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Inhibition of the Vapor-Mediated Phase Transition of the High Temperature Form of Pyrazinamide


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ABSTRACT: Tailor-made additives can prove an effective method to prolong the lifetime of metastable forms of pharmaceutical compounds by surface stabilization. Pyrazinamide (PZA) is a pharmaceutical compound with four polymorphic forms. The high temperature \( \gamma \) form, which can be produced by spray drying or sublimation growth, is metastable at room temperature and transforms within days when produced by spray drying, and within several months up to years for single crystals produced by sublimation. However, when PZA is cospray dried with 1,3-dimethylurea (DMU), it has been reported to remain in its \( \gamma \) form for several years. Scanning electron microscopy (SEM) images reveal that the phase transition from \( \gamma \)-PZA to the low temperature forms involves a vapor-mediated recrystallization, while the reverse phase transition upon heating is a nucleation-and-growth solid–solid phase transition. The lifetime-extending effect of DMU on spray-dried PZA has been investigated in more detail and compared with high-energy ball milling of sublimation-grown \( \gamma \)-PZA crystals. Co-ball milling of PZA and DMU is found to extend the lifetime of the high temperature form of PZA to a few months, while separate ball milling leads to an extension of merely a few weeks. DMU acts as an additive that most likely stabilizes the surface of \( \gamma \)-PZA, which would reduce the vapor pressure of PZA, thereby reducing the transition rate. Alternatively, DMU could prevent nucleation of low temperature forms of PZA.

1. INTRODUCTION

Polymorphism is a common phenomenon in molecular crystals. ¹ In the pharmaceutical industry, the control of the polymorphic form is a very important issue, since different polymorphic forms can have distinct physicochemical properties such as solubility, dissolution rate, and morphology. ²–⁴ Generally, the stable polymorph is preferred for production of active pharmaceutical ingredients (APIs) to ensure reproducible bioavailability, also after prolonged storage under various conditions. However, the stable form is usually less soluble than a metastable form, and in some cases the solubility or dissolution rate is so low that the therapeutic dose cannot be achieved. ⁵⁻⁻⁷ Moreover, the morphology and other physico-chemical properties of a polymorphic form can be disadvantageous for the manufacturing process; e.g., needle-shaped crystals can clog filters. Therefore, it is sometimes preferred to use a metastable form or even an amorphous form for the production of an API, but the risk of polymorphic transitions for the former and crystallization for the latter must then be carefully mitigated.

Tailor-made additives can be used for polymorph selection, by inhibiting the nucleation or crystal growth of specific polymorphic forms, allowing other forms to crystallize. ³⁻⁻⁴ However, the challenge is to ensure a prolonged lifetime of metastable forms to prevent undesired solid-state phase transitions. ⁸ The lifetime is determined by the kinetic barrier between the metastable form and other more stable forms of the API. Solid-state phase transitions usually start at specific defects, often on the surface of a crystal lattice. ¹⁵ Therefore, surface stabilization by tailor-made additives might prove an effective method to increase the lifetime of a metastable polymorph. Very promising effects in this direction have been observed for the pharmaceutical compound pyrazinamide (PZA), where the high temperature form can be prevented from transforming at room temperature by the addition of 1,3-dimethylurea (DMU). ¹⁶ The molecular structures of both compounds are shown in Figure 1.

Pyrazinamide (C₅H₅N₃O, pyrazinecarboxamide, PZA) is an antibiotic against tuberculosis and has four known anhydrous polymorphic forms. ¹⁷ The unit cell parameters determined at temperatures of 90–100 K are shown in Table 1. The \( \delta \) form is the stable form below 298 K, according to studies in solution, ¹⁸ the \( \alpha \) form between 298 and 418 K, the \( \gamma \) form above 418 K, and the \( \beta \) form is probably a metastable form at all

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According to Castro et al., the solid-state calorimetry (DSC) measurements, the energy-temperature phase diagram (Figure 2) of pyrazinamide displays the stability of its different polymorphic forms. In particular, the α form is the only non-centrosymmetric variety and consists of head-to-tail chains, but it has a spatial arrangement similar to the β form. Therefore, the transformation from the γ form to the other polymorphic forms and vice versa will entail a large reorganization of the molecules. The crystal habits of the polymorphic forms can be used to distinguish them using microscopy. The α form typically crystallizes in elongated blocks with a high aspect ratio or needles, while the β and γ forms in elongated blocks, and the δ form in plates.

DMU (Figure 1b) has two known polymorphic forms, which are enantiomorphically related; form I is stable at high temperatures and form II at low temperatures. The thermodynamic transition temperature lies around 298 K in the presence of water, even though it is observed in the DSC at 324 K, and at low relative humidity (RH) it increases to 331 K. DMU is commercialized in form I. Form II of DMU transforms to form I at room temperature, but form II was not produced during these experiments. Furthermore, DMU is strongly hygroscopic, and it has a deliquescence point of 63.5% RH at 291 K.

As mentioned earlier, the influence of the addition of excipients on the phase transformation behavior of pyrazinamide has been studied by Baaklini et al. This study revealed that co-spray drying of PZA and 1,3-dimethylurea (DMU) results in a mixture of the γ form of PZA and form I of DMU, and this combination extends the lifetime of the high temperature form of PZA. Even after three years, the γ form of PZA remains unchanged when it is spray dried with DMU, while it transforms within 1 week without DMU. The minimal amount of DMU required in the starting mixture to increase the lifetime of γ-PZA is about 5 mass %, as was determined by Baaklini et al. Powder X-ray diffraction (PXRD) showed no sign of the formation of a cocrystal, whereas the binary phase diagram and Tammann plot of γ-PZA and DMU-I revealed no indication of a partial solid solution, at the extremes of the phase diagram. The binary phase diagram and Tammann plot of γ-PZA with DMU-I are also included as Supporting Information for this work. Moreover, there was no shift in the PXRD patterns at high θ values, which also reduces the possibility of a solid solution. Furthermore, Raman mapping showed a homogeneous distribution of particles of about 10 μm in size.

The aim of this work is to understand the nature of the phase transition mechanism of γ-PZA to the low temperature forms. The influence of DMU on the kinetics of this process is investigated for varying conditions of relative humidity and crystallinity. Spray drying and milling, which are typical techniques used for the production of pharmaceuticals, are used to generate crystallites of PZA that are small enough to transform on a reasonable time-scale, so that the phase transition process can be monitored.

### 2. EXPERIMENTAL SECTION

#### 2.1. Materials

Pyrazinamide (≥97.5%) was purchased from Acros Organics and Sigma-Aldrich, and 1,3-dimethylurea (DMU) (≥95%) was purchased from Alfa Aesar, and used without further purification. DMU was stored under low relative humidity conditions, to avoid water uptake. Single crystals of the room temperature forms of PZA were grown by solvent evaporation. The δ form (block-shape) was grown from a 7 mg/mL PZA in acetone solution at 277 K, and the α form (plate) was grown from a 20 mg/mL PZA in dimethylacetamide (DMAc) at 298 K.

#### 2.2. Methods

X-ray powder diffraction (PXRD) was carried out using a PANalytical X’Pert Pro MPD instrument with θ-2θ scans in step-scan mode using Cu Kα radiation. The PXRD patterns of PZA and DMU-I were collected with a step size of 0.02° and a step time of 0.2 s.

#### 2.3. Data Analysis

The PXRD patterns were analyzed using the Knowlton algorithm in the PowderCell software. The PXRD patterns of the reaction mixture were compared with those of the single crystalline materials in order to determine the relative amounts of each polymorph. The relative amounts of the different polymorphs in the reaction mixture were calculated using the Scherrer equation, which relates the peak width at half maximum intensity to the crystallite size and the average crystallite size was determined using the breadth of the 111 peak.

#### 2.4. Thermogravimetric Analysis (TGA)

Thermogravimetric analysis (TGA) was performed using a TA Instruments Q500 instrument. The samples were heated at a rate of 10 °C/min under static air from 30 °C to 1000 °C.

#### 2.5. Differential Scanning Calorimetry (DSC)

Differential scanning calorimetry (DSC) was performed using a TA Instruments Q2000 instrument. The samples were heated at a rate of 10 °C/min from 30 °C to 400 °C under static nitrogen.

### Table 1. Spacegroup and Unit Cell Parameters for the Four Polymorphic Forms of Pyrazinamide

<table>
<thead>
<tr>
<th>Polymorph</th>
<th>Form δ</th>
<th>Form α</th>
<th>Form β</th>
<th>Form γ</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSD Code</td>
<td>Refcode</td>
<td>Refcode</td>
<td>Refcode</td>
<td>Refcode</td>
</tr>
<tr>
<td></td>
<td>P2(1)</td>
<td>P21/n</td>
<td>P21/c</td>
<td>Pbc</td>
</tr>
<tr>
<td>a (Å)</td>
<td>5.119</td>
<td>3.617</td>
<td>14.340</td>
<td>7.176</td>
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<tr>
<td>b (Å)</td>
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<td>6.741</td>
<td>3.621</td>
<td>3.651</td>
</tr>
<tr>
<td>c (Å)</td>
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<td>22.463</td>
<td>10.613</td>
<td>10.663</td>
</tr>
<tr>
<td>α (°)</td>
<td>106.47</td>
<td>92.39</td>
<td>101.04</td>
<td>106.34</td>
</tr>
<tr>
<td>β (°)</td>
<td>106.47</td>
<td>92.39</td>
<td>101.04</td>
<td>106.34</td>
</tr>
<tr>
<td>γ (°)</td>
<td>134.4</td>
<td>136.8</td>
<td>135.2</td>
<td>134.0</td>
</tr>
<tr>
<td>V (Å³)</td>
<td>268.8</td>
<td>547.3</td>
<td>540.9</td>
<td>268.1</td>
</tr>
<tr>
<td>V per molecule (Å³)</td>
<td>134.4</td>
<td>136.8</td>
<td>135.2</td>
<td>134.0</td>
</tr>
<tr>
<td>Z/2</td>
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<td>4/1</td>
<td>4/1</td>
<td>2/1</td>
</tr>
<tr>
<td>R-factor (%)</td>
<td>3.72</td>
<td>1.6</td>
<td>1.53</td>
<td>3.92</td>
</tr>
</tbody>
</table>

The typical morphologies of the four polymorphic forms grown from solution or sublimation are shown in ref 17. In contrast, the γ form is the only non-centrosymmetric variety and consists of head-to-tail chains, but it has a spatial arrangement similar to the β form. Therefore, the transformation from the γ form to the other polymorphic forms and vice versa will entail a large reorganization of the molecules. The crystal habits of the polymorphic forms can be used to distinguish them using microscopy. The α form typically crystallizes in elongated blocks with a high aspect ratio or needles, while the β and γ forms in elongated blocks, and the δ form in plates.

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form (needle-shape) was grown from a 11 mg/mL PZA aqueous solution at 277 K, or a 13 mg/mL PZA aqueous solution at 293 K. The polymorphic form was checked using PXRD.

2.2. Spray Drying. Spray drying experiments were performed using a Büchi B-290 laboratory-scale mini spray dryer, with a 0.7 mm diameter nozzle, operating in cocurrent mode. Several batches of PZA were spray dried using different amounts of solvent. Typically, a total mass of 1 g, consisting of only PZA or PZA and DMU in various compositions, was dissolved in a 50/50 v% mixture of H₂O and acetone, with a total volume of 160 mL. The cospray-dried samples are indicated by their composition in mass; PZA-DMU 50–50, PZA-DMU 70–30, and PZA-DMU 90–10, with a 50, 30, and 10 mass % DMU content, respectively. Several samples of each composition were produced. DMU was also spray dried separately from a 50/50 v% mixture of H₂O and acetone with a total volume of 40 mL. All samples were spray dried at 373 K inlet temperature, with the N₂ flow meter set at 40 mm, the aspirator at 100%, and the pump at 20%. Directly after spray drying, the polymorphic composition of each sample was analyzed using PXRD.

2.3. Lifetime and Storage. The polymorphic content of several physical mixtures of (co)spray-dried PZA with and without DMU were monitored over time using PXRD. The cospray-dried samples had a 50–50 mass ratio of PZA/DMU. These samples were stored in desiccators at different controlled relative humidities (RH). The following salt solutions were used at 293 K to obtain a specific constant RH: P₂O₅ (0.5% RH) under vacuum conditions, NaCl (75.5% RH), and K₂SO₄ (97.6% RH). Some samples were stored under ambient RH conditions, but at various temperatures ranging from 277 to 323 K.

2.4. Sublimation Growth. Sublimation growth of γ-PZA was carried out in a home-built cylindrical chamber at atmospheric pressure. The temperature of the heating chamber was 443 K, while the cold finger on which single crystals were formed was at 423 K. The temperatures were controlled using a Digital Controller RKI instrument H/900, connected to two Rüssler Type K thermocouples probing the temperature in the heating chamber and cold finger, respectively. Two Delta Elektronika SM 7020-D power supplies were used to amplify the signal from the temperature controller for the heating elements. Typically, 25 mg of α-PZA powder was sublimed, and single crystals were grown in about 2.5 h.

2.5. Ball Milling. Ball milling experiments were conducted on a Retsch Mixer Mill 400, operating at 30 Hz for 5 times 2 min. Typically, samples consisted of about 40 mg of γ-PZA single crystals obtained by sublimation growth, with (four samples) or without (four samples) 5 mg of DMU (~10 mass %) in a 2.0 mL Eppendorf round-bottom tube. In between the five consecutive ball milling runs, each sample was taken out of the apparatus and shaken manually, to ensure homogeneous mixing. Four samples were prepared by separate ball milling of PZA and DMU, and subsequent mixing in a 90–10 mass ratio, equal to the coball-milled samples.

2.6. Powder X-ray Diffraction. PXRD measurements were performed on a Bruker D8 AXS Advance X-ray diffractometer using Cu Kα radiation. The diffraction patterns were collected in the angular range 3–30° by steps of 0.04° and with a counting time of 0.3 s per step for spray-dried samples, and steps of 0.17° with a counting time of 1 s per step for ball-milled samples. The characteristic powder diffraction peaks are expressed in 2θ.

2.7. Thermal Stage Polarization Microscopy. PZA single crystals were studied under a nitrogen atmosphere in a Linkam LTS420 thermal stage. The thermal stage was coupled to a Nikon Eclipse LV100 polarization microscope, and the microscope images were recorded with a digital camera. The temperature range varied from 293 to 443 K, using heating rates between 5 and 20 K/min.

2.8. Scanning Electron Microscopy. Scanning electron microscopy (SEM) images of spray-dried PZA samples were obtained with a JEOL JCM-5000 NeoScope instrument (secondary scattering electron) at an accelerated voltage of 10 kV. Powder samples were fixed on a SEM stub with carbon adhesive discs and coated with gold using a NeoCoater MP-1902ONCTR sputter coater. SEM images of ball-milled PZA samples were obtained with a Phenom 800-03103-02 instrument, and the samples were coated with gold using a Cressington 108 auto Sputter Coater.

3. RESULTS AND DISCUSSION

3.1. Mechanism of Phase Transition. In order to understand the mechanism of the phase transition from the high temperature form γ-PZA to the low temperature forms, we first studied the phase transition in the reverse direction during heating. Single crystals of δ-PZA and α-PZA were grown from different solvents, acetone and water respectively, and have been monitored as a function of temperature using thermal stage polarization microscopy at various heating rates. Heating with 10 K/min (Figure 3) shows that the δ → γ phase transition at 407 K follows a defect-mediated nucleation-and-growth mechanism, since the nucleation of the new phase occurs at visible defect sites. Moreover, the new phase spreads quite uniformly in all directions, thereby showing no orientational relationship between the two polymorphic forms. Furthermore, the spread is relatively slow, indicating that the energy barrier for propagation is relatively high for this transition, and the crystal completely loses its polarization color in this plane, due to deterioration of the crystal quality. During the final stage of the transition, around 423 K, the crystal starts to evaporate due to the high vapor pressure at this temperature. The same holds for the α → γ phase transition; only the observed transition temperature is higher.

The observed transition temperature increases with increasing heating rate, indicating kinetic hindrance of the solid-state phase transition, as was also observed by Castro et al.17 These thermal measurements show that the δ → γ and α → γ transitions are reconstructive, which implies that the reverse γ → δ/α transitions are probably reconstructive as well. This is not surprising, since the phase transition toward or from the γ form requires a large reorganization of the molecules, due to the absence of head-to-head dimers in the γ form.

The morphology and phase transition mechanism of spray-dried samples of PZA was studied using SEM, as is shown in Figure 4. Directly after spray drying, a γ-PZA powder sample (Figure 4a) consists of small elongated block-shaped crystallites with a length of <10 µm. After storage for 5 days at ambient conditions, the powder had partially transformed to the α form, as was determined using PXRD. The SEM image (Figure 4b) shows a mixture of a few large faceted elongated blocks of 20–50 µm in length and clusters of small crystallites of <10 µm. Other spray-dried PZA powders, that were stored for longer periods and measured after storage, showed various morphologies ranging from elongated blocks of 100 µm in length for α-PZA (Figure 4c) to thin plates of about 20 µm in size for δ-PZA (Figure 4d).

It appears from these images that in general the final crystal phase has larger crystals than the spray-dried γ-PZA. This is
remarkable, since in most solid-state phase transitions the mother crystal breaks down into smaller daughter crystals or remains more or less intact. If the daughter crystals are indeed larger, this is probably the result of a recrystallization process via the vapor phase. Pyrazinamide has a relatively high vapor pressure at elevated temperatures and can therefore be recrystallized to the high temperature $\gamma$ polymorph by sublimation growth. Apparently, the vapor pressure of PZA is also sufficiently high at room temperature for a vapor-mediated phase transition mechanism. Most vapor-mediated phase transitions described in the literature entail transformations from an anhydrate to a hydrate or solvate form through the aid of solvent vapor. In case the solvent vapor does not cause but merely catalyzes the transformation, the term solvent-catalyzed transformation is used. This involves a direct solid–solid transformation accelerated by the catalytic effect of solvent in the liquid or vapor state. To the best of our knowledge, few studies have been done on vapor-mediated phase transitions in which the compound itself evaporates and recrystallizes to another polymorphic form within a reasonable time span.

3.2. Effect of Relative Humidity. As mentioned before, the phase transition kinetics of $\gamma$-PZA to the other low temperature polymorphs is delayed by the addition of DMU. A possible mechanism of stabilization is the attraction of water by DMU, if water plays a role in the phase transition of $\gamma$-PZA. Since DMU shows deliquescence above 63.5% RH, the effect of DMU is expected to be influenced by the relative humidity, due to the strong affinity between DMU and water. Therefore, we investigated the influence of relative humidity on the stability of spray-dried pure $\gamma$-PZA and $\gamma$-PZA with DMU-I in further detail.

3.2.1. $\gamma$-PZA. The transition rate of $\gamma$-PZA to the other low temperature polymorphs was monitored as a function of RH and temperature using ex situ PXRD. First, the lifetime of $\gamma$-PZA—without DMU—after spray drying was measured using PXRD after storage at various RH values. Figure 5 shows that directly after spray drying, PZA crystallizes only in the $\gamma$ form. After storage for 7 days at a specific RH ranging from 0.5 to 97.6%, PZA partially transforms to the $\delta$ form. The transformation rate to the $\delta$ form increases with higher RH, as can be clearly observed from the difference in intensity of the typical $\delta$-PZA peak at 27.8°. In general, the obtained PZA

![Figure 4. SEM images of a spray-dried PZA sample (a) directly after spray drying ($\gamma$ form), (b) after 5 days of storage under ambient conditions ($\gamma$ and $\alpha$ forms); other spray-dried PZA samples stored for (c) 23 days ($\alpha$ form), and (d) 49 days ($\delta$ form). Note the larger magnification in (a).](image)

![Figure 5. PXRD patterns of PZA after spray drying (day 0) and after storage for 7 days at various relative humidities. After storage, $\gamma$-PZA transforms to the $\delta$ form in this case.](image)
polymorphic form after transition of the various samples investigated varies and is not clearly related to the RH; the δ, β, and α forms have all been observed and often in a mixture. Since pure PZA showed no significant mass gain as a function of RH in dynamic vapor sorption (DVS) experiments, it is unlikely that the phase transition mechanism is solvent-mediated, which would involve deliquescence and subsequent recrystallization of another polymorphic form. However, the polymorphic transformation rate could be slightly enhanced by water vapor through a solvent vapor-catalyzed transformation, which entails that a monolayer of water molecules from the vapor is adsorbed and increases the mobility at the surface. In conclusion, even at the lowest RH values the phase transition to a low temperature form starts already within a week.

3.2.2. γ-PZA and DMU-I. In order to further study the effect of DMU on the lifetime of γ-PZA, PZA was also cospray dried with DMU in a 50:50 mass-ratio (PZA-DMU 50−50) and stored under various RH conditions. The lifetime-extending effect of DMU is expected to disappear above its deliquescence point. As is shown in Figure 6, PZA crystallizes in the γ form with DMU in a 50:50 mass-ratio (PZA-DMU 50−50) stored under various RH conditions. The lifetime-extending point of γ-PZA is higher relative humidity, as can be seen from the dihedral intensity of the typical γ-PZA peak at 7.8, 13.6, 15.2, and 15.6°. Above the deliquescence point of DMU, the transformation rate of γ-PZA with DMU is higher than without DMU. These PZA-DMU samples were clearly more wet due to water uptake by DMU than the pure PZA samples, probably leading to a solvent-mediated phase transition. Storage under ambient conditions or at low relative humidity did not induce a transition of γ-PZA-DMU, during a storage period of two months. Another PZA-DMU sample described earlier by some of the authors16 was stored for more than three years under ambient conditions in a closed transparent vial without transforming.

From this we confirm that DMU extends the lifetime of the high temperature γ form of PZA for cospray-dried samples. At a high RH, the polymorphic transformation of γ-PZA is not inhibited due to the hygroscopic character of DMU, which quickly becomes deliquescent under these conditions. DMU acts as a polymorphic transition retardant of γ-PZA, but only in the solid state and below 75% RH at RT.

3.3. Interaction between γ-PZA and DMU-I. To further look into the nature of the interaction between γ-PZA and DMU-I we will distinguish between three cases: cospray-dried samples where DMU and PZA were mixed during spray drying, i.e., during the nucleation-and-growth phase, and two cases of sublimation-grown γ-PZA for which the relatively large crystals are ball milled to reduce the crystal size to sizes more comparable to the spray-dried samples. In one case of ball milling, γ-PZA and DMU-I are ball milled together, which is a highly energetic event. In the other case, γ-PZA and DMU-I are ball milled separately and then physically mixed, which allows for less interaction between PZA and DMU. Therefore, the amount of interaction between γ-PZA and DMU-I decreases from spray-dried to coball-milled to physically mixed.

The spray-dried PZA-DMU samples with different compositions were measured using SEM after storage for several weeks under ambient conditions. They showed that the morphology appears to change with composition, from faceted elongated blocks or plates for PZA-DMU 90−10 (Figure 7a) to a mixture of small (DMU) and large (γ-PZA) crystals for PZA-DMU 70−30 (Figure 7b) to irregularly shaped crystals for PZA-DMU 50−50 (Figure 7c). All samples were confirmed with PXRD to consist of only γ-PZA and DMU-I. There was no notable difference in the SEM images between samples measured directly after spray drying and after storage for several weeks. No large PZA crystals of low temperature forms appear in the presence of DMU. We believe the phase transition inhibition by DMU is caused either by inhibiting the nucleation of low temperature polymorphic forms of PZA, or by inhibiting the evaporation of γ-PZA. To exclude the possible influence of growing crystals from a solution of both compounds, which is the case for spray drying, γ-PZA and DMU-I were separately crystallized and subsequently ball milled, either together or independently.

Sublimation growth of PZA typically yielded single crystals of γ-PZA of typically 300−500 μm in size. Several single crystals

![Figure 6](image-url) PXRD patterns of PZA-DMU after spray drying (day 0) and after storage for 5−7 days under different RH. During storage at ambient conditions or low relative humidity, no phase transition is observed.

![Figure 7](image-url) SEM images of three spray-dried PZA-DMU samples stored for the period of time in between brackets with the following compositions: (a) 90−10 (15 days), (b) 70−30 (9 days), (c) 50−50 (42 days).
produced using a home-built sublimation setup were measured after 15 months of storage under ambient conditions using SCXRD. Unit cell determinations at room temperature showed these crystals were still the $\gamma$ form of PZA, implying that single crystals grown by sublimation have a much longer lifetime of the $\gamma$ form than spray-dried powders, due to the crystallite size and lack of defects. After sublimation growth, the single crystals were ground to smaller crystallites using manual grinding or ball milling to speed up the transformation to the low temperature forms of PZA. However, reducing the size of pure $\gamma$-PZA crystals to 50–300 $\mu$m by means of manual grinding does not accelerate the phase transition to the low temperature polymorphs sufficiently, since no transformation was observed within three months. Therefore, the effect of DMU on inhibiting the already slow phase transition of PZA was not investigated for these crystals.

High-energy ball milling can induce the $\gamma \rightarrow \alpha$ phase transition of PZA, as was shown by Cherukuvada et al.\textsuperscript{18} We optimized our ball milling procedure to achieve a phase transition within a few days after the ball milling. The procedure entailed five times 2 min of milling at 30 Hz with 1 min breaks in between, during which the samples were shaken manually for homogeneity. This procedure resulted in $\gamma$-PZA crystallites with a size of approximately 50 nm, as was determined from PXRD powder patterns using Rietveld refinement, which start to transform to $\alpha$-PZA within 2 days. Directly after ball milling, PXRD indicates a significant amount of amorphous material, see Figure 8. The $\gamma \rightarrow \alpha$ transformation was almost complete after 5 days. The powder patterns of PZA directly after ball-milling compared to the pattern after 5 days, shown in Figure 8, reveal that the peaks become narrower and the background is lower. This indicates the crystallite size increases to 10 $\mu$m and the crystals become less amorphous. This is visualized in the SEM images in Figure 9a directly after ball milling, where many small crystallites are clustered together in a large particle, and Figure 9b after 4 days, where well-faceted crystallites of $\alpha$-PZA are formed. The shape and relatively large size of the new crystals indicate a relatively slow and controlled recrystallization process took place, similar to spray-dried PZA. Thus again a vapor-mediated phase transition appears the most likely mechanism, and the results of the ball-milled samples and the spray-dried samples can be directly compared. Amorphous material has a higher vapor pressure than the corresponding crystallized material. This, combined with the relatively small size and high defect density of the high-energy ball-milled samples, will lead to an increase in the transition rate for the vapor-mediated mechanism, and possibly also solid–solid phase transitions for the defected crystallites.

To study the effect of DMU for the ball-milled samples, either before or after ball milling 10 mass % of DMU was added to some samples, to see whether the interaction during the coball-milling is essential for the lifetime-extending effect or that only physical mixing of separately ball-milled PZA and DMU is enough. Co-ball milling of PZA and DMU resulted in a lifetime of $\gamma$-PZA of 1–2 months, but after that the samples transformed to $\alpha$ and/or $\delta$-PZA. Separate ball milling and subsequent physical mixing by manual shaking resulted only in temporary lifetime extension of several days to 2 weeks. Thus, ball-milling with DMU is much less effective in extending the lifetime of the high temperature form of PZA than cospray drying with DMU. Moreover, DMU influences the morphology of PZA in spray drying experiments; more DMU results in smaller, less well-faceted crystallites, as was shown in Figure 7. Therefore, we conclude that there is a surface interaction between PZA and DMU that hampers the growth of $\gamma$-PZA during spray drying and also slows down the kinetics of the $\gamma$-PZA phase transition to the low temperature forms. This interaction is decreasingly effective for delaying the phase transition in cospray drying, coball milling, and separate ball milling. This surface interaction probably reduces the vapor pressure of $\gamma$-PZA such that the vapor-mediated phase transition is delayed or even inhibited. Another possibility is inhibition of the nucleation of the other polymorphic forms, by blocking the formation of PZA dimers, which are the building blocks of those three forms of PZA. In order to determine the nature of the lifetime-extending effect, the interaction between PZA and DMU should be studied on a molecular scale, e.g., using computational modeling and surface techniques.

4. CONCLUSION

The pharmaceutical compound pyrazinamide (PZA) has high energy barriers for the solid-state phase transitions between the high temperature $\gamma$ form and the three low temperature polymorphic forms, and vice versa. This is due to the difference between the orientation of one out of two neighboring molecules in head-to-tail chains vs head-to-head dimers, respectively. Therefore, the phase transition is kinetically hindered in both directions. This work shows that the vapor pressure of the high temperature $\gamma$ polymorph of PZA is high
enough for a vapor-mediated phase transition mechanism to be dominant at room temperature for the $\gamma \rightarrow \alpha/\beta/\delta$ transition in spray-dried and ball-milled samples with a large surface area. For the reverse $\alpha/\beta/\delta \rightarrow \gamma$ phase transformation, which occurs at relatively high temperatures, a nucleation-and-growth solid–solid phase transition mechanism is dominant. This mechanism is orders of magnitude faster than the vapor-mediated mechanism. Possibly, the vapor pressure of the $\gamma$-form is higher than that of the other forms, due to the lack of dimers in the crystal structure of $\gamma$-PZA. The lifetime of the high temperature $\gamma$-form of PZA can be greatly extended up to several years at room temperature by the addition of DMU during spray drying. Co-spray drying of PZA with DMU is more effective in extending the lifetime of $\gamma$-PZA than (co)ball milling, probably due to a better mixing of the two compounds. For relative humidity values above the deliquescence point of DMU, its lifetime-extending effect on $\gamma$-PZA disappears. The inhibiting effect of DMU seems very specific, and all the other urea derivatives tested so far do not have this property. Although it is not possible at this stage of the study to rule out that there might be some minor degree of incorporation of DMU, we believe that the surface interaction between PZA and DMU slows down the kinetics of the vapor-mediated $\gamma$-PZA phase transition, most likely by preventing the evaporation of $\gamma$-PZA. Alternatively, DMU might prevent the nucleation of the low temperature forms of PZA.

**ASSOCIATED CONTENT**

**Supporting Information**
The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.cgd.7b01550.

Schematic metastable binary phase diagram of $\gamma$-PZA and DMU-I (Figure 1) (PDF)

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**Notes**
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