Regulation of Secretion of the Teleost Fish Hormone Stanniocalcin: Effects of Extracellular Calcium

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The predominant calcitropic hormone in teleost fish is stanniocalcin (STC), previously referred to as hypocalcin (Pang et al., 1974) or teleocalcin (Ma and Copp, 1978). It is produced by the corpuscles of Stannius (CS) of the rainbow trout and the European eel (Milet et al., 1979; Fenwick, 1982; Wagner et al., 1986; Wendelaar Bonga and Pang, 1986; Flik et al., 1989). We have shown that in European eels this hypocalcemic hormone exerts its function by controlling plasma ionic calcium (Hanssen et al., 1989).

In mammals the secretion of two major calcitropic hormones is probably regulated directly by the extracellular calcium level. The parathyroid gland parathormone (PTH) secretion is correlated sigmoidally with extracellular ionic calcium (Brown, 1983). Increased calcitonin secretion by C cells is correlated with elevated serum calcium levels (Austin et al., 1979); this has led to the conclusion that external calcium is involved in the regulation of calcitonin secretion.

The role of extracellular Ca\(^{2+}\) as a regulator of the secretory activity of the CS is hitherto unclear. Lopez et al., (1984) showed that experimentally induced hypercalcemia in the European eel led to a complete hormone depletion of the cells. CaCl\(_2\) infusions in rainbow trout caused a degranulation of CS cells accompanied by acute inhibition of whole body Ca\(^{2+}\) influx (Lafeber and Perry, 1988), suggesting a rapid and direct effect of elevated serum Ca\(^{2+}\) on the release of STC. Flik et al., (1989) reported that in goldfish, trout, and eel, CaCl\(_2\) injections induced a rise in plasma calcium and a release of immunoreactive STC from the CS. A direct effect of extracellular calcium on the CS cells was suggested before by the results of in vitro experiments: incubations of coho salmon CS showed enhanced exocytosis in high Ca\(^{2+}\) media but not in low Ca\(^{2+}\) media (Aida et al., 1980). STC release by rainbow trout CS-cells in primary culture was dose dependently stimulated by extracellular calcium (Wagner et al., 1989).

In this paper we investigated whether the experimentally induced and acutely stimulating effect of a rise in extracellular calcium on the secretory activity of the CS indeed has relevance for the in vivo control of STC secretion. To obtain defined extra-
cellular Ca$^{2+}$ levels and to exclude factors controlling release of STC in vivo (plasma factors, innervation) we studied the effect of extracellular Ca$^{2+}$ on STC-release in vitro. The effects of Ca$^{2+}$ concentrations below, above, and in, what is called, the physiological range (1.0–1.5 mM) were examined on the release in vitro of total immunoreactive and newly synthesized STC. Also the effect of calimycin A23187, which increases intracellular Ca$^{2+}$ (Foreman et al., 1973), was tested on STC release. Levels of immunoreactive STC were assessed with an ELISA technique.

MATERIAL AND METHODS

Animals

European eels (Anguilla anguilla) and rainbow trout (Oncorhyncus mykiss), weighing around 250 g, were kept in 1000-liter tanks supplied with running Nijmegen tapwater (main ion concentrations in mM: Ca$^{2+}$, 0.7; Na$^+$, 1.9; Cl$^{-}$, 3.1; Mg$^{2+}$, 0.2; temperature 12$^\circ$). Rainbow trout were fed daily with Trouvit pellets. The eels were not feeding. The animals had been acclimated to laboratory conditions for at least 14 days. Freshly dissected CS of eel and trout were carefully freed of connective tissue and kidney tissue and were collected in Hanks’ balanced salt solution (HBSS; Flow laboratories).

CaCl$_2$ Injections

Rainbow trout were injected intraperitoneally with 300 $\mu$L of a CaCl$_2$ solution (2.04 $\mu$M CaCl$_2$ in 0.9% NaCl), a treatment previously shown to produce a significant hypercalcemia (Flik et al., 1989). Control fish were injected with 300 $\mu$L 0.9% NaCl. Four hours after injection a blood sample was taken by puncture of the caudal vessels. Fish were killed by spinal transection and the CS were removed. CS were homogenized in 250 $\mu$L 0.1 M acetic acid.

Plasma Analysis

Blood samples were analyzed as described before (Hanssen et al., 1989). Blood ionic calcium was measured with an ionic calcium analyzer (ICA-1, Radio-meter). Plasma total calcium and protein concentration were determined with commercial reagent kits (Sigma and Biorad, respectively). Bovine serum albumin (Biorad) was used as a protein reference.

Incubations

Incubation media were prepared by adding CaCl$_2$ to Ca$^{2+}$-free HBSS (pH 7.4). In media designated "0" mM Ca$^{2+}$ no CaCl$_2$ was added. The addition of EGTA (1 mM) to a 0.65 mM Ca$^{2+}$ medium resulted in a final Ca$^{2+}$ concentration of 0.1 $\mu$M (Sillen and Martell, 1964; Van Heeswijk et al., 1984). Calimycin A23187 was added from a stock solution (5 mg mL$^{-1}$ in DMSO/methanol 1:9). In control media the solvent was included and it never exceeded 0.1% v/v. For incubation two corpuscles, each from different eels or from different trout, were transferred to an incubation vessel containing 50 $\mu$L incubation medium supplemented with 925 KBq [H]leucine (Amersham; sp act 5.2 TBq/mmol). Incubation was for 3 hr at 28$^\circ$. Next the CS were washed in 2 ml incubation medium (three times) and incubated for another 3 hr in 200 $\mu$L medium. Since [H] STC was not only synthesized but also released during the first incubation period it was necessary to carry out a second incubation period without radiolabel in which the release of [H] STC could be studied. Incubation media were collected and the CS were homogenized in 250 $\mu$L acetic acid (0.1 M). Part of the incubation media and the CS homogenate was kept separate for ELISA. The remainder of the incubation media was precipitated with TCA (10%, 4 overnight), and the remainder of the CS homogenate was lyophilized. Radioactivity in incubation media and CS homogenate was determined in a LKB Rackbeta LSA with a dpm-program. Sodium-dodecyl sulphate polyacrylamide gel electrophoresis (SDS–PAGE, Laemmli, 1970) of precipitated proteins from incubation media and CS homogenates indicated that at least 90% of the labeled product (based on optical scans from fluorographs) was a 28 kD (trout) or 30 kD (eel) product that could be identified as trout or eel STC, respectively (Flik et al., 1989).

Enzyme-linked Immunosorbent Assay (ELISA)

A noncompetitive ELISA was carried out according to the method of Kaneko et al. (1988), with some modifications. The STC antiserum used was RADH-1 (Kaneko et al., 1988), raised against trout STC. Eel STC showed a high degree of cross reactivity with the RADH-1 antiserum (Flik et al., 1989). Serial dilutions of the antigen were tested for detection of STC. Trout and eel CS homogenate (prepared as described before), trout and eel CS incubation media, and trout plasma tested produced dose-response curves parallel to the trout STC standard. The wells of microtiter plates (Nunc, immunoplate maxisorp type 1) were precoated for 2 hr at room temperature with 100 $\mu$L 1% glutaraldehyde. Wells were washed with distilled water and coated with 100 $\mu$L serial dilutions of STC or
unknown samples in coating buffer (0.1 M bicarbonate buffer, pH 9.4, with 0.05% Triton X-100; Biorad). Antigen binding was for 1 hr at 37°C and subsequently overnight at 4°C. Between incubation steps wells were washed with buffer (0.02 M phosphate buffered saline: PBS, pH 7.4, with 0.05% Tween 20; Biorad). The remaining binding sites in the wells were blocked with 100 μl block buffer (2% bovine serum albumin in PBS) for 1 hr at 37°C. Wells were washed and incubated with 100 μl 1:10,000 RADH-1 in block buffer for 1.5 hr at 37°C. Control wells were incubated with block buffer only. Wells were washed and incubated with 100 μl 1:2000 goat anti-rabbit peroxidase immunoconjugate (Nordic) in block buffer for 1 hr at 37°C. The amount of peroxidase immunoconjugate bound to the wells was quantified using o-phenylene-diamine (OPD; Sigma) as a substrate. After washing the wells, 250 μl substrate 0.01% OPD in 0.1 M Na2HPO4, 0.1 M citric acid, 1% H2O2, pH 5.2) was added at room temperature. The peroxidase reaction was stopped after 2 min with 100 μl 4 M H2SO4. Absorbance was measured at 492 nm using a EAR-400 microplate reader (SLT Lab Instruments).

Electron Microscopy
Eel CS, incubated as described above, were prefixed for 10 min in 3% glutaraldehyde in 0.1 M cacodylate buffer, pH 7.4, at room temperature. They were then fixed in a solution containing 0.66% osmium tetroxide, 1% glutaraldehyde, and 1.66% potassium dichromate in cacodylate buffer, pH 7.4, for 1 hr at 0°C. Then, the CS were block stained in 2% uranyl acetate. The tissues were dehydrated in graded ethanols and embedded in Spurr’s resin. Ultrathin sections were poststained with Reynolds’s lead citrate and examined in a Philips EM 200 electron microscope.

Calculations and Statistics
The STC content of CS of equivalent weight showed a high degree of variability. Therefore the results of in vitro experiments have been presented as percentages of STC released to the incubation medium. Data are presented as means ± SEM. For statistical evaluation the Mann–Whitney U test was used. Significance was accepted at p < 0.05.

RESULTS

**In Vivo**

The effects of a rise in blood calcium concentration on the STC release are shown in Figs. 1A and 1B. Following CaCl2 injection both blood, ionic and total calcium levels are elevated from 1.25 to 3.75 mM and 2.50 to 5.75 mM, respectively (Fig. 1A). Concomitantly the plasma immunoreactive STC level increases from 175 to 800 ng · ml⁻¹ and the CS-STC content decreases from 600 to 325 ng · μg protein as determined by ELISA (Fig. 1B).

![Fig. 1. Effect of CaCl2 injection (e) on ionic and total plasma calcium concentrations (A) and on the STC concentrations in plasma and CS homogenate (B) in rainbow trout. Saline injections served as control (C). (N = 8).](image-url)
Ca$^{2+}$ concentration of 1.25 mM is shown in Fig. 2. The release of total immunoreactive STC from trout and eel CS during the labeling incubation period and the nonradioactive incubation period thereafter was comparable. In trout CS 70% of the newly synthesized STC was released during the 3-hr labeling period and only 4% during the 3-hr incubation period thereafter. For eel CS these numbers were 40 and 16%, respectively. Because of the relatively high basal release of newly synthesized STC during the nonradioactive incubation period we selected eel CS for investigation of the effects of medium Ca$^{2+}$ levels on CS secretory activity.

In vitro incubation of eel CS showed that the release of newly synthesized and total immunoreactive STC was not significantly affected by medium Ca$^{2+}$ levels ranging from 0 to 2 mM (Fig. 3). EGTA added to obtain incubation media with a final Ca$^{2+}$ concentration of 0.1 mM did not diminish the secretory response. Increased release of newly synthesized and total immunoreactive STC was observed at 2.5 and 3.75 mM Ca$^{2+}$. Examination of electron micrographs of eel CS following incubation under various conditions (Figs. 4A-4D) showed marked degranulation at 3.75 mM Ca$^{2+}$; at 0.1 mM, 0 mM, and at 1.25 mM Ca$^{2+}$ no visible degranulation occurred. The effects of calimycin (A23187) have been summarized in Fig. 5. Calimycin at a concentration of $1.3 \times 10^{-5}$ M increases release of both newly synthesized and total immunoreactive STC.

**DISCUSSION**

The noncompetitive ELISA described here appears suitable for the quantitation of STC. Both trout and eel STC could be easily detected with a sensitivity of approximately 18.5 pM (the $M_r$ for trout STC is 54 kDa; Flik et al., 1989). The STC-ELISA and the STC-RIA used by Kaneko et al. (1988) have a sensitivity of approximately 74 pM and 18.5 pM, respectively. The STC-RIA developed by Wagner et al. (1989) has a detection limit of approximately 74 pM.

Our results clearly show that artificially produced high extracellular Ca$^{2+}$ levels induce a release of STC in vivo as well as in vitro. Assuming that such high levels of Ca$^{2+}$ do not occur in normocalcemic eels we conclude that plasma Ca$^{2+}$ is normally not a determining factor in the direct control of STC release.

**In Vivo**

Hypercalcemia, induced by CaCl$_2$ injection, resulted in the release of immunoreactive STC from the CS. This observation confirms reports showing that hypercalcemia induced by CaCl$_2$ injection causes depletion of the hormonal content of CS cells (Lopez et al., 1984; Lafeber and Perry, 1988; Flik et al., 1989). This is consistent with the hypocalcemic function of CS in fish (Pang et al., 1974; Milet et al., 1979; Fenwick, 1982; Wagner et al., 1986; Wandel aar Bonga and Pang, 1986). With an average CS weight of 2.5 mg per fish we calculated that, following this CaCl$_2$ challenge, about 86 µg STC was released into the blood (1 mg CS contained about 125 µg extractable protein). Our ELISA data show a
rise in plasma immunoreactive STC after CaCl₂ injection from 175 to 800 ng · ml⁻¹, equivalent to a rise from 3.2 to 14.8 nM, respectively. Assuming a plasma volume of 7.5 ml (3% of the body weight) the total increase in irSTC will amount to 4.7 μg 4 hr after injection, indicating that 95% of the irSTC initially released has been cleared from the plasma.

In Vitro

We found that variations in extracellular Ca²⁺ in vitro between 0 and 2.0 mM did not significantly affect the basal release of newly synthesized or total immunoreactive STC. Application of the Ca²⁺-chelator EGTA, which in our experimental design reduced external Ca²⁺ to 0.1 μM (Sillen and Martell, 1964; Van Heeswijk et al., 1984), did not decrease basal STC release. Electron micrographs of CS incubated in 0.1 μM, 0 mM, and 1.25 mM Ca²⁺ medium all showed a large number of secretory granules and no apparent signs of altered secretion. However incubation of CS in 2.5 or 3.75 mM Ca²⁺ media stimulated release of both newly synthesized and total immunoreactive STC, and electron micrographs of CS incubated in 3.75 mM Ca²⁺ medium showed marked degranulation of the cells.

A stimulatory effect on the newly synthesized and total immunoreactive STC release was also obtained with calimycin (A23187). The equipotent stimulatory effect of high external Ca²⁺ (2.5–3.75 mM) and calimycin (1.3 × 10⁻⁵ M) on STC release indicates that STC release may be triggered by a surge of internal Ca²⁺. Since addition of CoCl₂ to the medium inhibits high external Ca²⁺ stimulated STC secretion (Wagner et al., 1989), STC release is probably triggered by a Ca²⁺-influx through voltage-independent Ca²⁺ channels in the plasma membrane. External Ca²⁺ concentrations in the physiological range (1.0–1.5 mM), or lower, are apparently unable to open these channels, since they do not induce release. With respect to high external Ca²⁺ levels our results are in line with histological observations of Aida et al. (1980), who found degranulated cells in salmon CS tissue blocks after incubation in media containing 3 and 6 mM Ca²⁺ and after treatment with calimycin (A23187) in the presence of 1.5 mM Ca²⁺. These authors also found that media containing 1.5 mM Ca²⁺ or lower did not induce degranulation. After addition of

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**Fig. 3.** Effect of the medium Ca²⁺ concentration on the release of newly synthesized (□) and total immunoreactive (●) STC from eel CS. STC in nonradioactive incubation medium and CS homogenate together is 100%. (N = 8).
EDTA resulting in a $\text{Ca}^{2+}$ concentration of 0.16–0.21 mM (values that we calculated from their data) no stimulatory effect on degranulation occurred. However, Wagner et al. (1989) showed a dose-related stimulation of the STC release from trout CS cells in primary culture between 1 and 2.5 mM external $\text{Ca}^{2+}$ that plateaued beyond 2.5 mM. In accordance with our results, these authors found that calimycin mimicked the stimulatory effect of 1.8 mM external $\text{Ca}^{2+}$ on STC release. In accordance with the re-

Fig. 4. Electron micrographs of eel-CS after incubation in media containing 0.1 $\mu M$ (A), 0 mM (B), and 1.25 mM (C) $\text{Ca}^{2+}$ show CS cells with many large secretory granula. Incubation in 3.75 mM $\text{Ca}^{2+}$ (D) shows degranulated cells. Magnification. $\times$ 15,000.
and stored STC is preferentially released. This is in accordance with the electron micrographs of cells from CS incubated in 3.75 mM external Ca\(^{2+}\) medium. We conclude that there are more STC pools in the CS cells that are controlled separately. One pool is characterized predominantly by newly synthesized hormone, the other consisting of stored product, have been described in a variety of endocrine cells (e.g., Morrisey and Cohn, 1979). Experiments by Walker and Farquhar (1980) have shown the existence of two individually recruitable secretory pools in prolactin cells of the rat. Newly synthesized prolactin was preferentially released in unstimulated cells whereas TRH-stimulated prolactin cells preferentially release stored prolactin. These observations parallel our results on STC release.

Physiological Significance

Several authors have suggested that the secretory activity of the CS is directly controlled by variations in external (plasma) Ca\(^{2+}\) levels (Aida et al., 1980; Flik et al., 1989). However, the high Ca\(^{2+}\) stimulated...
STC release in vivo does not allow the conclusion that in vivo the secretory activity of the CS is directly controlled by extracellular Ca\(^{2+}\): the hypercalcemia induced by CaCl\(_2\) injection in our studies as well as in the studies cited above (3.75 mM or higher; Lopez et al., 1984; Lafeber and Perry, 1988; Flik et al., 1989) is above what we call the physiological range (1.0-1.5 mM). Our in vitro data show that differences in Ca\(^{2+}\) concentrations in a range corresponding with physiologically relevant plasma Ca\(^{2+}\) concentrations (1.0-1.5 mM) have no effect on STC secretion. We conclude that the high Ca\(^{2+}\) stimulus for the in vitro release of stored STC most likely has no physiological relevance since it is far beyond these physiological plasma Ca\(^{2+}\) concentrations. We suggest that, at least in eels, effects of plasma Ca\(^{2+}\) fluctuations on STC secretion in vivo are indirect and possibly mediated by the nervous system. The CS are richly innervated (Krishnamurthy and Bern, 1971; Wendelaar Bonga et al., 1977) and observations of Unsicker et al. (1977) demonstrated the presence of nerve fibers containing noradrenalin, adrenalin, and 5-hydroxytryptamine in the CS of Salmo irideus. Preliminary results show a stimulatory effect of the acetylcholine agonist carbachol on the irSTC release. This indicates that a nervous factor should be considered to be involved in the regulation of STC secretion.

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REFERENCES


