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Low-temperature dissociative adsorption of H on W, Mo, and Ta surfaces studied with mechanically controllable break-junctions

D. den Boer,1 O. I. Shklyarevskii,1,2 J. A. A. W. Elemans,1 and S. Speller1

1Institute for Molecules and Materials, Radboud University of Nijmegen, Toernooiveld 1, NL-6525 ED Nijmegen, The Netherlands
2B. Verkin Institute for Low Temperature Physics & Engineering, National Academy of Science of Ukraine, 47 Lenin Avenue, 61103 Kharkov, Ukraine

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We used the mechanically controllable break-junction technique to study the consecutive stages of interaction of hydrogen molecules with surfaces of W, Mo, and Ta at 4.2–6 K. This includes the physical adsorption of H2 molecules, their subsequent chemisorption, their dissociation, and the diffusion of protons into the bulk of the materials. The quantum diffusion is accompanied by 1/f contact resistance noise. For tantalum hydride TaHx, we found a 10% increase of the critical temperature Tc with respect to pure Ta.

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I. INTRODUCTION

Mechanically controllable break-junctions (MCBJs) have already proven to be a powerful tool not only for investigating the transport phenomena in metallic nanowires1 but also for studying the conductance through a single molecule.2–4 Application of the MCBJ technique to study interactions between adsorbed molecules and metallic surfaces is an integral part in the development of molecular electronic devices. MCBJ is exceptionally stable both in tunneling and in the direct contact regime in the range of resistances of 10–1012 Ω. This offers a unique opportunity to make a series of measurements in the same experiment. Adsorption of an atom or a molecule on the metallic surface could be detected with distance tunneling spectroscopy (DTS).5,6 For this detection, one compares the tunnel resistance versus distance R(z) to the exponential behavior. The influence of an adsorbate on the local work function φ can be measured with a field emission resonance7 (FER) method. Inelastic electron tunneling spectroscopy enables one to measure the vibrational spectra of adsorbed molecules as well as those of metal-molecule complexes.8–10 Changes in the one-atom contact conductance suggest a chemical reaction between the adsorbate and the metallic surface.9,11 Finally, we can detect the diffusion of adsorbed atoms into the metal by means of point-contact spectroscopy (PCS).9,12

In spite of the fact that the hydrogen atom and molecule are the simplest imaginable adsorbates, there is still a lot of controversy in the experimental data and the theoretical models, especially for their adsorption on transition—d metals (see reviews13,14 and references therein). The MCBJ technique was used to study the interaction of hydrogen with the surface of Pt,8 Pd,9 and ferromagnetic Ni, Fe, and Co (Ref. 11) electrodes. In all these cases, H2 adsorption resulted in the shift of the first peak in the conductance histograms (corresponding to the conductance through one-atom contact) to approximately one quantum unit G0=2e2/h (1/G0 =12.9 kΩ). The chemical adsorption of hydrogen molecules on the metallic surfaces almost unavoidably results in their dissociation.13,14 Therefore, one can expect conductance through the metal-H-H-metal (or metal-H-metal) bridge. In Ref. 8, this effect was interpreted as a conductance through the hydrogen molecule and was supported both by theoretical calculations15,16 and by spectroscopic data.10 It should be noted that in some specific cases coexistence of atomic and molecular chemisorption states was claimed, e.g., for Pd(210) open surface.17 Although many of the physical properties of Pt and Pd are very similar, the adsorption of H2 causes different behaviors of the conductance because the atomic hydrogen dissolves into the Pd.9

In this paper, we report our results on the low temperature adsorption of hydrogen on the freshly broken surfaces of tungsten, molybdenum, and tantalum. Dissociative adsorption of hydrogen on tungsten at low temperatures was initially reported by Gomer et al.18 in a field emission projector experiments with a tungsten tip cooled by liquid helium and confirmed afterward for W and Mo by studying the thermodesorption spectra, including the isotopic exchange, initial sticking coefficient measurements, and the study of the structure of the hydrogen adlayer at T=5 K by the low-energy electron diffraction method. The extensive bibliography on this subject and the historical overview can be found in a review article.14 We assumed that dissociative adsorption of hydrogen also takes place for tantalum since experimental results presented below are identical to Ta, Mo, and W and dramatically differ from the results for the rest of the transition metals studied so far. An additional motivation for current research was the fact that we observed 1G0 and sometimes 2G0 peaks in the conductance histograms of tungsten19 MCBJ. Selected conductance traces for molybdenum also suggest the existence of a stable atomic configuration with a conductance around 1.0G0. We explained this effect by conductance through the 5d1 dangling-bond states on W(100) and Mo(100) surfaces. Viewed in the light of experiments on other transition metals, there is also a different interpretation of our experiments possible, namely, that this effect is a result of dissociative adsorption of residual H2 gas.

II. EXPERIMENT

In our experiments, we used a standard MCBJ technique described elsewhere.1 For the particular case of W, the details of sample preparation, characterization, and measurements are given in Ref. 19. In this work, we used two different...
types of tungsten samples. To ensure the break, we etched the central section of polycrystalline tungsten wire. This wire had an initial diameter of 100 μm and was electrochemically etched in a KOH solution down to ~5 μm. In other cases, a deep notch in the tungsten wire was produced with a diamond saw. The Mo and Ta wires were notched with a razor blade.

All measurements were performed either in cryogenic ultrahigh vacuum in the temperature range of 4.2–6 K or in the presence of a certain amount of ultrapure (99.9999%) hydrogen at the same temperature. Part of the measurements was performed in the temperature range of 10–20 K. We also used exchange He gas to study the coadsorption of helium and hydrogen at 4.2 K and the influence of the dissolved atomic hydrogen on the superconductivity of Ta.

Like in similar experiments, H$_2$ was admitted to the vacuum vessel through the top of the cryostat. The typical amount of hydrogen gas in most of the cases was between 0.5 and 5 μm. Due to the long pipelines, the only way of hydrogen molecules to reach the electrode surfaces was diffusion with multiple collisions with the walls. This greatly reduces the effective temperature of the molecules. Even though the amount of gas admitted could be accurately determined, there is a large uncertainty in the Θ, i.e., the coverage of the surface under investigation. This uncertainty is caused by the presence of different materials and unavoidable temperature gradients due to connections of the inner part of the insert to the outside world. In addition, the operating area at the electrode surface is roughly 10$^{16}$ times smaller than the total inner area of the vacuum vessel. As we will see later, this fact precludes quantitative measurements of the usual adsorption parameters. On the other hand, the MCBJ method gives us a unique possibility to study all stages of the process in a single experiment: physical adsorption, chemisorption and dissociation of molecules, and desorption and diffusion of atoms. With just one or a few molecules (atoms) under the momentary investigations, we are forced to mostly rely on a statistical approach in the analysis of data. Accordingly, all of the following results are based on considerable statistic of a few tens of histograms and a few hundreds of $R(z)$ and $G(V)$ curves for each material studied.

III. RESULTS AND DISCUSSION

The physical adsorption of a hydrogen molecule on the surface of a metal can be detected by DTS, by measuring the dependence of the tunnel resistance (or current) on the distance between the electrodes $R(z)$. MCBJs are the most suitable instrument for DTS as this technique employs no feedback circuit and permits a continuous sweep of $z$. The effect of physically adsorbed atoms on $R(z)$ was observed for the first time for He (Ref. 5) and was explained by the decrease in the electron density of the states close to the Fermi level in the electrode approaching the helium atom in accordance with the calculations of Lang. A similar effect (though less pronounced) was reported for $R(z)$ measurements in water by using the STM technique and was attributed to the oscillations of the tunnel barrier height. However, regardless of the model in question, DTS gives us a clear indication of the appearance and the approximate position of the adsorbed species with respect to the surface.

The results of our measurements for H$_2$ molecules adsorbed on Ta, W, and Mo are presented in Fig. 1. The deviation from the exponential behavior (indicated by the arrows) occurs in a very large range of tunnel resistances starting from 10 GΩ to somewhat less than 1 MΩ. The estimated distances of H$_2$ from the surface range from 2 to 6 Å. This is in sharp contrast to the data for He in which (depending on the material) the distorted part of the $R(z)$ curve always falls in the relatively narrow interval of 10$^7$–10$^8$ Ω (Ref. 5) or at the distance of 3–4 Å from the surface. The same narrow range was also observed for hydrogen molecules physisorbed on the surfaces of noble metals with a rather deep (30–50 meV) adsorption minimum. This indicates that the local adsorption minimum for hydrogen on the surface of Ta, W, and Mo is rather flat and shallow, permitting a large range of spacing between H$_2$ and the surface. We found that the observation of H$_2$ at large distances is statistically more probable during the initial stage of measurements, while after a certain period of time, molecules can be found close to the surface. Some of the $R(z)$ curves demonstrate a second singularity related to another adsorbed hydrogen molecule (curve 3 in Fig. 1). We were able to observe the situation, in which only physically adsorbed molecules of hydrogen were present on the surface of Ta, W, and Mo in the so-called precursor states for many hours. The conductance histograms measured in this period of time demonstrated no changes compared to the UHV conditions and at close interelectrode distances spontaneous transition to direct contact occurred invariably to the one-atom contact with conductance $\sim 2.2 \pm 0.2G_0$ (curves 2 and 5 in Fig. 1).

The process of hydrogen molecule dissociation and chemisorption of atomic hydrogen could be triggered by admitting an additional amount of hydrogen into the system (thereby increasing H$_2$ coverage). Alternatively, this process could spontaneously start (although we cannot exclude an increase in the local concentration of hydrogen due to the migration of molecules). With H atoms chemically bound to the surface of the metal, we expect the transition from the
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![Conductance histograms for Ta and W](image)

Figure 2. (Color online) Conductance histograms for Ta measured during the chemisorption process. All histograms were taken within 1 h. Inset: Upper panel—conductance histogram made of the first 2000 traces of histogram 1 and lower panel—conductance histogram made of the last 2000 conductance traces of the original histogram 1.

Figure 3. (Color online) Effect of hydrogen adsorption on the conductance histograms of tungsten. Upper panel: histogram for W MCBJ with an etched neck show no distinct features. Inset: For this type of junctions, peaks close to integers of $G_0$ were repeatedly observed in vacuum due to the surface states. Lower panel: conductance histograms for W samples with a mechanically produced neck display a peak at $2.6G_0$, corresponding to the conductance through an one-atom contact (inset). Adsorption of hydrogen results in an emerging peak at $\sim 1G_0$ related to the conductance through the bridge of chemically adsorbed hydrogen atoms.

The conductance histograms for samples with a mechanically produced notch display a very broad peak around $2.5 - 2.6G_0$ in practically 100% of the cases, corresponding to the one-atom contact (see the inset in the lower panel of Fig. 3). For such contacts, we did not observe any features close to the quantum conductance unit integers. Adsorption of H$_2$ at $\sim 6$ K results in complete disappearance of the one-atom peak and occasionally in the emergence of a rather weak singularity at $\sim 1G_0$ superimposed on a large background (Fig. 3, lower panel). This peak can be interpreted as the conductance through the chemically adsorbed hydrogen atom or through the W-H-H-W or W-H-W bridge. We also found that this peak has a rather limited lifetime and eventually dies out.

In the case of molybdenum, the conductance histograms always display the one-atom peak around $2.4G_0$ (inset of Fig. 4). Adsorption of hydrogen results in the fading away of this peak and (like for the rest of transition metals) the emerging of a peak at $1G_0$. In the course of time, this peak considerably smears out and eventually almost disappears, leaving only a faintly visible shoulder (Fig. 4).

The reason for the time evolution of the conductance histograms is the quantum diffusion of hydrogen atoms (or...
rather protons H$^+$) from the surface into the bulk of the metal. At the nanoscale, this process can be rather fast at 6 K and even tends to increase with decreasing temperature.$^{22}$ At this temperature, the TaH$_x$ system is a mixture of two phases: the α phase (a solid solution of hydrogen in tantalum) and the ordered β phase (the planes of tantalum hydride Ta$_2$H, which are oriented parallel to the [100] planes of tantalum).$^{23,24}$ At low temperatures, the α phase dominates. We found that after a certain time, the transition from tunneling to direct mechanical contact already occurs at 0.3–1 Ω and for some samples even at higher resistances. This can be clearly seen from the $R(z)$ dependencies for Ta in the upper panel of Fig. 5 wherein the exponential decrease in the tunneling resistance is changing to the steplike one. These dependencies are completely irreproducible and hence their superposition leads to the featureless histograms with a large background below $1G_0$. The same effect was observed for molybdenum and tungsten (although the diffusion rate of H$^+$ into these materials in our experiments was somewhat lower than for Ta). It can be seen (lower panel of Fig. 5) that the transition to direct mechanical contact for Mo and W occurs in a different way. For Mo, we usually observed a significantly slow decrease in $R(z)$ without abrupt changes. For W, however, $R(z)$ shows disruption and extra instability but it still decreases nearly exponentially. The difference between the behaviors of the $R(z)$ curves for these metals is related to the mechanical and conducting properties of highly disordered Ta, Mo, and W hydrides.

In the range of 15–20 K, the process of hydrogen chemisorption and subsequent diffusion of protons into the bulk of electrodes occurs so fast that the only result observed was the featureless histograms for W, Mo, and Ta.

Large scattering of electrons on dissolved hydrogen greatly reduces the electron mean free path and, therefore, the contacts are far from the ballistic regime of current flow. In the case when both elastic and inelastic mean free paths are considerably less than the contact diameter $d$ (the so-called thermal limit of PCS), there is a linear dependence between the applied bias voltage and the temperature in the center of the contact $eV = 3.63k_BT$. Overheating of the contact is supposed to cause desorption of hydrogen atoms both from the surface and from the bulk of the electrodes. Conductance histograms taken at elevated (up to $V_b \approx 0.5V$) bias voltages show the restoration of their shape to that of pure W, Mo, or Ta. It is rather difficult to quantitatively estimate the temperature on the surface of the electrodes and inside the contact because we are dealing with the contacts of variable diameter while collecting data for conductance histograms. Moreover, during 30%–50% of the measuring time, the electrodes are disconnected and are thus cooling down. For Ta, we found that the restoring of the conductance histogram shape occurs at $V_h \approx 400$ mV (estimated temperatures of 1000–1200 K). A gradual decrease in $V_h$ causes the shift of the one-atom peak toward a lower conductance (Fig. 6). This occurs due to the incomplete desorption of hydrogen and emerging of the serial resistance of the order of a few kilohms. We were able to observe this peak down to $V_h = 150–175$ mV. This voltage corresponds to the temperature of approximately 450–550 K and is in reasonable agreement with the thermodesorption spectrum for, e.g., the W-H system.$^{14}$ The results for Mo and W are very similar to the ones presented in Fig. 6.

Conductance versus voltage dependencies $G(V)$ for metal-H$_x$ junctions are exhibiting considerable noise. The relative amplitude of noise increases with a decrease in the contact conductance (while the absolute amplitude remains on the order of $1G_0$). The typical patterns of conductance

![FIG. 4. (Color online) Conductance histogram for Mo in vacuum (inset) and in the case of dissociative adsorption of hydrogen. Time evolution (histograms 1, 2, and 3 were taken within 2–3 h) results in the smearing of the conductance peak at $1G_0$.](image)

![FIG. 5. (Color online) Upper panel: $R(z)$ dependencies for TaH$_x$ electrodes. Transition from tunneling to direct mechanical contact (onset of a steplike behavior) occurs in the conductance range of 0.1–0.001$G_0$. Lower panel: $R(z)$ dependencies for Mo and W MCBJs with hydrogen dissolved into the electrodes.](image)
fluctuation are presented in the upper panel of Fig. 7 for the contacts with conductances of 6.5$G_0$ and 140.5$G_0$. The noise power spectra were derived from the long term (2–3 h) conductance fluctuation measurements at a fixed bias voltage. We found that the low frequency noise (1 mHz–1 Hz) follows a $1/f^\alpha$ law, where $\alpha$ mostly ranges from 1.2 to 1.7 (lower panel of Fig. 7). The general trend is that for contacts with $G \geq 100G_0$, $\alpha$ tends to be larger than 1.5. Even then, after a conductance below 10$G_0$, the index $\alpha$ usually drops below 1.5 (see the lower panel of Fig. 7). In the last case, we have a quasi-one-dimensional situation of a “short nanowire” and our results are similar to those observed for 1/f resistance noise in Pd-H films. The origin of the noise can be attributed to the quantum diffusion—the motion of hydrogen ions between neighboring interstitial sites.

It should be noted that the picture mentioned above was observed only in the case of a moderate amount (1–3 $\mu$m) of hydrogen in the vessel and, therefore, small (but unknown) concentrations of the diluted H. Even then, after 20–40 h, we were able to observe only “brown” noise $1/f^2$ (curve 3 in Fig. 7). As the typical measuring time for taking three to five dependencies is already comparable to the saturation time, this leads to uncertainty in the results. All of our attempts to observe a bias dependence of the noise failed for this reason and, therefore, more advanced (faster) techniques of the noise measurements are required.

Increasing the volume of admitted gas by 1 or 2 orders of magnitude results in the relatively fast saturation of the metal-hydrogen system within a few hours. This is accompanied by drastic changes in the bias dependence of the contact conductance. The typical set of the $G(V)$ curves for low-Ohmic tungsten contacts measured within 10 h (with approximately 0.1 mM of hydrogen in the vessel) is presented in Fig. 8. After 5–7 h of exposure, the gradual decrease in conductance is replaced by the rapid growth of $G$. For all materials under investigation, the onset of this effect was always in the range of 50–70 mV.

We made a “snapshot” of the $G(V)$ curves for Mo contacts with a different conductance after 1 h of exposure to the same amount of hydrogen (Fig. 9). For junctions of the smallest diameter $d$ (curve 1), the effect of conductance increase can already be seen, while for the largest $d$ (curve 3), the concentration of hydrogen was not yet sufficient to produce any observable changes in $G(V)$. In principle, the measurements presented in Figs. 8 and 9 open the possibility to estimate the diffusion rate of hydrogen. However, the calculation of the contact diameter in the case of high concentration of the scatterers is rather complicated.

Conductance curves for all of the metals studied show an asymmetric behavior with respect to bias polarity and hysteresis over the whole bias range (see Fig. 10). At fast recording (in the range of 30–300 s), the amplitude of the hysteresis depends on the recording speed, which indicates that the effect of conductance increase is related to a rather slow process. Two different possibilities can be considered. The first one is the ordering of scatterers (in our case, H$^+$) at elevated bias (temperature). The change in the balance between disordered $\alpha$ phase and ordered $\beta$ phase in the favor of the latter might be responsible for the increase in the contact conductance at high enough $V_b$. However, one can ex-
expect that the ordered state will be quenched for an indefinitely long time, which is not the case. The second possibility is the “cleaning” of the contact area from the protons due to the simultaneous action of the temperature, electric field, and “electronic wind” forces. The current density \( j \) in our case exceeds \( 10^8 \) A/cm\(^2\). Diffusion of the hydrogen out of the high current density region increases the contact conductivity. Reducing the bias voltage results in the slow reverse motion of the protons. The existence of the hysteresis or rather switching between “low conducting” and “high conducting” states when reversing bias sweep direction can be explained by the pinning of hydrogen by the lattice defects. It counts in favor of this model that for the contacts with a low conductance smaller \( d \) and, therefore, higher \( j \) at the same \( V_b \), the increase in conductance systematically occurs at a smaller bias voltage (see curve 1 in Fig. 9 and curve 3 in Fig. 8). The dependence of the discussed effect on the contact diameter is smaller than expected, but it should be noted that the role of the temperature of the contact might be rather important in this model. For relatively small contacts with a larger electron mean free path to diameter ratio, the overheating of the contact can be considerably less than for large ones, thus counterbalancing the higher \( j \).

The conductance curve for a saturated sample of TaH\(_x\) (12 h of exposure with approximately 0.1 mM of hydrogen in the vessel) measured at 4.5 K is presented in Fig. 10. We found the appearance of the zero-bias peak in conductance of TaH\(_x\) contacts at this temperature rather surprising. This feature is clearly related to the superconductivity of the material. However, the temperature dependence of \( G(V) \) curves for pure Ta shows the disappearance of a zero-bias singularity at 4.4–4.5 K, in agreement with the critical temperature for this metal (4.46 K). The set of \( G(V) \) dependencies for TaH\(_x\), taken at different temperatures is presented in the inset of Fig. 10. The complete disappearance of features related to the superconductivity occurs close to 5 K. This suggests an increase in
the critical temperature for TaH$_2$ by approximately 10%. The critical magnetic field at 4.2 K was found to be around 0.02 \text{T}. It should also be noted that in contacts with a conductance of less than 10–20G$_0$ superconducting features in \(G(V)\) curves are totally suppressed. This indicates once more that the surface layers are highly disordered and possess a very low conductivity.

So far, as we know, the effect of the dissolved hydrogen on the superconducting properties of Ta has never been reported before. The general explanation for this effect is that each interstitial hydrogen atom causes displacement of the metal atoms from their original sites, producing an expansion of the lattice and a “softening” of the phonon spectrum while its electrons fill the electronic band of the metal at the Fermi energy level. This gives rise to a series of changes in the physical properties of the host metal. Even a small increase in the electron-phonon coupling constant \(\lambda\) may result in the observed enhancement of \(T_c\).

The changes in the local work function \(\phi\) due to the hydrogen adsorption can be derived from FER measurements by measuring the voltage dependence of the distance between the electrodes \(S(V)\) at the constant field emission current. Processing of FER spectra \(dS(V)/dV\) (Refs. 27 and 28) also gives a possibility to find an electric field strength on the surface of the electrodes and to calibrate the distance between the electrodes with a high precision. For Ta, we found \(\phi = 4.3 \pm 0.15\ \text{eV}\), which is in good agreement with data in the literature. In the case of physically adsorbed hydrogen, \(S(V)\) curves were measured only up to 15–16 V because of large instabilities arising at higher \(V\). This voltage is close to the ionization potential of the H$_2$ molecule (15.43 eV). A similar phenomenon was already observed for physically adsorbed He (Ref. 29) at V exceeding the ionization potential of He atoms. This effect reduces the accuracy of \(\phi\) measurements and can be explained by electron-stimulated field desorption (in our experiments the field strength was 0.6–0.7 V/\AA). We found little or no changes in the work function related to the physically adsorbed hydrogen compared to clean Ta, Mo, or W surfaces. For hydrides, the scattering of the \(\phi\) value was rather large (e.g., TaH$_4$ the value of \(\phi\) was smaller than that for Ta, \(\phi = 3.6 \pm 0.4\ \text{eV}\)).

IV. CONCLUSIONS

Our results give one more indication that the interaction of hydrogen with the surface of a metal is highly material specific. In the case of Pt (and most probably also in the case of Ni and Fe), the hydrogen can be found only on the surface and the hydrogen bridge retains some of the properties of the H$_2$ molecule.\(^8\)\(^10\) For Pd,\(^9\) however, the underlayer of hydrogen distinctly changes the conductance through the hydrogen bridge. In the case of W, Mo, and Ta, the dissolution of H into the electrodes eventually makes conductance histograms practically featureless. On the other hand, it gives us the opportunity to study the diffusion of protons and the influence of hydrogen on the superconductivity and other properties of the material.

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