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Hepcidin Serum Levels and Resistance to Recombinant Human Erythropoietin Therapy in Haemodialysis Patients

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Recently, a complex regulatory network that governs iron traffic has emerged, and points to hepcidin as a major evolutionary conserved regulator of iron distribution [1, 2]. This small hormone produced by the mammalian liver has been proposed as a central mediator of dietary iron absorption. Hepcidin was found to be associated with decreases in both iron uptake from the small intestine and release of iron from macrophages, as well as decreased placental iron transport [1, 2]. The synthesis of hepcidin is stimulated by anaemia/hypoxia, inflammation and iron overload. It is synthesized as a preprohepcidin of 84 amino acids. The signal peptide is cleaved leading to the 60-amino acid prohepcidin, which is further processed giving rise to the 25-amino acid hepcidin [3, 4].

Hepcidin synthesis is regulated by inflammation, a common finding in haemodialysis (HD) patients, being enhanced in those that do not respond to recombinant human erythropoietin (rhEPO) therapy. On the other hand, it will be demonstrated that erythropoietin down-regulates liver hepcidin expression, acting, therefore, as a hepcidin-inhibitory hormone [1, 5]. Anaemia/hypoxia seems to be the third factor that regulates hepcidin expression. In fact, anaemia is associated with a decrease in hepcidin expression, resulting in an increase in intestinal iron absorption and iron release by the macrophages in order to augment iron availability for erythropoiesis [6].

We sought, therefore, to study the relationship between hepcidin serum levels and haematological data, iron status, inflammatory markers and rhEPO doses in HD patients.

We selected 33 HD patients (15 males, 18 females; mean age 59.5 ± 17.6 years) under rhEPO treatment for a median time period of 36 months. All patients used the high-flux polysulfone FX-class dialyzers of Fresenius. The HD patients included 16 responders and 17 non-responders to rhEPO therapy. Classification of HD patients, as responders or non-responders, was performed in accordance with the European Best Practice Guidelines [5]. The rhEPO maintenance dose for responder pa-
patients was 95.9 ± 68.5 U/kg/week and for non-responders it was 512.6 ± 215.0 U/kg/week. The 2 groups of patients were matched for age, gender, weight, body mass index, mean time on HD, urea reduction ratio, urea Kt/V and parathyroid hormone serum levels. Patients with autoimmune disease, malignancy, haematological disorders, acute or chronic infection and blood transfusion within the last 4 months were excluded from the study. Healthy volunteers (n = 17) with normal haematological and biochemical values and without any history of renal or inflammatory disease were used as normal controls. They were matched as far as possible for age and gender with HD patients.

In all patients and controls, red blood cell (RBC) count, haematocrit, haemoglobin (Hb) concentration, haematological indices and red cell distribution width (RDW) were measured by using an automatic blood cell counter (Sysmex K1000; Sysmex, Hamburg, Germany). Serum iron concentration was determined using a colorimetric method (iron; Randox Laboratories Ltd., Crumlin, UK), whereas serum ferritin and serum transferrin (Randox Laboratories) were measured by immunoturbidimetry. Enzyme-linked immunosorbent assays were used for measurement of plasma soluble transferrin receptor (s-TfR; human sTfR immunoassay, R&D Systems, Minneapolis, Minn., USA) and serum prohepcidin concentrations (Hepcidin Prohormone ELISA; IBL, Hamburg, Germany). Serum C-reactive protein (CRP) was determined by nephelometry (N high sensitivity CRP; Dade Laboratories) were measured by immunoturbidimetry. 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variable was significantly associated with hepcidin serum levels ($\beta = 0.62; p = 0.06$).

We found that HD patients had higher serum levels of prohepcidin and hepcidin as well as higher levels of markers of chronic inflammation such as ferritin, CRP and IL-6, and markers of reduced iron mobilization such as lower levels of transferrin. These results suggest that the high levels of hepcidin found in HD patients could be related to an underlying chronic inflammation. Moreover, correlations between hepcidin and inflammatory markers (CRP and IL-6) and multiple regression analysis corroborate this finding.

Among HD patients, we found that the non-responders to rhEPO therapy presented with more severe anaemia, as shown by the significantly lower levels of Hb compared to responders. However, no statistically significant differences were found in serum iron status markers between the groups of patients, except for the s-TfR, which was higher among non-responders. The levels of this soluble receptor could be increased in two clinical settings: increased erythropoietic activity or iron deficiency [9]. As previously described [5], in our patients, s-TfR was an indicator of the erythropoietic effect of administrated rhEPO and not an indicator of iron body status. Moreover, no differences were found between responder and non-responder HD patients concerning iron status markers, which excludes a decrease in iron availability as the principal cause of the elevated s-TfR found in non-responders. As previously described [5], CRP is higher in HD patients who are non-responders to rhEPO therapy, indicating that inflammation is related to resistance to this therapy, which suggests that CRP is a good predictor of resistance to rhEPO therapy in HD patients.

Excessive hepcidin production occurs in patients with inflammatory and infectious diseases, resulting in anaemia of inflammation. As non-responders present high inflammatory markers, prohepcidin and hepcidin serum levels might be expected to be increased in non-responders. However, we found that non-responders present lower prohepcidin and a trend for lower hepcidin serum levels. Recently it has been demonstrated that erythropoietin downregulates liver hepcidin expression, acting, therefore, as a hepcidin inhibitory hormone [1]. Since non-responders were treated with much higher doses of rhEPO compared with responders, the lower prohepcidin and hepcidin levels among non-responders could be explained by this mechanism. On a broader note, despite the treatment with rhEPO, HD patients showed higher levels of prohepcidin and hepcidin.

This could be explained by the fact that the stimulus of inflammation for prohepcidin synthesis in HD patients is stronger than the inhibitory effect of rhEPO. In addition, the use of large amounts of rhEPO may lead to increased iron utilization by the bone marrow, resulting in depletion of iron stores and ultimately decreased intracellular iron availability, which could also decrease prohepcidin and hepcidin levels. Additional explanations for the lower prohepcidin and hepcidin levels in rhEPO non-responders could be lower intracellular iron availability (as reflected by the increased s-TfR observed in the non-responders) and anaemia found in HD patients, as reflected by the negative correlation between RBC count and hepcidin serum levels.

In conclusion, our data show that the high hepcidin serum levels, found in HD patients, are dependent on the magnitude of the inflammatory process and on rhEPO doses. A close interaction between haematological data, inflammation, iron status and hepcidin serum levels, which ultimately regulate intracellular iron availability, was also found in our HD patients. Hepcidin seems to play a significant role in anaemia of HD patients; however, it is difficult to use it as a clinical marker due to the many influences and interrelations.
References


