A Dysbalanced Immune System in Cryptogenic Lennox-Gastaut Syndrome


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In children with cryptogenic Lennox-Gastaut syndrome we found a functionally impaired humoral immune response to a primary antigen (haemocyanin), despite signs of a triggered immune system consisting of elevated IgG concentrations. This combination of immunological findings, considered to be the expression of a dysbalanced—triggered as well as functionally impaired—immune system, has also been described in an auto-immune disease like systemic lupus erythaematodes in humans, and in genetically epilepsy-prone rats. The interactions between the immune system and the nervous system in Lennox-Gastaut syndrome will be discussed.

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INTRODUCTION

The Lennox-Gastaut syndrome (LGS) is an unexplained, age-related epileptic encephalopathy with a tendency to become chronic [1]. Various pathophysiologic mechanisms have been suggested to explain this condition including the hypothesis that it results from an aberrant immune function. Indications supportive for this hypothesis include the reports on antibodies to brain tissue [2, 3], the suggested effect of intravenous immunoglobulin [4], and the reported associations with certain HLA class II alleles in patients with LGS [5]. The publications on humoral and cellular immunity are conflicting, impaired immunity (predominantly IgG2 and IgA deficiencies) [6-8], normal immunity [9], and increased humoral or cellular immunity [7, 10] have been described. Indirect suggestive evidence for reciprocal interactions between the immune and nervous system in epilepsies are the immunological alterations induced by proper anticonvulsant drugs like phenytoin and carbamazepine, and the anticonvulsant effect of immunosuppressive drugs like adrenocorticotropic hormone and corticosteroids in otherwise intractable epilepsies (for review, [4]).

For the present study we attempted to select a relatively homogeneous group of cryptogenic LGS patients, and an epilepsy control group receiving the same anticonvulsants. In addition to studies on humoral and cellular immunity, we measured the in vivo primary humoral immune response after subcutaneous injection of the neoantigen, α-Helix pomatia haemocyanin (HPH). The in vivo immune response is a sensitive test of total immune responsiveness [11,12] measuring both the afferent as well as the efferent arc of the immune system, and it is a functional test which might be able to detect a possible modulating influence of the epileptic brain on immune responsiveness. The results in both epilepsy groups are compared with those of normal controls and a possible misregulation of the immune system in LGS is discussed in the light of the conflicting data in the literature.

MATERIALS AND METHODS

 Patients. The study population consisted of 12 children (four girls, eight boys, mean age 4.4 years) with cryptogenic LGS receiving valproate, either as monotherapy or in combination with other anticonvulsants, especially nitrazepam. An age and sex matched epilepsy control group consisted of seven children with other types of epilepsy [13] (situation-related seizures (n = 1), symptomatic generalized seizures (n = 4), temporal lobe epilepsy (n = 2)) receiving the same regimen of anticonvulsant drugs as the LGS group. The normal control group was derived from a previously published reference group consisting of 114 healthy children aged 1 month to 16 years [14]. The study protocol was reviewed and approved by the
The only significant difference between the LGS group and the normal control group is an increased concentration of total IgG in the LGS group (P < 0.05). The epilepsy control group did not show significantly increased IgG concentrations compared with normal controls, whereas the difference between the epilepsy control group and the LGS group was not significant. IgG1, IgG2 and IgG3 concentrations did not differ significantly between the LGS group and any of the control groups.

The LGS group did not differ from any of the control groups with regard to percentage of B cells (mean 11.3%, standard deviation (SD) 5.5; individual values: 15, 14, 10, 17, 5, 21, 8, 14, 7, 6, 3, and 15%), CD3 positive cells (mean 64.5%, SD 6.4; individual values: 66, 73, 65, 72, 70, 60, 60, 70, 65, 61, and 52%) or CD4/CD8 ratio (mean 2.8, SD 0.9; individual values: 1.8, 5.2, 2.9, 2.8, 2.4, 2.1, 2.3, 2.1, 3.1, 3.1, and 3.1). Proliferation of peripheral blood lymphocytes to phytohaemagglutinin and pokeweed mitogen was normal in both the LGS and the epilepsy control groups.

**DISCUSSION**

The main finding of this study is the impaired humoral immune response in patients with cryptogenic LGS. Until now, this has not been reported in LGS nor in other types of epilepsy. A decreased cellular immune response after dinitrochlorobenzene sensitization has only been described in one
report on a group of patients with cryptogenic as well as symptomatic types of LGS and West syndrome [8]. Factors underlying the impaired humoral immune response in LGS patients are not yet known, and some can be ruled out from the present study. The immune response does not have a delayed time course (anti-HPH titres declined between 2 and 4 weeks); there is no decrease in the number of different types of immune cells; no decrease in IgM concentration (IgM

Fig. 1. *In vivo* IgG, IgA and IgM primary immune responses to haemocyanin (as percentage of positive reference samples) in the LGS group (*n* = 12), epilepsy control group (*n* = 7), and in normal controls (*n* = 8).
enhances the humoral immune response [16]; and no defect in lymphocyte proliferation in vitro. Since HPH is a T cell dependent antigen the impaired humoral immune response does not necessarily point to a primary B cell defect. A disturbance in the afferent arc of the immune system, a defective antigen processing or presentation by macrophages or a deficient interaction between B and T cells, may well account for the decreased immune responsiveness.

In addition (unexpected in the light of the impaired immune responses), the increased total IgG concentration in the LGS group points to a triggered immune system. This increase in total IgG in epilepsy has also been reported by others [7] and by our previous study [14] on a more extended epilepsy group consisting of the present LGS patients and patients with West syndrome. Such a triggered immune system can be caused by infectious or autoimmune processes [17]. Infectious causes have been excluded during the investigation period in our study.

In the current study, a drug effect cannot be entirely ruled out, but seems unlikely because both the LGS group and the epilepsy control group received the same anticonvulsants. Moreover, valproate and nitrazepam were used, drugs that are not known to have an effect on immunoglobulins.

A triggered as well as functionally impaired immune system, which may be called a dysbalanced immune system, is in accordance with and may partly explain the conflicting literature on immunological investigations in epilepsy. A study showing an elevated B cell number has been interpreted as conflicting with the report on an impaired cellular immune responsiveness [8, 10]. Because we have measured both, we have been able to reproduce in LGS patients just this combination of a triggered but nevertheless functionally impaired immune system, which has also been described in an autoimmune disease like systemic lupus erythaematodes in humans [12], and in genetically epilepsy-prone rats [17]. Therefore, we think that this combination of findings, instead of being the expression of conflicting results, may have a biological significance pointing to a misregulation of the immune system. A possible explanation may be that high IgG concentrations cause a feedback inhibition of the immune response leading to a diminished capacity to respond to new antigenic challenges [16, 17]. Nevertheless, we could not confirm a significant negative correlation between IgG concentrations and immune responses in the LGS group. In addition, also the epilepsy control group showed increased IgG concentrations, however, without impaired humoral immune responses. We did find a significant positive correlation in the LGS group between IgM concentrations and immune responses, which is in accordance with the reported enhancing effect of IgM antibodies on the humoral immune response [16].

In conclusion, the present study found indications not of an immune deficiency, but rather of an immune dysbalance or misregulation in LGS. Interestingly, LGS a severe form of epilepsy, can be defined neurologically also as a dysbalance, in this case of excitation and inhibition in neural networks leading to functional disturbances [18]. There are several possibilities that may account for the association between an immune and neural dysbalance [19]. One possibility is that the dysbalanced immune system alters neural function [20–22] and causes epilepsy. Certain antibodies intracerebrally injected in experimental animals induce epileptiform activity (for review [23]). Secondly, the neural dysbalance i.e., epilepsy may modify immune function [24]. As a consequence of epilepsy central nervous system (CNS) antigens may become exposed to and trigger the immune system. In experimental animals, lesions of the anterior hypothalamus modify asthma and reduce humoral and cellular responses to foreign antigens [25]. Thirdly, the disturbances both in the immune and nervous system could be due to a common underlying biological process. This has been described in experimental mice that develop severe autoimmune disease and learning disabilities, each of which possibly originate from neuropathological anomalies consisting of ectopic collections of neurons [26]. Whatever the exact interaction might be, one could speculate that the association between the neural dysbalance and the immune dysbalance in LGS may offer the potential of new treatment approaches in this type of intractable epilepsy by addressing the nervous system via the immune system.

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