Kepler sheds new and unprecedented light on the variability of a blue supergiant: gravity waves in the O9.5Iab star HD 188209*

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ABSTRACT

Stellar evolution models are most uncertain for evolved massive stars. Asteroseismology based on high-precision uninterrupted space photometry has become a new way to test the outcome of stellar evolution theory and was recently applied to a multitude of stars, but not yet to massive evolved supergiants. Our aim is to detect, analyse and interpret the photometric and wind variability of the O9.5 Iab star HD 188209 from Kepler space photometry and long-term high-resolution spectroscopy. We used Kepler scattered-light photometry obtained by the nominal mission during 1460 d to deduce the photometric variability of this O-type supergiant. In addition, we assembled and analysed high-resolution high signal-to-noise spectroscopy taken with four spectrographs during some 1800 d to interpret the temporal spectroscopic variability of the star. The variability of this blue supergiant derived from the scattered-light space photometry is in full agreement with the one found in the ground-based spectroscopy. We find significant low-frequency variability that is consistently detected in all spectral lines of HD 188209. The photospheric variability propagates into the wind, where it has similar frequencies but slightly higher amplitudes. The morphology of the frequency spectra derived from the long-term photometry and spectroscopy points towards a spectrum of travelling waves with frequency values in the range expected for an evolved O-type star. Convectively-driven internal gravity waves excited in the stellar interior offer the most plausible explanation of the detected variability.


1. Introduction

Stars born with sufficiently high mass to explode as supernova at the end of their life have major impact on the dynamical and chemical evolution of galaxies. Appropriate models of such supergiants are thus highly relevant for astrophysics. Unfortunately, the theory of their evolution is a lot less well established than the one of low-mass stars that die as white dwarf. Differences in the predictions of massive star evolution from various modern stellar evolution codes even occur already well before the end of the main-sequence (MS) phase (e.g., Martins & Palacios2013).

Despite the immense progress in the asteroseismic tuning of stellar models of various types of stars from high-precision uninterrupted space photometry in the past decade (e.g., Chaplin & Miglio2013; Charpinet et al.2014; Aerts2015; Hekker & Christensen-Dalsgaard2016 for reviews), we still lack suitable data to achieve this stage for massive O-type stars and their evolved descendants, the B supergiants. Indeed, while the MOST and CoRoT missions did observe a few B supergiants for weeks to months (e.g., Saio et al.2006; Aerts et al.2010; Moravveji et al.2012; Aerts et al.2013), their pulsational frequencies were not measured with sufficient precision and/or the angular wavenumbers (ℓ, m) of their oscillation modes could not...
be identified (e.g., Aerts et al. 2010) for a detailed description of mode identification in asteroseismology). A similar situation occurs for the earlier phases, given the absence of suitable highly sampled space photometric data with sufficiently long time base for O stars, despite appreciable efforts (see, e.g., Buyschaert et al. 2015 for an updated summary). Hence, improvement of the input physics adopted in stellar models representing various evolutionary phases of massive stars is still beyond reach, in contrast to such achievements for low-mass stars (e.g., Bedding et al. 2011; Bischoff-Kim & Østensen 2011; Foster et al. 2015; Deheuvels et al. 2015 to mention just a few studies).

There are several reasons why asteroseismology of evolved stars in the mass range of supernova-progenitors, i.e., with birth masses above some 8 $M_\odot$, is so difficult to achieve. First and foremost, such stars have large radii and connected with this, their oscillation periods are several to tens of days. Any multiperiodic nonradial mode beating pattern therefore reaches peri-

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Table 1. Spectroscopically derived properties of HD 188209 reported in the recent literature, based on a non-LTE analysis. Typical error bars are 1000 K for $T_{\text{eff}}$, 0.2 dex for $\log g$, and several km s$^{-1}$ for $v\sin i$ and $v_{\text{macro}}$.

<table>
<thead>
<tr>
<th>Reference</th>
<th>$T_{\text{eff}}$ (K)</th>
<th>$\log g$</th>
<th>$[\text{N(He)}/\text{N(H)}]$</th>
<th>$\log M$ (M$\odot$ yr$^{-1}$)</th>
<th>$v_{\infty}$ (km s$^{-1}$)</th>
<th>$v\sin i$</th>
<th>$v_{\text{macro}}$ (km s$^{-1}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Markova et al. (2005)</td>
<td>31 000</td>
<td>3.1</td>
<td>0.12</td>
<td>-5.78</td>
<td>1650</td>
<td>87</td>
<td>–</td>
</tr>
<tr>
<td>Martins et al. (2015a,b)</td>
<td>29 800</td>
<td>3.2</td>
<td>–</td>
<td>-6.40</td>
<td>2000</td>
<td>45</td>
<td>33</td>
</tr>
<tr>
<td>Holgado et al. (in preparation)</td>
<td>31 100</td>
<td>3.0</td>
<td>0.14</td>
<td>–</td>
<td>–</td>
<td>57</td>
<td>75</td>
</tr>
</tbody>
</table>

Fig. 1. Position of the two apertures (45: left), 32 (right) in the Kepler FoV capturing the scattered light of HD 188209 (situated in the black band above the red cross in between active silicon).

Fig. 2. An example of pixel masks used to create three versions of the light curves for star 45 (left) and 32 (right). The detected light curve is plotted within each pixel and represents an addition of 270 individual exposures of 6.54 s, added onboard of the satellite. In long-cadence mode, such pixel data are downloaded from the spacecraft in time stamps of 29.42 minutes. The value listed in every pixel, as well as the background grey scale, indicate the SNR of the flux in the pixel. The red dots in the pixels with green and blue borders were used to extract the standard Kepler light curves. We also computed light curves based on the data in the yellow pixels alone and from adding the green, blue, and yellow pixels.

Masks of a selected Kepler quarter showing the light curves in the individual pixels as downloaded from the spacecraft for each of the two apertures are shown in Fig. 2. These show the typical time series traces with pixel-to-pixel variations as for normal targeted stars (e.g., Papics2014, except that the flux levels are lower here. This is particularly so for mask 32 given that it concerns scattered light rather than an actual target. The signal-to-noise ratio (SNR hereafter) of the detected flux in every pixel is indicated in each of the boxes. The pixels with dark green or blue borders with the red dots as flux values (stored in $e^{-}$ s$^{-1}$) were used to extract the “standard” Kepler light curves of targets as provided in MAST. We did not only use these light curves but also constructed two new ones that are based on the yellow pixels in which significant signal coming from the supergiant is present as well; SNR values above 100 typically correspond to useful signal to be added for stellar variability studies. Adding the flux in those yellow pixels in addition to the standard MAST pixels leads to cleaner detrending and less contamination by instrumental effects at low frequencies (Tkachenko et al. 2013; Papics et al. 2014). For each of the two custom masks, we extracted two light curves in addition to the standard MAST curves: one based on the yellow flux alone and another one based on the green+blue+yellow flux. For each of the two masks, the variability behaviour of these three light curves is the same in terms of periodic behaviour, which is evidence that this variability is dominated by the scattered light of the supergiant and not by other sources in the pixel masks.

In the rest of the paper, we proceed with the light curves containing maximal signal-to-noise ratio (SNR hereafter). These are the ones deduced from adding all the flux in the red, blue, and yellow pixels of masks 32 and 45 as shown in Fig. 2. Figure 3 compares these two light curves, where mask 45 was
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Fig. 3. Light curves in masks 32 (grey circles) and 45 (black circles) covering the full length (upper), quarters 4 and 5 (middle) and a zoom of 20 d.

observed during 1460 d from 13/5/2009 until 9/4/2013 (quarters 1,4,5,8,9,12,13,16,17; in total 31,034 measurements) and mask 32 during 1147 d from 20/3/2010 until 9/4/2013 (quarters 5,13,17; in total 10,080 measurements). Despite it being scattered light, this is by far the best light curve ever obtained for a blue supergiant. It can be seen in the lower panel of Fig. 3 that the two curves are very similar in terms of temporal variability, but that the amplitude of the variability is different. This is as expected given the difference in flux level within the masks and the fact that mask 45 contains a faint star while mask 32 does not.

We computed the Fourier transform of the two light curves shown in Fig. 3 to obtain the amplitude spectra up to the Nyquist frequency. This resulted in a flat distribution of noise beyond 6 d$^{-1}$ and a clear amplitude excess above the noise level at low frequency for both light curves. A part of the spectrum is shown in Fig. 4, where the horizontal lines are situated at four times the average noise level computed over the range $[0, 6]d^{-1}$. Given that mask 32 is the “purer” one in terms of only scattered light of HD 188209, its amplitude is dominant over the one obtained from mask 45. However, both light curves are fully consistent with each other in the sense that significant variability is detected over the whole frequency range $[0, 2]d^{-1}$ in the form of an excess of amplitude for numerous close frequencies. This is a frequency regime typical for gravity waves in massive stars.

The amplitude spectrum in Fig. 4 is entirely different in nature from the one of the rotationally variable B5 supergiant HD 46769 observed with CoRoT during 23 d and revealing only one frequency and its harmonics corresponding to a rotation period of 4.84±0.2 d (Aerts et al. 2013). It also bears no resemblance to the frequency spectrum of the B6 supergiant HD 50064 whose 137-d CoRoT light curve revealed one dominant radial pulsation mode with a period of 37 d, identified as the fundamental radial mode of the star (Aerts et al. 2010). The morphology of the spectrum is also different from those found for Kepler data of B dwarfs pulsating in coherent heat-driven gravity modes (e.g., Pápics et al. 2015, 2017) as well as from those of O dwarfs with variability assigned to rotational modulation or heat-driven coherent non-radial pulsations (see Table 3 in Buysschaert et al. 2015 for an overview).

Fig. 4. Amplitude spectrum for the Kepler light curves of masks 32 (grey) and 45 (black). The inset compares the spectrum of the Kepler light curve from mask 32 (grey) with the Hipparcos light curve (black) over twice the frequency range. The red dashed and blue dot-dot-dot-dashed lines indicate four times the average noise level computed over the frequency range $[0, 6]d^{-1}$, while the red dot-dashed line in the inset represents four times the average noise level computed over the same range $[0, 6]d^{-1}$ of the Hipparcos data.
Since we are dealing with a photometric curve deduced from scattered light, a comparison with other photometric data of the actual star is meaningful. The only publicly available light curve of HD 188209 to make such a comparison is the one assembled by the Hipparcos satellite, which is of similar total length but has only 113 data points spread over 1156 d, with far less precision than the Kepler scattered light data. This data set was already analysed by Israelian et al. (2000), see their Fig. 3) and revealed variability but did not lead to clear periodicity. We recomputed the amplitude spectrum of the Hipparcos light curve and compared it with the Kepler one of mask 32, which has similar length, in the inset of Fig. 4. Although the significance of the amplitude excess in the Hipparcos data is only marginal at best, low-frequency excess in [0, 2] d$^{-1}$ is also hinted at in this independent photometric data set, at a level of some 14 mmag, while we found 3.6 mmag from the scattered light in mask 32.

The photometric amplitude spectrum of the ellipsoidal variables of an O9.5 supergiant star (e.g., HD 188209) is remarkably similar to the one obtained from the Kepler data of the bright primary B0 III star (Lesh 1968) of the eclipsing binary V380 Cyg. V380 Cyg A’s variability behaviour was interpreted in terms of excess power due to internal gravity waves (see Fig. 3 in Tkachenko et al. (2014). This star has similar log g as HD 188209 but is much less massive (some 12 M$\odot$) and cooler (21,700 K). Similarly shaped excess power, although covering a broader range in frequency, were also found for three unevolved O stars hotter than HD 188209 (effective temperatures between 35,000 K and 43,000 K) observed by the CoRoT satellite (Blomme et al. 2011) and explained in terms of internal gravity waves caused by core convection in Aerts & Rogers (2015). Even though further analysis of the excitation layer of the waves – convective core or convective zone in the stellar envelope due to the iron opacity bump – needs to be sought, variability due to the stellar wind would result in few quasi-periodicities on a timescale of a day to a week (Kaper et al. 1996), while here we are dealing with an entire spectrum of excited low frequencies without a dominant base frequency. For these four stars in the literature, the nature of the variability was revealed through short-time Fourier transformations (STFTs; Fig. 3 in Tkachenko et al. (2012) and Fig. 6 in Blomme et al. (2011) for these four stars). Figure 5 shows STFTs of HD 188209 based on the two Kepler data sets. They were calculated using a 30-day time window, each time progressing in the time series with a step of 3 days, but the results were checked to remain the same for other values of the window and step. Just as for the four OB stars in the literature, it is clear from Fig. 5 that the signal in these STFTs of HD 188209 is not due to multimode beating of stable, phase-coherent non-radial pulsation modes because the latter’s STFTs look quite different (see, e.g., Fig. 5 in Degroote et al. 2012).

We conclude that the Kepler photometric curve of HD 188209 points towards a fifth case of highly significant variability with a multitude of low frequencies for a hot massive star; it is the first case of a massive supergiant for which such type of variability is revealed. All five stars in which this phenomenon has been found in high-cadence space photometry are moderate rotators, having $v \sin i$ values between 50 and 100 km s$^{-1}$ and require considerable macroturbulent broadening to explain the line-profile shapes in high-resolution spectroscopy. In order to properly interpret the variability detected already early on in the scattered light of HD 188209, we initiated long-term ground-based follow-up high-resolution spectroscopy and included the star in the IACOB project (Simón-Díaz & Herrero 2014).

4. Long-term high-resolution spectroscopy

HD 188209 was added to the large sample of OB-type stars across the entire evolutionary path for long-term ground-based high signal-to-noise spectroscopic monitoring (Simón-Díaz et al. 2015, 2017). In contrast to the Kepler photometry, such type of data have a low duty cycle and limited time coverage per night. This inevitably leads to heavily gapped spectroscopic time series, where the interpretation of the variabil-
ity encounters the challenge to deal with daily alias structures in the Fourier domain. Moreover, for a star as HD 188209, we will be dealing with quasi-periodicities occurring due to a mixture of photospheric and wind variability. This was indeed already revealed for HD 188209 by Martins et al. (2015)[10], who studied it from a time-series of spectro-polarimetry consisting of 27 spectra gathered over a time span of 9 d. They considered twelve spectral lines (three Balmer lines, seven helium lines, and two metal lines) and found eight to be variable, including those that form (partially) in the wind, while four photospheric lines turned out to be stable in their data. Martins et al. (2015)[10] concluded that the photospheric line profiles of HD 188209 seemingly change on time scales from an hour to days, while its wind variability reveals longer-term periodicity (see also Markova et al. [2005]).

No obvious connection between the quasi-periodicities in the photosphere and in the wind was found for HD 188209 so far. However, all the data sets available in the literature have too few spectra, too sparse sampling, and too limited time base to find periodicities with appropriate precision. Given the limited amount of spectra, all these studies only considered the variability inside the line profile without performing frequency analysis, by means of the so-called temporal variance spectrum (Fullerton et al. [1996]). This quantity is very useful to estimate the overall level of variability that is present in a small series of spectral lines assembled with sparse sampling. Its capacity to unravel the cause of this variability is limited. Here, we shall be focusing on the temporal line variability in a large data set of spectra with a long time base, with the aim to investigate the physical reasons of its origin. We do this by considering specialised line-profile quantities that are specifically designed to allow for time-series analysis without being affected by uncertainties due to spectrum normalisation, as will be discussed below.

We take a major step ahead compared to the spectroscopy results in the literature from new extensive long-term spectroscopic time series assembled with four instruments:

- the fiber-fed HERMES échelle spectrograph attached to the 1.2m Mercator telescope at Roque de los Muchachos, Island of La Palma, Spain, operated in the high-resolution (R=85,000) mode (Raskin et al. 2011);
- the high-resolution Fibre-fed Échelle Spectrograph (FIES) attached to the Nordic Optical Telescope (NOT) at Roque de los Muchachos, Island of La Palma, Spain, operated in the high-resolution (R=46,000) mode (Telting et al. 2014);
- the T13 2.0m Automatic Spectroscopic Telescope (AST) with the fiber-fed cross-dispersed échelle spectrograph in the resolution mode of R=30,000 operated at the Fairborn Observatory, USA. A full description of the instrument and data reduction pipeline is available in Eaton & Williamson (2004);
- the prototype SONG node échelle spectrograph, operational at Observatoriet de Teide on Tenerife, Spain (Grindal et al. 2007; Uytterhoeven et al. 2012; Grundahl et al. 2017). The SONG observations of HD 188209 were obtained in ThAr mode with slit 5 and have R=77 000.

A summary of the characteristics of all the data sets analysed in this paper is given in Table 2.

These four instruments were constructed with different purposes and are attached to telescopes of different sizes. The specific aim of HERMES is to obtain maximal capacity to detect time-resolved line-profile variability such that the SNR is important. FIES is a similar spectrograph but delivers lower resolution and is less well temperature stabilised. The main goal of SONG is to gain maximum precision in radial-velocity variations by means of an iodine cell for solar-like oscillation studies (Grundahl et al. [2017]), but it also offers a ThAr option, which we have used here. As we will show below (see Figs 7 and 8), the lower resolving power of AST, combined with the lower SNR it delivers, imply that these data are at the limit of what we need to properly detect and interpret the variability of HD 188209, but adding this data set gave compatible results so we kept them in the analysis and adopted an approach taking into account the SNR. Indeed, the SNR levels achieved with the four instruments are different for similar integration times and provide us with a way to properly weigh the data when interpreting the variability.

In the following, we focus mainly on those spectral lines that are available for the four independent spectroscopic data sets listed in Table 2 and that do not suffer from order merging uncertainties in their line wings. This is the case for nine spectral lines. We also considered the Si ii 4567Å line for its strong diagnostic power of stellar oscillations (Aerts et al. 2004) and of surface spots (Briquet et al. 2004) of hot stars, although it is not available in all data sets. In addition, despite it being available only in the HERMES data due to too poor order merging for the other three instruments, we considered Hγ as important diagnostic of the gravity behaviour of the star.

For each spectral line, we computed its line moments as good diagnostics for variability by adopting their definition by Aerts et al. (1992). It is crucial to define the optimal integration limits in the line wings when computing the moments for the detection and interpretation of low-amplitude line-profile variability (e.g., Chapters 5 and 6 in Aerts et al. (2010) and Zima (2008), for extensive descriptions and publicly available software). Since we aim to merge the moments of the same spectral lines obtained with four different instruments, we determined the most optimal integration limits per line by careful visual inspection after overplotting the entire time series. In this paper, we concentrate on the equivalent width of the lines (the moment of order zero, hereafter abbreviated as EW) and on their heliocentric centroid velocity (the first-order moment, denoted as ⟨v⟩). Typical uncertainties for the centroid velocities due to uncertainties in the integration limits and the noise in the spectral line range from 0.1 to 0.4 km s⁻¹, while the systematic uncertainty due to limited knowledge of the laboratory wavelength can reach up to a few km s⁻¹. The latter is not of importance when studying time variability of one and the same particular spectral line. The systematic uncertainty is only of importance when comparing the average value of the centroid velocity for different spectral lines to interpret their amplitude as a function of the formation depth in the stellar photosphere or wind.

The atomic data are not equally good for different spectral lines. In view of this, it is highly advantageous to make a line-by-line analysis per instrument and combine the line diagnostic values in Fourier domain rather than in the time domain. Indeed, merging in the time domain suffers from slight inconsistencies in Doppler velocities derived from adopted laboratory wavelengths for various lines and from imperfections in the normalisation of the continuum flux, while merging in the Fourier domain is not affected by that. Such an approach also allows to combine the temporal variability from entirely different quantities derived from photometry and spectroscopy, with the opportunity to reveal low-amplitude variations that appear consistently in different types of independent data but with too low SNR in each of them separately to be significant.

The method of combining data in the Fourier domain was already applied and illustrated by Aerts et al. (2006) to discover previously unknown low-amplitude non-radial oscillation modes
Table 2. Summary of the observations treated in this work; \( N \) is the total number of measurements and \( \Delta T \) is the total time base. Rayleigh is equal to \( 1/(\Delta T) \) and Nyquist is set equal to \( 1/(2\Delta t) \), where \( \Delta t \) is the minimal time between two consecutive exposures.

<table>
<thead>
<tr>
<th>Instrument</th>
<th>HJD start (-2450000)</th>
<th>HJD end (-2450000)</th>
<th>( N )</th>
<th>( \Delta T ) (d)</th>
<th>Rayleigh (d(^{-1}))</th>
<th>Nyquist (d(^{-1}))</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kepler, Mask 32</td>
<td>5276.4899</td>
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<td>10085</td>
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<td>24.4738</td>
</tr>
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<td>0.00069</td>
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<td>FIES@NOT</td>
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<td>417</td>
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<td>0.00265</td>
<td>47.8460</td>
</tr>
</tbody>
</table>

Fig. 6. The centroid velocity (lower panel) and equivalent width (upper panel) of the entire spectroscopic data set for the He\(\text{I}\) 5875Å line, according to the following colour code: red=HERMES, green=FIES, blue=AST, and black=SONG.

in the archetype monoperiodic \( \beta \) Cep star \( \delta \) Ceti from the combination of MOST space photometry and high-resolution spectroscopy. The rationale behind it is that the discrete Fourier transforms of different time series data of the same variable star all achieve a maximum at frequencies that are present in the data, while spurious frequencies due to noise or aliasing are different for the various independent data sets. In this respect, it is particularly useful to combine data sets with a different sampling rate, as is the case for the SONG and HERMES data. Multiplication of the Fourier transforms of the different data sets, after normalising them according to the frequency of maximal amplitude, implies that true frequencies get higher multiplied dimensionless amplitude while spurious frequencies tend to cancel each other. In the case of \( \delta \) Ceti mentioned above, it concerned frequencies of standing waves due to coherent heat-driven oscillation modes. However, the same principle also applies to isolated frequencies of standing waves excited stochastically as in sun-like stars and red giants, or to frequencies belonging to an entire spectrum of travelling waves. Whatever their excitation mechanism, standing waves or travelling waves inside a star have frequency values...
4. The showcase of the He\textsubscript{i} 5875Å line

We first considered the He\textsubscript{i} 5875Å to illustrate the variability behaviour as this line leads to the highest significance for the variability in terms of SNR in the line diagnostics in the four spectroscopic data sets. The individual zeroth and first moment variations of the He\textsubscript{i} 5875Å line are shown in Fig. 6. It can be seen that slight differences occur in the EW of the line for the four spectrographs but also for the same spectrograph during different epochs. This may in part be due to imperfect normalisation, but it may also be caused by the rather irregular variability of the star, as revealed in the Kepler data in Fig. 3. Even though the moments in the definition by Aerts et al. (1992) are specifically defined such as to compensate optimally for small differences in the EW (cf. lower panel of Fig. 6), it is advantageous to treat the four \langle v \rangle data sets separately, given that the four average values of this quantity per spectrograph is not equal and merging in the time domain prior to the computation of the Fourier transform would introduce spurious low frequencies.

The individual Scargle periodograms (Scargle 1982) for the HERMES, SONG, and AST data sets of the EW and \langle v \rangle of the He\textsubscript{i} 5875Å line are shown in the upper three panels of Figs 7 and 8 (the FIES data set being too scarce for this purpose). As anticipated, these periodograms suffer from daily aliasing, a well-known phenomenon in time-series analysis of single-site data sets. The \langle v \rangle based on the AST data do not lead to significant frequencies (maximum amplitude typically between 3 and 4 times the SNR), but the HERMES and SONG data sets do reveal significant low-frequency amplitude, with a factor typically between 10 to 12 times the SNR for SONG and 4 to 6 times the

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Fig. 7. Amplitude spectra for the EW of the He\textsubscript{i} 5875Å line for the three individual spectrographs with sufficient data (upper panel, the red dashed lines indicate four times the average noise level computed over the range [0, 10] d\textsuperscript{-1}). The lower panel shows the result of multiplying the periodograms in the upper panels after weighing them according to the SNR of the dominant frequency and placing the dominant frequency after this multiplication at value 1.

Fig. 8. Same as Fig. 7 but for \langle v \rangle of the He\textsubscript{i} 5875Å line.
Fig. 9. Normalised periodogram for the tangential velocity of internal gravity waves occurring in 2D simulation D11 in Rogers et al. (2013), properly scaled in frequency to take into account the mass and evolutionary status of HD 188209 with respect to the simulated stellar model.

Fig. 10. Multiplied Scargle periodograms after weighting according to the SNR of the frequency with highest amplitude for the ⟨v⟩ (and EW in the inset) of the He i 5875Å line and the Kepler photometry in Mask 32.

SNR for HERMES (Fig. 8). For the EW, the significance levels are typically somewhat lower than for the ⟨v⟩ (Fig. 7).

For each of these individual periodograms, the maximum amplitude was sought and transformed to its value expressed as a function of the average SNR, where the latter was computed in the Scargle periodogram over the frequency range [10, 20] d⁻¹. The dashed lines in Figs 7 and 8 are placed at four times this SNR. Subsequently, the three Scargle periodograms expressed in units of the SNR were multiplied, after which they were normalised such that the maximum peak after this multiplication was placed at value 1.0. The results of this procedure are shown in the lower panels of Figs 7 and 8. It can be seen that this procedure leads to a far clearer view of the variability in this single spectral line, the aliasing and noise peaks in the individual three data sets being substantially reduced in this way. Variability is found to occur at a multitude of low frequencies, in the range [0, 2] d⁻¹, entirely in agreement with the Kepler scattered-light photometry.

The morphology of the normalised periodogram in Fig. 8 is unlike those encountered for B dwarfs pulsating multiperiodically in coherent heat-driven gravity modes (e.g., De Cat & Aerts 2002). In view of this discrepancy and the similar amplitude spectrum obtained from the Kepler photometry, we compare the frequency spectrum of HD 188209 in Fig. 8 with predictions from hydrodynamical simulations based on convectively-driven internal gravity waves. In order to do so, we follow a similar approach as in Aerts & Rogers (2015); only here we have a simpler case because the 2D simulations by Rogers et al. (2013) provide us with velocity information that allows a direct meaningful comparison with Fig. 8 while Aerts & Rogers (2015) had to transform this information to brightness variations to be able to compare with CoRoT light curves. Given that HD 188209 is evolved and about ten times more massive than the model of 3 M⊙ adopted for the simulations by Rogers et al. (2013), we performed a scaling with a factor 0.53 that occurs between the frequencies of dipole gravity waves of a 3 M⊙ ZAMS star and of a 30 M⊙ TAMS star (Shiode et al. 2013, Table 1). Moreover, we normalise the tangential velocity of the 2D simulations (the radial component being entirely negligible - see Fig. 1 in Aerts & Rogers (2015), right panel), to their highest amplitude, considering simulation run D11 (a non-rigidly rotating star whose core rotates 1.5 times faster than its envelope). The outcome is presented in Fig. 9. While this exercise does not allow a peak-to-peak comparison of the frequencies in the two spectra, the overall morphology in Figs 8 and 9 is similar.

Next, we went one step further and considered a multiplied Scargle periodogram deduced from the three spectroscopic He i 5875Å data sets and the Kepler data in Mask 32 as a fourth independent data set. Its highest amplitude peak has a significance of 137 times the SNR in the frequency range [10, 20] d⁻¹, the average SNR being 27 ppm in that interval. The outcome of this multiplication is shown in Fig. 10. Figures 7, 8, and 10 all point towards the same conclusion: HD 188209 reveals significant variability with an entire spectrum of significant frequencies below 2 d⁻¹. The morphology in the periodograms point towards travelling waves at the origin of this variability, given the
density of frequency peaks and the absence of any clear relationship between the dominant peaks. Thus, we find fully compatible variability results between the Kepler scattered-light space photometry and the He\textsc{i} 5875Å spectral line, both when treating these data separately and in a combined analysis.

### 4.2. Other spectral lines

We repeated the entire procedure described in the previous section for the other photospheric lines that are present in all four spectroscopic data sets. It concerns He\textsc{i} 4713Å, He\textsc{i} 4922Å, He\textsc{i} 5015Å, He\textsc{n} 4541Å, He\textsc{n} 5410Å, C\textsc{iv} 5812Å. Moreover, we considered the Si\textsc{iii} 4567Å line in the HERMES spectra. All these lines behave fully consistently with the He\textsc{i} 5875Å line in terms of time-variability patterns and morphology of the separate and multiplied Fourier transforms, the only difference being the amplitudes of their EW and \langle v \rangle time series (not the relative amplitudes expressed in terms of the SNR, which are remarkable similar for all those lines). Figure\textsuperscript{11} shows a comparison of the \langle v \rangle-values for several lines available in the HERMES spectroscopy, where we plot them line-by-line. It can be seen that there is large consistency among the values of the centroid velocities. The values of \langle v \rangle for the He\textsc{i} lines have the strongest similarity. The Si\textsc{iii} 4567Å line is more affected by the base of the wind than the He\textsc{i} 5875Å line and the Balmer lines are clearly formed further out in the wind than the helium and metal lines.

Next, we considered two lines available in all four data sets but formed partially in the wind and in the photosphere: Hβ and He\textsc{ii} 4686Å. The latter spectral line shows an unexplained global shift to the red with an average velocity value of about +45 km s\textsuperscript{-1} with respect to all other spectral lines when considering its laboratory wavelength of 4685.71Å. This anomaly occurs for all four the spectroscopic data sets. It is known that the He\textsc{ii} 4686Å line is partially formed in the stellar wind (e.g., Massey et al. 2004; Martins et al. 2015b). As such, its formation is affected by the temperature, wind density, metallicity, and amount of EUV flux. However, we cannot explain the detected redward shift corresponding with some 0.7Å that we find for the absorption profile of this line. We are aware of at least one other star where this line is in absorption and for which the same anomaly is reported in the literature (see Fig. 15 in Massey et al. (2004) for the O8.5 I(f) supergiant AV 469 in the Small Magellanic Cloud, a star with quite similar fundamental parameters than HD 188209 except for the metallicity). Recent laboratory measurements of He\textsc{ii} pointed out that its spectral line structure near 4686Å is complex (Syed et al. 2012). Caution of its interpretation for absorption lines of hot evolved stars seems in order.

The Hβ line of HD 188209 behaves very similarly to the Hγ line, the latter only being suitable for our analysis in the HER-
Fig. 13. The centroid velocity (left y-axis, bottom panel) and Hα emission strength expressed in continuum units (left y-axis, top panel), as well as the Kepler photometry in Mask 45 (right y-axes) during the only epoch where the space and ground-based data overlap in time. The The colour coding is as follows: Hα: light green, Hβ: black, Hγ: light blue, He ii 4686Å: red. To guide the eye, the observed Kepler light curve is shown as dotted line while its mirrored version with respect to the average Kepler magnitude is shown as the full line.

MES data set. This is also the case for the Hα and Si iii 4567Å lines, which we only considered in the HERMES data set. Apart from the global shift of its average centroid velocity with respect to the other lines, the variability behaviour of the He ii 4686Å line is fully consistent with that of the other spectral lines and confirms that this line is partially formed in the wind.

Unfortunately, there is only one short period spanning eight days for which we have both Kepler space photometry and ground-based spectroscopy. It concerns data in Mask 45 and HERMES spectroscopy. The centroid velocities of all the available spectral lines and the space photometry taken during these eight days are shown in Fig. 12. The He ii 4686Å line and Hα fall outside the boundaries of this plot. It is seen that all spectral lines show consistent behaviour in their centroid velocity in the time domain.

The He ii 4686Å line is shown along with Hα, Hβ, and Hγ, and in comparison with the Kepler photometry, in Fig. 13. It can be seen that He ii 4686Å, Hβ, and Hγ are fully in agreement with each other in terms of variability. The Hα emission varies in antiphase with the Hα centroid velocity. While the relation between the spectroscopic variability and the Kepler photometry is hard to unravel from Figs 12 and 13, the morphology of the various quantities in the time domain is similar. The spectroscopic variability of the wind and of the photosphere and the photometric variability are all in agreement in terms of amplitudes and periodicities.

4.3. Summary of variability of the centroid velocities

Among the spectroscopic data sets, the highest sampling rate is obtained with SONG. A 5 d excerpt of ⟨v⟩ derived from nine spectral lines available in these data is shown in Fig. 14. We find similar behaviour for most of the spectral lines. The figure reveals different behaviour in variability from night to night, with dominant periodicities typically longer than 10 h and quite different amplitudes per night. This confirms the earlier finding of
variability with frequencies below 2 $\text{d}^{-1}$ in the Fourier domain, but now by visual inspection in the time domain based on the spectral lines available in the SONG spectroscopy.

Thanks to its construction, the HERMES spectrograph offers the best long-term stability of the four instruments used here. Indeed, its fiber-fed design connected with a temperature-controlled room and its dedicated calibration pipeline were specifically defined and implemented with long-term monitoring of variable phenomena in mind (Kaskin et al. 2011). This data set of HD 188209 is therefore best suited to illustrate the long-term spectroscopic variability of the star in the time domain. We show the centroid velocities for the eleven available spectral lines in the HERMES data for the first four epochs of monitoring in Fig. 15 where the HJD for the various spectral lines have been shifted along the $x$-axis of the plot with multiples of 12 days for visibility purposes. The data for the first epoch in Fig. 15 corresponds with that shown in Fig. 12. Figures 12 and 15 illustrate the consistency between the $v_\alpha$-values for the various spectral lines, both on a time scale of a week and of two years.

A summary of all the computed line diagnostic is provided in Table 5 for the HERMES data for which the centroid velocities have been plotted in Fig. 15 (except for H$\alpha$ as these do not fit the plot). The colour coding adopted in Figs. 12, 13, 14 and 15 has been indicated and the lines are listed in order of increasing average centroid velocity, corresponding to increasing line-formation depth into the wind/photosphere. Despite unknown systematic uncertainties for $v_\alpha$ due to limitations in the knowledge of the laboratory wavelengths (of order km s$^{-1}$), we detect a radial gradient in the average centroid velocities for the different lines (Table 3), where, as already mentioned, the He ii $\lambda$ 4686 Å line behaves anomalously (as also shown in Fig. 15). The peak-to-peak variability of $v_\alpha$ is very similar if one keeps in mind that line blending affects a different set and is different for the various spectral lines. Even though they are formed partly in the wind in view of their more negative average velocity, the variability of H$\beta$ and H$\gamma$ behaves similarly to one of the helium and metal lines. Hence, the photospheric variability does not change at the bottom of the stellar wind. Only the H$\alpha$ variability seems dominated by the wind behaviour.

5. Discussion and conclusions

In this work, we have used the Kepler spacecraft far beyond its nominal performance by studying scattered-light photometry of the bright blue supergiant HD 188209 while it was situated in between active CCDs. Aperture photometry of its scattered light delivered the first four-years long uninterrupted high-cadence light curve of a blue supergiant, reaching a precision of some 27 ppm at frequencies above 10 $\text{d}^{-1}$. We found similarities in the morphology of the frequency spectrum derived from the scattered light and from line-profile diagnostics of several spectral lines in long-term ground-based high-resolution spectroscopy. A major conclusion of this work is that the range of detected frequencies in the space photometry and in the ground-based spectroscopy is the same. All the frequency spectra point towards variability occurring in the photosphere and consistently propagating into the bottom of the stellar wind. The nature of the short-time Fourier transforms of the high-cadence photometry excludes an interpretation in terms of standing waves connected with non-radial gravity-mode oscillations, but rather points towards the excitation of an entire spectrum of travelling internal gravity waves triggered by core and/or envelope convection. This is a plausible explanation in terms of the measured velocity amplitudes and the multitude of detected frequencies in the regime below 2 $\text{d}^{-1}$.

While we could not find a simple point-to-point relationship between the photometric and spectroscopic data that were taken simultaneously, we did find full consistency in the frequency range caused by these independent data sets. Moreover, the overall morphology of the variable patterns in the time domain and in the frequency spectra in Fourier space derived from the scattered-light photometry and from the centroid velocities deduced from the spectroscopy is very similar. The observed frequency spectra of HD 188209 are in qualitative agreement with those for the tangential velocities based on 2D hydrodynamical simulations of internal gravity waves in a massive star. We thus conclude to have found the first observational evidence of the occurrence of such waves in a massive blue supergiant. Along with the discovery of such waves in young O-type dwarfs (Blomme et al. 2011; Aerts & Rogers 2015), we revealed at least one important mechanism of angular momentum transport active in massive stars during and beyond core-hydrogen burning that is currently not included in stellar evolution models. It remains to be studied how much impact the omission of this ingredient has for stellar evolution theory.

The tangential velocities associated with internal gravity waves in the stellar photosphere of massive stars are of order a tenth of a km s$^{-1}$ per individual wave (Rogers et al. 2013). It has already been shown by Aerts & Rogers (2015) that the collective effect of hundreds of such internal gravity waves on line profiles is very similar to the effect due to a collection of coherent heat-driven gravity-mode oscillations, particularly for the line wings. Given that both coherent standing gravity-mode oscillations and running gravity waves have completely dominant tangential velocities (at the level that their radial velocity component is negligible), any proper modelling of macro-turbulent line broadening due to gravity waves as detected in HD 188209 requires fitting a tangential macroturbulent velocity field to the spectral lines.

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References

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Fig. 14. Excerpt of the SONG spectroscopy during 5 consecutive days. The centroid velocity is shown for nine available spectral lines (the He\textsc{ii} 4686 Å line has been avoided for visibility purposes). The colour coding is the same as in Fig. 12.

Table 3. Summary of variability properties of the centroid velocity \langle v \rangle and EW for twelve spectral lines of HD 188209 available in the HERMES data, spanning 1800 d.

<table>
<thead>
<tr>
<th>Spectral Line</th>
<th>Wavelength (Å)</th>
<th>Colour Code</th>
<th>Minimum \langle v \rangle (km s\textsuperscript{-1})</th>
<th>Maximum \langle v \rangle (km s\textsuperscript{-1})</th>
<th>Range \langle v \rangle (km s\textsuperscript{-1})</th>
<th>Average \langle v \rangle (km s\textsuperscript{-1})</th>
<th>Minimum EW (Å)</th>
<th>Maximum EW (Å)</th>
<th>Range EW (Å)</th>
</tr>
</thead>
<tbody>
<tr>
<td>H\textsc{a}</td>
<td>6562.801</td>
<td>light green</td>
<td>-292.4</td>
<td>+439.6</td>
<td>732.0</td>
<td>-85.6</td>
<td>-0.163</td>
<td>0.694</td>
<td>0.857</td>
</tr>
<tr>
<td>H\textsc{y}</td>
<td>4340.464</td>
<td>light blue</td>
<td>-42.4</td>
<td>-23.9</td>
<td>18.5</td>
<td>-34.4</td>
<td>1.353</td>
<td>1.553</td>
<td>0.201</td>
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<tr>
<td>H\textsc{b}</td>
<td>4861.325</td>
<td>black</td>
<td>-41.4</td>
<td>-17.2</td>
<td>24.2</td>
<td>-31.7</td>
<td>1.249</td>
<td>1.631</td>
<td>0.382</td>
</tr>
<tr>
<td>Si\textsc{iii}</td>
<td>4567.841</td>
<td>purple</td>
<td>-24.1</td>
<td>+1.7</td>
<td>25.8</td>
<td>-14.4</td>
<td>0.094</td>
<td>0.137</td>
<td>0.044</td>
</tr>
<tr>
<td>He\textsc{i}</td>
<td>4922.931</td>
<td>cyan</td>
<td>-18.9</td>
<td>+1.9</td>
<td>20.8</td>
<td>-10.6</td>
<td>0.495</td>
<td>0.589</td>
<td>0.094</td>
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<tr>
<td>He\textsc{i}</td>
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<td>grey</td>
<td>-21.6</td>
<td>+5.4</td>
<td>27.1</td>
<td>-10.2</td>
<td>0.987</td>
<td>1.378</td>
<td>0.391</td>
</tr>
<tr>
<td>He\textsc{i}</td>
<td>5015.678</td>
<td>pink</td>
<td>-18.8</td>
<td>+4.3</td>
<td>23.1</td>
<td>-10.0</td>
<td>0.328</td>
<td>0.391</td>
<td>0.063</td>
</tr>
<tr>
<td>He\textsc{i}</td>
<td>4713.139</td>
<td>dark blue</td>
<td>-17.5</td>
<td>+0.2</td>
<td>17.7</td>
<td>-9.4</td>
<td>0.325</td>
<td>0.410</td>
<td>0.085</td>
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<tr>
<td>C\textsc{iv}</td>
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<td>yellow</td>
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<td>14.9</td>
<td>-9.2</td>
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<tr>
<td>H\textsc{ii}</td>
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<td>-13.3</td>
<td>+3.9</td>
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<td>-7.6</td>
<td>0.220</td>
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<tr>
<td>C\textsc{iv}</td>
<td>5811.97</td>
<td>orange</td>
<td>-11.9</td>
<td>+4.4</td>
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<tr>
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<td>+43.7</td>
<td>34.8</td>
<td>20.8</td>
<td>0.187</td>
<td>0.253</td>
<td>0.066</td>
</tr>
</tbody>
</table>

Notes. (1) Retrieved from the Atomic Line List available at \url{http://www.pa.uky.edu/~peter/newpage/}. Systematic uncertainties in the average values of \langle v \rangle are different for the different spectral lines and may amount to several km s\textsuperscript{-1} per spectral line. This is typically an order of magnitude larger than the statistical uncertainties for each of the \langle v \rangle-values for a fixed spectral line.
Fig. 15. HERMES spectroscopy of HD 188209 covering some 870 days of monitoring during four epochs. The centroid velocity is shown for all available spectral lines except Hα. The colour coding is the same as in Fig. [12] For visibility purposes, the values for each spectral line have been shifted in time with multiples of 12 d, Hβ in black representing the true HJD.