Desialylation of Platelets by Pneumococcal Neuraminidase A Induces ADP-Dependent Platelet Hyperreactivity

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ABSTRACT Platelets are increasingly recognized to play a role in the complications of Streptococcus pneumoniae infections. S. pneumoniae expresses neuraminidases, which may alter glycans on the platelet surface. In the present study, we investigated the capability of pneumococcal neuraminidase A (NanA) to remove sialic acid (desialylation) from the platelet surface, the consequences for the platelet activation status and reactivity, and the ability of neuraminidase inhibitors to prevent these effects. Our results show that soluble NanA induces platelet desialylation. Whereas desialylation itself did not induce platelet activation (P-selectin expression and platelet fibrinogen binding), platelets became hyperreactive to ex vivo stimulation by ADP and cross-linked collagen-related peptide (CRP-XL). Platelet aggregation with leukocytes also increased. These processes were dependent on the ADP pathway, as inhibitors of the pathway (apyrase and ticagrelor) abrogated platelet hyperreactivity. Inhibition of NanA-induced platelet desialylation by neuraminidase inhibitors (e.g., oseltamivir acid) also prevented the platelet effects of NanA. Collectively, our findings show that soluble NanA can desialylate platelets, leading to platelet hyperreactivity, which can be prevented by neuraminidase inhibitors.

KEYWORDS Streptococcus pneumoniae, NanA, platelets, sialic acid, desialylation

Streptococcus pneumoniae is a major cause of community-acquired pneumonia and invasive infections (1). S. pneumoniae is known to activate platelets via different mechanisms, including through engagement of the immune receptor FcγRIIA and the integrin αIIbβ3 and by activation of Src and Syk tyrosine kinases (2). A role for Toll-like receptor 2 (TLR-2) in pneumococcus-induced platelet activation has also been proposed (3), but with contradictory results (4). Thrombocytopenia, which may result from platelet activation, is an independent predictor of mortality in severe pneumonia (5). Whether platelet desialylation by pneumococcal neuraminidase A (NanA) is another mechanism of platelet activation by S. pneumoniae is still unknown.

The importance of platelets in processes beyond hemostasis and coagulation is increasingly appreciated (6). Activated platelets release different immune molecules, modulate the response of leukocytes, and contribute to the formation of neutrophil extracellular traps (NETs) that trap bacteria in the circulation, avoiding their further...
dissemination (7, 8). Furthermore, platelet activation may also increase the risk for cardiovascular complications, which are common during *S. pneumoniae* infections (9).

Three genes encode neuraminidase (NA) activity in *S. pneumoniae*—*nanA*, *nanB*, and *nanC*—among which only *nanA* is expressed by all pneumococci. The NanA protein is located at the cell surface of pneumococci, where it is involved in the facilitation of mucosal colonization (10, 11). Platelet surface glycoproteins (GPs) are decorated with the N-acetyleneuraminic acid (Neu5Ac) type of sialic acid (12), about 60% of which is susceptible to cleavage by neuraminidase (13). Desialylation of platelets exposes galactose residues and leads to platelet apoptosis, phagocytosis, and clearance from the circulation by the Ashwell-Morel receptor (AMR) in the liver (14, 15). Grewal et al. showed in a mouse model of pneumococcal sepsis that removal of desialylated platelets by the AMR protected against disseminated intravascular coagulation (16).

Although NanA is well studied as a surface virulence factor (11, 17, 18), its effect on platelet activation and function remains unclear, as well as whether neuraminidase inhibitors, such as oseltamivir acid, are able to prevent these effects (19). Recently, two main variants of NanA, containing the amino acids KGI or RAV at the catalytic site, were reported to differ in enzyme kinetics and susceptibility to neuraminidase inhibitors (20). It is unknown whether infection with either variant results in a different clinical outcome.

The current study aimed to investigate the effects of soluble NanA on platelet desialylation, platelet activation status, and platelet reactivity and to characterize the pathways involved. Furthermore, the propensity of neuraminidase inhibitors and platelet function inhibitors to prevent these NanA effects on platelets was explored. Finally, we studied whether the KGI and RAV variants of NanA had different effects on platelets and whether these variants were associated with the platelet count in a cohort of individuals with invasive pneumococcal infections.

**RESULTS**

**Soluble NanA from *S. pneumoniae* desialylates platelets.** To determine whether NanA was released in the medium, supernatants from wild-type (WT) and *nanA* mutant (*ΔnanA*) pneumococci were analyzed by SDS-PAGE. The analysis showed a NanA band of the expected size in the WT-derived supernatant, whereas the band was absent in the mutant (see Fig. S1 in the supplemental material).

To study the effect of soluble NanA on the platelet surface sialic acid content, washed platelets were exposed to supernatant with and without NanA, derived from the WT and *ΔnanA* mutant, respectively. Platelets incubated with NanA resulted in reduced interaction of the sialic acid binding lectins *Sambucus nigra* lectin (SNA) and *Maackia amurensis* lectin II (MALII) compared with platelets incubated without NanA, indicating that NanA cleaved sialic acids from platelet surface glycoproteins (Fig. 1A and B; see Fig. S2 in the supplemental material). Binding of SNA lectin on platelets exposed to lower dilutions of *ΔnanA*-derived supernatant tended to be higher than on those exposed to phosphate-buffered saline (PBS) (Fig. 1A). This may be due to factors in the supernatant that enhance binding of SNA to glycoproteins of non-desialylated platelets. The different binding specificities of MALII, which binds to α-2,3-sialoglycans, and SNA, which binds to α-2,6-sialoglycans, likely explain the differences in binding patterns of the two lectins. Neuraminidase activity in the supernatants was 441.2 μmol/min/liter and 58.9 μmol/min/liter for supernatants with and without NanA, respectively, as measured by the substrate hydrolysis assay. Based on the concentration curve in Fig. 1, we chose to use the 1:400 dilution point in the subsequent experiments. This dilution point is equivalent to 1.10 μmol/min/liter and 0.14 μmol/min/liter for supernatants with and without NanA, respectively.

**NanA exposure results in platelet hyperreactivity that is largely ADP signaling dependent.** Next, we studied the effects of NanA on platelet activation status and platelet reactivity to ex vivo stimulation. Platelet-rich plasma (PRP) was exposed to NanA for 1 h to assess platelet activation, with subsequent determination of platelet reactivity by addition of increasing concentrations of the platelet agonists ADP, cross-linked...
There was no difference in the expression of the alpha-granule protein P-selectin and binding of fibrinogen following exposure to supernatant with or without NanA. In contrast, following ex vivo stimulation with ADP and a low dose of CRP-XL, platelets exposed to NanA showed higher P-selectin expression and fibrinogen binding than the control without NanA (Fig. 2A and B; see Fig. S3 in the supplemental material).

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**FIG 1** Binding of SNA and MALII lectins to NanA-exposed platelets. Binding of SNA (A) and MALII (B) lectins to platelet surface sialic acid was determined after treating washed platelets with serial dilutions (1:80 to 1:10,000) of pneumococcal culture supernatants with (+NanA) and without (−NanA) NanA for 1 h at 37°C. PBS and purified neuraminidase from *C. perfringens* (NA) were used as negative and positive controls, respectively. The data are presented as mean fluorescent intensity (MFI) plus SD (in arbitrary units [AU]) of the results of two independent experiments with 3 replicates each (n = 6). Differences between the supernatants with and without NanA were analyzed using t tests. **, *P < 0.01; *, P < 0.03; ns, not significant. The increase in desialylation with decreases in dilution of supernatants was analyzed using 1-way ANOVA with posttest for the linear trend. For +NanA supernatant, \( r^2 = 0.73 \) and \( P < 0.001 \) for SNA and \( r^2 = 0.44 \) and \( P < 0.001 \) for MALII; for −NanA supernatant, \( r^2 = 0.18 \) and \( P = 0.06 \) for SNA and \( r^2 = 0.65 \) and \( P < 0.001 \) for MALII.

**FIG 2** Reactivity of NanA-exposed platelets to various platelet agonists. P-selectin (A) and fibrinogen (B) expression on platelets was determined after treating PRP with PBS (negative control), 200 mU purified neuraminidase from *C. perfringens* (NA), or supernatant with (+NanA) and without (−NanA) NanA for 1 h at 37°C, followed by stimulation with increasing concentrations of ADP, CRP-XL, or TRAP. The data are presented as MFI ± SEM in arbitrary units (n = 10). Differences between +NanA and −NanA supernatants were analyzed using t tests.
Stimulation with TRAP also induced higher fibrinogen binding, but not P-selectin expression, in NanA-exposed platelets. Similar results for fibrinogen binding were observed using washed platelets, indicating that plasma factors had no effects on the observed outcome (see Fig. S4A in the supplemental material). However, unlike with PRP, fibrinogen binding was also slightly increased in desialylated platelets without secondary stimulation, probably as a result of minimal platelet activation due to the platelet isolation procedure. In order to identify the mechanisms of NanA-induced platelet hyperreactivity involved, we focused on the ADP pathway, because the platelet effects of NanA were more pronounced when ADP or CRP-XL was used as a platelet stimulus than when TRAP was used. The effect of CRP-XL (collagen pathway) is also known to depend on secondary ADP release (21). ADP signaling was inhibited using apyrase, which hydrolyzes soluble ADP, and with ticagrelor, an inhibitor of the ADP receptor P2Y12. Both apyrase and ticagrelor reduced NanA-induced platelet hyperreactivity upon ex vivo stimulation with either CRP-XL or TRAP (Fig. 3), confirming the importance of the ADP signaling pathway.

NanA promotes dense-granule secretion and increases surface expression of GPIIIa. Platelets contain large quantities of ADP in their dense granules, together with other molecules, such as ATP, calcium, and serotonin. Secretion of ADP from dense granules activates P2Y12, inducing amplification of platelet activation. We show that NanA promotes ADP-induced dense-granule secretion, as suggested by higher expression of the dense-granule marker CD63 on the platelet surface, together with a reduction in intraplatelet mepacrine concentrations (Fig. 4A). Exposure of platelets to NanA without a platelet agonist did not change mepacrine concentrations or CD63 expression, indicating that exposure to NanA alone is insufficient to induce dense-granule secretion.

Exposing platelet-rich plasma to increasing concentrations of NanA did not increase binding of antibodies directed against the ADP receptor P2Y12, the collagen receptor GpVI, or the VWF receptor GpIb (Fig. 4B). In contrast, a significant increase in the binding of antibodies against GPIIla was observed (P < 0.001), probably due to increased exposure of antibody binding sites as a consequence of removal of sialic acid. When associated with GpIib, GPIIla constitutes the receptor for fibrinogen and other adhesive proteins, such as VWF.

Neuraminidase inhibitors prevent NanA-induced platelet hyperreactivity. Next, we explored whether neuraminidase inhibitors could prevent NanA-induced platelet
Both oseltamivir acid and 2,3-didehydro-2-deoxy-N-acetylneuraminic acid (DANA) prevented NanA-induced platelet hyperreactivity in a dose-dependent manner (Fig. 5).

**NanA induces platelet interaction with leukocytes.** Sialic acid is negatively charged, which gives a cell a high electronegative surface charge. Removal of sialic acid from the platelet surface reduces the overall electronegative charge, and this may increase intercellular interactions. Analysis of whole blood exposed to NanA showed increased aggregates of platelets with monocytes, neutrophils, and T cells compared with the control without NanA (Fig. 6). Addition of oseltamivir showed a reduction in platelet-leukocyte interaction, although the differences were not statistically significant (see Fig. S4C in the supplemental material).

**Variation in the catalytic site of NanA had no effect on platelet hyperreactivity.** Despite the highly conserved activity of NanA, a recent study revealed the evolutionary diversity of the enzyme (20). Two semiconserved epitopes were identified in the catalytic site of NanA, KGI (Lys-Gly-Ile) and RAV (Arg-Ala-Val), which differed in their Michaelis constants ($K_m$s), the substrate concentration at 1/2 the maximum velocity. The $K_m$ of the RAV variant (NanA-RAV) was found to be significantly lower than that of the KGI variant (NanA-KGI), suggesting that the RAV variant has higher activity. In a cohort of 281 patients with *S. pneumoniae* bacteremia, 239 had the KGI variant and 42 had the RAV variant. Platelet counts measured at hospital admission did not differ...
between the two groups (Fig. 7A). Unfortunately, nadir platelet counts were available for a few patients in the KGI group only and were therefore not used in the analysis. The types of disease manifestation and severities of disease were also comparable between the groups (data not shown). A subset of *S. pneumoniae* isolates from patients in either group were cultured, and the supernatants were used to study the effect of NanA-KGI and NanA-RAV on platelet desialylation. There were no differences in binding of SNA and MALII lectins to platelet sialic acid between platelets exposed to supernatants of the KGI or RAV variant (Fig. 7B and C). In addition, there was no difference in neuraminidase activity between the two NanA variants as measured by a substrate-

![Graphs showing inhibition of NanA by oseltamivir acid and DANA.](Fig5.png)

**FIG 5** Inhibition of NanA by oseltamivir acid and DANA. P-selectin and fibrinogen expression on platelets was determined after treating PRP with PBS or supernatant containing NanA in the presence of increasing concentrations of oseltamivir acid or DANA for 1 h at 37°C and then stimulating with 125 µM ADP. The data show MFI ± SEM (in arbitrary units) of the results of two independent experiments with 3 replicates each (n = 6). Decreases in P-selectin and fibrinogen expression levels with increased concentrations of oseltamivir acid or DANA in +NanA samples were analyzed using 1-way ANOVA with posttest for the linear trend.

![Graph showing interaction of NanA-exposed platelets with leukocytes.](Fig6.png)

**FIG 6** Interaction of NanA-exposed platelets with leukocytes. Levels of platelet interaction with monocytes, neutrophils, and T cells after treating whole blood with PBS as a negative control, 200 mU purified neuraminidase from *C. perfringens* (NA), or supernatants with (+NanA) and without (−NanA) NanA for 1 h at 37°C. The data are presented as MFI ± SEM (in arbitrary units) of the results of two independent experiments with 3 replicates each (n = 6) analyzed using t tests.
based assay (Fig. 7D). These observations suggest there is no difference in the enzymatic activity of NanA variants and no difference in clinical outcomes after infection with S. pneumoniae isolates producing either variant.

**DISCUSSION**

In this study, we demonstrate that pneumococcal NanA induces removal of sialic acid from the platelet surface, resulting in platelet hyperreactivity. These effects were dependent on ADP signaling and could be prevented by ADP receptor antagonists, such as ticagrelor, as well as neuraminidase inhibitors, such as oseltamivir acid.

Sialic acid on the platelet surface was determined using the lectins SNA and MALII, which both bind N-acetyleneuraminic acid found on platelet glycoproteins. Pneumococci also harbor other neuraminidases than NanA, e.g., NanB and NanC, explaining why supernatant from ΔnanA mutants also induced some sialic acid depletion. While NanA can cleave α-2,3-, α-2,6-, and α-2,8-linked sialic acids, NanB exhibits a preference for α-2,3-linked sialic acids (17). In our experiments, only the NanA gene was mutated. Traces of NanB and NanC could still be present in the supernatant, cleaving some of the α-2,3 links that can be detected by MALII, but not SNA. This accounts for the low binding of MALII, but not SNA lectin, to platelets exposed to the supernatant of the mutant strain. However, NanA is the strongest neuraminidase and virulence factor for sialic acid removal. NanB, on the other hand, is involved only in metabolic activities (17, 18). In our experiments, we carefully selected the dilution point of the supernatant
where the effect of NanB was minimal, diminishing any potential effects of the contaminant on the observed outcomes of platelet reactivity.

Our findings show that NanA-induced sialic acid removal does not directly lead to platelet activation but has an indirect effect, as it leads to increased sensitivity for platelet activation by other platelet agonists. These findings are in line with a 1975 report by Greenberg and colleagues, who found increased agonist-induced platelet aggregation after removal of sialic acid by neuraminidase (22). However, they conducted a noncontrolled experiment with the ADP-hydrolyzing agent apyrase, leading to inconclusive results on the role of ADP. Our study clearly identified the importance of ADP signaling in NanA-induced platelet hyperreactivity and showed that both ADP receptor antagonists and neuraminidase inhibitors may prevent these effects. Although oseltamivir acid is designed for influenza virus neuraminidase, it can effectively inhibit S. pneumoniae neuraminidase due to close similarities in the active sites of the two proteins (19).

Different mechanisms may explain why NanA-desialylated platelets are hyperreactive, as is also shown in Fig. S5 in the supplemental material. First, the plasma membrane Orai1 channels contain α,β,δ-linked sialic acids (23), which can be cleaved off by NanA. Orai1 mediates calcium influx into the cell, and its desialylation has been associated with increased calcium uptake (23), a process known to enhance platelet activation (24). Second, desialylation may lead to a reduction in the negative charge of the cell membrane, which may enhance transport of positively charged calcium ions over the cell membrane. Third, binding of desialylated VWF (asialo-VWF) to platelets is known to induce degranulation of platelet dense granules (25), an effect that can be blocked by apyrase and ticagrelor (26).

Neuraminidase could act on platelets, as well as on sialylated plasma proteins, such as fibrinogen, in the PRP. However, several studies have reported that the sialic acid content of fibrinogen does not affect its interactions with platelets (27, 28). The observed increase in fibrinogen binding in our assay was therefore unlikely to have been influenced by desialylated fibrinogen molecules. Although aggregation of NanA-exposed platelets was not measured, it is expected, as platelet aggregation correlates with fibrinogen binding to platelets.

Platelet activation is an important process in inflammation and host defense (29–31); however, hyperreactive platelets may also increase the risk for cardiovascular events. The importance of cardiovascular complications in pneumococcal infections is increasingly recognized (9, 32). ADP receptor antagonists are among the most commonly used drugs in cardiovascular medicine, and neuraminidase inhibitors are frequently prescribed for patients with pneumonia during the influenza season; therefore, it is important to better understand the effects of NanA-mediated desialylation of platelets. From studies in murine models, it is known that neuraminidase inhibitors may ameliorate sepsis by dampening inflammation (33). Grewal et al. found that clearance of desialylated platelets protects the host from streptococcus-associated coagulopathy (16). Interestingly, loss of sialic acid is a well-known platelet clearance mechanism, and in past years, different authors have reported that oseltamivir acid may increase platelet counts under conditions such as immune thrombocytopenia (15, 34), sepsis (35), and suspected influenza (36).

Platelet-monocyte clusters, which we observed in vitro, are also observed during S. pneumoniae infections (4) and are known to mediate the development of cardiovascular events (37). We observed increased platelet-leukocyte aggregates in whole blood exposed to NanA; however, desialylation of other sialylated blood components (38), apart from platelets, may have promoted the observed intercellular aggregation. Platelets engage with leukocytes mainly through the surface P-selectin receptor expressed on activated platelets. Platelet-leukocyte interactions therefore increase with increased platelet activation. Removal of sialic acid from cell surfaces reduces the cell surface electronegative charge, allowing more cell-cell interactions to occur. Our results show that desialylated platelets are hyperreactive to stimulation. We hypothesize that under pathological conditions where the vasculature is rich in mediators with the potential to activate platelets, platelet-leukocyte interactions are also enhanced.

NanA may influence the binding of agonists to other platelet receptors; however, only
anti-GPIIa binding increased significantly when platelets were exposed to NanA, while no increased binding of anti-P2Y12, anti-GPIV, or anti-GP1b antibodies was found. Fibrinogen binding to platelets occurs only after the formation of GPIIb/GPIIIa complexes, which is driven by activating agents such as ADP (39), which explains the increase in availability of GPIIIa receptor without fibrinogen binding in unstimulated samples. This observation is contrary to that of Grewal and colleagues (16), who did not observe a change in binding of anti-CD61 (GPIIIa) in desialylated platelets. Our results are in line with previous studies that indicated that glycosylation of P2Y12 receptor (40) or GPVI (41) affects their function and ligand binding (only GPVI) but not their surface expression. Conversely, amplification of platelet hyperreactivity through ADP signaling may be blunted by neuraminidase, as Zhong et al. (40) further showed, using CHO cells, that nonglycosylated P2Y12 receptors are defective in the P2Y12-mediated inhibition of adenylyl cyclase activity.

Xu et al. showed with a molecular simulation model and with purified NanA variants containing KGI and RAV motifs in the catalytic domain that NanA-RAV has higher enzymatic activity than the NanA-KGI variant (20). We could not confirm this result, as evidence for a difference in neither clinical outcomes nor in vitro platelet activation assays between the two variants was found. Our findings suggest, therefore, that exposure to either variant may have similar clinical consequences. Although we were not able to demonstrate removal of asialoglycoproteins from the circulation of pneumonia patients in our cohort, Grewal et al. have shown, using a mouse model, that intravenous administration of pneumococcal sialidase leads to platelet desialylation and subsequent removal from the circulation (16). These observations suggest that a similar effect could occur in human patients with streptococcus bacteremia.

Siglecs are sialic acid binding receptors on cell surfaces involved in the transduction of inhibitory signals. Siglec-7 is expressed on platelet surfaces following platelet activation, where engagement of purinergic receptors, as well as integrin αIIbβ3, is crucial (42). Siglec-7 binds to α-2,3, α-2,6, and α-2,8 linkages, which can all be cleaved by NanA. Engagement of Siglec-7 with its ligand leads to platelet apoptosis by the intrinsic pathway and an extramitochondrial pathway but has no effect on platelet activation, aggregation, or secretion (42, 43). Although platelet desialylation, particularly of the GP1b receptor, has been associated with platelet apoptosis, the role of siglec-7 was not discussed (15). Since siglec-7 induces apoptosis after engagement with its ligand, gangliosides, it would be expected that removal of platelet sialic acid would affect this apoptotic pathway. Whether platelet desialylation by NanA interferes with siglec-inhibitory signals requires further investigation. Given the existing information, it is unlikely that interference of neuraminidase with siglec-7 ligands would affect platelet activation.

One limitation of our study is that we did not purify NanA from the culture supernatants used. However, we controlled for possible effects of other pneumococcus-derived products in the supernatant by using a control NanA mutant strain with the same biological properties as the NanA-producing strain except for NanA secretion. We are therefore confident that the effects we observed are caused by NanA and not by other streptococcal exoglycosidases, such as BgaA (a β-galactosidase) and StrH (a β-acetylglucosaminidase), which are primarily membrane bound (44).

Collectively, our findings show that exposure of platelets to soluble NanA induces removal of sialic acid from the platelet surface, which in turn leads to platelet hyperreactivity and increased interaction with leukocytes. Neuraminidase inhibitors may prevent these effects on platelets caused by NanA, but the clinical consequences are currently unknown.

**MATERIALS AND METHODS**

**Ethical statement.** Clinical data were obtained from a cohort of adult patients with a first episode of bacteremic pneumococcal pneumonia admitted to two Dutch hospitals, namely, the Canisius-Wilhelmina Ziekenhuis in Nijmegen and Maasziekenhuis Pantein in Boxmeer, between 2000 and 2011. This cohort study was approved by the local Medical Ethics Committees of both participating hospitals. Analyses of the current study were within the goals of the cohort study, and no additional institutional approval was required. All data and samples used were anonymous.

**Construction of a ΔnanA mutant.** A directed deletion of nanA was made in the pneumococcal TIGR4 strain by allelic replacement of the target gene with an antibiotic resistance marker, as described
supernatant was confirmed by a fluorometric method using 0.45 mM 2-(4-methylumbelliferyl)acetylneuraminic acid as the substrate and reaction buffer, pH 7.0, and incubated at 37°C for 2 h, followed by 400 μl of stop solution (containing glycine and Trizol). After centrifugation, the supernatant was transferred onto a clean substrate hydrolyzed per unit per time (hours).

Development of culture supernatants of WT and ΔnanA TIGR4 were cultured in casein tryptone (CAT) medium supplemented with 0.015 M K2HPO4, 5 μl catalase (Sigma), and 0.02 g N-acetyl-o-mannosamine (ManNAC) and harvested at an optical density (OD) of 0.2. After removal of remnant bacterial and culture components, the supernatants were concentrated using Microcon 30-kDa centrifugation filter devices (Merck Millipore). The concentrated supernatants were incubated at 100°C for 5 min in sample buffer (60 mM Tris-HCl, pH 6.8, 2% SDS, 2% β-mercaptoethanol, trace bromophenol blue), analyzed on Tris-glycine SDS-PAGE gels in a Protean II xi cell electrophoresis system (Bio-Rad), and visualized by Coomassie staining. Densitometry analysis was performed with ImageJ (49). Average spot intensities of NanA (~80 kDa) and bovine serum albumin (BSA) (~55 kDa), used as a loading control (marker), were determined. The absence of the ~80-kDa band in the NanA mutant confirmed the presence of a protein of this size in the gel. Average spot intensity of NanA was corrected with the average spot intensity of BSA and depicted as the relative corrected spot intensity compared to WT TIGR4. Enzymatic activity of NanA in the supernatant was confirmed by a fluorometric method using 0.45 mM 2-(4-methylumbelliferyl)α-N-acetylneuraminic acid as the substrate. Thirty microliters of sample was mixed with equal volumes of substrate and reaction buffer, pH 7.0, and incubated at 37°C for 2 h, followed by 400 μl of stop solution (containing glycine and Trizol). After centrifugation, the supernatant was transferred onto a clean reaction plate, and the fluorescence was measured. Total enzymatic activity was calculated in moles of substrate hydrolyzed per unit per time (hours).

Platelet sialic acid assays. Washed platelets were isolated from 3.2% sodium-citrate-anticoagulated whole blood (Becton Dickinson), as previously described (50), and resuspended in HEPES Tyrode buffer at 4 × 10^8 platelets/ml. The platelets were exposed to serial dilutions of culture supernatant for 1 h at 37°C and washed twice with PBST (PBS plus 0.05% Tween 20) supplemented with 0.01% prostaglandin. PBS and 200 μM purified NA from Clostridium perfringens (Sigma-Aldrich) were used as negative and positive controls, respectively. Purified neuraminidase was used to demonstrate that observed effects with supernatants containing NanA were similar to those induced by other neuraminidases. Cells were then stained with the platelet identification marker CD61 (Beckman Coulter) and sialic acid binding lectins: SNA and MALII (both from Vector Laboratories) for 30 min at room temperature (RT). The cells were washed twice, fixed using 0.2% paraformaldehyde, and analyzed using a Cytomics FC500 flow cytometer and CXP acquisition software (Beckman Coulter).

Platelet function assays and platelet-leukocyte complexes. Platelet function was determined using a flow cytometry assay, as previously described (51). Whole blood or PRP was incubated with 200 mU purified neuraminidase and supernatants with and without NanA for 1 h at 37°C, followed by stimulation with increasing concentrations of ADP, CRP-XL, or TRAP. The cells were labeled with antibodies directed against CD61, P-selectin (BioLegend) as a marker of platelet degranulation, and fibrinogen (Dako) as a marker of integrin αIIbβ3 activation. The ADP-stimulatory pathway was blocked by hydrolyzing ADP using 10 μg/ml of apyrase (Sigma-Aldrich) or by blocking the ADP receptor P2Y12, with 50 μg/ml ticagrelor (Bio Connect B.V.) for 30 min before addition of stimuli. These concentrations of apyrase and ticagrelor reduced about 40% of secondary stimulation with 7.8 μM ADP for both P-selectin and fibrogen binding (see Fig. S4B in the supplemental material). This observation indicates that apyrase and ticagrelor provide adequate inhibition of the CRP- and TRAP-induced ADP positive-feedback loop, as activated platelets are expected to release smaller amounts of ADP than the 7.8 μM used in our experiments. Quantification of platelet dense granules was performed by incubating NanA-exposed PRP with 50 μM mepacrine for 10 min, followed by flow cytometry analysis to determine the intraplatelet mepacrine content. Furthermore, dense-granule degranulation was analyzed by measuring the expression of CD63 (BioLegend) on the platelet membrane. Platelet-leukocyte interactions were determined by gating CD45-positive cells that were also positive for both platelet (anti-CD42b; BD Biosciences) and monocyte (CD14), neutrophil (CD56), or T-cell (CD3) markers (Beckman Coulter).

Surface expression of platelet glycoproteins. To study whether desialylation of platelets affects the surface expression of glycoproteins, PRP was treated with increasing concentrations of WT supernatant for 1 h at 37°C. Cells were labeled with antibodies against the VWF receptor GPIbα (anti-CD42b; BD Biosciences), the fibrinogen receptor GPIIbα (anti-CD61; Beckman Coulter), the collagen receptor GPVI (anti-GPVI; BD Biosciences), and the ADP receptor P2Y12 (Fabgennix). The effects of neuraminidase
inhibitors on platelet function were assessed by treating PRP with supernatant containing NanA in the presence of increasing concentrations of oseltamivir acid (Bioconnect B.V.) and DANA (Sigma-Aldrich), followed by stimulation with 125 μM ADP.

Statistical analysis. Statistical differences were analyzed using Student’s t test or one-way analysis of variance (ANOVA), with posttests as indicated. Data are presented as means with standard deviations (SD) or means with standard errors of the mean (SEM) of independent measurements. Statistical analysis was done using GraphPad Prism 6 software. Flow cytometry analysis was done using Beckman Coulter Kaluza software version 1.2.

SUPPLEMENTAL MATERIAL
Supplemental material for this article may be found at https://doi.org/10.1128/IAI.00213-18.

SUPPLEMENTAL FILE 1, PDF file, 0.9 MB.

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We declare that we have no conflict of interest.

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