THE FACTORS AFFECTING CODEPENDENCE AND RELATIONSHIP WITH HOW TO COPE WITH PATIENTS IN THE FAMILY OF ALCOHOLICS

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Objectives: The purpose of this study is to investigate the level and affecting factors of codependence & relationship with how to cope with patient in the family of alcoholics.

Method: The subject were 60 family members of patients with alcohol dependence. All subjects were assessed by questionnaire about the demo-graphic data. Children of Alcoholics Screening Test (CAST), Korean Version of Alcohol Use Disorders Identification Test (AUDIT-K), the Korean Version of Checklist from Co-dependents Anonymous (CCA-K), Spouse Sobriety Influence Inventory (SSI). Alcohol related characteristics of patients were surveyed through chart review and interview with family members.

Results: First: The level of codependence among family with alcohol dependence was 93.3%. Among the characteristics of family, the presence of job among family members related with codependence & had significant positive relationship with how to cope with patients.

Second: Among the characteristics of patients, many factors that reflects severity of alcohol dependence had significant positive relationship with codependence & how to cope with patients.

Conclusion: Our result support that codependence was the stress response came from in the relation with alcohol dependent patients because alcohol related characteristics of patients highly related with codependence compared to the characteristics of family members such as family history of alcohol. In the aspect of treatment, codependence should be considered, we have to help the family members to increase capacity how to cope with patients.

Key Words: Alcohol dependence, Codependence, Alcoholic family, Coping

ASSESSING A WOMEN'S SPECIFIC SUBSTANCE ABUSE TREATMENT FOR MOTHERS IN THE CHILD WELFARE SYSTEM: WITHIN-TREATMENT OUTCOMES

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Substance use disorders among women who are caretakers of children are a significant factor in child abuse and neglect. When identified by child welfare agencies, women with substance use disorders often are referred to traditional addictions treatment. However, treatment often is in mixed-gender settings with little focus on the women-specific needs for parenting skills, life skills, and case management of wrap-around services. With few exceptions, women's specific addictions treatment has not been widely developed or well evaluated. In New Jersey, significant child welfare initiatives have been implemented recently and as a result, a women-specific addictions treatment (DYFS-MOMS) was developed for mothers with open cases with child protective services. DYFS-MOMS required certain elements be added to traditional addictions treatment, including parenting classes, groups focusing on improving women's specific life skills and 1 year of case management. This study reports on the end-of-treatment outcomes for women enrolled in drug-free outpatient substance abuse treatment. A sample of 137 women, who were admitted from 15 substance abuse programs, were recruited to participate in an evaluation study. Baseline and end-of-treatment (4-months) assessments were administered to determine the effectiveness of treatment for substance use and psychosocial outcomes. At the end of treatment, 119 women provided data for an 87% follow-up rate. At the end of 4-month outpatient treatment, women showed significant improvements in the area of alcohol use, social functioning, and mental health functioning. However, no significant changes were noted in any of the parenting domains. Short-term outcomes, for this unique women's specific treatment, shows promise in the areas of alcohol consumption, mental health and social functioning. Since a specific component of this treatment focuses on improving parenting skills it is surprising that improvements at the end of treatment were not noted. More information is needed regarding the dose of parenting training that was provided and whether the women had custody of their children or not. These results will have implications for treatment and policy development for substance use treatment for women in the child welfare system.