Impaired ABCA1/ABCG1-mediated lipid efflux in the mouse retinal pigment epithelium (RPE) leads to retinal degeneration

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Abstract Age-related macular degeneration (AMD) is a progressive disease of the retinal pigment epithelium (RPE) and the retina leading to loss of central vision. Polymorphisms in genes involved in lipid metabolism, including the ATP-binding cassette transporter A1 (ABCA1), have been associated with AMD risk. However, the significance of retinal lipid handling for AMD pathogenesis remains elusive. Here, we study the contribution of lipid efflux in the RPE by generating a mouse model lacking ABCA1 and its partner ABCG1 specifically in this layer. Mutant mice show lipid accumulation in the RPE, reduced RPE and retinal function, retinal inflammation and RPE/photoreceptor degeneration. Data from human cell lines indicate that the ABCA1 AMD risk-conferring allele decreases ABCA1 expression, identifying the potential molecular cause that underlies the genetic risk for AMD. Our results highlight the essential homeostatic role for lipid efflux in the RPE and suggest a pathogenic contribution of reduced ABCA1 function to AMD.

DOI: https://doi.org/10.7554/eLife.45100.001

Introduction Age-related macular degeneration (AMD) is the leading cause of blindness in the elderly population of Western countries (Klein et al., 2013; Joachim et al., 2015) and its socio-economic impact is...
predicted to dramatically increase in the next decades (Wong et al., 2014). AMD is a progressive
disease of the macula, the central cone-rich region of the retina, and can develop into the ‘dry’ or
‘wet’ form in the advanced stage. Dry AMD is characterized by atrophy of the retinal pigment epi-
thelium (RPE) and photoreceptor degeneration, while wet AMD exhibits pathological neo-vasculari-
Zweifel et al., 2010). The more recently identified SDDs, instead, seem to contain UC only,
together with apolipoproteins (Rudolf et al., 2008; Spaide et al., 2018). Drusen (Sarks, 1980) and
SDDs (Zweifel et al., 2010) are considered hallmarks of AMD but their actual origin and contribu-
tion to the pathology remain unknown. Recently, primary RPE cells isolated from AMD patients, but
not from control subjects, were shown to accumulate intracellular lipids in vitro (Golestaneh et al.,
2017), suggesting altered lipid metabolism in diseased cells.

Genome-wide association studies have linked AMD to several genes involved in generation and
remodeling of high-density lipoproteins (HDLs), namely ATP-binding cassette transporter A1
(ABCA1), apolipoprotein E (APOE), cholesteryl ester transfer protein (CETP) and hepatic lipase C
(LIPC) (Fritsche et al., 2016). A recent review (van Leeuwen et al., 2018) summarizes contradictory
results from different studies concerning the association between systemic lipid levels and the risk of
developing AMD and links long-term elevated plasma levels of HDL-cholesterol to increased AMD
risk. However, it remains unknown whether genes involved in lipid metabolism exert a local and/or a
systemic pathogenic effect on the retina.

A gene of interest in this context is ABCA1, encoding a transmembrane lipid transporter which
generates HDLs together with its partner ABCG1. Either transporter uses ATP to flip lipids, mainly
UC and phospholipids (PLs), but also sphingomyelins (SMs) and oysterolysins, from the inner leaflet of
the plasma membrane to extracellular lipophilic acceptors such as apolipoproteins or nascent HDLs.
ABCA1 initiates the formation of HDL by direct interaction with naked apolipoproteins, while
ABCG1 requires a lipidated particle (Cavelier et al., 2006; Quazi and Molday, 2011; Li et al.,
2013). Since UC is one of the best established substrates of the two transporters, the ABCA1/
ABCG1 pathway is also known as ‘active cholesterol efflux’. The fundamental role of this pathway for
cellular lipid homeostasis is highlighted by macrophage foam cell formation (Tabas, 2002;
Favari et al., 2015) and by the progressive and age-dependent lung phenotype, including lipid
accumulation in alveolar macrophages and pneumocytes, lung dysfunction and inflammation
(Chai et al., 2017), in mice lacking ABCA1, ABCG1 or both. Inhibition of cholesterol efflux leads to
cell dysfunction also in pancreatic beta cells (Kruit et al., 2012), neurons (Karasinska et al., 2013)
and liver cells (Arguello et al., 2015). Liver X receptors (LXR) α and β are the upstream regulators of
the pathway: these two transcription factors are activated upon binding of oxysterols that accumu-
late in conditions of increased UC and upregulate expression of both ABCA1 and ABCG1
(Schultz et al., 2000).

Ubiquitous expression of ABCA1 and ABCG1 has been reported in the mouse, monkey and
human retina, including the RPE (Tserentsoodol et al., 2006; Duncan et al., 2009; Zheng et al.,
2012; Ananth et al., 2014; Zheng et al., 2015; Storti et al., 2017). The function of ABCA1 and
ABCG1 in the RPE was previously investigated in vitro (Ishida et al., 2006; Duncan et al., 2009;
Biswas et al., 2017; Storti et al., 2017; Lyssenko et al., 2018) and shown to mediate transport of
UC to ApoA-I, ApoE, HDLs and human serum on both sides of the RPE. This was true for plasma
lipoprotein- as well as outer segment (OS)-derived cholesterol. However, the relevance of active cho-
Other factors, such as un-esterified (free) cholesterol (UC) and phosphatidylcholine (PC), as well as neutral lipids,
such as cholesteryl esters (CEs), and several lipid-binding proteins (apolipoproteins) (Wang et al.,
2010; Curcio et al., 2011).
suggested a correlation between AMD-associated ABCA1 genotypes and expression levels of this gene in human cells.

**Results**

**Generation of RPE-specific Abca1;Abcg1 double KO mice (RPE^{ΔAbca1;Abcg1})**

Expression of ABCA1 and ABCG1 throughout the retinal layers, including the RPE, was confirmed by immunofluorescence (IF) in wild type mouse retinal sections (Figure 1A) (Ananth et al., 2014). As previously described for RPE cells in vitro (Storti et al., 2017), no co-localization with ezrin (EZR), a marker of the apical microvilli of the RPE, was observed. In order to study the function of ABCA1/ABCG1 in the RPE, we used BEST1Cre mice to delete floxed sequences from Abca1^{floxed}/Abcg1^{floxed} mice and generate RPE-specific Abca1;Abcg1 double KO mice (called RPE^{ΔAbca1;Abcg1}, see ‘Materials and methods’, Table 1 and Figure 1—figure supplement 1). BEST1Cre mice express Cre recombinase under control of the human bestrophin 1 (BEST1, also known as vitelliform macular dystrophy 2, VMD2) promoter, resulting in post-natal CRE activity specifically in the RPE (Iacovelli et al., 2011). Although both strains were used before to successfully generate a number of mouse models (Westerterp et al., 2012; Yao et al., 2015; Westerterp et al., 2016; Sundermeier et al., 2017; Ban et al., 2018a; Ban et al., 2018b; Eblimit et al., 2018; Roman et al., 2018), we nonetheless validated the specificity of CRE expression in RPE^{ΔAbca1;Abcg1} mice. High mRNA levels for CRE were detected in the eyecup (RPE/choroid) with only a minimal amount of transcripts found in the neural retina, probably due to contamination during eye dissection (Figure 1B). To confirm presence of CRE protein in the RPE, we performed IF staining on retinal sections. Although some un-specific staining was observed in the inner retina, CRE-positive nuclei were detected only in the RPE layer of RPE^{ΔAbca1;Abcg1} but not of control (Ctr, CRE-negative) mice (Figure 1C). Finally, we checked for successful CRE-mediated excision of floxed fragments by amplifying Abca1 and Abcg1 specific sequences from genomic DNA extracted from retina and eyecups (including RPE) of RPE^{ΔAbca1;Abcg1} and Ctr mice. As expected, deletion of Abca1 and Abcg1 was observed in eyecups, but not neural retinas, of CRE-positive mice (Figure 1D). Even though endpoint PCR reactions may not be used to quantify products, the highly variable signal intensities of the amplified Abca1 and Abcg1 excised fragments suggested mouse-to-mouse variability in CRE expression (Figure 1B and data not shown) and/or in deletion efficiency (Figure 1D). Of note, the BEST1Cre mouse is known to have patchy and variable CRE expression in the RPE (Iacovelli et al., 2011; Sundermeier et al., 2017), which could partially explain decreased rather than abolished expression of Abca1 and Abcg1 mRNA in eyecups of RPE^{ΔAbca1;Abcg1} mice (Figure 1—figure supplement 2).

**Lack of Abca1 and Abcg1 in the RPE leads to morphological alterations and intracellular lipid accumulation**

Already at 2 months of age, the fundus of RPE^{ΔAbca1;Abcg1} but not of Ctr mice showed a dotted pattern, possibly reflecting alterations in the pigmentation of RPE cells (Figure 2A). Light and electron microscopy on retinal sections revealed an irregular apical RPE border and accumulation of intracellular material resembling lipid droplets (LDs) in RPE^{ΔAbca1;Abcg1} but not Ctr mice (Figure 2B and C). Staining with OilRedO (ORO) in retinal sections (Figure 2D) and LipidTOX in RPE flat mounts (Figure 2E) revealed strong lipid accumulation in CRE-positive RPE cells of RPE^{ΔAbca1;Abcg1} mice. CRE-negative RPE cells and other retinal layers were ORO-negative and served as internal controls demonstrating the specificity of lipid accumulation in RPE cells lacking Abca1 and/or Abcg1. Both ORO and LipidTOX stain neutral lipids, which constitute the hydrophobic core of LDs (Olofsson et al., 2009). Moreover, actin staining of RPE flat mounts showed morphological irregularities of CRE-positive cells in RPE^{ΔAbca1;Abcg1} mice when compared to the regular, mainly hexagonal shape of Ctr cells (Figure 2F). These morphological irregularities progressively worsened and were more pronounced at 4–6 months of age (Figure 3). In particular, double staining for the tight junction protein zona occludens 1 (ZO-1) and the Wnt signaling mediator β-catenin (β-cat) in mutant cells revealed re-localization of β-cat from the plasma membrane to the cytosol, a feature of disorganized RPE (Yang et al., 2018). Pigment epithelial cells in 4 months old RPE^{ΔAbca1;Abcg1} mice were
**Figure 1.** Generation of RPE\textsuperscript{\textit{DAbca1;Abcg1}} mice. (A) IF staining for ABCA1 (yellow), ABCG1 (violet) and the RPE apical marker EZR (white) in retinas of 2-months-old wt mice. Lower panels show magnification of the RPE layer. Nuclei were counterstained with DAPI (blue). Ch: choroid; RPE: retinal pigment epithelium; ONL: outer nuclear layer; INL: inner nuclear layer; GCL: ganglion cell layer. (B) Cre mRNA levels were measured by semi-quantitative real-time PCR in neural retinas and eyecups (RPE/choroid) from 2-months-old RPE\textsuperscript{\textit{DAbca1;Abcg1}} mice. Shown are data from individual samples and means ± standard deviations (SD, N = 4). Statistics: Student’s t-test; ***: p<0.001. (C) IF staining for CRE (red) in retinal sections from 2-months-old Ctr and RPE\textsuperscript{\textit{DAbca1;Abcg1}} mice: white arrowheads indicate CRE-positive nuclei in the RPE of mutant mice. Nuclei were counterstained with DAPI (blue). Note the non-specific signal in the inner retina. Representative pictures of N = 6 mice. (D) Detection of CRE-mediated excision fragments in Abca1 and Abcg1 (Abca1/Abcg1 exc) by conventional PCR on genomic DNA from eyecups and neural retinas of Ctr and RPE\textsuperscript{\textit{DAbca1;Abcg1}} mice (N = 3). For this picture, animals showing heterozygous deletion of Abca1/Abcg1 in ear biopsies (see ‘Materials and methods’) were excluded in order to detect excision truly due to CRE expression in the eye. PCR for the floxed sequences (Abca1/Abcg1 flox) was performed as positive control. Shown are PCR products run on a 2% agarose gel and visualized with ethidium bromide. Note the lack of the excised fragment in the neural retina. M: DNA size marker, indicated fragment sizes are shown in base pairs (bp).

DOI: https://doi.org/10.7554/eLife.45100.002

The following figure supplements are available for figure 1:

**Figure supplement 1.** Genotyping and definition of the mouse models.

DOI: https://doi.org/10.7554/eLife.45100.003

Figure 1 continued on next page.
significantly larger and irregularly shaped (Figure 3A, quantification in 3B and 3C). At 6 months, we observed areas of dysmorphic RPE with accumulation of intracellular material and areas of RPE atrophy with infiltration of inflammatory cells (see below) in mutant but not control mice (Figure 3D and E). Photoreceptor loss correlated with RPE atrophy (see below). Variability of the phenotype within the same retina was probably due to patchy Cre expression (Figures 1 and 2). Reduced expression levels of Cre and the RPE marker monocarboxylic acid transporter 3 (Mct3) further indicated atrophic RPE at 6 months of age (Figure 3F and G). Loss of RPE cells in aged RPE\textsuperscript{−}\textsuperscript{−}Abca1;Abcg1 mice was most likely a consequence of the lack of ABCA1 and/or ABCG1 activity in RPE rather than of CRE expression per se, since Cre mRNA levels declined in eyecups of old RPE\textsuperscript{−}\textsuperscript{−}Abca1;Abcg1 (Figure 3F) but not old BEST1Cre mice (Figure 3—figure supplement 1). Similarly, morphological abnormalities of RPE cells in RPE\textsuperscript{−}\textsuperscript{−}Abca1;Abcg1 mice were not due to potential CRE toxicity (Thanos et al., 2012; He et al., 2014) as BEST1Cre mice only showed minor morphological alterations in the RPE and few bright spots in the fundus, but no lipid accumulation or functional changes (Figure 3—figure supplement 2). Thus, lack of Abca1 and/or Abcg1 resulted in lipid accumulation in the RPE and led to several morphological abnormalities that aggravated with time and eventually resulted in RPE cell death.

To exclude developmental effects as a cause for the phenotype, we tested lipid accumulation in the RPE after inactivation of Abca1 and Abcg1 in adult mice. For this purpose, we injected an adeno-associated virus (AAV) expressing Cre and green fluorescent protein (GFP) under the control of the BEST1 promoter (Figure 4A) into the sub-retinal space of adult Abca1\textsuperscript{flox/flox};Abcg1\textsuperscript{flox/flox} mice. Although expression levels of GFP were variable and difficult to detect in some individual cells, LDs were specifically observed in GFP-positive (transduced) cells by LipidTOX staining 10 weeks after AAV injection (Figure 4B). In addition, RPE cells in the transduced area appeared larger and less regular than in the non-transduced area, similar to the morphological alterations detected in RPE\textsuperscript{−}\textsuperscript{−}Abca1;Abcg1 mice (Figure 2F). Lipid accumulation in GFP-positive RPE of Abca1\textsuperscript{flox/flox};Abcg1\textsuperscript{flox/flox} mice was further confirmed in retinal sections, which showed ORO-positive lipid staining specifically in the RPE of transduced areas, as well as co-localization of GFP and CRE signals (Figure 4C–F). Contralateral eyes were injected with phosphate buffer saline (PBS, vehicle control) to check for any injection-related effects and showed, as expected, no lipid accumulation (not shown). Taken

Table 1. Mice genotypes and nomenclature.

<table>
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<td>Cre-negative controls: Ctr</td>
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<tr>
<td>Abca1\textsuperscript{flox/−};Abcg1\textsuperscript{flox/flox}</td>
<td>RPE-specific double KOs: RPE\textsuperscript{−}\textsuperscript{−}Abca1;Abcg1</td>
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<tr>
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DOI: https://doi.org/10.7554/eLife.45100.005
Figure 2. Early morphological alterations and intracellular lipid accumulation in RPE^ΔAbca1,ΔAbcg1^ mice. (A) Fundus imaging of 2-months-old Ctr and RPE^ΔAbca1,ΔAbcg1^ mice showing altered pigmentation pattern in mutant mice. Corresponding retinal morphology analyzed by light (B) and electron (C) microscopy revealed alterations of the RPE in RPE^ΔAbca1,ΔAbcg1^ mice. Yellow lines in (B) indicate RPE borders. Yellow arrowheads in (C) indicate lipid droplets. OS: outer segments; N: nucleus. (D) Retinal sections were stained with ORO (red, dye for neutral lipids); nuclei were counterstained with Figure 2 continued on next page
together, these data indicated altered morphology and intracellular lipid accumulation in adult RPE cells lacking Abca1 and/or Abcg1. This phenotype is in agreement with the known function of ABCA1/ABCG1 as mediators of lipid efflux in the RPE.

**Lipid droplets in the RPE of RPE^ΔAbca1;ΔAbcg1^ mice are composed mainly of cholesteryl esters**

We next characterized the lipid composition of eyecups from 2-months-old RPE^ΔAbca1;ΔAbcg1^ and Ctr mice. We performed the same analysis on the corresponding neural retinas in order to evaluate possible effects of impaired lipid transport in the RPE on lipid homeostasis of other retinal cells. Additionally, plasma samples from the same mice were included to check for presence of any systemic changes on circulating lipid levels that could contribute to the eye phenotype. We used mass spectrometry-based approaches to measure a broad number of lipid classes and species. The analysis revealed significantly increased concentration of CEs in eyecups of RPE^ΔAbca1;ΔAbcg1^ mice. In contrast UC, PLs, sphingolipids (SLs) including sphingomyelins (SMs) and ceramides (Cer), and glycerolipids (GLs) including diacylglycerols (DAGs) and triglycerides (TGs) remained unchanged (Figure 5A). All of the individual CE species analyzed were more abundant in the mutant mice compared to control littermates. Some CE species were dramatically increased up to 100 fold (Figure 5B), including CEs containing fatty acid chains typically found in the retina such as palmitic (16:0), oleic (18:1) and docosahexaenoic (22:6) acid, which is the most abundant fatty acid of photoreceptor OS (Fliesler and Anderson, 1983; Martin et al., 2005; Bretillon et al., 2008). No major difference in the lipid composition was detected in the neural retinas of the two strains (Figure 5C), apart from a modest but significant increase in CE levels. However, the small extent of the increase and the low concentration (2.7 ± 1.1 pmol/μg protein in the neural retina, 1239.9 ± 955.1 pmol/μg protein in the eyecup, Supplementary file 1A) suggested a contamination from the RPE during tissue dissection rather than a real increase in the neural retina. Systemic lipid levels measured in the plasma showed no differences between RPE^ΔAbca1;ΔAbcg1^ and Ctr mice in any of the considered classes (Figure 5D), supporting a local effect of the lack of Abca1 and Abcg1 in the RPE. The high variability observed in plasma lipid levels might be explained by the fact that the mice had access to food ad libitum, thus, in our experiment, lipid intake was uncontrolled. Analysis of lipid composition therefore revealed prominent accumulation of CEs in the RPE of RPE^ΔAbca1;ΔAbcg1^ mice without major alterations of the neural retina or plasma lipidomes. Absolute concentrations for all of the analyzed lipid classes can be found in Supplementary file 1A. Finally, we also detected a significant increase in the relative abundance of the visual cycle intermediates retinyl esters (REs) in eyecups of mutant mice (Figure 5E).

**Functional consequence of lipid accumulation in the RPE**

Since RPE^ΔAbca1;ΔAbcg1^ mice revealed alterations in RPE morphology and lipid composition, we tested whether lack of Abca1 and Abcg1 affected function of the epithelium. For this purpose, we investigated rhodopsin (RHO) regeneration kinetics after bleaching, a major task of the RPE in the classical visual cycle (Strauss, 2005). 2-months-old RPE^ΔAbca1;ΔAbcg1^ and Ctr mice had similar dark levels of RHO, which were bleached with comparable efficiencies (Supplementary file 1B). However, RPE^ΔAbca1;ΔAbcg1^ mice regenerated RHO slower within the first 30 min after bleaching. After this initial phase, the amount of regenerated RHO was no longer different between the mice (Figure 6 and Supplementary file 1B). This suggests an early delay in the visual cycle, probably due to difficulties with handling the incoming all-trans retinol.
Figure 3. Effect of lipid accumulation in the ageing mouse RPE. (A) RPE flat mounts from 4-months-old Ctr and RPE^Abca1;Abcg1^ mice were stained for ZO-1 (red) and β-cat (green). White arrowheads indicate loss of co-localization between ZO-1 and β-cat in mutant RPE. Nuclei were counterstained with Hoechst. Shown are representative images of N = 3 animals per group. Quantification of cell area (B) and cell shape (C) was performed using ImageJ on images from ZO-1 stained flat mounts. Corresponding measurements of single analyzed cell can be found in Figure 3—source data 1. Statistics: Mann-Whitney test; **: p<0.01, ****: p<0.0001. Light microscopy was used to visualize outer retinas of control and RPE^Abca1;Abcg1^ mice: shown are panoramas (D) and RPE at higher magnification (E). Representative images of N ≥ 3 animals per group. Cre (F) and Mct3 (G) mRNA levels were measured by semi-quantitative real-time PCR in eyecups from Ctr and RPE^Abca1;Abcg1^ mice at the indicated ages. Shown are data from individual samples and means ± SD (N = 3–4). Statistics: one-way ANOVA vs ‘2 months’ of the respective genotype; *: p<0.05, ***: p<0.001. n.d.: not detected.

Abbreviations as in Figure 1.

DOI: https://doi.org/10.7554/eLife.45100.007

The following source data and figure supplements are available for figure 3:

Source data 1. RPE cell Area and shape of RPE cells in RPE^Abca1;Abcg1^ and control mice.
DOI: https://doi.org/10.7554/eLife.45100.010

Figure supplement 1. Cre expression in RPE^Abca1;Abcg1^ and BEST1Cre mice.
DOI: https://doi.org/10.7554/eLife.45100.008

Figure supplement 2. Absence of retinal phenotype in BEST1Cre mice up to 6 months of age.
DOI: https://doi.org/10.7554/eLife.45100.009

Storti et al. eLife 2019;8:e45100. DOI: https://doi.org/10.7554/eLife.45100
Lack of Abca1 and Abcg1 in the RPE results in age-dependent retinal degeneration

Loss of ABCA1 and ABCG1 from mouse RPE resulted in early lipid accumulation, morphological alterations and atrophy of this cellular layer. To understand the consequences of such diseased RPE for the neural retina, we imaged the mutant mice at different ages (2, 4 and 6 months) by fundus photography and optical coherence tomography (OCT). The pigmentation changes observed in
Figure 5. Cholesteryl esters as main components of LDs in the RPE of RPE\(^{\text{Abca1;Abcg1}}\) mice. Lipid composition of eyecups (A), neural retinas (C) and plasma (D) from 2-months-old Ctr and mutant mice was measured by mass spectrometry-based methods. The following lipid classes were analyzed: cholesterol (un-esterified cholesterol, UC, and cholesteryl esters, CEs), phospholipids (PLs: sum of phosphatidylcholine, phosphatidylethanolamine, phosphatidylserine, phosphatidylinositol and phosphatidyglycerol), sphingolipids (SLs: ceramides, Cer, and sphingomyelins, SMs) and glycerolipids (GLs: diacylglycerols, DAGs, and triglycerides, TGs). (B) Cholesteryl esters species containing the indicated fatty acids were quantified in eyecups from the same animals. (E) Relative quantification of retinyl esters was performed in eyecups from 2-months-old Ctr and RPE\(^{\text{Abca1;Abcg1}}\) mice. Shown are box plots of folds on respective Ctr average, whiskers correspond to min and max values (N = 4–10). Lipid concentration values corresponding to fold changes in (A), (C) and (D) as well as single PL classes can be found in Supplementary file 1A. Please note that UC, CEs and REs were determined in RPE-enriched eyecups whereas PLs, SLs and GLs were determined in whole eyecups. Also, tissues from both eyes of the same animals were used for analysis of UC, CEs and REs, whereas tissues from single eyes were used for PLs, SLs and GLs (see ‘Materials and methods’). Statistics: Student’s t-test vs ‘Ctr’; *, p<0.05; **, p<0.01; ***, p<0.001.

DOI: https://doi.org/10.7554/eLife.45100.012
RPE\(^{\text{Δ} \text{Abca1}; \text{Abcg1}}\) mice at two months of age (Figure 2A) worsened at older ages (Figure 7A). OCT scans revealed sub-retinal hyper-reflective foci in mutant mice starting at 4 months of age (Figure 7A). These foci were accompanied by irregular RPE/outer nuclear layer (ONL) borders and retinal thinning, suggesting ongoing degeneration. Analysis of the respective retinal morphologies (Figure 7B) confirmed degenerative processes in the RPE/photoreceptor layers in ageing RPE\(^{\text{Δ} \text{Abca1}; \text{Abcg1}}\) mice. Retinal degeneration was further supported by a significant reduction of the ONL thickness in mutant vs control mice at 6 months of age (Figure 7C). The high variability in ONL measurements was likely owed to the patchy expression of the Cre transgene resulting in areas with intact RPE/ONL and areas with RPE cell death and consequent photoreceptor degeneration within the same retinal section. In some regions, both RPE and ONL were completely lost (see also Figure 3D).

The inner retina was instead not affected by ABCA1/ABCG1 knockout in the RPE, as revealed by the determination of the INL thickness and staining for ganglion cells in 6-months-old animals (Figure 7—figure supplement 1).

Progressing photoreceptor degeneration was also reflected by the retinal function measured by electrorretinography (ERG). Scotopic and photopic wave amplitudes gradually decreased in ageing RPE\(^{\text{Δ} \text{Abca1}; \text{Abcg1}}\) mice starting already at 4 months of age (Figure 8). In conclusion, lack of Abca1 and Abcg1 in the RPE had a strong impact on neural retinal morphology and function, with progressive photoreceptor degeneration.

### Inflammatory response in RPE\(^{\text{Δ} \text{Abca1}; \text{Abcg1}}\) mice

Retinal sections analyzed by light microscopy suggested the presence of immune cells in aged mutant mice (Figure 3D and 6) and infiltration of inflammatory cells in the retina is one of the key events in AMD pathogenesis (Kauppinen et al., 2016). We thus stained RPE flat mounts and retinal sections of RPE\(^{\text{Δ} \text{Abca1}; \text{Abcg1}}\) mice for macrophages/activated microglia markers. At 4 months of age, up to about 100 ionized calcium-binding adapter molecule 1 (IBA-1)-positive cells were detected in flat mounts of all mutant RPE at the sites of morphological alterations, but not in non-affected areas (not shown) or Ctr mice. Confocal microscopy showed that IBA-1-positive signals were located within...
Figure 7. Age-dependent retinal degeneration in RPE<sup>ΔAbca1;Abcg1</sup> mice. (A) Fundus images (upper panels) and OCT scans (lower panels, corresponding to red lines in fundus) of Ctr and RPE<sup>ΔAbca1;Abcg1</sup> mice at the indicated age. White arrowheads indicate sub-retinal hyper-reflective foci. Retinal morphology of the same animals was analyzed by light microscopy (B). Representative pictures of N ≥ 3 animals per group. ONL thickness was quantified from nasal-temporal panorama images at 2 and 6 months of age and presented as spidergrams (C): significant ONL thinning was detected in 6-months-old RPE<sup>ΔAbca1;Abcg1</sup> mice. Shown are means ± SD (N ≥ 3). Statistics: two-way ANOVA with Sidak’s multiple comparison test; *: p<0.05, **: p<0.01, ****: p<0.0001. Abbreviations as in Figure 1.

DOI: https://doi.org/10.7554/eLife.45100.015

The following figure supplement is available for figure 7:

Figure supplement 1. Absence of a phenotype in the inner retina of RPE<sup>ΔAbca1;Abcg1</sup> mice at 6 months of age.

DOI: https://doi.org/10.7554/eLife.45100.016
the RPE layer as well as on its basal side (Figure 9A, lower cross-sections). Whether they represent cells infiltrating the RPE from the choroidal (basal) side or leaving the retina through the RPE from the apical side was not determined. IBA-1 positive inflammatory cells were also detected in the outer retinal layers including the sub-retinal space of 6 months old RPE<sup>Abca1;Abcg1</sup> mice but not control mice (Figure 9B). At this later time point, such cells were not only present in regions of strong photoreceptor and RPE atrophy (not shown, but see Figure 3D,E and Figure 7B for retinal morphologies showing large, presumably inflammatory cells in the sub-retinal space) but also in retinal regions that were mildly affected (Figure 9B). It is conceivable that damaged RPE cells facilitated the movement...
of IBA-1 positive cells across the RPE layer. Pigmentation of these cells could be due to phagocytosis of melanin granules-rich debris of RPE cells. Increased expression of interleukin 1β (Il1b), caspase 1 (Casp1) and glial fibrillary acidic protein (Gfap) in neural retinas of RPE ΔAbca1;Abcg1 mice confirmed a time-dependent inflammatory/stress response upon deletion of Abca1 and Abcg1 in the RPE (Figure 9C–E).
Single Abca1, but not Abcg1, KO is sufficient to cause early lipid accumulation in the RPE

We initially generated double Abca1;Abcg1 KO mice in order to completely block the active cholesterol efflux pathway in the RPE. To investigate the individual contribution of each gene to the phenotype, we generated RPE-specific Abca1 (RPEΔAbca1) and Abcg1 (RPEΔAbcg1) single mutant mice (Table 1). Analysis at 2 months of age showed that the RPE morphology of single RPEΔAbca1 mice was similar to the double RPEΔAbca1;Abcg1 mutants (Figure 10A). On the other hand, single RPEΔAbcg1 mice were undistinguishable from the Ctr animals (Figure 10A). Furthermore, ORO staining confirmed accumulation of neutral lipids in RPEΔAbca1 but not in RPEΔAbcg1 mice (Figure 10B), even though CRE was similarly expressed in the RPE layer of all mutant mice (Figure 10C). Thus Abca1 was the main driver of early morphological alterations and lipid accumulation in the RPE.

Decreased ABCA1 expression in human-derived cells carrying the AMD risk-conferring allele of ABCA1

Two SNPs in intron 2 of the human ABCA1 gene (rs1883025 and rs2740488), which are in high linkage disequilibrium (r² = 0.941), have been associated with AMD (Chen et al., 2010; Fauser et al., 2011; Peter et al., 2011; Yu et al., 2011; Fritsche et al., 2016). The major ‘C’ allele of rs1883025 and ‘A’ allele of rs2740488 have been described to confer increased risk for AMD, while the minor ‘T’ allele of rs1883025 and ‘C’ allele of 2740488 were associated with a decreased risk of AMD. However, the effect of these SNPs on ABCA1 expression and/or function remains unknown. To study the potential effect of the AMD-associated SNPs on ABCA1 expression, we generated lymphoblastoid...
cell lines (LCLs) from healthy individuals carrying homozygous decreased (N = 3) and increased risk (N = 3) genotypes for the SNPs (Table 2). ABCA1 expression in LCLs was induced by LXR agonist stimulation and mRNA and protein levels were compared between LCLs carrying the different alleles. LCLs derived from subjects homozygous for the AMD increased risk allele of ABCA1 showed significantly decreased ABCA1 mRNA expression compared to reduced risk carriers (Figure 11A). A trend towards decreased ABCA1 expression was observed also at the protein level in carriers of the AMD increased risk genotype (Figure 11B and C). Even though the difference did not reach significance (p=0.14), probably due to the low sample numbers and intrinsic variability, these data provide the first indication of a potential correlation between AMD risk-associated genotypes and decreased ABCA1 expression, which may impair cholesterol efflux from RPE cells in patients. This finding might be significant for a potential therapy aiming at ABCA1 gene augmentation (see discussion).

### Discussion

Given the link between lipid metabolism and AMD, we generated and characterized a novel RPE-specific Abca1;Abcg1 KO mouse model (RPE\textsuperscript{\text{ΔAbca1;ΔAbcg1}}). Although inactivation of the two genes was patchy due to variable Cre expression, genetic ablation of Abca1 and Abcg1 resulted in strong lipid accumulation in RPE cells (Figures 2 and 5). This is in agreement with the known function of ABCA1 and ABCG1 in mediating lipid efflux (Cavelier et al., 2006). Lipid accumulation was accompanied by morphological alterations and, at older ages, loss of RPE cells. Increased size and irregular shape of RPE cells in mutant mice (Figure 3) suggested that the healthy cells expanded in order to fill gaps in the epithelium that were generated by the drop out of CRE-positive cells and keep an intact barrier between neural retina and choroid, as previously described (Nagai and Kalnins, 1996; Jiang et al., 2014). Nevertheless, discontinuities in the RPE were observed in 6-months-old RPE\textsuperscript{\text{ΔAbca1;ΔAbcg1}} mice, together with degeneration of photoreceptors in the affected areas (Figures 3 and 7). We hypothesize that these were areas where numerous RPE cells were affected by CRE-mediated Abca1;Abcg1 deletion, resulting in cell death and, therefore, in gaps too large to be filled by expanding neighboring cells. Abca1 was the main responsible gene for maintaining lipid homeostasis and survival of RPE cells at 2 months of age, since lack of Abca1, but not Abcg1, was sufficient to cause strong lipid accumulation (Figure 10). This is in marked contrast to macrophages where both Abca1 and Abcg1 needed to be inactivated to observe a phenotype in non-stressed retinas (Ban et al., 2018a). Abcg1 may thus be capable to compensate for the loss of Abca1 in macrophages but may only have a limited ability to do so in the RPE. The reason for this is still unclear but a potential difference in transport substrate specificity between the two cell types can be postulated. Thus, additional experiments are required to conclusively dissect the individual contribution of the two genes to lipid accumulation and impairment of RPE function. Importantly, photoreceptor- and macrophage-specific Abca1 and/or Abcg1 KO mice showed a weaker retinal phenotype compared to RPE\textsuperscript{\text{ΔAbca1;ΔAbcg1}} (Sene et al., 2013; Ban et al., 2018a; Ban et al., 2018b), suggesting that the lipid efflux pathway regulated by Abca1 and Abcg1 is of particular importance for the RPE. Furthermore, RPE cells may not be able to easily compensate for the absence of Abca1 and Abcg1 by activating alternative mechanisms. RNAseq data for example revealed only very minor alterations in the RPE- and retina-specific transcriptomes of 2-months-old RPE\textsuperscript{\text{ΔAbca1;ΔAbcg1}} mice (data not shown). This suggests that absence of ABCA1 and ABCG1 in the RPE did not cause strong secondary gene expression changes that could balance the impaired lipid efflux pathway in RPE\textsuperscript{\text{ΔAbca1;ΔAbcg1}} mice. Taken together, our data demonstrate that proper lipid handling by the RPE through active cholesterol efflux is essential for maintenance of an intact and functional retina in vivo. Moreover, local

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DOI: https://doi.org/10.7554/eLife.45100.021
impairment of the ABCA1-mediated lipid transport activity in the RPE may provide the molecular basis for the genetic link of ABCA1 to AMD and partially explain the contradictory association between systemic lipid levels and the disease (van Leeuwen et al., 2018).

As mentioned above, prominent intracellular accumulation of LDs was observed in RPE lacking ABCA1/ABCG1 (Figure 2). Biochemical analysis of these LDs showed specific accumulation of CEs and, to a lesser extent, REs, while UC as well as PLs, SLs and GLs remained unchanged (Figure 5). It is conceivable that the RPE continued to phagocytize lipid-rich OS also in the absence of functional ABCA1/ABCG1 to support photoreceptors. This hypothesis is supported by increased presence of fatty acids typical of OS membranes, such as docosahexaenoic acid (22:6), in the RPE of mutant mice (Figure 5A and B). The specific accumulation of esterified cholesterol, which is very important for retinal homeostasis (Fliesler and Bretillon, 2010; Pikuleva and Curcio, 2014), fits well with the lipid composition of human drusen and SDDs (Haimovici et al., 2001; Wang et al., 2010; Spaide et al., 2018) and with the high cholesterol content in rod OS (Fliesler and Schroepfer, 1982). The unchanged intracellular levels of UC in eyecups of 2-months-old mutant animals suggest that RPE cells esterified UC and fatty acids from OS disks to generate neutral CEs and REs that can be stored into LDs in an attempt to maintain intracellular UC levels below a toxic threshold (Tabas, 2002; Lakkaraju et al., 2007). Eventually, however, lipid concentration may become too high in the absence of a functional efflux pathway and lead to cell death. In contrast to the RPE, deletion of Abca1 alone or in combination with Abcg1 in hepatocytes, the main contributors to systemic lipid levels, not only affected plasma concentrations of UC and CEs, but also those of PLs, TGs and SLs (Timmins et al., 2005; Chung et al., 2010; Iqbal et al., 2018). This difference compared to the RPE suggests once more a cell-type dependent substrate specificity for the lipid efflux pathway or a remodeling of HDLs in the bloodstream, a process that does not occur within cells. Indeed, intracellular lipidomic changes in macrophages and endothelial cells that lacked Abca1 and Abcg1 were more similar to the changes identified in RPE cells of RPE<sub>ΔAbca1;ΔAbcg1</sub> mice, including an accumulation of cholesterol, both in its un-esterified and esterified forms (Westerterp et al., 2013; Westerterp et al., 2016).

In addition to CEs, the abundance of REs was increased in our model, suggesting that lack of Abca1 and Abcg1 not only reduced lipid efflux but also affected intracellular handling of REs as intermediates of the visual cycle (Kiser and Palczewski, 2016). An increase in REs and fatty acids

Storti et al. eLife 2019;8:e45100. DOI: https://doi.org/10.7554/eLife.45100

Figure 11. ABCA1 expression in human LCLs. LCLs derived from healthy individuals carrying the AMD decreased or increased risk ABCA1 genotypes were stimulated with an LXR agonist (1 μM) or DMSO vehicle control for 24 hr. (A) ABCA1 mRNA levels were measured by semi-quantitative real-time PCR. Shown are data from individual samples and means ± SD (N = 3, three technical replicates per cell line). Statistics: two-way ANOVA with Sidak’s multiple comparison test; *, p<0.05. ABCA1 protein levels were measured in LXR-stimulated cells by WB and normalized on ACTB levels. Shown are a representative WB (B) and the means ± SD of the band intensity quantification (N = 3, five technical replicates per cell line) (C). Statistics: Student’s t-test vs ‘decreased risk’. DOI: https://doi.org/10.7554/eLife.45100.020
may change the kinetics of the enzymes involved in the initial phases of the visual cycle (Saari, 2012). Moreover, altered RPE apical morphology (Figure 2B) could affect the physical interaction between RPE cells and photoreceptor OS, resulting in impaired internalization of incoming all-trans retinol intermediates. Once this step is achieved, however, the visual cycle seemed less affected as shown by similar amounts of regenerated RHO at later intervals after bleaching (Figure 6). Interestingly, AMD patients show delayed rod-mediated dark adaptation, suggesting visual cycle disturbance, already at early stages of the disease (Owsley et al., 2001; Owsley et al., 2007).

A ‘cholesterol-recycling’ mechanism involving transport of OS-derived cholesterol from the RPE back to the photoreceptors was proposed for the retina (Tserentsoodol et al., 2006). It is rather surprising that retinal function (Figure 8), localization of rod and cone markers (not shown), and lipid composition of the neural retina (Figure 5C) were not or not strongly affected in young RPE<sup>Abca1<sup>-1<sub>Abcg1<sub> mice. Thus, photoreceptors seem capable to cope with an impaired lipid supply from RPE. Rods and cones could get enough cholesterol from the healthy CRE-negative RPE cells or they could re-direct towards a different lipid source like the intra-retinal circulation. Since retinal cells are able to synthesize cholesterol (Fliesler and Bretillon, 2010), functional cholesterol efflux from the RPE may not be absolutely required for photoreceptor survival. We therefore propose that photoreceptor loss in RPE<sup>Abca1<sub>Abcg1<sub> mice is a secondary effect to dysfunctional RPE.

In summary, our model recapitulates some important features of dry AMD. i) Impaired lipid efflux in the RPE primarily affects RPE function and survival resulting in secondary photoreceptor degeneration and decreased retinal function in our mice. In both its dry and wet forms, AMD affects RPE cells while many photoreceptors in the macula may be lost secondarily (Rattner and Nathans, 2006; Lim et al., 2012). ii) The phenotype of RPE<sup>Abca1<sub>Abcg1<sub> mice is age-related and slowly progressing, similar to AMD. iii) The photoreceptor/RPE layer of mutant mice at 4–6 months of age is infiltrated with inflammatory cells, an important hallmark of AMD pathology (Kauppinen et al., 2016).

In addition to the characterization of the mouse model, we present novel preliminary data on the effect of AMD risk-associated SNPs in ABCA1 on its expression level. No variants in ABCG1 have so far been associated with the disease, suggesting a predominant role of ABCA1 in the RPE/retina, an interpretation that fits to the early phenotype of single KO mice in this study (Figure 10). Our data from human cells (Figure 11) suggest that the AMD increased risk allele correlates with lower ABCA1 expression, at least upon LXR stimulation. The limited effect of the SNPs on ABCA1 expression may not be surprising given their intronic location and the relatively small effect size of the SNPs on the disease (odds ratio 0.9 (Fritsche et al., 2016)). Variants in non-coding regions of the genome, including in the ABCA1 locus (Rhyne et al., 2009), may directly change gene expression by affecting splicing, chromatin accessibility or binding of transcription factors (Cooper, 2010). On the other hand, we cannot exclude the possibility of an indirect effect due to regions inherited in cis with the SNPs or a difference between cell lines in their responsiveness to LXR stimulation. Clearly however, the potential effect of the SNPs on ABCA1 expression should be confirmed in a larger study, ideally using RPE cells derived from induced pluripotent stem cells (iPSCs) (Leach et al., 2016; Brandl, 2019). Independently of the genotype, it has been reported that expression and function of ABCA1 is reduced in aged mouse and human monocytes, including in the eye (Sene et al., 2013). Likewise, own preliminary data suggested a tendency of reduced expression of ABCA1 in eyecups of old human donors (data not shown). It was also shown that cholesterol efflux was less efficient in old compared to young mouse RPE cells (Biswas et al., 2017), further suggesting an age-dependent physiological decline in ABCA1 expression and function. In the presence of the risk-conferring ABCA1 allele, expression of the gene may decrease below a critical threshold needed to prevent disease development. If so, this age-dependent decline could be targeted by the pharmacological activation of ABCA1 gene expression, for example through treatment with an LXR agonist (Koldamova et al., 2014).

Besides the intronic variants being associated with AMD, biallelic mutations in the coding region of ABCA1 are known to cause the very rare Tangier disease, a systemic condition characterized by virtual absence of plasma HDLs, cholesterol accumulation in several tissues and, in some instances, peripheral neuropathy and increased risk of developing cardiovascular disease (Schaefer et al., 2016). However and in contrast to our mouse data, Tangier patients are not known to have any ophthalmological phenotype, including AMD, except mild corneal opacities (Winder et al., 1996). RPE of Tangier patients might be healthier compared to AMD-affected RPE, making the impact of dysfunctional ABCA1 weaker in Tangier disease. This might be due to additional impaired mechanisms
present in aged/AMD RPE cells, such as oxidative stress, accumulation of bis-retinoids, genetic factors and others.

In conclusion, this study supports an essential role of the ABCA1/ABCG1 lipid efflux pathway for mouse RPE survival in vivo and suggests that an impaired lipid metabolism via ABCA1 may contribute to the pathology of AMD, most likely in combination with additional mechanisms. If the link between ABCA1 and AMD is confirmed, activation of ABCA1-mediated lipid efflux will be an attractive target for AMD therapies.

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Other | C30 Accucore LC column | Thermo Fisher Scientific | Thermo Fisher Scientific: 7826–152130 | 150 mm * 2.1 mm * 2.6 μm |

### Mice and genotyping

All animal experiments adhered to the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research and the regulations of the Veterinary Authorities of Kanton Zurich, Switzerland (study approval reference numbers: ZH141/2016 and ZH216/2015). Mice were maintained as breeding colonies at the Laboratory Animal Services Center (LASC) of the University of Zurich in a 14 hr: 10 hr light-dark cycle with lights on at six am and lights off at eight pm. Mice had access to food and water ad libitum. Average light intensity at cage levels was 60–150 lux, depending on the position in the rack. C57BL/6J (Bl6) were used as wild type controls. BEST1Cre mice were described earlier ([Iacovelli et al., 2011](#)). Abca1;Abcg1 double floxed mice (Abca1\(^{flox/flox}\);Abcg1\(^{flox/flox}\)) were purchased from The Jackson Laboratory (Bar Harbor, ME, USA). Founder mice were on a Bl6 background and were genotyped for absence of known spontaneous mutations leading to retinal degeneration (rd1, rd8, rd10, Cpf1 and Gpr179). Mice were crossed in order to generate double- and single-floxed Cre-positive mice and Cre-negative littermate controls. All breeding pairs were heterozygous for BEST1Cre. Primers listed in Supplementary file 1C were used to genotype the mice by conventional PCR using genomic DNA extracted from ear biopsies or eye tissues. Although ocular expression of the BEST1Cre transgene is restricted to post-natal RPE ([Iacovelli et al., 2011](#) and Figure 1C), BEST1Cre can be expressed in other cell types, such as melanocytes ([Sundermeier et al., 2017](#)) and Sertoli cells of the testis ([Masuda and Esumi, 2010; Milenkovic et al., 2015](#)). Probably due to ectopic expression of the transgene in germ-line cells, we occasionally observed systemic or mosaic heterozygous KO animals for Abca1 and/or Abcg1 ([Figure 1—figure supplement 1A](#)). We controlled for presence of the excised allele in ear biopsies to avoid generation of full KO animals and defined our mice as shown in Table 1.

Since a heterozygous flox/- genotype resulted in a 50% reduction of the Abca1 and Abcg1 transcripts in non Cre-expressing tissues ([Figure 1—figure supplement 1B](#)), we excluded the possibility that systemic lack of one functional Abca1 and/or Abcg1 allele had an impact on the observed phenotype. To this aim, eyes of Cre-negative heterozygous animals (Abca1\(^{flox/+};\)Abcg1\(^{flox/+}\), Abca1\(^{flox/-};\)Abcg1\(^{flox/-}\), Abca1\(^{flox/-};\)Abcg1\(^{flox/+}\), or Abca1\(^{flox/+};\)Abcg1\(^{flox/-}\)) were analyzed up to 6 months of age. No difference to Abca1\(^{flox/+};\)Abcg1\(^{flox/+}\) controls were found (retinal morphology in Figure 1—figure supplement 1C and ERG data not shown). All BEST1Cre-negative mice were therefore used as control animals.

### AAV generation and injection

A Cre-expression cassette was fused to GFP via a porcine teschovirus 2A (P2A) sequence and cloned downstream of the RPE-specific human BEST1 promoter into the pTR vector. pTR-BEST1-Cre-P2A-GFP was packaged into AAV4 capsid at the Viral Vector Facility of the Neuroscience Center Zurich (ZNZ), University of Zurich, Switzerland. 7.3 × 10⁹ viral genomes/eye (1 μL volume) were injected into the sub-retinal space of Abca1\(^{flox/+};\)Abcg1\(^{flox/+}\) mice as previously described ([Barben et al., 2018a](#)). Mice were injected at 4–15 weeks of age and sacrificed 10 weeks post-injection. Eyes were marked nasally by cauterization and fixed for subsequent IF/lipid staining as described below.

### Morphology, light microscopy and transmission electron microscopy

Eyes were marked dorsally by cauterization and prepared as described ([Barben et al., 2018a](#)). 500 nm nasal-temporal sections were analyzed by light microscopy (Zeiss Axioplan, Feldbach,
pared as described (Fisher Scientific), mouse anti-
with primary antibodies: rabbit anti-CRE (see above), rabbit anti-ZO-1 (1:100, 40–2200, Thermo
Zeiss Axioplan). Sections stained with secondary antibody only were used as negative controls.

After a lethal dose of anesthesia, blood was collected by cardiac puncture using a 1 ml syringe and
incubated for 1 hr at room temperature (RT), followed by
overnight incubation at 4°C with the following primary antibodies: rabbit anti-ABCA1 (1:250, NB400-
105, Novus Biologicals, Littleton, CO, USA), rabbit anti-ABCG1 (1:100, ab52617, Abcam, Cam-
bridge, UK), mouse anti-EZR (1:500, sc-58758, Santa Cruz Biotechnology, Dallas, TX, USA), rabbit
anti-CRE (1:300, 69050–3, Merck, Darmstadt, Germany), rabbit anti-IBA-1 (1:500, 019–19741, Wako
Fujifilm, Neuss, Germany) or mouse anti-POU4F1 (1:100, MAB1585, Merck). After three washing
steps in PB salt (0.1 M PB with the addition of 0.8% NaCl and 0.02% KCl), samples were incubated
at RT for 2 hr with appropriate secondary antibodies conjugated to Cy2, Cy3 or AlexaFluor555 fluo-
rophores (Jackson ImmunoResearch, Suffolk, UK and Thermo Fisher Scientific, Reinach, Switzerland).
Nuclei were counterstained with 4’,6-Diamidine-2’-phenylindole di-hydrochloride (DAPI, Thermo
Fisher Scientific), sections were mounted with Mowiol and imaged using a fluorescent microscope
(Leica Microsystems, Heerbrugg, Switzerland).

For neutral lipid ORO staining, cryosections were washed with distilled H2O and incubated in
0.2% KMnO4 for 40 min at RT, followed by neutralization with fresh 1% oxalic acid for 1–2 min to
bleach the melanin pigment in the RPE/choroid. After two washing steps in H2O, sections were
rinsed with 60% isopropanol and incubated for 10 min at RT in 0.42% ORO working solution (Sigma-
Aldrich, Merck, Buchs SG, Switzerland; 0.7% ORO stock solution in isopropanol diluted 3:2 in H2O
to generate the working solution). Sections were rinsed with 60% isopropanol, washed twice with
H2O and nuclei were counterstained with enhanced Meyer’s hematoxylin (Artechemis, Zofingen,
Switzerland) for 1–2 min. Sections were mounted with Mowiol and imaged using light microscopy
within 15 days (Leica Microsystems, Heerbrugg, Switzerland).

RPE flat mounts were prepared as described (Oczos et al., 2014). After washing, samples were
incubated for 1 hr at RT in blocking solution (see above), followed by overnight incubation at 4°C
with primary antibodies: rabbit anti-CRE (see above), rabbit anti-ZO-1 (1:100, 40–2200, Thermo
Fisher Scientific), mouse anti-β-cat (1:300, 610153, BD Biosciences, Allschwil, Switzerland) or rabbit
anti-IBA-1 (see above). After three washing steps in PB salt, samples were incubated at RT for 2 hr
with appropriate secondary antibodies as described above or phalloidin-AlexaFluor488 to stain
F-actin (1:100, A12379, Thermo Fisher Scientific). Nuclei were counterstained with Hoechst (2 µg/ml,
Sigma-Aldrich) and lipids with LipidTOX (1:200, H34476, Thermo Fisher Scientific) for 30 min at RT.
Samples were mounted on glass slides with Mowiol and imaged using a fluorescent microscope
(Leica Microsystems) or an SP8 inverted confocal microscope (Leica Microsystems). Three ZO-1-stained
images per RPE flat mount quadrant (dorsal, ventral, nasal and temporal of the optic nerve head)
were used for quantification with the Tissue Cell Geometry macro in ImageJ (developed by the Insti-
N = 998 RPE cells per group (N = 3–4 mice) were examined. The ratio between the major and minor
axis of the fitted ellipse was used as a readout of cell shape.

Plasma and eye tissue collection for lipid analysis
After a lethal dose of anesthesia, blood was collected by cardiac puncture using a 1 ml syringe and
26G needle into Microtainer K2-EDTA-coated tubes (BD Biosciences). Tubes were inverted 20 times,
plasma was separated by centrifugation at 2’500 g for 10 min at RT and snap-frozen in liquid nitro-
gen (N2). Neural retinas were isolated through a slit in the cornea and snap-frozen in liquid N2; corre-
sponding eyecups (containing RPE) were isolated and dissected from contaminating cornea, optic

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nerve or adipose tissue left overs. For analysis of UC, CEs and REs, tissues from both eyes of the same animal were pooled; whereas for analysis of PLs, SLs and GLs, tissues from single eyes were analyzed. For analysis of UC, CEs and REs, eyecup samples were enriched for RPE cells by incubating the tissues in 100 μl of PBS for 20 min at RT followed by flicking of the tubes 50 times to release pigmented cells into the PBS, similar to a procedure previously used for protein isolation (Wei et al., 2016). Remaining posterior eyecups were removed and samples snap-frozen in liquid N2. These samples were labelled as ‘RPE-enriched eyecup’ (Figure 5). For analysis of PLs, SLs and GLs, complete eyecups were snap-frozen in liquid N2. These samples were labelled as ‘whole eyecup’ (Figure 5). After thawing, 100 μl of PBS were added to each tissue. All samples were then homogenized by sonication, 20 μl of 0.6% Triton in PBS were added to each tube (final concentration: 0.1% Triton) and samples were incubated on a rotating wheel for 1 hr at 4°C. Samples were centrifuged at 1’000 g for 3 min at RT and supernatant used for protein quantification using the bicinchoninic acid assay (BCA, Thermo Fisher Scientific) followed by lipid extraction.

**Lipid extraction**

Lipid extraction was performed as described previously (Pellegrino et al., 2014) with some modifications. For UC, CEs and REs, 1 ml of a methanol:MTBE:chloroform (MMC) mixture 4:3:3 (v/v/v) was added to 20 μl plasma or 50 μg protein of tissue homogenate. The MMC mix was fortified with 100 pmoles of d7-cholesterol and d7-CE 16:0 (Avanti Lipids, Alabaster, AL, USA). Samples were briefly vortexed and mixed on a shaker at 25°C. Samples were labelled as 'RPE-enriched eyecup' (Figure 5). For analysis of PLs, SLs and GLs, complete eyecups were snap-frozen in liquid N2. These samples were labelled as ‘whole eyecup’ (Figure 5). After thawing, 100 μl of PBS were added to each tissue. All samples were then homogenized by sonication, 20 μl of 0.6% Triton in PBS were added to each tube (final concentration: 0.1% Triton) and samples were incubated on a rotating wheel for 1 hr at 4°C. Samples were centrifuged at 1’000 g for 3 min at RT and supernatant used for protein quantification using the bicinchoninic acid assay (BCA, Thermo Fisher Scientific) followed by lipid extraction.

**Lipid analysis**

Liquid chromatography was done according to (Narváez-Rivas and Zhang, 2016) with some modifications. Lipids were separated using a C30 Accucore LC column (150 mm * 2.1 mm * 2.6 μm) and a transcend TLX eluting pump (Thermo Fisher Scientific). UC, CEs and REs were separated with the following mobile phases: A) acetonitrile:water (2:8 v/v) with 10 mM ammonium acetate and 0.1% formic acid, B) isopropanol:acetonitrile (9:1 v/v) with 10 mM ammonium acetate and C) methanol at a flow rate of 0.3 ml/min. The following gradient was applied: 0.0–1.5 min (isocratic 70% A, 20% B and 10% C), 1.5–18.5 min (ramp 20–100% B), 18.5–25.5 min (isocratic 100% B) and 25.5–30.5 min (isocratic 70% A, 20% B and 10% C). PLs, SLs and GLs were separated with the following mobile phases: A) acetonitrile:water (6:4 v/v) with 10 mM ammonium acetate and 0.1% formic acid and B) as above at a flow rate of 0.26 ml/min. The following gradient was applied: 0.0–0.5 min (isocratic 30% B), 0.5–2 min (ramp 30–43% B), 10–12.0 min (ramp 43–55% B), 12.0–18.0 min (ramp 65–85% B), 18.0–20.0 min (ramp 85–100% B), 20–35 min (isocratic 100% B), 35–35.5 min (ramp 100–30% B) and 35.5–40 min (isocratic 30% B).

The liquid chromatography was coupled to a hybrid quadrupole-orbitrap mass spectrometer Q-Exactive (Thermo Fisher Scientific). For UC, CEs and REs, samples were analyzed in positive mode using a heated electrospray ionization (HESI) interface. The following parameters were used: spray voltage 3.5 kV, vaporizer temperature of 300°C, sheath gas pressure 20 AU, aux gas 8 AU and capillary temperature of 320°C. The detector was set to an MS2 method using a data-dependent acquisition with top10 approach with stepped collision energy between 25 and 30. A 140’000 resolution was used for the full spectrum and a 17’500 for MS2. A dynamic exclusion filter was applied which excluded fragmentation of the same ions for 20 s. For PLs, SLs and GLs, a data-dependent acquisition with positive and negative polarity switching was used. A full scan was used from 220 to 3’000
m/z at a resolution of 70'000 and AGC Target 3e6 while data-dependent scans (top10) were acquired using normalized collision energies (NCE) of 25, 30 and a resolution of 17'500 and AGC target of 1e5.

Identification criteria for UC, CEs and REs were 1) resolution with an accuracy of 5 ppm from the predicted mass at a resolving power of 140’000 at 200 m/z, 2) matching retention time on synthetic available standards and 3) the specific fragmentation patterns ([M-H2O]+ and 369.3 for cholesterol esters and 269.2 for retinyl esters). Identification criteria for PLs, SLs and GLs were 1) resolution with an accuracy of 5 ppm from the predicted mass at a resolving power of 70’000 at 200 m/z, 2) isotopic pattern fitting to expected isotopic distribution, 3) comparison of the expected retention time to an in-house database and 4) fragmentation pattern matching to an in-house experimentally validated lipid fragmentation database. Quantification was done using single point calibration or by comparing the area under the peak of each species to the area under the peak of the internal standard. Quality controls using a mixture of all samples were used in four concentration (1x, 0.5x, 0.25x and 0.125x). Triplicates on the quality controls were measured, and the CV% for each of the lipids reported was below 20%. Mass spectrometric data analysis was performed in Treacefinder software 4.1 (Thermo Fisher Scientific) for peak picking, annotation and matching to the in-house fragmentation database.

**Fundus imaging/OCT and ERG**

Pupils were dilated using Cyclogyl 1% (Alcon Pharmaceuticals, Fribourg, Switzerland) and Neosynephrine 5% (Ursapharm Schweiz GmbH, Roggwil, Switzerland) 20 min prior to anesthesia. Mice were anesthetized by subcutaneous injection of ketamine (85 mg/kg, Parke-Davis, Berlin, Germany) and Xylazine (4 mg/kg, Bayer AG, Leverkusen, Germany) and a drop of 2% Methocel (OmniVision AG, Neuhausen, Switzerland) was applied to keep the eyes moist. Mice were placed on a heated pad and fundus images and OCT scans were acquired using the Micron IV system (Phoenix Research Labs, Pleasanton, CA, USA).

ERG recordings were performed as described (Kast et al., 2016). Briefly, mice were dark-adapted overnight, pupils dilated and animals anesthetized as described above. A drop of Mydriaticum Dispersa (OmniVision AG) was applied to induce mydriasis and to keep the tissue moist. A reference electrode was inserted subcutaneously between the eyes, a ground electrode was inserted subcutaneously at tail base and recording gold electrodes were placed onto mouse corneas. Mice were placed on a heated pad in front of a Ganzfeld chamber. Responses to 14 different light intensities ranging from –50 db (0.000025 cd*s/m²) to 15 db (79 cd*s/m²) for scotopic and eight different light intensities ranging from –10 db (25 cd*s/m²) to 25 db (790 cd*s/m²) for photopic conditions were recorded using an LKC UTAS Bighot recording unit (LKC Technologies Inc, Gaithersburg, MD, USA). Mice were light-adapted for 5 min before photopic recordings. Ten recordings were averaged per light intensity; responses from the left and right eye of the same animal were averaged for subsequent analysis.

**Measurement of rhodopsin regeneration kinetics**

All mice used for this experiment were homozygous for the Rpe65<sup>450Met</sup> variant. RHO regeneration was measured as previously described (Wenzel et al., 2005; Samardzija et al., 2008; Wenzel et al., 2005). Briefly, mice were dark-adapted overnight. After pupil dilation, mice were exposed to 5'000 lux of white light for 10 min, a light intensity and exposure duration that does not induce retinal damage in these mice. Mice were returned to darkness for the indicated time points (30, 60 or 120 min) or euthanized immediately. After euthanasia, retinas were isolated in darkness through a slit in the cornea and snap-frozen in N<sub>2</sub>. RHO content was measured as described (Wenzel et al., 2005).

**Human subject recruitment, LCL generation and culture**

The study was approved by the local ethical committee at the Radboud University Medical Center and was performed in accordance with the tenets of the Declaration of Helsinki. Individuals were selected from the European Genetic Database (EUGENDA, https://www.eugenda.org/), a large multicenter database for clinical and molecular analysis of AMD, and provided written informed consent before participation. Disease status was determined based on classification of color fundus photographs and, if available, spectral domain OCT and fluorescein angiography by certified graders as
previously described (Ristau et al., 2014). LCLs were generated for six control subjects, defined as individuals having only pigmentary changes, less than 10 small drusen or without macular abnormalities. Human B-lymphocytes were immortalized by transformation with the Epstein-Barr virus according to established procedures (Wall et al., 1995). LCLs were generated for three control individuals who were homozygous for ABCA1 genotypes conferring decreased risk for AMD (rs1883025 TT and rs2740488 CC) and for three control individuals who were homozygous for ABCA1 genotypes conferring increased risk for AMD (rs1883025 CC and rs2740488 AA), as shown in Table 2. DNA samples were genotyped with a custom-modified Illumina HumanCoreExome array (Illumina, Eindhoven, Netherlands) at the Center for Inherited Disease Research (CIDR, Baltimore, MD, USA) and quality control and genotype imputation using the 1000 Genomes Project reference panel (Abecasis et al., 2012) were performed by the International AMD Genomic Consortium as previously described (Fritsche et al., 2016). ABCA1 rs1883025 genotypes were additionally confirmed by sequencing of a PCR fragment flanking the SNP on genomic DNA extracted from 1 × 10⁶ cells. Sequencing results matched the human ABCA1 locus, proving the human origin of the cell lines (data not shown). LCLs were also checked for absence of mycoplasma contamination via PCR using primers specific for the mycoplasma genome in the medium of confluent cultures (data not shown).

LCLs were cultured in a humid incubator at 37°C and 5% CO₂ in RPMI 1640 medium (Sigma-Aldrich) supplemented with 15% heat-inactivated fetal bovine serum (Gibco, Thermo Fisher Scientific), 20 mM HEPES buffer (Sigma-Aldrich) and 10'000 U/mL penicillin-streptomycin (Gibco). Cells were seeded at a concentration of 0.5–1 × 10⁶ cells/ml and split every 3–4 days. For experiments, 2–3 × 10⁶ cells per condition were seeded in 6-well plates and stimulated with 1 μM LXR agonist (T0901317; prepared at Roche as previously reported (Panday et al., 2006)) or DMSO vehicle control for 24 hr. LCLs were then washed with PBS and harvested for RNA or protein analysis (see below).

**Gene expression analysis**

RNA was extracted from neural retina and eyecups (containing RPE and choroid) using an RNA isolation kit (Macherey-Nagel, Oensingen, Switzerland) with on column DNasel treatment and used for cDNA synthesis with oligo-dT as previously described (Samardzija et al., 2006; Storti et al., 2017). For human LCL samples, RNA was isolated as above but 0.5 μg random primers (Promega, Dü bendorf, Switzerland) were used instead of oligo-dT for cDNA synthesis. Transcript levels in 10 ng of cDNA were measured by semi-quantitative real-time PCR using an ABI QuantStudio3 machine (Thermo Fisher Scientific) with the PowerUp Sybr Green master mix (Thermo Fisher Scientific) and primer pairs specific for the genes of interest (Supplementary file 1D). Primers were designed to span large introns and avoid known SNPs. Beta-actin (Actb) was used to normalize mouse gene expression with the comparative threshold cycle method (ΔΔCt) of the Relative Quantification software of the Thermo Fisher Cloud. For LCL samples, ACTB and RPL28 levels were used for double normalization with the same method. Note that in order to measure possible decrease in Abca1 and Abcg1 transcripts in KO mice, primers were designed to amplify part of the excised region (exons 45 and 46 for Abca1 and exon 3 for Abcg1).

**Protein isolation from LCLs and Western Blotting (WB)**

Cells were collected, washed twice with ice-cold PBS and lysed in 50 μl of RIPA buffer supplemented with protease inhibitor cocktail (P2417, Sigma-Aldrich) for 15 min on ice. After centrifugation at 16'000 g for 15 min at 4°C, supernatant was collected and protein concentration measured by BCA. 50 μg of proteins were loaded on 4–15% polyacrylamide gradient gels (Bio-Rad, Cressier, Switzerland) for SDS-PAGE followed by semi-dry transfer to a nitrocellulose membrane. Membranes were blocked in 5% non-fat blocking milk (Bio-Rad) for 1 hr at room temperature prior to incubation overnight at 4°C with primary antibodies: rabbit anti-ABCA1 (1:200, NB400-105, Novus Biologicals) and mouse anti-ACTB (1:10’000, A5441, Sigma-Aldrich). After washing, membranes were incubated with appropriate hors eradish peroxidase (HRP)-conjugated secondary antibodies for 1–2 hr at RT. Signals were developed using enhanced chemiluminescence (ECL) substrate (PerkinElmer, Schwerzenbach, Switzerland) and visualized using X-ray films. Intensity of bands was quantified using ImageJ and normalized to ACTB levels.
Statistical analysis
The number of biological replicates is defined in figure legends as ‘N’ and refers to the number of individual animals or cell lines analyzed in this study. The number of technical replicates may be indicated in the corresponding figure legend as well, when appropriate. All statistical analysis, as indicated in figure legends, were performed using GraphPad Prism 7 (San Diego, CA, USA).

Acknowledgments
The authors would like to thank Cornelia Imsand, Sarah Nöttli, Adrian Urwyler, Andrea Gubler and Ana Bordonhos (University of Zurich) for excellent technical support and Dr. Everson Nogoceke (Roche pRED) for helpful discussions.

Additional information
Competing interests
Christoph Ullmer: Employee of F Hoffmann-La Roche Ltd. Jürgen Fingerle, Cyrille Maugeais: Previous employee of F Hoffmann-La Roche Ltd. The other authors declare that no competing interests exist.

Funding

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The funders had no role in study design, data collection and interpretation, or the decision to submit the work for publication.

Author contributions
Federica Storti, Conceptualization, Formal analysis, Validation, Investigation, Visualization, Methodology, Writing—original draft, Project administration; Katrin Klee, Vyara Todorova, Investigation, Methodology, Writing—review and editing; Regula Steiner, Alaa Othman, Resources, Formal analysis, Investigation, Methodology, Writing—review and editing; Saskia van der Velde-Visser, Resources, Collection of human lymphocytes and generation of LCLs; Marijana Samardzija, Conceptualization, Supervision, Investigation, Writing—review and editing; Isabelle Meneau, Frank Blaser, Resources, Collection of human donor tissues; Maya Barben, Duygu Karademir, Valda Pauzuolyte, Investigation, Methodology; Sanford L Boye, Resources, Generation of the pTR-BEST1-Cre-P2A-GFP (AAV vector plasmid); Christoph Ullmer, Supervision, Funding acquisition, Writing—review and editing; Joshua L Duniaief, Conceptualization, Resources, Writing—review and editing; Thorsten Hornemann, Conceptualization, Resources, Methodology, Writing—review and editing; Lucia Rohrer, Arnold von Eckardstein, Conceptualization, Resources, Funding acquisition, Writing—review and editing; Anneke den Hollander, Conceptualization, Resources, Investigation, Writing—review and editing; Jürgen Fingerle, Conceptualization, Supervision, Funding acquisition, Writing—review and editing; Cyrille Maugeais, Conceptualization, Resources, Supervision, Funding acquisition, Project administration, Writing—review and editing; Christian Grimm, Conceptualization, Resources, Formal analysis, Supervision, Funding acquisition, Writing—original draft, Project administration, Writing—review and editing
Ethics

Human subjects: The study was approved by the local ethical committee at the Radboud University Medical Center, The Netherlands, and was performed in accordance with the tenets of the Declaration of Helsinki. Individuals were selected from the European Genetic Database (EUGENDA, https://www.eugenda.org/), a large multicenter database for clinical and molecular analysis of AMD, and provided written informed consent before participation.

Animal experimentation: All animal experiments adhered to the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research and the regulations of the Veterinary Authorities of Kanton Zurich, Switzerland (study approval reference numbers: ZH141/2016 and ZH216/2015).

Decision letter and Author response

Decision letter https://doi.org/10.7554/eLife.45100.025
Author response https://doi.org/10.7554/eLife.45100.026

Additional files

Supplementary files

- Supplementary file 1. Supplementary tables. (A) Absolute concentrations of analyzed lipid classes from 2-months-old Ctr and RPE^{ΔAbca1,ΔAbcg1} mice. (B) RHO measurements from 2-months-old Ctr and RPE^{ΔAbca1,ΔAbcg1} neural retinas. (C) Primers used for genotyping. (D) Primers used for gene expression analysis.

DOI: https://doi.org/10.7554/eLife.45100.022

- Transparent reporting form

DOI: https://doi.org/10.7554/eLife.45100.023

Data availability

All data generated or analysed during this study are included in the manuscript and supporting files.

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