was defined by the first eigenvariate extracted from the signals from the voxels within the defined seed region. Brain regions that showed a significant effect in the interaction contrast were considered to covary as a functional network with the seed region more strongly for the remote (or the recent) condition. This interaction contrast for every subject was used as input for the second-level random effects analysis.

Results of all second level analyses were initially thresholded at $p < 0.001$ (voxel-level, uncorrected). For the whole-brain search, further cluster-size statistics were used as the test statistics applying a threshold of $p < 0.05$ (corrected) (Hayasaka and Nichols, 2003).

Results

We used face–location associations for three reasons. First, the features of these stimuli lead to activity in clearly separated neocortical areas—faces are primarily represented in the fusiform gyrus, often referred to as fusiform face area (FFA) (Hirabayashi and Miyashita, 2005; Kanwisher and Vowel, 2006) and egocentric space is primarily represented in the posterior parietal cortex (PPC) (Levine et al., 1985; Takashima et al., 2007)—enabling us to examine changes in functional connectivity. Second, binding of between-domain association is known to involve the hippocampus (Mayes et al., 2007). Thirdly, by using a cued-recall paradigm, the retrieval of the associated information is known to activate the hippocampus (Diana et al., 2007; Mayes et al., 2007).

Behavioral results

Participants could have developed a better learning strategy when they encode the second (recent) set of face–location associations. To mitigate this potential order effect, participants performed a training session with stimuli not used in the actual experiment beforehand so that they had developed a learning strategy already for the first (remote) set. To test whether the two learning sessions led to similar performance levels by the end of the third cycle, correct rates and reaction times (RTs) for correct trials were compared between the final cycles of day 1 and day 2. Although RTs were slightly faster for the correct high-confidence recent trials (mean ± SD: remote = 1.58 ± 0.17 s, recent = 1.51 ± 0.17 s paired t test $t_{(26)} = 2.08$, $p = 0.05$), correct rates were not significantly different between conditions (mean ± SD: remote = 89.4 ± 10.5%, recent = 91.4 ± 11.0%; paired t test $t_{(26)} = 1.19$, $p = 0.24$). Thus, the amount of associations that the subjects could retrieve at the end of the learning session was not significantly different.

During the test session inside the scanner, subjects were able to retrieve correct face–location associations well above chance level for both conditions (mean ± SD correct rates: remote = 65.9 ± 12.8%, recent = 89.9 ± 11.8%, chance level = 16.7%). As expected, recent associations were remembered better (correct rates: paired t test $t_{(26)} = 10.05$, $p < 0.001$), faster (RTs for correct response: mean ± SD: remote = 2.09 ± 0.23 s, recent = 1.67 ± 0.20 s; paired t test $t_{(26)} = 11.68$, $p < 0.001$) and with higher confidence than remote ones (confidence rating: mean ± SD: remote = 4.1 ± 0.4, recent = 4.7 ± 0.3; paired t test $t_{(26)} = 8.65$, $p < 0.001$). Although there was more forgetting in the remote condition, most subjects were able to remember enough associations with a very high confidence level of 5 (mean ± SD number of trials out of 60 pairs: remote = 21.0 ± 10.6, recent = 45.9 ± 11.6; RTs mean ± SD: remote hits = 1.79 ± 0.21 s, recent hits = 1.54 ± 0.15 s) for the analyses of the imaging data.

According to the self report, subjects slept on average 7.7 ± 1.2 h between day 1 and day 2, which was similar to their usual nocturnal sleep length (7.7 ± 0.6 h).

Imaging

We used only correct trials associated with the highest confidence rating (5) for both the remote and the recent condition (referred to hereafter as “remote hits” and “recent hits”). Hereby we controlled for a difference in recall certainties between remote and recent hits and thus mitigate activity reflecting differences in memory strength. Two subjects were removed from fMRI analyses, one due to excessive head movements and the other due to an insufficient number of trials (five remote hits and five recent hits). Thus, data of 25 subjects were used in the imaging analyses.

Activity change with consolidation

To reveal areas that increased their activity with consolidation, we contrasted brain activity of remote hits with recent hits. This contrast revealed a distributed set of activations, including the
bilateral fusiform gyrus and the left PPC extending to the motor area (Fig. 2A; supplemental Table S1, available at www.jneurosci.org as supplemental material). The inferior frontal gyrus including Brodmann’s areas 44 and 45 bilaterally, the precuneus bilaterally, and a cluster including the bilateral thalamus and basal ganglia also showed greater activity for remote hits.

To reveal those brain areas that decreased their activity with consolidation, we contrasted brain activity of recent hits with remote hits. In line with our hypothesis, the hippocampus bilaterally showed a decrease with consolidation (Fig. 2B). The cluster lies in the tail of the hippocampus (local maxima right: [18/−36/14] [18/−36/10], left: [−28/−52/6] [−30/−42/2] [−22/−38/12]). Since this part of the hippocampus runs along the wall of the posterior part of the lateral ventricle, the risk for motion-related noise is increased. Therefore, we have added regressors of no interest in the GLM to account for any residual movement- or signal intensity-related effect that might cause false activity patterns in this area (see Materials and Methods for details). Thus, the reported cluster reflects changes in neural activation rather than motion-related noise. Even though the clusters overlaid onto the structural image may suggest activity in the lateral ventricles, the findings of functional connectivity analysis (reported in the next section) using this region supports our interpretation that these clusters do not reflect noise derived from the ventricular voxels. Furthermore, we tested the same functional connectivity analysis using a cluster with a similar size in the lateral ventricles close to the region of interest. There, we did not find any significant functional connectivity, which is also strong evidence that the active clusters are not reflecting ventricular effects.

To test whether the activity decrease or increase with consolidation was related to weakening of memory, we correlated behavioral performance with brain activity. We calculated the difference in the number of trials for recent hits and remote hits as a measure of forgetting. However, we did not find any significant effects.

### Functional connectivity change with consolidation

To test whether functional connectivity of the posterior hippocampus decreased with consolidation, we took the above reported posterior hippocampal clusters as the seed region and conducted a PPI analysis embedded in SPM5 (Friston et al., 1997). In line with our hypotheses, the connectivity grew weaker with consolidation between the posterior hippocampus and the early visual areas bilaterally, extending to the FFA and the PPC bilaterally (Fig. 3A; supplemental Table S2, available at www.jneurosci.org as supplemental material). The reverse contrast (stronger connectivity with the posterior hippocampus after consolidation) did not show any significant clusters.

Since the task used faces as cues for the retrieval of associated locations, we did a second PPI analysis using the FFA as the seed region to investigate changes in connectivity with consolidation. The seed region was defined as a 10 mm radial sphere on each side of the fusiform gyrus. The spheres were centered at the local maxima of the conjunction contrast of remote hits, recent hits, and incorrect conditions against the null events (left [−36/−68/−14]; right [34/−52/−12])—areas in the fusiform gyrus that were more active during observation of the face stimulus than the fixation cross. The seed region overlaps with the FFA reported earlier (Kanwisher and Yovel, 2006; Takashima et al., 2007). We observed both an increase (remote − recent) and a decrease (recent − remote) with consolidation in the connectivity with the FFA. The increase was observed between the FFA and early visual areas bilaterally extending to the fusiform gyrus, and the left PPC extending to the motor area (Fig. 3B, top; supplemental Table S3, available at www.jneurosci.org as supplemental material). A decrease with consolidation in connectivity was observed between the FFA seed region and the left anterior hippocampus, the left parahippocampal gyrus, and the right inferior to middle temporal lobe (Fig. 3B, bottom; supplemental Table S4, available at www.jneurosci.org as supplemental material). Two right middle hippocampal clusters (61 and 35 voxels) and a left posterior hippocampal cluster (74 voxels) were also observed (thresholded at voxel level $p < 0.001$, uncorrected) but just failed to reach our conservative significance level at $p < 0.05$, corrected (supplemental Fig. S2, available at www.jneurosci.org as supplemental material). With regard to the correlation with the behavioral performance difference, a positive correlation was found with a cluster in the left middle to inferior occipital cortex (local maximum [−44/−82/2]) and a negative correlation was found in the right precuneus (local maximum [22/−58/28]).

Thus the connectivity analyses show that the retrieval network for unconsolidated memory traces incorporates the hippocampus. However, after 24 h, the network is more dependent on direct neocortical connections.
the computational models, system-level consolidation involves fast hippocampal learning and slow neocortical learning which enables the memory trace to be encoded rapidly but also to be stored systematically, avoiding interference (Marr, 1970, 1971; McClelland et al., 1995). Here, we have shown that changes occurred from a hippocampus-dependent network to a less dependent network as a consequence of consolidation over a night of sleep. The retrieval of recent associations involved more activation in the posterior hippocampus than the retrieval of remote associations. In addition to that, we also show that functional connectivity between the posterior hippocampus and the memory representational areas, namely the FFA for faces and PPC for locations, was stronger for the recent than the remote associations. This is strong evidence for the notion that the hippocampus works as a linking node that binds neocortically distributed information for the retrieval of recently learned association (Addis et al., 2007; Diana et al., 2007). With consolidation, local activity in specific representational areas (FFA, PPC) increased and their mutual functional connectivity strengthened while connectivity between the FFA and the hippocampus weakened.

Although the critical role of the hippocampus in memory encoding and retrieval has unequivocally been shown, the issue of what happens with memories in the long-term is still under debate (Nadel and Moscovitch, 1997). The effect of hippocampal damage suggests a temporary role of the hippocampus in memory retrieval (Scoville and Milner, 1957; Zola-Morgan and Squire, 1990; Bontempi et al., 1999; Frankland and Bontempi, 2005). However, attempts to verify this notion in intact brains, using fMRI, have led to conflicting results. While some studies report decreased hippocampal activity with consolidation (Bosshardt et al., 2005b; Takashima et al., 2006), others show increases or no change (Addis et al., 2004; Gilboa et al., 2004; Bosshardt et al., 2005a; Pieck and Fink, 2005; Rekkas and Constable, 2005; Gais et al., 2007; Spiers and Maguire, 2007; Janzen et al., 2008). These studies have led to the interpretation that certain memories may never become independent of the hippocampus (Nadel and Moscovitch, 1997; Moscovitch et al., 2006). Retrieval of autobiographical memories is often reported to engage hippocampal activity (Gilboa et al., 2004) [for review, see Svoboda et al. (2006) and Cabeza and St Jacques (2007)]. However, testing for these memories by its remoteness might be problematic in the sense that these memories could have undergone reencoding due to memory retrieval between the actual occurrence of the event and test. We circumvented these issues by equating encoding by implementing a prospective, fully controlled procedure. Our results support the view that the hippocampal contribution to successful memory retrieval, decreases with consolidation. There are reports showing the presence of hippocampal activity after consolidation in studies using prospective paradigms such as word-
pair retrieval or navigational memories. For instance, Bosshardt et al. (2005a) report an increase in the left midhippocampus with consolidation. We found similar activity for both recent and remote hits in the midhippocampal region. However, the activation strength was not different between the two conditions in our study. Bosshardt et al. (2005a) also report a right posterior hippocampal activity decrease, which is in line with our observation. In the review on studies investigating patients with hippocampal lesions, Spiers and Maguire (2007) suggest that the hippocampus is involved when detailed information is necessary in performing the navigational task. Vividness of the memory or the amount of episodic details retrieved affects the level of activity in the hippocampus as well (Gilboa et al., 2004; Addis et al., 2007). This notion is also suggested by Moscovitch et al. (2006) in their review about the multiple trace theory and by Viskontas et al. (2009) based on results obtained in a prospective study in which decreased retrieval of episodic details resulted in decreased hippocampal activity (but see Wang et al., 2009). Here, we were able to align the memory strength of one contextual detail between recent and remote retrieval. Nevertheless, it is perceivable that the two conditions still differed in the amount of other, task-irrelevant details retrieved. Our paradigm does not provide evidence for such a difference in task-irrelevant retrieval. Yet, the idea that system-level consolidation involves the integration of new memories into existing ones by reducing irrelevant and overlapping details, embraces the possible retrieval differences in task-irrelevant contextual detail, a notion that might be probed by explicit studies in the future.

Can we observe consolidation effect at 24 h delay? According to lesion studies (Scoville and Milner, 1957; Zola-Morgan and Squire, 1990; Bontempi et al., 1999), this appears short when considering how long it takes for a memory trace to become hippocampally independent. However, changes are already present at the molecular level a few hours after the encoding in which synthesis of new proteins enables a memory trace to stabilize (Kandel, 2001). At the behavioral level, many prospective studies have shown consolidation effect after a night of sleep (for review, see Stickgold and Walker, 2007) or even a short nap (Mednick et al., 2003; Backhaus and Junghanns, 2006). In the imaging domain, there are also studies showing decreased hippocampal activity after 1 d (Bosshardt et al., 2005b; Takashima et al., 2006). Moreover, it has recently been shown that consolidation processes are accelerated if new information can be incorporated into a preexisting knowledge (Tse et al., 2007). Since subjects performed a training session with stimuli not used in the actual experiment ~1 week beforehand, and they performed a face item familiarization task before the actual memorization of the association to minimize effects of item memory, preexisting knowledge might have increased the speed of consolidation.

In addition to the memory representational areas, we also found activity increase in the prefrontal cortex with consolidation which is in line with previous studies (Rugg et al., 2002; Takashima et al., 2006; Gais et al., 2007; Sterpenich et al., 2007). The most prominent increase in our study was found in the inferior frontal gyrus bilaterally, including the Brodmann’s areas 44 and 45. These areas are known to be involved in semantic processing (Cabeza and Nyberg, 2000; Thompson-Schill, 2003). Because of the nature of our task, it would have been beneficial to make use of a semantic strategy and to give meanings to the arbitrary associations for successful encoding and thus, differential activation in these areas might indicate that consolidation led to integration of memories into existing semantic knowledge. We did not find significant activity that was stronger for remote hits than recent hits in the ventromedial prefrontal cortex as reported previously (Frankland and Bontempi, 2005; Takashima et al., 2006; Gais et al., 2007). We are careful in interpreting this null finding, but possible reasons might include the relative short delay between remote and recent encoding and potentially reduced task-irrelevant recollection, because medial prefrontal effects occurred after longer delays only (Frankland and Bontempi, 2005; Takashima et al., 2006; Gais et al., 2007) and it has been associated with recollection (reviews by Svoboda et al., 2006; Cabeza and Jacques, 2007).

It is interesting to point out that both remote and recent hits showed connectivity with early visual areas. These areas were more strongly connected with the posterior hippocampus for the recent condition and with the FFA for the remote condition. The engagement of the early visual areas might reflect a process in which the visual features of the memory traces are constructed (Slotnick, 2004). In a magnetoencephalographic study using the same stimuli as here, Nieuwenhuis et al. (2008) found oscillatory gamma band activity in early visual areas that was associated with memory retrieval, i.e., suggestive of a constructive process as well. We posit that the hippocampus engages visual areas for unconsolidated memory to construct the locations of the spatial cue. With consolidation, this construction process might directly be initiated by the FFA.

In conclusion, we report a network change in face–location association retrieval after a delay of 24 h, a shift from a hippocampus dependent network to a neocortical one. While consolidation is thought of as memory stabilization, it is not a mere strengthening of the initial memory trace. With time, the memory undergoes changes that putatively include generalization, degradation, simplification, interference, and integration into existing representations.

References


