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The Auditory, Vestibular, and Oculomotor System in Facioscapulohumeral Dystrophy

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INTRODUCTION
Facioscapulohumeral (muscular) dystrophy (FSHD) is a progressive autosomal dominant disorder with almost complete penetrance and variable expression (1–3). The FSHD gene has been mapped to chromosome 4 (4). Associated findings are hearing loss (5–11) or hearing loss, Coats’ disease and mental retardation in various combinations (12–18). Sensorineural hearing loss (SNHL) may be associated with vestibular and oculomotor impairment in neuromuscular disease (19); we therefore investigated the auditory, vestibular and oculomotor systems in FSHD patients.

MATERIAL AND METHODS
Auditory, vestibular and oculomotor function tests were performed on 14 patients (7 men, 7 women, age range 19–74 years) with autosomal dominant facioscapulohumeral dystrophy (FSHD) due to chromosome 4q35 associated DNA rearrangements. (Cochlear) sensorineural hearing loss (SNHL) in excess of that expected for their age was found in 6 patients: in 3 at the higher frequencies and in 3 also at the lower (speech) frequencies. Brain-stem auditory evoked potentials were generally normal. Oculomotor functions were normal. Four patients showed vestibular hyperreflexia, perhaps secondary to diminished head movements. Despite the apparent genetic homogeneity of the present patients, the above-mentioned findings showed significant associations with certain families, the cases of new mutations, or a certain generation. Therefore, FSHD in our patients demonstrated clinical heterogeneity. Key words: hearing loss, brain-stem auditory evoked potentials, vestibulo-ocular reflex gain, genetics.
RESULTS

Auditory system

Pure-tone audiograms. Pure-tone hearing thresholds were normal for the patient’s age (i.e., < P95 presbyacusis) at all the frequencies in 8 patients bilaterally. The finding that 7 out of the 8 members of two families had normal hearing, while only 1 out of the 6 other patients had normal hearing was significant. Another significant finding was high-tone SNHL in 3 patients, which was significantly associated with new mutations (2 patients). High-tone SNHL was a significant finding in the young patients: 3 out of the 4 patients aged 19–41 years showed this feature, while it did not occur in any of the 10 patients aged 46 years and older. Significant low-tone SNHL was also found in a significantly high number of cases (n = 3); 2 patients were sibs, which was a significant finding. All 6 patients with significant SNHL had normal BAEP findings, except for one patient; their hearing loss was therefore attributed to cochlear involvement. A significant finding in the 2 oldest patients was an air-bone gap caused by occlusion of the external auditory meatus by an extremely flaccid skin.

Brain-stem auditory evoked potentials. BAEP findings were normal in most of the patients. Two patients showed a significant I-V IWD (0.41–0.53 ms), which was a bilateral finding in 1, and a (unilateral) III-V IWD (0.27–0.37 ms) was found in 2 patients.

Vestibular system. None of the patients showed any spontaneous nystagmus (eyes open in the dark). Two patients showed a significant side effect in their caloric responses (64% and 32%, respectively). Normal VS responses were found in 7 patients. Three patients showed hyporeflexia. Four of the women (significant) showed vestibular hyperreflexia (VH). When only the women (n = 7) were taken into account there was a significant family association: the women (n = 3) with a high VOR gain belonged to two families. All 3 women with a high VOR gain had FSHD in the 5th generation, whereas the other 4 women with a normal VOR had FSHD as a new mutation or in the 2nd or 3rd generation. The significant finding (high VOR gain in women from certain families) can therefore also be said to be associated with generation 5.

Oculomotor system

None of the patients showed any gaze-evoked nystagmus or limitation of eye movements; saccades, smooth pursuit and optokinetic nystagmus responses were normal in all of the patients.

DISCUSSION

We found a considerable variability in SNHL in our FSHD patients. High-tone SNHL (n = 3) and low-tone SNHL (n = 3) were significant findings and there were significant associations with certain families, the cases with new mutations, and young age. The general lack of any hearing loss in some families and the occlusion of the external auditory meatus in the 2 oldest patients were also significant findings. Brouwer et al. (11) also concluded that there were incomplete penetrance and variable expression of high-tone SNHL. Involvement of the higher frequencies has been reported repeatedly (5, 6, 8, 10–12, 16, 18). Most of the FSHD patients in the literature who were found to show hearing loss (n = 38) were younger than our 6 patients with SNHL.

Voit et al. (10) suggested that in FSHD, SNHL initially involves high-frequency loss and tends to involve the lower frequencies with increasing age. Support for these observations can be derived from other reported data (6, 8). The present data on patients with low-tone SNHL, however, did not show the same tendency, because these patients were free from significant SNHL at the higher frequencies.

Most of our patients showed normal BAEP findings; the (few) abnormal findings can be attributed to false positivity. Others also reported normal BAEP findings in FSHD (12, 14, 18). The finding of a decreased I-V interval in 2 patients with severe hearing loss (10) would suggest misinterpretation of the wave forms.

Voit et al. (10) reported normal bithermal caloric responses in all 10 of their FSHD patients. VH was a significant finding in the present study, i.e., it occurred more often than could be explained by false positivity alone. This finding was significantly associated with women in the 5th generation of 2 families. We have also reported the finding of VH in a recent study on myotonic dystrophy (19). One possible explanation is that an enhanced VOR gain develops secondary to diminished head movements as a result of useful plastic adaptation of spatial orientation and gaze stabilization behaviour.

The oculomotor system appeared to be spared in the present cases of FSHD.
Although genetic studies have indicated genetic homogeneity, the variety of features detected in the present study clearly demonstrates clinical heterogeneity, which may relate to variability in expression or nonpenetrance. Not only hearing loss, but also retinal vasculopathy, which was found in 50% of the patients (25), appeared to show great variability within the present and other (genetically homogenous) FSHD families, independent of the severity of the myopathy. This has been attributed to pleiotropic effects of the FSHD gene (25).

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REFERENCES


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