High-resolution analysis of epigenetic changes associated with X inactivation

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High-resolution analysis of epigenetic changes associated with X inactivation

Hendrik Marks, 1 Jennifer C. Chow, 2 Sergei Denissov, 1 Kees-Jan François, 1
Neil Brockdorff, 3 Edith Heard, 2 and Hendrik G. Stunnenberg 1,4

1 Department of Molecular Biology, Faculty of Science, Nijmegen Centre for Molecular Life Sciences (NCMLS), Radboud University Nijmegen, Nijmegen 6500 HB, The Netherlands; 2 Mammalian Developmental Epigenetics Group, Institute Curie, CNRS UMR3215, INSERM 934, Paris Cedex 05 75248, France; 3 Department of Biochemistry, University of Oxford, Oxford OX1 3QU, United Kingdom

Differentiation of female murine ES cells triggers silencing of one X chromosome through X-chromosome inactivation (XCI). Immunofluorescence studies showed that soon after Xist RNA coating the inactive X (Xi) undergoes many heterochromatic changes, including the acquisition of H3K27me3. However, the mechanisms that lead to the establishment of heterochromatin remain unclear. We first analyze chromatin changes by ChIP-chip, as well as RNA expression, around the X-inactivation center (Xic) in female and male ES cells, and their day 4 and 10 differentiated derivatives. A dynamic epigenetic landscape is observed within the Xic locus. Tsix repression is accompanied by deposition of H3K27me3 at its promoter during differentiation of both female and male cells. However, only in female cells does an active epigenetic landscape emerge at the Xist locus, concomitant with high Xist expression. Several regions within and around the Xic show unsuspected chromatin changes, and we define a series of unusual loci containing highly enriched H3K27me3. Genome-wide ChIP-seq analyses show a female-specific quantitative increase of H3K27me3 across the X chromosome as XCI proceeds in differentiating female ES cells. Using female ES cells with nonrandom XCI and polymorphic X chromosomes, we demonstrate that this increase is specific to the Xi by allele-specific SNP mapping of the ChIP-seq tags. H3K27me3 becomes evenly associated with the Xi in a chromosome-wide fashion. A selective and robust increase of H3K27me3 and concomitant decrease in H3K4me3 is observed over active genes. This indicates that deposition of H3K27me3 during XCI is tightly associated with the act of silencing of individual genes across the Xi.

[Supplemental material is available online at www.genome.org. ChIP-chip, RNA-chip, and RNA-seq data from this study have been submitted to NCBI Gene Expression Omnibus (GEO) (http://www.ncbi.nlm.nih.gov/geo/) under series accession no. GSE15884.]

Gene dosage of X-chromosomal genes in mammals is equalized between sexes by inactivation of one of the two X chromosomes in female cells. This inactivation process (XCI) occurs in the embryonic lineage of female embryos (Lyon 1961), as well as during differentiation of female mouse embryonic stem (ES) cells, the latter providing a powerful model system.

The onset of XCI is controlled by the X-inactivation center (Xic), a region of ~1 Mb on the X chromosome (Heard and Avner 1994). The Xic is comprised of several genetic elements that encode long noncoding RNAs (lncRNAs), which include Xist and Tsix. The Tsix transcript region completely overlaps Xist, and the coordinated expression of these two genes overlaps XCI. On the future inactive X (Xi), down-regulation of Tsix is accompanied by up-regulation of Xist expression during differentiation. On the active X (Xa), persistence of Tsix expression keeps Xist silent preventing the Xa from being inactivated (Lee and Lu 1999). Various studies using knockout systems reported that Tsix regulates Xist transcription through chromatin remodeling at the Xist locus (Navarro et al. 2005; Sado et al. 2005; Sun et al. 2006). However, the chromatin changes in wild-type female and male ES cells have not been studied and compared in greater detail or at high resolution. In particular, the presence of a transient heterochromatic state characterized by H3K27me3 at the promoter of the active Xist gene has been reported in some studies (Sun et al. 2006), but not in others (Navarro et al. 2005; Sado et al. 2005). Furthermore, a large region of heterochromatin located 5′ to Xist has been reported to have a potential role in the initiation of X inactivation (Heard et al. 2001; Rougeulle et al. 2004; Augui et al. 2007), but the detailed chromatin structure and dynamics of this region have not been examined.

RNA fluorescent in situ hybridization (FISH) studies have shown that the Xist transcript appears to associate with the Xi and/or the nuclear matrix around it (Brown et al. 1992; Clemson et al. 1996). Very little is known about possible interactors of the Xist transcript that enable it to coat a chromosome in cis, or about the mechanisms by which heterochromatin is generated across the length of the X chromosome. It has been proposed that Xist RNA creates a silent, repetitive nuclear compartment (Chaumeil et al. 2006; Clemson et al. 2006) into which genes become recruited as they become silenced on the one hand (Chaumeil et al. 2006). Also, Xist RNA might bind to high-affinity sites present throughout the X chromosome inducing local heterochromatinization, which subsequently spreads in a cooperative manner. The L1 long interspersed elements (LINEs) have been suggested to function as such “relay elements” or way stations (McBurney 1988; Lyon 1998), although there is little direct experimental evidence for this (Popova et al. 2006). Other hypotheses have evoked specific regions of chromatin as nucleation centers, for example, a 250 kb region 5′ to the Xist gene, which consists of a stretch of chromatin enriched in H3K9me2 and H3K27me3 (termed “hotspot”) (Heard et al. 2001; Rougeulle et al. 2004).
Immunofluorescence (IF) studies have shown that chromatin changes are among the earliest events on the inactive X after Xist accumulation. This includes loss of histone modifications associated with active chromatin, such as H3K9 acetylation and H3K4 methylation (Heard et al. 2001; Goto et al. 2002; Okamoto et al. 2004), as well as enrichment of H3K9me2, H4K20me1, and H3K27me3 (Heard et al. 2001; Plath et al. 2003; Silva et al. 2003; Kohlmaier et al. 2004; Okamoto et al. 2004), which are associated with heterochromatin and silencing. Among these, H3K27me3 has been studied most extensively. The Polycomb group repressive complex 2 (PRC2), and in particular its enzymatic component Ezh2, appears to be responsible for the deposition of this mark (Plath et al. 2003; Silva et al. 2003; de la Cruz et al. 2005; Zhao et al. 2008). H3K27me3 increases the affinity for binding of chromodomains-containing Polycomb proteins such as CBX7, which is a component of PRC1 (Fischle et al. 2003; Bernstein et al. 2006). Based on this, PRC2-dependent H3K27me3 deposition has been proposed to act as a recruitment signal for PRC1, which in turn would catalyze H2AK119ub1 as a further step in the XCI (de Naples et al. 2004). Later changes of the Xi during XCI include a shift to late replication timing, as well as macroH2A enrichment (Takagi et al. 1982; Costanzi and Pehrson 1998). A recent study by Mietton et al. (2009) used chromatin immunoprecipitation with microarray hybridization (ChIP-chip) to show that the increased macroH2A is uniformly distributed over the Xi.

Most studies on the chromatin and transcriptional changes on the Xi have been performed using IF and RNA FISH. This reveals the dynamics of various epigenetic factors and histone marks on the inactive X chromosome at microscopic resolution. However, such approaches do not allow the monitoring of local epigenetic changes, specifically those that might be important for initiation and propagation of XCI. Furthermore, the degree to which the condensation of the Xi might influence detection of fluorescent signals remains enigmatic in immunofluorescence studies (Brinkman et al. 2006; Mietton et al. 2009). In order to obtain a detailed molecular view of the chromatin changes on the X chromosome during the early stages in X inactivation, we perform ChIP-chip, as well as ChIP combined with massive parallel sequencing (ChIP-seq), to obtain high-resolution maps of various chromatin-associated proteins on the X chromosome. We determine the X-linked changes during female ES cell differentiation for four histone modifications (tri-methylation of H3K4, H3K27, and H3K36, as well as H3K9me2), H3-core, TATA binding protein (TBP), the RNA polymerase II complex (RNAPII), as well as RNA expression, on a 15-Mb region on the X chromosome using ChIP-chip. Male ES cells were profiled in parallel to distinguish between general differentiation-dependent changes on the X chromosome versus female-specific changes associated with XCI. The profiled region includes the Xic, thus providing the first epigenetic high-resolution profile for the various functional elements within the Xic. To investigate chromatin dynamics during XCI at a chromosome-wide level we generate quantitative, genome-wide H3K4me3 and H3K27me3 ChIP-seq profiles. The sequences obtained in ChIP-seq allow allele-specific mapping, and enable to monitor the H3K27me3 dynamics and heterochromatin formation specifically on the Xi.

**Results**

**ChIP-chip profiling during X-chromosome inactivation**

Various studies have focused on the epigenetic profile of genes on the inactive X (Xi) chromosome using targeted ChIP probing at a limited number of loci (Navarro et al. 2005, 2006; Sado et al. 2005; Sun et al. 2006; Shibata and Yokota 2008). As such, a spotlight view of the epigenetic landscape of the X chromosome was obtained. In order to assess the kinetics of the epigenetic changes associated with the early events of XCI at a higher resolution, we examined undifferentiated female (LF2) ES cells, as well as 4-d all-trans-retinoic acid (atRA) differentiated ES cells and 10-d embryo body (EBs). Male (E14) ES cells were profiled in parallel to distinguish between general differentiation-dependent changes on the X chromosome versus female-specific changes associated with XCI. High-resolution ChIP-chip profiles for four histone modifications (trimethylation of H3K4, H3K27, and H3K36, as well as H3K9me2), H3-core, TBP, and RNAPII were generated. Furthermore, concomitant expression changes were analyzed using cDNAs generated from the same cell populations and hybridized to the same high-resolution microarrays. The genomic region analyzed was a ~15 Mb segment centered around the X-inactivation center (Xic) (genome built MM9 95–109 Mb), which represents ~10% of the X chromosome. Supplemental Figure S1 and the supporting Supplemental material document the differentiation of the E14 and LF2 cells, which in the female LF2 cells is accompanied by XCI.

**Xist/Tsix**

We first focused on the Tsix–Xist locus within the Xic as this region is involved in controlling the onset of XCI. Thus, we expected to see changes occurring between undifferentiated and differentiated female ES cells and between male and female differentiated ES cells. In undifferentiated female LF2 and male E14 cells, a clear accumulation of H3K4me3, TBP, and RNAPII could be observed at the promoter of Tsix, while H3-core and H3K9me2 appear to be depleted (Fig. 1A). The Tsix transcribed region is decorated with H3K36me3 and RNAPII, whereas H3K27me3 is absent. As expected from this profile, the (unspliced) Tsix transcript is highly expressed as is particularly evident at the S’ end of Tsix, which best distinguishes Tsix from Xist transcripts (Fig. 1B). The Xist expression levels are very low (Fig. 1A,B; Supplemental Fig. S1b), and indeed active histone modifications or TBP/RNAPII are absent or very low at the Xist promoter in undifferentiated ES cells. Upstream of the Tsix promoter, within the so-called Xite region (Ogawa and Lee 2003), both male and female undifferentiated cells show an active epigenetic landscape of H3K4me3, TBP, and RNAPII accumulation. The peaks correlate with the two major transcription start sites in the Xite region identified by Ogawa and Lee (2003).

Upon differentiation, H3K27me3 appears at the Tsix promoter in both male and female cells, concomitant with a clear decrease in Xist expression (Fig. 1B). RT-qPCR confirms the decreased Tsix expression (~10-fold) after 4-d atRA treatment (Supplemental Fig. S1b). As after 4-d atRA treatment Tsix expression is almost completely lost from both the inactive and active X chromosomes (Xi and Xa, respectively; Lee and Lu 1999), the observed H3K27me3 at the Tsix promoter is probably present on bothalleles. This is in line with the H3K27me3 emerging at the Tsix promoter in the male E14 cells (Fig. 1A), in which the single X chromosome is thought to behave similar to the Xa in the female LF2 cells. As H3K4me3 persists at the Tsix promoter throughout differentiation of the male cells, the deposition of H3K27me3 might result in a bivalent H3K4me3 and H3K27me3 mark at the Tsix promoter in these cells. The low expression level of Tsix at the differentiation stages of the E14 cells is in line with the low expression levels reported for bivalent marks (Bernstein et al. 2006; Mietton et al. 2009) used chromatin immunoprecipitation with microarray hybridization (ChIP-chip) to show that the increased macroH2A is uniformly distributed over the Xi.

Most studies on the chromatin and transcriptional changes on the Xi have been performed using IF and RNA FISH. This reveals the dynamics of various epigenetic factors and histone marks on the inactive X chromosome at microscopic resolution. However, such approaches do not allow the monitoring of local epigenetic changes, specifically those that might be important for initiation and propagation of XCI. Furthermore, the degree to which the condensation of the Xi might influence detection of fluorescent signals remains enigmatic in immunofluorescence studies (Brinkman et al. 2006; Mietton et al. 2009). In order to obtain a detailed molecular view of the chromatin changes on the X chromosome during the early stages in X inactivation, we perform ChIP-chip, as well as ChIP combined with massive parallel sequencing (ChIP-seq), to obtain high-resolution maps of various chromatin-associated proteins on the X chromosome. We determine the X-linked changes during female ES cell differentiation for four histone modifications (tri-methylation of H3K4, H3K27, and H3K36, as well as H3K9me2), H3-core, TATA binding protein (TBP), the RNA polymerase II complex (RNAPII), as well as RNA expression, on a 15-Mb region on the X chromosome using ChIP-chip. Male ES cells were profiled in parallel to distinguish between general differentiation-dependent changes on the X chromosome versus female-specific changes associated with XCI. The profiled region includes the Xic, thus providing the first epigenetic high-resolution profile for the various functional elements within the Xic. To investigate chromatin dynamics during XCI at a chromosome-wide level we generate quantitative, genome-wide H3K4me3 and H3K27me3 ChIP-seq profiles. The sequences obtained in ChIP-seq allow allele-specific mapping, and enable to monitor the H3K27me3 dynamics and heterochromatin formation specifically on the Xi.

**Results**

**ChIP-chip profiling during X-chromosome inactivation**

Various studies have focused on the epigenetic profile of genes on the inactive X (Xi) chromosome using targeted ChIP probing at
Otherwise, the H3K27me3 on the Tsix promoter might be present in a different subset of cells as compared to the H3K4me3. In differentiating female but not male cells, the decrease in Tsix expression is accompanied by increased expression of Xist at both differentiation stages, as expected for the onset of XCI (Fig. 1A,B). The shift from Tsix to Xist expression at 4 d and 10 d of XCI in the LF2 cells can be concluded from the clear decrease in expression of Tsix (best seen over its first two exons), as well as from the concordance between the exon pattern of Xist and the expression signals at 4 d and 10 d of XCI (Fig. 1B). RT-qPCR on the 4-d atRA treated LF2 cells confirmed Xist expression (Supplemental Fig. S1b), while RNA FISH analysis showed the accumulation of Xist over one X chromosome in 81% of the LF2 10-d EBs.

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H3K27me3 hotspots around the Xic

Previous studies using targeted ChIP in undifferentiated ES cells have documented a domain upstream of Xist and including the 2010000I03Rik (also known as Ftx) locus that is enriched in H3K9me2 and H3K27me3 ("hotspot") ( Heard et al. 2001; Rougeulle et al. 2004). Part of this hotspot, called the X-pairing region (Xpr), has been implicated in the initiation of XCI and, more specifically, in a pairing event between the two X chromosomes in female ES cells (Augui et al. 2007).

Inspection of our profiles indeed reveals the presence of an ~0.5 Mb genomic region almost completely covered with H3K27me3 in female, as well as in male, undifferentiated cells (Fig. 2, "Known hotspot"). The H3K27me3 enrichment over the proximal half of the hotspot (spanning 100.680–100.875 Mb and including the 2010000I03Rik and B230206F22Rik [also known as Ftx] locus) disappears after 4-d atRA treatment in both female and male cells. After 10-d EB differentiation some H3K27me3 reappears in female and male cells albeit to a lower extent than in undifferentiated cells. The distal part of the hotspot, containing the Xpr (Fig. 2), is invariably marked with H3K27me3 in male and female cells although it decreases slightly in overall enrichment in
differentially expressed genes. The Slc16a2 (or Xpcf) gene, which overlaps with most of the Xpr region (Fig. 2), shows an unusual pattern of expression in female LF2 and male E14 cells (Supplemental Fig. S2a,b). In male E14 cells, we invariantly detect Slc16a2 mRNA at all stages, in line with the H3K4me3, TBP, and RNAPII occupancies at the Slc16a2 promoter. In female LF2 cells, Slc16a2 is very low or absent in undifferentiated cells or 10-d EB cells. However at 4-d atRA treatment, we detect Slc16a2 expression and increased H3K4me3 at the promoter concomitant with decreased H3K27me3 over the gene body. As X chromosome pairing only occurs at early XCI stages (between 0 and 4 d of differentiation), it is tempting to speculate that the temporal activation of Slc16a2 in LF2 cells, cells is related to the Xp pairing event (Augui et al. 2007).

Remarkably, we identified a second region rich in H3K27me3 proximal of the Xic, which showed similar H3K27me3 kinetics as the hotspot described above (Fig. 2, “Novel hotspot”). In contrast to the “Known hotspot,” in this second region the H3K27me3 levels are higher in the 10-d EBs than in the undifferentiated LF2 cells (Fig. 2). Within this novel hotspot, the epigenetic and expression profiles of the genes across this region were similar in undifferentiated E14 and LF2 cells, as well as during differentiation of both.

Epigenetic changes at X-linked genes during female and male ES cell differentiation

To investigate the nature of the chromatin dynamics affecting genes on the Xi during X inactivation, we inspected the epigenetic profile of three genes that are representative for different kinetic classes of XCI. Pkg1, a highly expressed housekeeping gene, is considered a classical example of a gene that undergoes inactivation on the Xi (Penny et al. 1996).

Atrx is an active gene that is inactivated on the Xi late after the onset of XCI, i.e., not at day 4, but by day 8 (Supplemental Fig. S3). Gdpd2, an osteoblast differentiation-promoting factor, is shown as control for a constitutive silent gene (GNF Expression Atlas 2). The 15 Mb profiled region did not contain known genes that escape XCI.

For Atrx and Pkg1, we clearly detect mRNA in undifferentiated LF2 and E14 cells (Supplemental Fig. S4a,b). This is in good agreement with the epigenetic profile for both genes in undifferentiated cells, characterized by high occupancies of H3K4me3, TBP, and RNAPII at the promoter, as well as H3K36me3 and RNAPII over the coding body. However, during differentiation of LF2 cells we do not detect any major changes occurring in mRNA levels or in the epigenetic landscape of Atrx and Pkg1 (Supplemental Fig. S4a,b). The patterns between female, with supposedly one allele inactivated, and male are virtually indistinguishable. We do, however, observe subtle quantitative differences. The most notable is a slight overall increase in H3K27me3 signal at 10-d EB formation that appears to be restricted to the female LF2 cells (Supplemental Fig. S4a,b). This increase is present for 30 of the 33 highest expressed genes present on the X-chromosomal region examined, while it was not seen over inactive genes, such as Gdpd2 (Supplemental Fig. S4c; 27 of the 36 inactive genes did not show any apparent increase in H3K27me3).

Kinetics of H3K4me3/H3K27me3 during XCI

X inactivation clearly occurs in differentiating LF2 cells as shown by Xist activation (Fig. 1; Supplemental Fig. S1) and Xist RNA coating of the Xi (Supplemental material). This is apparently not accompanied by qualitative or quantitative changes in the combined epigenetic profiles of X-linked genes unambiguously measurable by ChIP-chip (Supplemental Fig. S4a–c). However, ChIP-seq, a hybridization-based assay, does not allow robust quantification. Therefore, we performed ChIP-seq for H3K4me3 and H3K27me3. ChIP-seq is quantitative and can be used to analyze repeat regions (see below). Moreover, the complete genome is profiled allowing direct comparisons of the X chromosome with autosomes. We performed H3K27me3 ChIP-seq profiling for E14 and LF2 undifferentiated cells, as well as 10-d EBs from the same batches of chromatin as used for ChIP-chip. Moreover, H3K27me3 and H3K4me3 ChIP-seq profiles were generated for female undifferentiated XT67E1 ES cells, as well as for two differentiation stages of these cells, 4-d atRA treatment or cells grown as EBs for 10 d. The XT67E1 cells originate from mouse crossbreeds of two inbred strains (129 and C3H/He; both Mus musculus domesticus [Frazer et al. 2007]) with the distant strain PGK-1a/Ws (Mus musculus). The 129 derived X chromosome of
the XT67E1 cells, furthermore, contains a deletion in the Xist gene (Penny et al. 1996), resulting in nonrandom inactivation of the PGK derived X chromosome. Thus, the XT67E1 cells harbor two genetically distinct X chromosomes that can be distinguished in deep sequencing. Therefore, the XT67E1 cells combined with ChIP-seq provide an invaluable system to study the epigenetic marking of the Xi specifically. RNA FISH for Xist and immunofluorescent (IF) staining of H3K27me3 show that most of the XT67E1 cells undergo XCI during differentiation (Supplemental Fig. S5).

To achieve comprehensive genome coverage, we sequenced around 15 million tags per sample (Table 1). After aligning the unique tags onto the reference MM9 genome allowing one mismatch, the samples were normalized to enable direct and quantitative comparative analyses. Supplemental Figure S6a–c illustrates the quality of our data. Despite originating from different female ES cell lines, the ChIP-chip profiles for LF2 cells are very similar to the ChIP-seq results obtained for the XT67E1 cells (Supplemental Fig. S6b,c; see also the numbers in Figs. 1, 2 and Supplemental Figs. S2a, S4a–c for ChIP-seq quantification of the ChIP-chip data). As the female XT67E1 and LF2 cells gave very similar results, the ChIP-seq analyses performed for the LF2 cells are shown in the Supplemental material.

We determined the ratios of the number of H3K27me3 tags of differentiated (4-d atRA-treated cells and 10-d EBs) versus undifferentiated cells per chromosome. Plotting these ratios shows a gradual increase of H3K27me3 on the X chromosome during differentiation only in female ES cells (Fig. 3A). The XT67E1 cells show an increase of 2% after 4-d atRA treatment and 19% after EB formation. A similar increase after EB formation is observed for LF2 cells (Supplemental Fig. S7a). The increase in H3K27me3 does not occur on the X chromosome in the male E14 cells (Fig. 3A); on the contrary, its H3K27me3 level decreases. Assuming that the Xa in the female cells will have a similar epigenetic profile as the single, active X chromosome in the male E14 cells, we conclude that the increase in H3K27me3 is occurring on the Xi (see also below). The degree of H3K27me3 on the autosomes remained similar, showing that the increase in H3K27me3 observed in the female cells is specific for the X chromosomes. In contrast to H3K27me3, the distribution of H3K4me3 during XCI in the female XT67E1 remained largely identical over all chromosomes, including the X chromosome (Fig. 3B; Supplemental Fig. S7b), reinforcing the notion that the increase is specific for H3K27me3.

Allele-specific single nucleotide polymorphism (SNP) assignment

To investigate whether the increased H3K27me3 is indeed occurring on the Xi we exploited the presence of SNPs on the different alleles (129/C3H versus PGK) in the female XT67E1 cells. The strain identity of the X chromosomes of the XT67E1 cells was originally validated only by Southern blot screening of the Pgk marker locus (Penny et al. 1996). This allowed us to confirm that the increase in H3K27me3 is occurring on the Xi and that the strain identity of the X chromosomes is maintained at the genome level.

Table 1. Statistics of sequencing, Eland mappings, and normalization of the various ChIP-seq samples

<table>
<thead>
<tr>
<th>Cells</th>
<th>Modification</th>
<th>Total no. of tags</th>
<th>Mapped (%)</th>
<th>Unique (%)</th>
<th>After normalization*</th>
</tr>
</thead>
<tbody>
<tr>
<td>E14 undifferentiated</td>
<td>H3K27me3</td>
<td>12,946,210</td>
<td>5,192,224 (40)</td>
<td>4,531,733 (87)</td>
<td>4,531,733</td>
</tr>
<tr>
<td>E14 10-d EB</td>
<td>H3K27me3</td>
<td>17,718,007</td>
<td>7,427,177 (42)</td>
<td>6,643,723 (89)</td>
<td>4,531,733</td>
</tr>
<tr>
<td>LF2 undifferentiated</td>
<td>H3K27me3</td>
<td>14,861,704</td>
<td>5,497,444 (37)</td>
<td>4,747,985 (86)</td>
<td>4,531,733</td>
</tr>
<tr>
<td>LF2 10-d EB</td>
<td>H3K27me3</td>
<td>16,289,590</td>
<td>6,359,058 (39)</td>
<td>5,828,409 (92)</td>
<td>4,531,733</td>
</tr>
<tr>
<td>XT67E1 undifferentiated</td>
<td>H3K27me3</td>
<td>14,261,645</td>
<td>8,396,846 (60)</td>
<td>7,852,007 (92)</td>
<td>4,427,184 (95)</td>
</tr>
<tr>
<td>XT67E1 10-d EB</td>
<td>H3K27me3</td>
<td>14,261,645</td>
<td>8,396,846 (60)</td>
<td>7,852,007 (92)</td>
<td>4,427,184 (95)</td>
</tr>
</tbody>
</table>

*To enable comparisons between the XT67E1 and E14 cells shown in Figures 1 and 2 and Supplemental Figures S2 and S4, the E14 and XT67E1 samples were ratio normalized.
Based on this single measurement it was concluded that the X chromosome in the XT67E1 cells was heterozygous 129/PGK. To validate the origin of the chromosomes in detail we first determined the chromosomal contribution of each of the parental strains to the XT67E1 cells using the known SNPs among the 129, C3H, and PGK mouse strains. SNP containing tags were extracted from all mapped XT67E1 sequence tags and assigned to either the 129, C3H, or PGK strains. Subsequently, the parental contribution to each of the chromosomes was calculated. A picture emerges of a mosaic genome (Fig. 4A). The PGK strain contributes significantly to chromosome 7 and surprisingly only to about 25% of the X chromosomes (Fig. 4A). The overall contributions for each of the strains are calculated to be 3.27% (PGK), 23.19% (C3H), and 73.54% (129), which is in good agreement with the theoretical contributions of -6.25% (PGK), 18.75% (C3H), and 75% (129) based on the number of mouse crossbreeds (Penny et al. 1996).

As only one-quarter of the X chromosomes in the female XT67E1 cells originates from the PGK strain (Fig. 4A), we performed further analysis to obtain a more precise strain origin. Chromosome X was subdivided in bins and the number of the tags specifically assigned to the PGK strain was counted within each bin (Fig. 4B). This analysis shows that only the distal part of chromosome X (MM9 location 90–167 Mb) contains PGK strain-specific tags, implying that only this part of chromosome X is heterozygous PGK. The proximal part of chromosome X (~3–90 Mb) is mainly 129 (data not shown). The genetic mosaic composition was not detected before because the P* locus that was used as marker is located around 103 Mb on the X chromosome (Fig. 4B,C). A similar analysis for chromosome 7 shows that the 36–77 Mb region on this chromosome originates from the PGK mouse strain (data not shown).

Next, we assigned the tags obtained in the H3K27me3 ChIP-seq experiments for the undifferentiated XT67E1 cells and the 10-d EBs to the heterozygous 129/PGK part of the X chromosome (Fig. 4C). The number of tags containing a 129 specific SNP remains constant during EB formation (574 versus 580). In contrast, the number of tags containing a PGK SNP increased with 48% (519 versus 769). Thus, the increase in H3K27me3 during XCI occurs on the Xi and not on the Xa. Although the 48% increase is based on a small subset of sequence tags, it is in good agreement with the 38% increase on the Xi as predicted from the total number of mapped tags (two times the 19% increase shown in Fig. 3A; note that the tags in Fig. 3A are mapped over both X chromosomes of the XT67E1 cells).

Distribution of the H3K27me3 increase across the inactive X chromosome during XCI

Several models have been proposed to explain Xist induced silencing across the X chromosome and propagation of heterochromatin formation during XCI. Heterochromatin may spread evenly from the Xic across the chromosome or may propagate in two phases: first

Figure 4. Allele-specific mapping of tags obtained during the ChIP-seq experiments. (A) Genetic make-up of XT67E1 mouse ES cells, showing the contribution of the parental PGK, C3H, or 129 mouse strains to the individual chromosomes of the XT67E1 cells. For individual chromosomes, the contribution of each strain was calculated by dividing the number of uniquely identified SNPs in the ChIP-seq experiments by the total number of SNPs, as determined from the SNP database (mouse.perlegen.com/mouse/index.html). (B) Distribution of the uniquely identified PGK SNPs within the total pool of XT67E1 ChIP-seq tags in 1 Mb bins over the X chromosome (represented by the x-axis). Density plots of the total number of PGK-specific SNPs (114,781 for the complete X chromosome), as well as of the total number of mapped tags, are plotted below the graph. The genomic locations of the Xic and the P* locus are indicated. (C) Schematic representation of the X chromosomes in the undifferentiated and the 10-d EB XT67E1 cells, with the Xist deletion in the 129 derived X chromosome (which will become the Xa during XCI). The number of total H3K27me3 tags mapped over both chromosomes, as well as the number of tags that could be mapped allele-specific, is indicated for both stages.
to Xist “docking stations” inducing local heterochromatinization from which it spreads secondarily (McBurney 1988; for review, see Ng et al. 2007). We set out to distinguish between these models using the deposition of H3K27me3 as a hallmark of heterochromatin formation.

We computed the H3K27me3 tag densities in bins over chromosome X and plotted the change in the number of tags for the different times of differentiation as compared to undifferentiated cells (Fig. 5A,B). At the early stages of XCI (4-d atRA) the profile on the X chromosome is highly similar to that of undifferentiated XT67E1 cells (Fig. 5A,B). The 2% increase in H3K27me3 (Fig. 3A) does not appear to be localized to specific loci, but rather dispersed over the entire chromosome (Fig. 5B). Three loci near the Xic show a dramatic drop in H3K27me3 (Fig. 5B). The two distal troughs, centered around the Xic, correspond very well to the “hotspot” profiles observed in ChIP-chip, i.e., high levels of H3K27me3 that disappear after 4-d atRA treatment (Fig. 2). The most proximal of the three H3K27me3 troughs (MM9 coordinates 96.3–96.8 Mb) appears to be specific for the XT67E1 cells, as it is not present in the LF2 cells. The XT67E1 EB profile displays a prominent chromosome-wide increase of H3K27me3 as compared to undifferentiated cells (Fig. 5A,B). The loci showing the strongest increase are dispersed over chromosome X and overlap with gene-dense regions (Fig. 5B). We do not observe clear differences in the distribution of the increased H3K27me3 between 4-d and 10-d differentiated LF2 cells (Fig. 5B), which could have been indicative for nucleation centers from which H3K27me3 spreads. Very similar results were obtained in the female LF2 cells (Supplemental material; Supplemental Fig. S8). Taken together, these data suggest that the deposition of H3K27me3 and thus heterochromatin formation occurs evenly over the Xi.

H3K27me3 over repetitive elements

It has been reported that repetitive genomic elements, in particular LINEs, may serve as relay elements that may help in the propagation or spread of inactivation and heterochromatinization across the X chromosome (Ke and Collins 2003; Lyon 2006; Popova et al. 2006). Therefore, we calculated the H3K27me3 distribution on the X chromosome over various repeat classes including LINEs (Fig. 6A–D). Figure 6A shows the spread in the number of H3K27me3 tags per 100

![Figure 5.](image)

**Figure 5.** Kinetics of H3K27me3 over chromosome X during XCI in XT67E1 cells, showing a chromosome-wide increase of H3K27me3 during XCI. (A) H3K27me3 profiles over chromosome X in XT67E1 cells. Chromosome X is subdivided in bins of 1 Mb, followed by counting of the number of tags per bin. undiff, undifferentiated. (B) Subtraction tracks of the H3K27me3 profiles shown in A at a higher resolution (bins of 100 kb). Increase of H3K27me3 as compared to undifferentiated cells is indicated in blue, decrease in red.
We next investigated whether the increased deposition of H3K27me3 across the Xi during XCI coincides with transcribed regions, as suggested by our ChIP-chip analysis (Supplemental Fig. 5A–C). The X-linked genes were categorized into three groups according to their expression level in undifferentiated ES cells, after which the number of H3K27me3 tags over the gene bodies and promoters was determined at the various stages of differentiation (Fig. 7). H3K27me3 over the gene bodies of all genes on chromosome X during XCI is increased to a similar degree as calculated over the entire chromosome (cf. Fig. 6A with Fig. 7A). An above-average increase of H3K27me3 is observed during XCI at highly expressed genes (55%; Fig. 7B), whereas limited and no H3K27me3 increase are detected on moderately or not expressed genes, respectively (Fig. 7C,D). At EB day 10, the level of H3K27me3 over genes highly expressed in undifferentiated ES, but inactivated during XCI reaches the same distribution range as measured for moderately or not/lowly expressed genes throughout differentiation. The increase in H3K27me3 levels over highly expressed genes is not observed in the male E14 cells and hence specific for XCI (Fig. 7B).

A similar specific deposition of H3K27me3, as seen over gene bodies, is observed for promoter regions (Fig. 7E–H). Interestingly, the above-average prominent increase of H3K27me3 over the promoters of genes highly active in undifferentiated cells, but inactivated during XCI is accompanied by a correspondingly strong decrease of H3K4me3 (Fig. 7F; yellow boxplots). Taken together, our results suggest that the observed deposition of H3K27me3 on the Xi occurs on genes that are being inactivated during XCI.

**Discussion**

In this study we describe the first comprehensive approach for the investigation of epigenetic changes correlated with XCI. We profile H3K4me3, H3K27me3, H3K36me3, H3K9me2, H3-core, TATA binding protein, and the RNA polymerase II complex in wild-type (wt) female ES cells and male ES cells in order to discriminate between differentiation and XCI events at two stages of differentiation: 4-d aTRA treatment and 10-d EB formation. Using this approach, we show that Tsix is down-regulated in female, as well as male, ES cells during differentiation (Fig. 1A,B). The accumulation of H3K27me3 at the Tsix promoter suggests that the mechanism of Tsix repression might be very similar in female and male ES cells. The down-regulation of Tsix is concomitant with a female-specific up-regulation of Xist during XCI and the deposition of H3K4me3 at the Xist promoter on the Xi (Fig. 1A,B). We do not observe a transient heterochromatin state represented by an accumulation of H3K27me3 at the Xist promoter during XCI as observed by Sun et al. (2006), although this could be due to the fact that we use a different female ES cell line and slightly different time points for monitoring. Tsix down-regulation has been shown to permit up-regulation of Xist on the future Xi in female cells, but it neither triggers expression of Xist in male cells (Fig. 1A,B; Lee and Lu 1999),...
implicate the hotspots surrounding the Xic in X-chromosomal presence of H3K27me3 "hotspots" per se does not necessarily H3K27me3, both in female and male ES cells. Therefore, the identified multiple large genomic regions containing high levels of H3K27me3 as observed by targeted ChIP using local probing on chromosome X (Rougeulle et al. 2004). A recent study using ge-
mome-wide ChIP-chip and ChIP-seq profiling identified similar H3K27me3 increases over the Xi, while it remains constant over the Xa in female ES cells. The deposition of H3K27me3 may occur at later stages, playing a role in Xist silencing during maintenance of XCI rather than during the XCI initiation phase (4-d or 10-d differentiation) examined in this study.

We show that the up-regulation of the Xist RNA is accompanied by a disappearance of H3K27me3 “hotspots” surrounding the Xic only during the early stages of XCI (4-d atRA treatment; Figs. 2, 5B). Originally one of these H3K27me3 hotspots was identified as a long stretch (>300 kb) of DNA containing high levels of H3K27me3 as observed by targeted ChIP using local probing on chromosome X (Rougeulle et al. 2004). A recent study using genome-wide ChIP-chip and ChIP-seq profiling identified similar sized regions containing high levels of H3K27me3 as a general phenomenon over all chromosomes, referred to as blocks (Pauler et al. 2009). Close inspection of our ChIP-seq profiles indeed identified multiple large genomic regions containing high levels of H3K27me3, both in female and male ES cells. Therefore, the presence of H3K27me3 “hotspots” per se does not necessarily implicate the hotspots surrounding the Xic in X-chromosomal inactivation. However, the loss of H3K27me3 at the early stages of XCI (4-d atRA treatment) is highly specific for the hotspots surrounding the Xic. The remainder of the genome only contains five loci showing a similar disappearance of H3K27me3 dispersed over different chromosomes. In contrast to the hotspots surrounding the Xic, all of these correlate with single genes (Supplemental Fig. S11). Also, the fact that one of the H3K27me3 hotspots surrounding the Xic coincides with a pairing region of the two X chromosomes at the onset of XCI (Augui et al. 2007) argues in support of a functional role. Whether this would involve chromo-

Figure 7. Boxplots of the occupancies of H3K27me3 and H3K4me3 over promoters and gene bodies of chromosome X. Genes were binned in three equally sized groups of 212 genes according to expression level, representing not/lowly-, moderately-, and highly-expressed genes, respectively. The red boxplots represent H3K27me3 occupancies for the male E14 cells, while the yellow boxplots represent H3K4me3 occupancies. The blue boxplots represent H3K27me3 occupancies for the female E14 cells. (A–D) Distribution of H3K27me3 and H3K4me3 over gene bodies (from +500 to the end of Ensemble genes). (E–H) Distributions of H3K27me3 and H3K4me3 over gene promoters (from −700 to +300 of Ensemble genes).
H3K27me3 at or surrounding the Xic, nor do we observe increased levels of H3K27me3 from the Xic on. We would have expected this if heterochromatin formation starts from the Xic and gradually spreads across the Xi. After 10 d we detect a chromosome-wide increase of H3K27me3 (Fig. 5A,B). Our observations seem to be in contrast to classical studies by Russell and Montgomery (1970). Analyzing X chromosome:autosome translocations, Russell and Montgomery conclude that inactivation of genes spreads from the Xic toward both ends of the chromosome because the physical distance from a gene to the Xic appeared to correlate with its chance to be inactivated as monitored by phenotypes of mice. One explanation for this discrepancy could be that the heterogeneity in H3K27me3 deposition on the Xi, caused by the asynchronous onset of XCI in the ES cell population used for our ChIP-seq profiling, prevents the detection of H3K27me3 spread. Another possibility is that “spread” is in fact a three-dimensional process occurring across the X-chromosomal territory and that multiple regions, chromosome wide, are targeted simultaneously for H3K27 methylation due to the nature of chromosome folding in nuclear space. Alternatively, H3K27me3 deposition or heterochromatin formation on the Xi might follow different kinetics, as compared to gene silencing as monitored on autosomes.

Bioinformatic and genetic analysis has predicted a role for LINE repeats as relay elements that facilitate the propagation of XCI over the X chromosome (the so-called “LINE hypothesis” reviewed in Lyon 1998, 2003, 2006). We do not find any support for this hypothesis in our analysis using H3K27me3. The measured H3K27me3 level was not found to be increased above average on LINE repeats (Fig. 6) or any subclasses of LINE repeats, such as young LINES or full-length LINES. We also do not find a correlation between the increased H3K27me3 and other genomic elements that previously have been implicated in the XCI process and might have served as relay elements, such as SINES or LTRs (Fig. 6). Thus, chromatin marks other than H3K27me3 may participate in the role of LINES in spreading. Instead, we observe that during XCI, H3K27me3 is increased above-average over active genes, as compared to inactive genes (Fig. 7). This deposition of H3K27me3 over active genes is specific for XCI and not the result of differentiation of female ES cells, as it is not observed in male ES cells. The increase of H3K27me3 over (active) genes fits very well with previous studies considering overall H3K27me3 localization (Mak et al. 2002; Chadwick 2007). Male E14 ES cells were cultured according to standard protocols/GeneralInformation.pdf).

In summary, our data provide supporting evidence that Tsix down-regulation is not the only factor regulating Xist expression, but that multiple dynamic chromatin changes across the Xic are likely to participate in Xist regulation. After monoallelic up-regulation of Xist and Xist RNA coating of the Xi, we provide unequivocal, quantitative proof that H3K27me3 increases on the Xi during XCI. The level of H3K27me3 on the Xa remains constant. Our results further indicate that the chromatin changes of H3K4me3 and H3K27me3 on the Xi seem to be tightly linked with the process of chromosome-wide silencing of active genes on the Xi. Our study represents the first chromosome-wide and allele-specific analysis of X inactivation and provides new evidence that the loss of active and gain of repressive chromatin marks are tightly integrated during the onset of this process.

Methods

E14, LF2, and XT67E1 cell culture

The LF2 and XT67E1 female ES cells were cultured as described previously for the LF2 cells (Rougeulle et al. 2004; Augui et al. 2007). Male E14 ES cells were cultured according to standard protocols of the SIGTR (www.sanger.ac.uk/PostGenomics/genetrap/protocols/GeneralInformation.pdf).

Differentiation of ES cells using all-trans-retinoic acid (for 4 d) was performed as described by Rougeulle et al. (2004). For embryoid body (EB) differentiations, cells in an 80% confluent T25 flask were lightly trypsinized with 0.05% Trypsin (2 min at 37°C), then split into two low-adherence 10-cm dishes and maintained in DMEM media containing 10% FBS and 0.1 μM 2-mercaptoethanol (Smith 1991). For RNA FISH and immunofluorescence analyses, the EBs were plated onto gelatinized coverslips after 4 d in suspension and then allowed to grow on coverslips for an additional 6 d.

RT-qPCR, expression microarray analysis

For RNA isolation, ES cells were homogenized in TRIzol (Invitrogen) and subjected to chloroform extraction, isopropanol precipitation and ethanol washing according to the manufacturer’s recommendations. For RT-qPCR, 2–5 μg of isolated RNA was treated with DNase I (Invitrogen). The DNase treated RNA was subjected to an RT reaction primed by a mix of hexamers and oligo(dt)-primer, performed using SuperScript III Reverse Transcriptase (Invitrogen) according to the protocol of the manufacturer. qPCR was performed using iQ SYBR Green Supermix (Bio-Rad) with a Bio-Rad MyIQ Cycler. Primer sequences used for RT-qPCR are shown in Supplemental Table S1.

The cDNA for expression microarray analysis was prepared similarly as for RT-qPCR, with the following adjustments: the starting material was 40–100 μg RNA. Following DNase treatment, mRNA was isolated using the Oligotex mRNA Mini Kit (Qiagen) obtaining around 1 μg mRNA. After reverse transcription, the cDNA was subject to RNase H (Ambion) treatment and column purified (Qiagroup PCR purification kit, Qiagen). One microgram of this cDNA was used in the Cy5 labeling reaction prior to microarray hybridization. Microarray hybridization was the same as for the ChIP-chip. In short, Cy5 labeled cDNA was hybridized together with Cy3 labeled input material on NimbleGen MM8 385K whole-genome tiling arrays.

ChIP and ChIP-chip

ChIP experiments were performed according to standard protocols as described in Brinkman et al. (2006). The antibodies used are summarized in Supplemental Table S2.
ChIP-seq

ChIP-seq sample preparation for sequencing was performed according to standard protocols of the manufacturer (Illumina). In short, ChIP-seq was carried out by conventional ChIP followed by end repair of 15 ng enriched DNA (Pico Green measurements). Adaptors were ligated to DNA fragments, which were subsequently size selected (~200 base pair [bp]). The adapter-modified DNA fragments were subjected to limited PCR amplification (18 cycles) and quality control was made by qPCR (primers sequences are available upon request). Finally, cluster generation and sequencing-by-synthesis (32 bp) was performed using the Illumina 1G Analyzer according to standard protocols of the manufacturer (Illumina).

The image files generated by the Genome Analyzer were processed to extract DNA sequence data. Sequences were aligned to the mouse MM9 reference genome using the Illumina Analysis Pipeline allowing one mismatch. The total number of sequenced fragments and mapped fragments are shown in Table 1. For all analysis performed, only the unique tags (Table 1) were considered. The 32 bp sequence reads were subsequently directionally extended to 200 bp, corresponding to the length of the original fragments used for sequencing. The output data were converted to a file Extensible Data (BED) files for downstream analysis and Wiggle (WIG) files for viewing the data in the UCSC Genome Browser. All ChIP-seq sequence analyses were conducted based on the Mus musculus NCBI m37 genome assembly (MM9) accessed from the Ensembl (release 49) or the UCSC (assembly July 2007) Genome Browsers.

Data normalization ChIP-seq

To compensate for differences in sequencing depth and mapping efficiency among ChIP-seq samples, the total number of unique tags of each sample was uniformly equalized relative to the sample with the lowest number of tags, allowing quantitative comparisons (Table 1). The H3K27me3 samples of the XT67E1 cells, the H3K27me3 samples of the LF2/E14 cells, and the H3K4me3 samples of the XT67E1 cells were normalized as independent groups. To enable comparisons between the XT67E1 and E14 cells in the ChIP-seq countings shown in Figures 1 and 2 and Supplemental Figures S2 and S4, the E14 and XT67E1 samples were ratio-normalized. All ChIP-chip, RNA-chip, and RNA-seq data are present in the NCBI GEO SuperSeries GSE15884.

ChIP-seq tag counts

For the normalized H3K27me3 tracks, we counted the number of unique sequence tags within Ensembl genes (from +500 bp to the end of gene; genes ≤500 bp were filtered out), promoters (from −700 to +300 bp around the gene start) and intergenic regions (700 bp downstream of a gene end to 700 bp upstream of the next gene start). Gene body and intergenic counts were normalized by the length of the region (number of tags per 1 kb). Sequence coordinates of various repeat classes were downloaded from the UCSC Table Browser. ChIP-seq tags were considered to represent a genomic element in case of an overlap of 50% (100 bp) or more, or if the tag completely overlapped the genomic element. For categorizing genes according to expression levels, we used the expression data generated for the female LF2 undifferentiated cells by RNA-Chip (using all genes located between MM9 95 and 167 Mb). The expression level for a gene was determined by averaging the probes located within gene exons. Next, genes were binned in three equally sized groups of 212 genes according to expression level, representing not/lowly, moderately, and highly expressed genes, respectively.

Chromosome assignment XT67E1

The XT67E1 ES cells originate from a mouse crossbred of C3H/He with Pgk-1a/Ws, which after a backcross to C3H/He was twice crossbred into a 129 background. The parental Pgk-1a/Ws mouse strain belongs to the subspecies Mus musculus musculus and is distantly related to the classical C3H and 129 inbred strains, which are Mus musculus domesticus (Green 1989; Frazer et al. 2007). For obtaining SNPs between C3H, 129, and PGK we made use of a database (accessible from mouse.perlegen.com/mouse/index.html) containing the nucleotide variation (SNPs) between 15 mouse strains, including the 129S1/SvJ, C3H/HeJ, and PWD/PhJ (Frazer et al. 2007). The Pgk-1a/Ws strain is very closely related to the PWD/PhJ strain. Therefore, the known PWD/PhJ SNPs were used as a reference to identify SNPs within the XT67E1 cells. From the SNP database, we selected the SNPs that could be used to discriminate between 129, C3H, and PGK (“strain-specific SNPs”). From the ChIP-seq experiments, the collective mapped XT67E1 sequence tags from all H3K27me3 and H3K4me3 ChIP-seq experiments were gathered to obtain a large pool of XT67E1 tags. Next we counted per chromosome the number of strain-specific SNPs for which the genotype was present in our pool of XT67E1 tags (“assigned SNPs”). The contribution of each of the three strains to the individual chromosomes was determined by calculating the ratio between the “assigned SNPs” and the strain-specific SNPs for each of the strains. Per chromosome, the total sum of the contributions of the three strains was set to 100%, after which the relative contributions were determined (Fig. 4A).

Allele-specific assignment tags

For allele-specific assignment of the tags of the individual H3K27me3 ChIP-seq experiments of the XT67E1 cells, we only considered SNPs for which both alleles were sequenced in any of the tags generated (and thereby confirmed to be different between both alleles). In this way we make sure that the SNPs that are reported in the database (mouse.perlegen.com/mouse/index.html) are indeed present in the XT67E1 cells that we used. In total we identified 2154 SNPs in the XT67E1 cells on the X chromosome. Almost all of these (2099; 98%) were present in the distal part as expected based on our genotyping (Fig. 4B).
RNA FISH, combined RNA/DNA FISH, and immunofluorescent stainings

Cells used for immunofluorescence (IF) and FISH were grown on gelatinized coverslips. The cells were permeabilized on ice for 4 min in cytoskeletal buffer containing 0.5% Triton X-100 and 2 mM vanadyl ribonucleoside complex (New England Biolabs), and then fixed in 4% paraformaldehyde. Subsequently the coverslips were rinsed and kept in 70% ethanol at −20°C. The coverslips were progressively dehydrated through an ethanol series and air-dried. The probes used for RNA FISH and DNA FISH include a 19 kb genomic lambda clone (S10) to detect Xist and a BAC probe (RP23-265D6) to detect Atrx. FISH probes were fluorescently labeled according to the Vyssnick translation kit using Spectrum-Red dUTP or Spectrum-Green dUTP. The Atrx gene probe was denatured, competed with Cot-1 DNA (3 μg/coverslip) for 30 min at 37°C and combined with the Xist RNA FISH probe just prior to hybridization.

Preparation of the chromosome paint probes was performed according to the supplier's instructions (Cambio). For RNA FISH, hybridization was performed overnight at 37°C in a dark and humid chamber. For RNA/DNA FISH experiments, cells were additionally denatured in 50% formamide/2×SSC at 80°C for 35 min and rinsed several times in ice-cold 2× SSC prior to overnight hybridization at 42°C. After hybridization, the coverslips were washed three times in 50% formamide/2×SSC and three times in 2×SSC at 42°C, and then stained with DAPI. IF stainings were performed as described previously (Chaumeil et al. 2002). The antibody for H3K27me3 used for IF was provided by Danny Reinberg (Howard Hughes Medical Institute, New York) and was used at a dilution of 1/200.

Microscopy

Images were obtained using the Delta Vision system (Applied Precision) with a 100×/1.35NA objective (Olympus) and deconvolved using the Softwox software algorithm (Applied Precision, enhanced ratio method, 10 iterations).

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