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Monocyte Subsets Are Differentially Lost from the Circulation during Acute Inflammation Induced by Human Experimental Endotoxemia

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Abstract
Three human monocyte subsets are recognized with different functions in the immune system: CD14++/CD16– classical monocytes (CM), CD14++/CD16+ intermediate monocytes (IM) and CD14+/CD16++ non-classical monocytes (NCM). Increased IM and NCM percentages have been reported under inflammatory conditions, yet little is known about monocyte subsets at the onset of inflammation. The human endotoxemia model is uniquely capable of studying the first phases of acute inflammation induced by intravenous injection of 2 ng/kg bodyweight lipopolysaccharide (LPS) into healthy volunteers. After that, monocyte subset counts, activation/differentiation status and chemokine levels were studied over 24 h. The numbers of all subsets were decreased by >95% after LPS injection. CM numbers recovered first (3–6 h), followed by IM (6–8 h) and NCM numbers (8–24 h). Similarly, increased monocyte counts were observed first in CM (8 h), followed by IM and NCM (24 h). Monocytes did not display a clear activated phenotype (minor increase in CD11b and CD38 expression). Plasma levels of CCL2, CCL4 and CX3CL1 closely resembled the cell numbers of CM, IM and NCM, respectively. Our study provides critical insights into the earliest stages of acute inflammation and emphasizes the necessity to stain for different monocyte subsets when studying the role of monocytes in disease, as neither function nor kinetics of the subsets overlap.

Introduction
Monocytes perform several roles in acute inflammation: they are capable of antigen presentation and phagocytosis of pathogens and can produce large amounts of pro- and anti-inflammatory cytokines [1]. At least 3 monocyte subsets have been identified: CD14++/CD16– classical monocytes (CM), CD14++/CD16+ intermediate monocytes (IM) and CD14+/CD16++ non-classical monocytes (NCM) [2]. The subsets have different functionality, with CM displaying superior phagocytic capacity, IM displaying superior cytokine production and NCM displaying patrolling behaviour on blood vessel walls [3]. The 3 subsets display differential expression of chemokine receptors [4], with CM expressing high levels of chemokine
C-C motif receptor 2 (CCR2), IM expressing high levels of CCR5 and NCM expressing high levels of chemokine C-X3-C motif receptor 1 (CX3CR1). Thus, they respond differently to the ligands of these receptors, being chemokine C-C motif ligand 2 (CCL2; also known as MCP1), CCL3/CCL4 (also known as MIP-1α/β) and chemokine C-X3-C motif ligand 1 (CX3CL1; also known as fractalkine), respectively [5].

Under homeostatic conditions, most monocytes in the peripheral blood belong to the CM subset, followed by NCM and with IM being the subset with the lowest frequency. During inflammatory conditions, such as sepsis [6, 7], bacterial [8] or viral [9–11] infections and a wide range of inflammatory diseases (reviewed by [1]), the frequency of IM or both IM and NCM is increased. However, as patients with inflammation cannot be identified before displaying clinical symptoms, little is known about the monocyte subsets during the earliest stages of inflammation.

The human endotoxia model allows studying of the mechanisms operational in vivo at the initiation of acute inflammation. In this model, healthy volunteers are injected with a low dose of 2 ng/kg bodyweight lipopolysaccharide (LPS), leading to a rapid induction of systemic inflammatory symptoms [12]. Using this model, we have previously shown that large numbers of monocytes are transiently lost from the circulation after LPS injection [13]. In addition, the number of all 3 subsets has been shown to be reduced 2 h after LPS injection, whereas the number of IM was increased 24 h after LPS injection [14]. However, a more detailed analysis is required to reveal differences in kinetics of the 3 monocyte subsets and their associated chemokines early in inflammation.

Therefore, we determined (1) the kinetics of the 3 human monocyte subsets after LPS injection, (2) subset-specific chemokine plasma concentrations and (3) differences in monocyte activation by single- and multidimensional flow cytometry.

Materials and Methods

Subjects and Ethics

Samples were obtained from healthy volunteers participating in a human endotoxia trial (ClinicalTrials.gov identifier NCT02629874) as published previously [13]. The study was approved by the ethics review board of the Radboud University Medical Center in Nijmegen, The Netherlands. It was in compliance with the Declaration of Helsinki (adapted by the World Medical Association General Assembly, Fortaleza, Brazil, 2013), the Dutch rulings on Medical Research Involving Human Subjects Act (WMO) and ICH Good Clinical Practice Guidelines. Written informed consent was obtained from all study participants. Male subjects 19–24 years of age were healthy as determined by physical examination, electrocardiography and haematological laboratory values. Subjects with febrile illness in the 2 weeks before the study and subjects taking prescription drugs were excluded from the study. Subjects were asked to refrain from caffeine and alcohol use in the 24 h prior to the experiment and refrain from food intake 12 h prior to the experiment.

Experimental Endotoxia Model

LPS challenge was performed as published previously [15]. In short, subjects were admitted to the research medical care unit of the Radboud Medical Center in the Netherlands. From t = −1 h to t = 0, subjects were infused with hydration fluid (2.5% glucose/0.45% saline at a continuous rate of 1.5 L/h) through a cannula placed in an antecubital vein. At t = 0, a single dose of 2 ng/kg bodyweight LPS (US standard reference Escherichia coli O113, NIH Pharmaceutical Development Section, Bethesda, MD, USA) was administered. After LPS injection, subjects were infused with hydration fluid at a constant rate of 150 mL/h. Heart rate and blood pressure were constantly monitored from t = −1 h until discharge at t = 8 h, as well as the course of LPS-induced symptoms [16].

Sample Preparation

Blood from 6 subjects was collected in sodium heparin tubes 5 min before LPS injection and at 1.5, 3, 4, 6 and 24 h after LPS injection and from 5 additional subjects at −5, 15, 30, 60 and 90 min after LPS injection (Fig. 1). Absolute differential counts were determined using a Cell-DYN Emerald Hematology Analyzer (Abbott Diagnostics, Abbott Park, IL, USA). Erythrocytes were lysed in ice-cold isotonic erythrocyte lysis buffer (150 mM NH4Cl, 10 mM KHCO3 and 0.1 mM Na2EDTA), after which resulting leukocyte preparations were washed and resuspended in FACS staining buffer (PBS supplemented with 0.32% trisodium citrate and 10% human pasteurized plasma solution, both from Sanquin, Amsterdam, The Netherlands) at a concentration of 1 × 10^6 cells/μL. Antibodies used were anti-CD64-Pacific Blue, CD3-Brilliant Violet (BV) 510, CD19-BV510, CD56-BV510, CD86-BV605, CD62L-BV650, CD16-BV675, CX3CR1-FTTC, CD303-PerCP-Cy5.5, CD1c-APC-Cy7 (all from BioLegend, San Diego, CA, USA), CD80-V450, human leukocyte antigen – antigen D related (HLA-DR)-BV605, CD163-Alex647, CD69-PC7 (BD Biosciences, San José, CA, USA), CCR2-PE (R&D Systems, Minneapolis, MN, USA), CD38-PC7 (Thermo Fisher Scientific, Waltham, MA, USA), and CD14-ECD (Beckman Coulter, Pasadena, CA, USA). After staining, samples were washed in FACS staining buffer and fixed for 20 min in a 1% formaldehyde solution in PBS. Samples were analysed using a BD LSRFortessa flow cytometer (BD Biosciences).

Flow Cytometric Analysis

Monocytes were identified by the following gating strategy: cells were gated on forward scatter (FSC)^high/sideoward scatter (SSC)^low. Next, T cells, B cells and NK cells were excluded based on CD3, CD19 and CD56 expression. Monocyte subsets were identified as CD14+/CD16− (CM), CD14+/CD16− (IM) and CD14+/CD16− (NCM) (Fig. 2c). Absolute monocyte subset numbers were calculated using the absolute granulocyte counts as determined on a Cell-DYN Emerald Hematology Analyzer and the ratio of SSC^high/CD16^- neutrophil numbers compared to monocyte subset numbers. On average, more than 3 × 10⁵ events were analyzed.
Fig. 1. Study outline and differential counts after lipopolysaccharide (LPS) injection. Study design (a) shows the moment of blood withdrawal after injection of LPS. White symbols indicate blood withdrawal only for analysis of cell counts; grey symbols indicate blood withdrawal for full flow cytometric analysis. Whole white blood cell (WBC) counts (b) and granulocyte counts are increased at 3–8 h after LPS injection, whereas lymphocyte numbers remain similar throughout the experiment. Total monocyte counts (c) are decreased at 1–1.5 h after LPS injection, and cell count increases at 6–8 h after LPS injection. Monocyte subset percentages (d) show that classical monocytes (CM) comprise 80–90% of all monocytes during most of the experiment. CM counts (e) follow those of total monocytes. Intermediate monocyte (IM) and non-classical monocyte (NCM) numbers are decreased 1–8 h after LPS injection with a trend towards higher IM counts and percentage at 24 h after LPS injection. *, **, *** and **** indicate $p < 0.05$, $p < 0.01$, $p < 0.001$ and $p < 0.0001$ compared to $t = 0$, respectively. Data indicate medians ± interquartile ranges. $n = 11$ for $t = 0$ and $t = 1.5$ h; $n = 5$ for $t = 0.25–1$ h; $n = 6$ for $t = 3–24$ h.
Monocyte Kinetics in Experimental Endotoxemia

(For legend see next page.)
recorded in the monocyte gate. Samples with very low monocyte counts (1 volunteer at \( t = 90 \) min, 1 at \( t = 180 \) min and 1 at \( t = 360 \) min) were compared to other samples at the same time point but did not show aberrant median fluorescence intensities (MFIs).

Multidimensional single-cell analysis was performed by principal component analysis (PCA) on log-normalized MFIs of CD3/CD19/CD56-negative cells in the monocyte FSC/SSC gate as described by Jansen et al. [17] with a few modifications. In short, single-cell fluorescence intensities were extracted from fcs files using FCS Express V5 (De Novo Software, Glendale, CA, USA). For each volunteer, data from all time points were combined and log normalized. Subsequently, PCA was performed using the \textit{prcomp} function of R version 3.1.1, with results centred at 0 and variables scaled to have unit variance. This results in a so-called object score for each cell in each of the 2 PCs, which were plotted using the \textit{smoothScatter} function. Since for each cell the computed object scores, the original MFIs and the time point are known, traditional gating on CD14/16 (Fig. 2d) could be used to determine where cells from a certain cell type end up in the PCA (Fig. 2e). Plotting each time point separately allowed for visualization of the monocyte expression patterns over time. Contributions of each surface marker and point separately allowed for visualization of the monocyte expression patterns over time. Contributions of each surface marker and correlations between surface marker expression patterns were visualized by plotting the loadings of each marker as arrows in the scatterplots. As loadings cannot exceed the value of 1, they were multiplied by 10 for easier visualization in the scatter plots.

**Plasma Chemokine Concentrations**

EDTA-anticoagulated blood was centrifuged immediately at 2,000 \( g \) for 15 min at 4°C, and plasma was stored at –80°C until analysis. CCL2, CCL3 and CCL4 plasma levels were determined using a Luminex assay according to the manufacturer’s instructions (MILLIPLEX; Merck MILLIPORE, Billerica, MA, USA). CX3CL1 plasma levels were determined by ELISA according to the manufacturer’s instructions (R&D Systems).

**Software and Statistics**

Flow cytometry data were analysed using FCS Express V5 and R version 3.1.2. Statistical analysis was performed using Prism 6.07 (GraphPad Software, La Jolla, CA, USA). Statistical significance of MFIs and HLA-DR percentages were assessed using repeated-measures 2-way ANOVA with Dunnett’s correction for multiplicity, and statistical significance of plasma cytokine levels was determined using Friedman’s test with Dunn’s correction for multiplicity. Statistical significance of cell numbers was assessed by multiple Mann-Whitney tests with Bonferroni correction for multiplicity as not all time points were measured in all volunteers, precluding the use of repeated-measures tests.

**Results**

**Monocyte Subset Numbers during Experimental Endotoxemia**

Volunteers injected with LPS showed clinical symptoms as described previously (data not shown) [13, 15]. In short, an increase in symptom scores (headache, nausea, and muscle/back ache) occurs at 1.5–2 h after LPS injection. At the same time, the body core temperature was elevated until 8 h after LPS injection. After objective symptoms had decreased at 2.5 h, the heart rate became elevated and the mean arterial pressure decreased, which lasted until at least 7–8 h after LPS injection. Cell numbers in the peripheral blood of most cell types and subsets are changed after LPS injection. Neutrophilia was observed within 3 h after injection, leading to an increase in total white blood cell counts (Fig. 1). Neutrophil and total white blood cell counts returned to normal values at 24 h after LPS injection.

Total blood monocyte counts were reduced at 1–1.5 h after LPS injection and showed a trend towards increased numbers at 6–8 h after LPS injection. The kinetics of CM after LPS injection reflected those of the total monocyte population with only 2% of CM remaining in circulation at 90 min after challenge. This similarity in kinetics was not surprising since 80–90% of all monocytes are CM under homeostatic conditions.

IM and NCM showed a different picture. For IM, 97–99% were lost from circulation between 1 and 1.5 h after LPS injection, and the first IM returned into the peripheral blood 6–8 h after LPS injection. IM numbers showed a marked increase 24 h after LPS injection compared to homeostatic numbers. NCM numbers also decreased 1–8 h after LPS injection. However, during the first 2 h, the decrease in NCM numbers was not as large as for the other 2 subsets, which was reflected by the finding that at 1.5 h after LPS injection 30–50% of all monocytes were NCM. At 24 h after LPS injection, NCM numbers had returned to normal levels.

**Fig. 2.** Multidimensional single-cell analysis. Principal component analysis (PCA) was performed on fluorescence intensities of forward scatter (FSC) \textsuperscript{high}/sideward scatter (SSC) \textsuperscript{low}-gated CD3/CD19/CD56\textsuperscript{neg} mononuclear cells. PCA was performed with (a) and without (b) taking CD14 and CD16 into account. Arrows indicate loadings, i.e., the arrow for CX3CR1 points to the right, indicating that this marker is highly expressed on cells with a high object score in PC1 (which, thus, are on the right side of the figure). The length of the arrow indicates how much its parameter contributes to the PCA. Percentages on the x and y axes indicate the percentage of variance in the dataset explained by each PC. To assess where each subset is localized in the PCA, cells were gated on a traditional CD14/CD16 plot (c) and plotted in the PCA without CD14/CD16 (d), showing a separation between classical monocytes (CM), intermediate monocytes (IM) and non-classical monocytes (NCM). When plotting individual time points in the PCA (e) without CD14/CD16, the loss of CM at \( t = 1.5 \) h and the loss of IM and NCM from 1.5/3–8 h after lipopolysaccharide injection can clearly be observed. Data are from 1 individual representative for a total of 6 donors. MFI, median fluorescence intensity.
Loss of Monocyte Subsets Is Independent of CD14 and CD16 Expression

NCM have been shown to lose CD16 expression after stimulation with LPS in vitro [18]. Therefore, we identified the 3 monocyte subsets without the use of the classical markers CD14 and CD16. This was done by using multidimensional single-cell analysis after the cells were stained with multiple markers that can identify monocyte subsets and monocyte activation status: CCR2, CX3CR1, CD38, HLA-DR, CD62L, CD163, CD64 and the DC markers CD1c and CD303. PCA reduces the number of dimensions in a dataset by finding correlations between marker expressions and replacing the markers by a smaller number of imaginary markers called PCs. In this case, it reduced the number of dimensions required for visualization from 11 or 9 (1 for each measured antibody) to 2 dimensions (PC1 and PC2). Resulting values for PCA1 and PCA2 (called object scores) were adequate to discriminate between the 3 subsets (Fig. 2a, b), either with or without the use of CD14 and CD16. Arrows indicate the loadings for each marker, meaning that when an arrow points right, such as CX3CR1, all cells on the right of the plot (positive value in PCA1) have a relatively high CX3CR1 expression, whereas cells on the left of the plot (negative value for PCA1) have a relatively low CX3CR1 expression. The length of the arrow indicates how important a marker is for the PCA and shows that dendritic cell markers CD1c and CD303 are least important for explaining differences in expression between monocytes, as would be expected. Plotting of CD14/CD16-gated CM, IM and NCM from t = 0 in the PCA space performed without CD14 and CD16 showed where the subsets end up in the PCA (Fig. 2d). The different cell populations matched the known expression profiles for each subset. For example, NCM have the highest CX3CR1 expression, IM have the highest HLA-DR expression and CM have the highest CD62L expression.

When plotting all time points separately, multidimensional analysis without the use of CD14 and CD16 showed similar kinetics to those in Figure 1 (Fig. 2e). Thus, multidimensional analysis demonstrated that the observed loss of IM and NCM at t = 3–8 h cannot be attributed to (LPS-induced) activation-induced loss of CD16 expression.

Of interest is that the multidimensional plots showed that the CM population present at t = 3–8 h after LPS injection was shifted to the left compared to t = 0. This suggests a change in expression for some of the markers, such as an increased expression of markers with a negative loading for PCA1 (i.e., the arrow pointing left, like CD62L, CD38 and CD64) or a decreased expression of markers with a positive loading for PCA1 (such as CX3CR1 and, to a lesser extent, HLA-DR).

Differential Monocyte Surface Marker Expression after LPS Injection

Since multidimensional analysis of monocyte subsets indicated changes in monocyte surface marker expression, expression levels of several activation and differentiation markers were compared over time for each subset (Fig. 3). This analysis showed reduced expression of chemokine receptor CX3CR1 on all subsets during the first 8 h after challenge. Adhesion molecules Mac-1 (CD11b) and L-selectin (CD62L) showed increased expression, the former on CM and IM and the latter on IM and NCM. Monocyte activation/differentiation markers showed either upregulation (CD11b on CM and IM), downregulation (CD86 on IM and NCM) or no significant changes (CD80). CD163 expression was increased at 24 h after LPS injection on all 3 subsets. HLA-DR expression and the percentage of HLA-DR-positive cells was decreased only on IM and NCM and not on CM.

Plasma Chemokine Concentrations

Plasma chemokine concentrations were determined at several time points after injection of LPS (Fig. 4). Chemokine levels in plasma were significantly increased from 1 h (CCL3 and CCL4) and 2 h (CCL2, CX3CL1) after LPS injection. CX3CL1 plasma levels were the highest of the 4 measured cytokines and increased more slowly than those of the other chemokines. CX3CL1 levels reached their highest levels at 6 h after LPS injection, a time point at which plasma CCL2 and CCL3 levels had already returned to normal levels. Plasma CCL4 levels also reached their maximum very rapidly but remained elevated until at least 6 h after LPS injection.

Discussion

Differential Loss of Monocyte Subsets from Circulation after Systemic LPS Challenge

The changes in monocyte subset counts are in agreement with those published previously on the whole monocyte population [13] and on the 3 subsets [14]. However, the larger number of measurements in our study allowed for a better overview of the loss of cells during the first hours after LPS injection and of the increased CM numbers 8 h after LPS injection. Furthermore, the multidimensional FACS analysis allowed us to demonstrate that
our findings are unlikely to be due to the loss of CD14 or CD16 expression, as was described in vitro [18].

Our measurements at the time point 24 h after LPS injection show similarities to those observed in disease, as recent studies described increased percentages of IM [6] or both IM and NCM [7, 8] in sepsis [6, 7], tuberculosis infection [8] and a large number of other infectious and inflammatory diseases (reviewed in [1]).

Increases in cell numbers might reflect the mobilization of margined cells or a compensatory release of cells...

Fig. 3. Surface marker expression patterns after lipopolysaccharide (LPS) injection. Surface marker expressions were determined on classical monocytes (CM), intermediate monocytes (IM) and non-classical monocytes (NCM) separately. For HLA-DR, the percentage of HLA-DR+ cells was examined as well. Data points are nudged ±0.2 days for better representation of error bars and indicate means ± SEM. * *, *** and **** indicate $p < 0.05$, $p < 0.01$, $p < 0.001$ and $p < 0.0001$ compared to $t = 0$, respectively. $n = 6$ per time point. MFI, median fluorescence intensity.
from the bone marrow, where large numbers of monocytes reside. This bone marrow monocyte pool is enriched by IM-like cells [19], which might explain a much larger fold increase in IM numbers than in CM numbers after LPS injection. Alternatively, the increase in cell numbers might reflect de novo production of monocytes in the bone marrow. A labelling study in simian macaques [20] has shown that, under homeostatic conditions, CM are the first cells to be released from bone marrow, followed by IM and lastly by NCM. In humans, CM are the first cells to repopulate the bloodstream after hematopoietic stem cell transplantation [21], making it likely that human monocytes follow a similar pattern. This would fit with our observations that CM numbers are elevated first, followed by IM. NCM numbers were not significantly elevated, which might be attributed to the longer NCM maturation time [20, 21]. However, if the increased cell numbers observed in our study were caused by de novo production, monocyte maturation would have to be rapidly increased, as monocyte maturation appears to take 2 days (CM), 4 days (IM) or 7 days (NCM) under homeostatic conditions [20].

In contrast to later time points, we observed a dramatic loss of monocytes from the circulation during the early phases of inflammation. This decrease in monocyte numbers might reflect an increase in monocytes residing in the marginated pool [22] or rolling on the vessel walls [23], a process described under inflammatory conditions [3, 24]. For NCM, the decreased numbers could also reflect a larger fraction of monocytes displaying patrolling behaviour as described during inflammation [3]. Alternatively, at least part of the monocytes might exit the blood-

Fig. 4. Plasma chemokine concentrations. Plasma CCL2 (a), CCL3 (b), CCL4 (c) and CX3CL1 (d) after lipopolysaccharide (LPS) injection. Data represent means ± 95% CI with n = 11. Dotted lines indicate detection limits; detection limits for CCL4 and CX3CL1 were below the x axis. *, ** and **** represent p < 0.05, p < 0.01 and p < 0.0001 compared to t = 0, respectively.
stream and differentiate into dendritic cells or macrophages as described for murine CM during homeostasis [25].

Diurnal rhythms should also be taken into account when comparing cell numbers at different time points, as circulating CM and IM numbers have been shown to vary by 20 and 40% during the day, respectively [26]. Our time point 0 (09:00 a.m.) is close to the diurnal minimum of both CM and NCM. At time points reported to have a higher monocyte count due to diurnal variation, monocyte numbers after LPS injection were either decreased (IM, t = 8 h) or not analysed (t = 14 h). Thus, diurnal variations do not account for the differences in monocyte counts observed after LPS injection.

**Plasma Chemokine Levels Parallel Differential Loss of Monocyte Subsets from the Circulation**

Activation of chemokine receptors CCR2, CCR5 and CX3CR1 by their ligands (CCL2, CCL3/CCL4 and CX3CL1, respectively) can induce monocyte extravasation [27, 28]. In addition, CX3CL1 is reported to increase NCM patrolling [29] in mice, which would also lead to an observed loss of NCM flowing freely in the blood. The kinetics of plasma CCL2 levels were inversely proportional to the presence of CM in the blood, the subset with the highest CCR2 expression. Similar to this, plasma concentrations of CCR5 ligand CCL4 correlated with the decrease in IM numbers, which have the highest CCR5 expression. CX3CL1 levels, in turn, follow the loss of NCM, which have the highest CX3CR1 expression. In contrast, concentrations of CCR5 ligand CCL3 were the lowest of all measured cytokines and appear to return to normal levels more rapidly than IM numbers, indicating that this chemokine is not providing the primary signal for IM to exit from the circulation. Taken together, these data suggest that CCL2, CCL4 and CX3CL1 but not CCL3 were involved in the loss of monocytes from the circulation during LPS-induced acute inflammation. However, proof of this hypothesis would require a study utilizing chemokine-blocking antibodies in the context of experimental endotoxemia.

**Conclusions**

The experimental endotoxemia model uniquely allowed the analysis of the earliest stages of acute inflammation and provided critical new insights into the behaviour of circulatory monocytes at time points at which patients normally cannot be sampled. Monocyte kinetics during these early stages of LPS-induced acute inflammation differ greatly from later phases of the inflammatory response. More than 95% of cells from all 3 monocyte subsets were lost from the circulation at 1–2 h after LPS injection, during which the cells remaining in the bloodstream did not display a clear activated phenotype. This decrease was followed by an increase in monocyte counts and, finally, by a return to baseline levels, but with differences in timing for the 3 monocyte subsets. Taken together, our experiments revealed marked differences in the behaviour of the 3 monocyte subsets during the earliest phases of the acute inflammatory response.
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Disclosure Statement

The authors declare no conflicts of interest.

Author Contributions

R.G. took care of all clinical aspects of the trial, including recruitment and screening of volunteers and the endotoxia challenge itself, under supervision of P.P. T.T. performed all laboratory and statistical analyses under supervision of L.K. and wrote the first draft of the paper. All authors read and approved the final manuscript.

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