Stress and innate immunity in carp: Corticosteroid receptors and pro-inflammatory cytokines

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ABSTRACT

The stress hormone cortisol is deeply involved in immune regulation in all vertebrates. Common carp (Cyprinus carpio L.) express four corticoid receptors that may modulate immune responses: three glucocorticoid receptors (GR); GR1, with two splice variants (GR1a and GR1b), GR2 and a single mineralocorticoid receptor (MR). All receptors are expressed as of 4 days post-fertilization and may thus play a critical role in development and functioning of the adult immune system. Immune tissues and cells predominantly express mRNA for GRs compared to mRNA for the MR. Three-dimensional protein structure modeling predicts, and transfection assays confirm that alternative splicing of GR1 does not influence the capacity to induce transcription of effecter genes. When tested for cortisol activation, GR2 is the most sensitive corticosteroid receptor in carp, followed by the MR and GR1a and GR1b. Lipopolysacharide (LPS) treatment of head kidney phagocytes quickly induces GR1 expression and inhibits GR2 expression. Cortisol treatment in vivo enhances GR1a and MR mRNA expression, but only mildly, and cortisol treatment in vitro does not affect receptor expression of phagocytes. Cortisol has no direct effect on the LPS-induced receptor profile. Therefore, an immune rather than a stress stimulus regulates GR expression. Cortisol administered at stress levels to phagocytes in vitro significantly inhibits LPS-induced expression of the pro-inflammatory cytokines tumor necrosis factor alpha (TNF-\textalpha) and interleukin-12 (IL-12) (subunit p35) and of inducible nitric oxide synthase (iNOS) expression. A physiologically differential function for GR1 and GR2 in the immune response of fish to infection is indicated.

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1. Introduction

In teleostean fishes, such as carp, cortisol regulates a plethora of physiological processes such as development, reproduction, osmoregulation, metabolism, and immunity. Cortisol is the dominant steroid in stress physiology (Mommsen et al., 1999; Wendelaar Bonga, 1997) and has profound and differential effects on the immune system. Stress often inhibits immune responses, to counteract potential deleterious effects of too strong pro-inflammatory responses; acute stress and related cortisol release may exert stimulatory effects (Butts and Sternberg, 2008; Elenkov and Chrousos, 2006; Fast et al., 2007). Indeed, in common carp, stress reduces the number of circulating B-lymphocytes, and decreases the antibody response after immunization in vivo (Verburg-van Kemenade et al., 1999); cortisol inhibits inflammatory cytokine expression in vitro (Saeg et al., 2003c). Cortisol and lipopolysaccharide (LPS) synergistically stimulate the expression of interleukin 1\beta (IL-1\beta) mRNA in head kidney phagocytes (Engelsma et al., 2003). Interestingly, stress can have opposite effects. Cortisol stimulates apoptosis of B-cells (Weyts et al., 1998a), and inhibits apoptosis of neutrophils (Weyts et al., 1998b), an adaptive response to prolong the life span of neutrophils that form the first-line defence against pathogens.

Production in fish aquaculture is increasing rapidly over the last decennia. Stress as a result of high rearing density and handling gives rise to immune suppression and increased susceptibility to infectious diseases, especially in larvae and juveniles (Maule and Schreck, 1991; Palermo et al., 2008; Terova et al., 2005). To steer disease prevention we need better understanding of mech-
animals of stress-induced modulation of immunity. In teleostean fishes, the stress hormone cortisol is produced following activation of the hypothalamus-pituitary-interrenal (HPI) axis, the functional analogue of the mammalian hypothalamus-pituitary-adrenal (HPA) axis. The hydrophobic cortisol enters the cell and activates cytosolic transcription factors, such as the glucocorticoid receptor. The hormone receptor complex translocates to the nucleus and binds to specific glucocorticoid responsive elements (GREs) in the DNA, to activate or repress transcription of genes (Kumar and Thompson, 2005). Formation of the ligand-receptor complex and transactivation or transrepression is hypothesized to utilise similar intracellular routes in teleostean fishes as in mammals (Stolte et al., 2006).

Teleostean fishes express more corticoid receptors than other vertebrates. Although fish do not produce aldosterone (Jiang et al., 1998), they do express mRNA and the protein of a mineralocorticoid receptor (MR), which can bind cortisol. Fish do produce significant amounts of 11-deoxycorticosterone (DOC) that may serve a role as mineralocorticoid, but physiological data on for instance plasma levels of this steroid in fishes are very scarce and await further studies (Prunet et al., 2006; Sturm et al., 2005). Furthermore, fishes have duplicate GR genes (GR1 and GR2) that both transcribe into functional proteins (Bury et al., 2003). Moreover, the GR1 gene may yield two splice variants, as was demonstrated for rainbow trout (Lethimonier et al., 2002; Takeo et al., 1996) and two pufferfish species (Stolte et al., 2006). Both splice variants are constitutively expressed and induce transcription (Greenwood et al., 2003; Takeo et al., 1996). Interestingly, the duplicated receptors require different concentrations of cortisol (low and high, basal and stress levels) to initiate transcription in effector cells (transactivation capacity) (Bury et al., 2003; Greenwood et al., 2003). This notion opens a vast range of opportunities for differential regulation with a single ligand, viz. cortisol.

The role of corticoid receptor subtypes in immune modulation was investigated. Corticoid receptor expression during early development suggests that stress or cortisol can affect the developing immune system. Based on constitutive mRNA expression levels and sensitivity for cortisol we show that the glucocorticoid receptors rather than the MR are important in immune regulation. GR expression is differentially adjusted following LPS treatment. We show inhibition of mRNA expression of the pro-inflammatory inducible nitric oxide synthase (iNOS) and pro-inflammatory cytokines by stress levels of cortisol. The results widen our insight into the intricate, cortisol-induced, immune modulation.

2. Experimental procedures

2.1. Animals

Common carp (Cyprinus carpio L.) were kept at 23°C in recirculating UV-treated tap water at the “De Haar Vissen” facility in Wageningen. Fish were fed dry food pellets (Promivi, Rotterdam, The Netherlands) at a daily maintenance ration of 0.7% of their estimated body weight. The cross ‘R3 x R8’ is offspring of Hungarian (R8) and Polish (R3) strains (Imazarew, 1995). Experimental repeats were performed with fish reared from different batches of eggs. All experiments were performed according to national legislation and were approved by the institutional Ethical Committee.

2.2. Tissue preparation

Nine month old carp (150–200 g) were anaesthetized with 0.2 g L\(^{-1}\) tricaine methane sulphonate (TMS) (Crescent Research Chemicals, Phoenix, AZ, USA) buffered with 0.4 g L\(^{-1}\) NaHCO\(_3\) (Merck, Darmstadt, F.R. Germany). Blood was collected by puncture of the caudal vessels using a heparinized (Leo Pharmaceuticals Products, Ltd, Weesp, The Netherlands) syringe fitted with a 21-Gauge needle. Next fish were killed by spinal transection and organs and tissues were carefully removed, snap frozen in dry ice or liquid N\(_2\) and stored at -80°C for RNA extraction. Whole carp embryos were anaesthetized with 0.2 g L\(^{-1}\) TMS buffered with 0.4 g L\(^{-1}\) NaHCO\(_3\) at the indicated stages of development. Individual eggs or embryos were snap frozen in liquid N\(_2\) and stored at -80°C.

2.3. Restraint-stress paradigm

Prolonged restraint (24 h) was given by netting the fish and suspending the nets with the fish in the tanks (Huising et al., 2004). After 24 h, the experimental group was transferred at once to a tank with 0.2 g L\(^{-1}\) TMS, resulting in rapid (<1 min) and deep anaesthesia prior to blood sampling and killing. A control group was housed in an identical tank but left undisturbed. Control fish were sampled following rapid netting and anaesthesia, immediately before sampling of the experimental group. Blood and organs were isolated as mentioned above.

2.4. Plasma hormone determination

Freshly collected, heparinized blood was centrifuged for 10 min at 2000 \(\times\) g at 4°C, after which plasma was transferred to a new tube and stored at -20°C. Cortisol was measured by RIA (Arends et al., 1998) with a commercial antiseraum (Bioclinical Services Ltd., Cardiff, UK). All constituents were in phosphate-EDTA buffer (0.05 M Na\(_2\)HPO\(_4\), 0.01 M Na\(_2\)EDTA, 0.003 M Na\(_2\)PO\(_4\), pH 7.4). Ten microliter samples or standards in RIA buffer (phosphated-EDTA buffer containing 0.1% 8-anilino-1-naphthalene sulphonic acid and 0.1% (w/v) bovine y-globulin) were incubated with 100 \(\mu\)L anti-serum (in RIA buffer containing 0.2% normal rabbit serum) for 4 h. Samples were incubated overnight with 100 \(\mu\)L iodinated cortisol (around 1700 cpm/tube; \(\delta\) labelled cortisol, Amershams; Uppsala, Sweden) and 100 \(\mu\)L goat anti-rabbit y-globulin (in RIA buffer). Bound and free cortisol in the assay were separated by the addition of 1 ml ice-cold precipitation buffer (phosphated-EDTA buffer containing 2% (w/v) bovine serum albumin and 5% (w/v) polyethylene glycol). Tubes were centrifuged at 4°C (20 min at 2000 \(\times\) g), the supernatant aspirated and the pellets counted in a gammagamma counter (1272 clinigamma, LKB, Turku, Finland).

2.5. Cell culture

Anterior head kidney phagocytes were obtained by passing the tissue through a 100 \(\mu\)m nylon mesh (BD Biosience, Breda, the Netherlands) with carp RPMI (cRPMI, 280 mOsm) and washed twice. The cell suspension was layered on a discontinuous Percoll (Amershams, Biosciences, Uppsala, Sweden) gradient (1.020, 1.060, 1.120 and 1.125 g cm\(^{-3}\)) and centrifuged 30 min at 800 \(\times\) g with the brake disengaged. Cells at the 1.070 (65% macrophages, 10% granulocytes and 25% small macrophages and lymphocytes) and 1.083 g cm\(^{-3}\) (85% neutrophilic granulocytes, 15% macrophages) interface (Remenade et al., 1994) were collected and washed twice with cRPMI and once with cRPMI** (cRPMI supplemented with 0.5% pooled carp serum, 1% glucose (Cambrex, Verviers, Belgium), 1% penicillin G (Sigma-Aldrich, Zwijndrecht, the Netherlands) and 1% streptomycin sulphate (Sigma-Aldrich). Subsequently treatments were carried out in duplo in cRPMI** at 5.5 \(\times\) \(10^5\) cells per well (in 500 \(\mu\)L) in a 24-well cell culture plate. Cells were stimulated for 4 h at 37°C at 5% CO\(_2\) with 30 \(\mu\)g ml\(^{-1}\) LPS (Lipopolysacharide form Escherichia coli 055:B5, Sigma-Aldrich), or with 100 nM corti-
2.7. DNAse treatment and first strand cDNA synthesis

DNase I was inactivated with 1 μl 25 mM EDTA at 65 °C for 10 min. Incubation for 15 min at room temperature and for an additional 2 min at 37 °C. To each reaction was added 2 μl 0.1 M dithiothreitol (DTT) and 40 Units RNase Out (Invitrogen, 18064-014) was added and incubated for 15 min at room temperature in a total volume of 10 μl. For each sample a '−RT' (non-reverse transcriptase) control was included. Non-template controls were included for each gene and primer set. Demineralized water was added to a final volume of 100 μl and samples were stored at −20 °C until further use.

2.8. Real-time quantitative PCR

PRIMER EXPRESS (Applied Biosystems, Foster City, CA, USA) and PRIMER3 software was used to design primers for use in real-time quantitative PCR (RQ-PCR) (Table 1). For RQ-PCR 5 μl cDNA and forward and reverse primers (300 nM each) were added to 7 μl Brilliant® SYBR® QPCR Master Mix (Stratagene, La Jolla, CA, USA) and demineralized water was added to a final volume of 14 μl. RQ-PCR (10 min 95 °C, 40 cycles of 15 s at 94 °C, 30 s at 60 °C, and 30 s at 72 °C followed by 1 min at 60 °C) was carried out on a Rotorgene 2000 real-time cycler (Corbett Research, Sydney, Australia). Raw data were analysed with comparative quantitation of the Rotor-gene Analysis Software V5.0. Basal gene expression in organs and tissues was determined as a ratio of target gene vs reference gene and was calculated according to the following equation: 
\[
\text{Ratio} = \frac{E_{\text{target}}}{E_{\text{reference}}}
\]
where \( E \) is the amplification efficiency and \( C \) is the number of PCR-cycles needed for the signal to exceed a predetermined threshold value. Expression following in vitro treatment was determined relative to the expression of non-restraint control fish according to the following equation (Pfaffl, 2001): 
\[
\text{Ratio} = \frac{E_{\text{target}}}{E_{\text{reference}}}
\]

Two internal reference genes (40S ribosomal protein and β-actin) were incorporated in all RQ-PCR experiments; results were similar following standardisation to either gene. −RT−controls were included in all experiments and no amplification above background levels was observed. Non-template controls were included for each gene in each run and no amplification above background levels was observed. Specificity of the amplification was ensured by checking the melting temperature and profile of each melting curve. The product of each template was checked by sequencing.

### Table 1

<table>
<thead>
<tr>
<th>GR</th>
<th>FW primers</th>
<th>RV primers</th>
<th>Acc. No.</th>
</tr>
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<tr>
<td>GR1a</td>
<td>GTTGGCTGACGAGCAAGC</td>
<td>CCCTCTCTGCTGAGCTCA</td>
<td>AJ729149</td>
</tr>
<tr>
<td>GR1b</td>
<td>GTTGGCTGACGAGCAAGC</td>
<td>CTTCTCTGCTGAGCTCA</td>
<td>AM697886</td>
</tr>
<tr>
<td>GR2</td>
<td>GAGACACGTGGTTGAAATT</td>
<td>CGGGTGGTCCCGATTAGGA</td>
<td>AM183668</td>
</tr>
<tr>
<td>MR</td>
<td>TGGTTGTGACGAGCAAGC</td>
<td>CTTCTCTGCTGAGCTCA</td>
<td>AT179304</td>
</tr>
<tr>
<td>IL-10</td>
<td>AAGAGGGCTAGCTGCTGAA</td>
<td>AAGGACGAGGAGACCTGTA</td>
<td>AT179450</td>
</tr>
<tr>
<td>TGF-ß</td>
<td>ACGCTTTATTCCCAACCA</td>
<td>GCTTCTCTGCTGAGCTCA</td>
<td>AT128000</td>
</tr>
<tr>
<td>NOS1</td>
<td>AACAGTTGCTTGAAGGAATCA</td>
<td>CATATTCTTCGTGACGCTTCTT</td>
<td>AT232520</td>
</tr>
<tr>
<td>NOS2</td>
<td>AAGGCTTGTGACGAGGACCTG</td>
<td>CCGACGACGACGAGGACCTG</td>
<td>AT234638</td>
</tr>
<tr>
<td>P30a</td>
<td>GGCGGTATGATACGACAA</td>
<td>AGAGACGAGGAGACCTGTA</td>
<td>AT236986</td>
</tr>
<tr>
<td>CXCR1</td>
<td>CGGGGAATCTGAGGACCTG</td>
<td>GAGGATCGTGGATATGTGACCTCTAC</td>
<td>AB009285</td>
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<tr>
<td>CXCR2</td>
<td>CAGGCTGACGAGGAGACCTG</td>
<td>AGAGACGAGGAGACCTGTA</td>
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<tr>
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<td>CGCCAGCATAAAGAACTCGT</td>
<td>GAGCGCATCAACCTGACCAT</td>
<td>AY110780</td>
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<tr>
<td>TGF-ß</td>
<td>CGCCAGCATAAAGAACTCGT</td>
<td>GAGCGCATCAACCTGACCAT</td>
<td>AY110780</td>
</tr>
<tr>
<td>β-Actin</td>
<td>GCTTCTCTGCTGAGCTCA</td>
<td>CAGGACGACGACGAGGACCTG</td>
<td>AT179304</td>
</tr>
</tbody>
</table>

### Table 2

<table>
<thead>
<tr>
<th>Cytokine</th>
<th>mRNA expression of non-stimulated and LPS stimulated head kidney phagocytes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Constitutive expression</td>
<td>LPS stimulated expression</td>
</tr>
<tr>
<td>IL-12 p35</td>
<td>6.69 ± 5.44 x 10^-5</td>
</tr>
<tr>
<td>IL-12 p40</td>
<td>1.88 ± 1.28 x 10^-5</td>
</tr>
<tr>
<td>CXCR1</td>
<td>0.001 ± 0.001</td>
</tr>
<tr>
<td>CXCR2</td>
<td>0.004 ± 0.002</td>
</tr>
<tr>
<td>NOS</td>
<td>0.046 ± 0.048</td>
</tr>
<tr>
<td>TGF-ß</td>
<td>0.061 ± 0.034</td>
</tr>
<tr>
<td>TNF-α</td>
<td>0.118 ± 0.019</td>
</tr>
<tr>
<td>IL-10</td>
<td>0.517 ± 0.320</td>
</tr>
</tbody>
</table>

Cells were stimulated for 4h with 30 μg/ml LPS. Constitutive and LPS induced cytokine expression of four separate in vitro experiments as measured by quantitative real-time PCR is shown relative to housekeeping gene 40S. Average-fold increase in cytokine expression as result of LPS treatment is mentioned.

with the same enzymes. Orientation and quality of the insert was confirmed by sequencing. COS-7 cells (derived from African green monkey kidney) were cultured as described previously (Sturm et al., 2005). Cells were transiently transfected using a calcium precipitation method (Sambrook and Russell, 2001), with cells growing in the log phase at 30–50% confluence. Cells were co-transfected with the following plasmids: expression vector with the appropriate hormone receptor cDNA (1 μg/24-well plate) reporter plasmid pCE31Luc, which contains the mouse mammary tumour virus promoter upstream of the luciferase gene (MMTV-LUC) (10 μg/24-well plate), and pSVβ (Clontech, Palo Alto, CA, USA), a second reporter plasmid under control of the SV40 promoter and serving as a control for transfection efficiency (2 μg/24-well plate) and finally pBluescript (Clontech, Palo Alto, CA, USA) (1 μg/24-well plate), an irrelevant plasmid to increase transfection. Sixteen hr after transfection, medium was renewed and cortisol added from 1000-fold concentrated stock solution in ethanol. After 36 h incubation, cells were harvested using reporter lysis buffer (Promega, Madison, WI, USA) following the manufacturer’s instructions and luciferase and β-galactosidase activities were determined as described previously (Bury et al., 2003). In addition to solvent controls (receiving only ethanol carrier instead of hormone) cells were transfected with an empty expression vector to control for luciferase activity in absence of hormone receptor DNA. Experiments were repeated three times independently with triplicate cell cultures per treatment.

**3. Results**

### 3.1. Widespread mRNA expression of corticoid receptors in immune organs

GR1a, GR1b, GR2, and MR genes are constitutively expressed in all immune tissues and tissues rich in immune cells (epithelia of gills, skin, gut, and kidney) (Fig. 1A). The expression levels were comparable to those found in brain, hypothalamus and pituitary (Stolte et al., submitted). Messenger RNA levels for the GR2 were consistently the highest, those for both GR1a and GR1b being about half this level and that for MR was on average less than 30% of GR2 expression. Gills and peripheral blood lymphocytes (PBL) showed the highest relative GR2 expression. In most organs tested GR1a expression was slightly higher than GR1b expression. MR expression levels were especially low in immune tissues; thymus, PBL, and head kidney.

During early development GR1 (a and b) mRNA expression levels in whole embryos were comparable to messenger RNA levels in separate organs of adult fish (Fig. 1B). In unfertilized eggs and embryos of 4 h post-fertilization (4 hpf) GR2 mRNA expression was ten-fold stronger than expression of either GR1 gene. These GR2 mRNA levels quickly and dramatically dropped until 24 hpf, after which levels remained constant. MR was hardly expressed until 24 hpf, but at 48 hpf expression levels started to rise, and at 96 hpf, MR mRNA expression levels were significantly increased compared to unfertilized eggs and 50% compared to expression of either GR1 gene.

![Fig. 1. Constitutive corticoid receptor mRNA expression in peripheral organs (A), CDNA of different organs, or freshly isolated blood lymphocytes, was used as template for quantitative real time PCR. Messenger RNA expression data of four control fish is shown relative to the housekeeping gene 40S. Corticoid receptor mRNA expression during early ontogeny (B). CDNA of four or five individual eggs or embryos (0, 12, 24, 48 and 96 hpf) was used as template for quantitative real time PCR. Messenger RNA expression data is shown relative to the housekeeping gene 40S.](image-url)
Fig. 2. Alternative splicing in the DNA binding domain of GR1. Schematic representation of the two zinc fingers in the GR DNA binding domain and location of insertion of 9 amino acids as a result of alternative splicing (A). Sequence alignment of rat GR (acc. number NP.036708) and common carp GR1a and GR1b. Identical amino acids are indicated by *, and amino acids with high and low similarity are indicated as : and ., respectively (B). Protein modeling of GR DNA binding region. DNA binding domain of carp GR1a (with 9 amino acid insert) is modeled over the rat GR crystal structure (PDB ID: 11R4O (C)). Wire frame represents DNA, ribbon and pipe structures represent two GR DNA binding regions that form a homodimer. Single balls represent zinc atoms of the zinc fingers. The 9 amino acid insert of common carp in each of the two DNA binding regions is indicated (D).

3.2. Homology modeling of the fish specific DNA binding domain

As the carp GR1a has a nine amino acid insert (WRARQNADG) in the very conserved DNA binding region (Fig. 2A and B), we first modeled the receptor DNA binding site. We constructed a protein model of the carp GR1a DNA binding domain based on the rat GR DNA binding domain crystal structure (Fig. 2C), and used the YASARA program to predict the three-dimensional structure of the nine amino acid insert. The nine amino acid insert extends the loop between the two zinc fingers and projects outward, away from the DNA (Fig. 2D). The model demonstrates that the insert does not necessarily disturb the zinc finger residues involved in DNA binding.

3.3. GR1a and GR1b transactivation

GR1a and GR1b showed similar affinities for the different hormones tested (Fig. 3); dexamethasone was the strongest agonist tested, followed by cortisol, deoxycorticisol and corticosterone. Aldosterone and DOC, were very weak agonists. The physiologically important stress hormone cortisol was chosen as ligand to compare sensitivity between the two splice variants. EC50-values were found to be comparable: 7.1 ± 5.0 nM for GR1a and 17.4 ± 7.5 nM for GR1b, concentrations compatible with basal plasma cortisol levels.

3.4. Stress only mildly increases corticosteroid mRNA expression in head kidney

The effect of stress on corticoid receptor expression was determined in head kidney in head kidney in vivo and in head kidney phagocytes in vitro. In an in vivo experiment, 4 fish were confined in a net for 24 h, which resulted in acute stress, reflected by significantly increased plasma cortisol levels (Fig. 4A). After 24 h the head kidneys were removed and corticoid receptor mRNA expression was determined. GR1a and MR expression was slightly, but
Fig. 3. Transactivation properties of glucocorticoid receptors in response to cortisol. COS7 cells were co-transfected with either GR1a (■), GR1b (♦) or GR2 (▲) expression vectors, together with reporter plasmid pFC31 Luciferase (under control of a MMTV promoter) and the pSVβ plasmid, which expresses β-galactosidase. After transfection cells were treated with varying (0.1-1000 nM) cortisol concentrations. Transactivation was determined by luciferase activity normalized to the internal β-galactosidase control. Data are expressed as percent activity of 100 nM cortisol and represent the average of three separate experiments. EC50 is indicated by the dotted line.

significantly increased; expression of GR1b and GR2 mRNA did not change significantly.

In a separate experiment the effect of 100 nM cortisol treatment on corticoid receptor expression in head kidney phagocytes in vitro was determined (Fig. 4B). Constitutive GR1 (a and b) mRNA expression was higher and constitutive MR expression was lower in head kidney phagocytes than in whole head kidney tissue. Cortisol did not significantly affect GR1 (a and b), GR2 and MR mRNA expression.

3.5. LPS treatment increases GR1a and decreases GR2 expression in head kidney phagocytes

Head kidney phagocytes were stimulated with 50 µg/ml LPS (Fig. 5A). GR1a expression was doubled after 2 h and was still increased after 4 h; GR2 expression was decreased at both 2 and 4 h. As immune stimuli often associate with a stress response, we determined in vitro the effect of a sub-optimal LPS stimulation (30 µg/ml) alone or in combination with 100 nM cortisol on corticoid receptor expression in head kidney phagocytes (Fig. 5B). Also, after 4 h of treatment with 30 µg/ml LPS, GR1 (a and b) mRNA expression was increased, while GR2 expression was decreased. After addition of cortisol to these LPS treated phagocytes, glucocorticoid receptor mRNA expression levels did not differ from expression levels after treatment with LPS only.

3.6. Cortisol inhibits LPS-induced iNOS mRNA expression

To mimic stress-induced immune modulation in vitro, the effect of cortisol exposure on head kidney phagocyte iNOS production in response to an immune stimulus (LPS) was investigated (Fig. 6). Compared to control cells, addition of 1 nM cortisol did

3.7. Cortisol inhibits LPS-induced cytokine mRNA expression

Treatment with 30 μg/ml LPS significantly induced tumor necrosis factor alpha (TNF-α), IL-1β, interleukin 12 subunits p35 and p40 and interleukin 10 (IL-10) mRNA expression (Table 2). The same stimulus did not significantly affect mRNA expression levels of chemokines Cxcα and Cxcβ, chémokine receptors Cxcr1, Cxcr2, and transforming growth factor beta (TGF-β) (Table 2). Addition of 100 nM cortisol significantly inhibited LPS-induced upregulation of tumor necrosis factor alpha (TNF-α) and interleukin 12 (IL-12) subunit p35 mRNA expression (Fig. 7). The lower concentration of 1 nM cortisol did not significantly affect expression levels of the cytokines measured.

4. Discussion

Common carp expresses four different corticoid receptors (GR1α, GR1β, GR2 and MR) and all four receptors are widely expressed in the central nervous system and pituitary gland (Stolte et al., 2008) as well as in peripheral organs. We here show differential roles for these glucocorticoid receptors (GRs) in cortisol-mediated immune modulation. We demonstrate constitutive expression of all corticosteroid receptors during development and in adult peripheral organs, their transactivation efficiency, and possible role in stress-related and immune modulation, as assessed by downregulation of expression of phagocyte pro-inflammatory mediators.

MR mRNA expression in typical immune tissues such as head kidney, peripheral blood lymphocytes (PBL) and thymus is very low. To better appreciate the functional consequences of this low constitutive expression it is important to know the transactivation capacity, i.e. the concentration of the natural ligand (cortisol) required to activate or repress an effector gene. Recent experiments (Stolte et al., 2008) have shown that GR2 is the most sensitive receptor (EC50 2.4 nM) whereas MR (EC50 4.0 nM) and GR1 (EC50 7.2 nM) are less sensitive. Considering the very low constitutive expression of the MR in immune organs and only moderate cortisol sensitivity we hypothesize that GRs rather than the MR are pre-
dominantly involved in transmitting stress signals to the immune system.

Based on the widespread corticosteroid receptor expression in adult immune organs and our demonstration that corticosteroid receptor

tors in the whole embryo are comparable to levels in separate organs of adult fish as from 4 dpf, it is tempting to hypothesize
existence of cortisol-induced immune modulation at this early age. Alternatively, cortisol may play a role in the development of the
immune system. Common carp show fast embryonic development of both the immune and the stress axis. After hatching at 2 days post fertilization (2 dpf) the larvae start feeding at 4 dpf when the yolk has been resorbed. Intriguingly, as early as 2 dpf endogenous ACTH and cortisol is produced and embryos show a ‘stress response’; whole body cortisol levels increase after handling
(Sampath-Kumar et al., 1997; Stouthart et al., 1998; Flik et al., 2002).

Around the same time (2 dpf), the developing immune system is

summed and compared with GR2 expression levels. This results
with (GR1a) and without (GR1b) the insert and maximal activation

variant, based on the rat GR DNA binding domain crystal struc-
ture, predicts that addition of nine amino acids extends the loop

vation capacity was unaffected, its Vmax is diminished (Ray et al.,
2002). Experiments, however, showed that although the transacti-

tionary distantly related fish, rainbow trout and common carp are

mammals GR activity mediates immune suppression through inhi-
bition of transcription factors such as activator protein (AP-1) and
nuclear factor kappa B (NFkB) that regulate expression of cytokines, inflammatory enzymes and inflammatory receptors (Rhen and
Cidlowski, 2005). As intracellular pathways are much conserved
throughout the vertebrate lineage, we predict the same inhibitory
mechanisms for fish. Indeed NO production (under control of the
inflammatory iNOS) was significantly decreased after treatment
with a NFkB inhibitor (Saeij et al., 2003a). LPS-induced expres-
sion of pro-inflammatory cytokine IL-1β could be blocked by NFkB
inhibition (Engelsma et al., 2003).

To assess which CRs mediated immune modulation in common
carp, we determined the ability of cortisol to affect LPS induced
cytokine production. Basal plasma cortisol levels in carp are below
20 ng/ml and can increase to well over 200 ng/ml during stress.
Roughly 80% of cortisol in circulation is bound to plasma proteins,
which leaves a mere 20% of the total free and bio-active (Flik and Perry, 1989). With 1 nM (~2 ng/ml in plasma) and 100 nM (~200 ng/ml in plasma) cortisol in our cultures we could thus
discriminate the cortisol concentration required to induce transcrip-
tion by the GRs tested. At 1 nM cortisol, only the sensitive GR2
is activated, at 100 nM all three CRs will become maximally acti-
vated. The requirement of high levels of cortisol to induce inhibition
of cytokine expression is in accordance with results of Saeij et al.
(2003c), for IL-β, TNF-α and iNOS expression in head kidney phagocytes stimulated with lysate of the blood parasite Treponema pallidum. In head kidney phagocytes constitutive expression of GR1 (combined) and GR2 are similar, and these levels were not differen-
sues, except for PBL that show an overrepresentation of GR2 mRNA
expression. Recently we forwarded the hypothesis of a ‘sensitive’
GR2 receptor that can induce transcription at basal cortisol levels,
and an ‘insensitive’ GR1 receptor that requires stress levels of cor-
tisol to induce transcription (Stolte et al., 2008). Our current data
are consistent with this hypothesis.

To investigate differential roles of CRs in immune cells we deter-
mined receptor expression profiles after either an immune stimulus
and/or a stress stimulus in head kidney phagocytes. In isolated head
kidney phagocytes constitutive GR mRNA expression is higher and
constitutive MR mRNA expression lower than in whole head kid-
ney, which further augments the predominance of GR over MR
in immune cells. Glucocorticoid receptor levels of head kidney
phagocytes were slightly increased by treatment with stress levels
(100 nM) of cortisol. Earlier results showed downregulation of
GR binding sites in peripheral blood leukocytes of carp fed with
cortisol-containing food (Weys et al., 1998b), probably as a result of receptor translocation to the nucleus. In time, this might lead to increased mRNA levels to replenish GR numbers. Indeed, only after 24 h the increase in GR expression was significant. LPS treatment
however, quickly induced GR1 mRNA expression, whereas
GR2 expression was inhibited. This might reflect a temporal surge
of the ‘stress GR1 receptor expression to increase sensitivity for
feedback control as was shown for murine macrophages (Salkowski
and Vogel, 1992). After LPS treatment, pro-inflammatory cytokine
expression levels (IL-1β, TNF-α, IL-12 (subunits p35 and p40) increase drastically with concomitant increase of nitric oxide (NO)
(via inducible nitric oxide synthase) and toxic oxygen and nitrogen
radicals directed to kill the invading pathogen (Engelsma et al.,
2003; Huisings et al., 2006; Saeij et al., 2003b; Saeij et al., 2000).
This response is attenuated, likely to prevent detrimental and possi-
bly lethal effects. Indeed, in mice with GR-deficient macrophages
higher mortality is seen after LPS treatment (Bhattacharyya et al.,
2007). Although fish do not suffer from septic shock, they do show
a strong pro-inflammatory response with high production of oxy-
gen and nitrogen radicals which requires a firm balance to ensure
effective pathogen clearance and prevent damage to the host. In
mammals GR activity mediates immune suppression through inhi-

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tially regulated during our experiments. Despite the fact that high levels are necessary to initiate cytokine downregulation, not all immune modulation requires high levels of cortisol to take effect. Indeed, lymphocytes and especially B-lymphocytes, show high sensitivity for cortisol; significant inhibition of PBL proliferation and induction of apoptosis was measured at cortisol levels as low as 3.6 ng/ml, which can be due to activation of GR2 (Weyts et al., 1997). The strong over-representation of GR2 over combined GR1 expression in PBL suggests a role for cortisol in immune functions in non-stressed fish as well.

In conclusion differential gene expression of the duplicate GRs or splice variants is found in endocrine as well as in immune organs and cell types. The immune modulatory response of these receptors appears physiologically important, they are not only steered by endocrine signalling as an immune stimulus strongly and differentially regulates their expression profiles in leukocytes.

5. Conflict of interest

The authors declare that there is no conflict of interest that would prejudice the impartiality of this scientific work.

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