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The reproducible radio outbursts of SS Cygni


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ABSTRACT

We present the results of our intensive radio observing campaign of the dwarf nova SS Cyg during its 2010 April outburst. We argue that the observed radio emission was produced by synchrotron emission from a transient radio jet. Comparing the radio light curves from previous and subsequent outbursts of this system (including high-resolution observations from outbursts in 2011 and 2012) shows that the typical long and short outbursts of this system exhibit reproducible radio outbursts that do not vary significantly between outbursts, which is consistent with the similarity of the observed optical, ultraviolet and X-ray light curves. Contemporary optical and X-ray observations show that the radio emission appears to have been triggered at the same time as the initial X-ray flare, which occurs as disk material first reaches the boundary layer. This raises the possibility that the boundary region may be involved in jet production in accreting white dwarf systems. Our high spatial resolution monitoring shows that the compact jet remained active throughout the outburst with no radio quenching.

Key words: radio continuum: stars – X-rays: stars – stars: jets, cataclysmic variables, individual (SS Cyg)

1 INTRODUCTION

Cataclysmic variables (CVs) are a class of interacting binary system comprised of a white dwarf that is accreting matter from a red dwarf companion via Roche lobe overflow (see Warner1995 for a comprehensive review of these systems). Dwarf novae are a subclass of CVs in which the K or M dwarf donor star fills its Roche lobe and the transferred matter forms an accretion disk around the weakly-magnetised white dwarf (magnetic field $B \lesssim 10^6$ G; e.g. Warner1995, referred to as non-magnetic). Accretion on to the white dwarf occurs via a boundary layer between the rapidly spinning inner accretion disk and the more slowly spinning white dwarf. These systems undergo episodic outbursts, with typical recurrence timescales varying between $\sim 10$ days and several decades. The outburst mechanism is generally explained by the disk instability model (e.g. Osaki1974, Hoshii1974, Cannizzo et al.1982, Faulkner et al.1983, see Lasota2001).
for a thorough treatment). In this model, the disk viscosity is believed to be too low during quiescence to transport the accreted matter steadily through the disk and onto the white dwarf surface. Therefore, the disk density gradually increases up to a critical point whereupon it becomes optically thick, the temperature and viscosity increase, and mass is rapidly transferred through the disk onto the white dwarf, causing an outburst. The outburst duration is believed to depend on the mass present in the disk at the onset of the instability (Cannizzo 1993), and the rise and decay times correspond to the duration over which the heating or cooling front propagates (Lasota 2003). A source may exhibit alternating long and short outbursts (e.g. Cannizzo & Mattei 1992) due to the effects of tidal dissipation and heating of the outer disk by the impact of the accretion stream, as well as the mass transfer rate fluctuating in a small range about a critical value (Buat-Ménard et al. 2001).

With a degenerate compact object accreting matter from a less-evolved donor star, dwarf novae show many similarities to low-mass X-ray binaries (LMXBs). However, while the existence of jets has been confirmed in certain accretion states of both black hole and neutron star X-ray binaries with the exception of the high-magnetic field neutron star systems (see Fender 2006 and Gallardo 2010 for a review), few CVs have been well studied at radio wavelengths. Until recently, it was believed that dwarf novae, and CVs in general, did not launch jets, placing strong constraints on the jet-launching mechanism (e.g. Livio 1993; Soker & Lasota 2004).

Given the prevalence of jets in all other known classes of object with accretion disks (see, e.g., Livio 1993), the absence of jets in dwarf novae was surprising. Good evidence for the existence of jets from accreting white dwarfs has been found in at least ten of the ∼200 known symbiotic systems (Brockopp et al. 2004; Sokoloski et al. 2004), which are systems consisting of a white dwarf accreting material from a red giant companion star. However, these systems are not believed to contain accretion disks. Accretion is instead thought to proceed via Bondi-Hoyle capture, with the observed outbursts usually being attributed to a thermonuclear runaway of the accreted material on the surface of the white dwarf. During the 2006 nova explosion of the symbiotic recurrent nova RS Oph, highly-collimated bipolar jets ending in moving synchrotron-emitting lobes were directly resolved by radio imaging (O’Brien et al. 2006; Sokoloski et al. 2008). Although the outbursts of recurrent novae such as RS Oph are traditionally explained as nuclear explosions on the white dwarf surface, King & Pringle (2004) instead suggest that this system is in fact a dwarf nova with a very large accretion disk, which could then provide a mechanism for launching and collimating the observed jets. Transient jets have also been observed in super soft X-ray sources (e.g. Crampton et al. 1992; Cowley et al. 1998; Motch 1998; Becker et al. 1998). These very luminous objects contain a highly-accreting white dwarf thought to be undergoing steady nuclear burning (e.g. van den Heuvel et al. 1992). However, the steady nuclear burning requires mass transfer rates at least 10 times higher than those occurring in CVs, and occurs via thermally-unstable Roche lobe overflow, where the donor star is more massive than the accreting object.

Radio observations of the dwarf nova SS Cyg during its 2007 April outburst revealed variable radio emission, consistent with a partially self-absorbed jet (Körding et al. 2008). Radio observations of subsequent SS Cyg outbursts have also shown radio flaring during outburst, followed by fainter, steady emission, with no radio quenching during the outburst (Miller-Jones et al. 2011, 2013). Recently, four non-magnetic nova-like systems, which are CVs with mass transfer rates sufficiently high that their accretion disk is maintained in a constant hot state, have also been detected at radio wavelengths (Körding et al. 2011; Coppejans et al. 2013). However, the radio emission mechanism for nova-like systems remains unclear, with possibilities including synchrotron, gyrosynchrotron or coherent emission emission (Coppejans et al. 2015).

During a typical outburst, X-ray binaries evolve through a range of characteristic accretion states (e.g. Belloni et al. 2011), defined by specific X-ray spectral and variability behaviour. The power and morphology of the jets in these systems is very well coupled with the observed X-ray state in both black hole (e.g. Fender et al. 2004) and neutron star (e.g. Migliari & Fender 2006) systems, implying a fundamental coupling between inflow in the accretion disk and outflow in the jets. Specifically, in black hole systems the hard X-ray states seen at the beginning and end of an outburst are associated with steady, slightly inverted or flat-spectrum (α > 0, where the source flux density Sν varies with frequency ν as, Sν ∝ να), compact jets (e.g. Corbel et al. 2003; Dhawan et al. 2004; Stirling et al. 2001), whereas bright, optically-thin (α < 0), relativistically-moving ejecta are seen at transitions to the soft states (e.g. Mirabel & Rodríguez 1994; Corbel et al. 2004; Fender et al. 2004; Miller-Jones et al. 2012). Low-magnetic field neutron star X-ray binaries trace out similar X-ray evolution patterns to their black hole counterparts (Maitra & Bailyn 2004), and the disk-jet coupling is also believed to be broadly similar in these systems (Migliari & Fender 2006), with radio emission being triggered at transitions between hard and soft states just as in the black hole systems (Tudose et al. 2009; Miller-Jones et al. 2010).

1.1 SS Cyg

SS Cyg is the prototypical dwarf nova, located at a distance of 114±2 pc (Miller-Jones et al. 2013; Nolan & Bond 2013). This object has a very well-sampled optical light curve (Cannizzo & Mattei 1992) stretching back to its discovery in 1896 (Pickering 1896). The long-term behaviour of SS Cyg shows an outburst recurrence time of 40±15 d and a bimodal distribution of outburst durations, with peaks at 7 and 14 d (Cannizzo & Mattei 1992). During outburst, the visual magnitude rises from the quiescent visual magnitude of m_v ∼ 12 to m_v ∼ 8.5. Despite the bimodal distribution of outburst durations, this system displays a narrow range of outburst rise and decay times, exhibiting a rise of 0.56 ± 0.14 d mag^{-1} and a decay rate of 2.38 ± 0.27 d mag^{-1} (Cannizzo & Mattei 1995). A small fraction (∼17%; Cannizzo & Mattei 1998) of outbursts are observed to be slow-rise (historically referred to as “anomalous”), which rise at a rate of between 1.25 and 3.75 d mag^{-1}, and do not appear to be strongly peaked around one particular rise time (Cannizzo & Mattei 1998).

The most detailed ultraviolet and X-ray coverage (probing the inner regions of the accretion flow) of an outburst...
from SS Cyg was provided by Wheatley et al. (2003), using data from the Extreme Ultraviolet Explorer (EUV) and the Rossi X-ray Timing Explorer (RXTE). These observations showed that the initial optical rise was accompanied by a hard X-ray flare, which rapidly quenched as the boundary layer became optically thick to its own radiation and cooled efficiently, causing the hard X-rays to give way to the extreme ultraviolet emission. Residual hard X-ray emission persisted through the outburst phase (fainter than quiescent levels) before rising again, more slowly this time, at the end of the optical and ultraviolet decay phase, before eventually fading back to quiescent levels.

Following up on the detection of radio emission during outburst (Kording et al. 2008), SS Cyg was targeted with a multi-wavelength monitoring campaign during its 2010 April outburst. Triggered from monitoring data provided by the American Association of Variable Star Observers (AAVSO), the 2010 campaign included radio observations taken with the Very Large Array (VLA), the Westerbork Synthesis Radio Telescope (WSRT) the Very Long Baseline Array (VLBA) and the European Very Long baseline interferometry Network (EVN) at radio wavelengths, AAVSO in the optical band, as well as RXTE and Swift at X-ray wavelengths. In Section 2 we describe this observing campaign and our data analysis methods. We detail our results in Section 3 and go on to discuss the nature of the radio emission and implications for the jet-disk coupling in Section 4 before summarising our conclusions in Section 5.

Table 1. VLA observations of SS Cyg. Flux density errors are statistical uncertainties on the fitted source parameters (systematic uncertainties of 1% have not been included). Specified Modified Julian Dates (MJDs) are for the mid-point of the observation, with the quoted uncertainty of ±0.01 days reflecting the observation duration.

<table>
<thead>
<tr>
<th>Date</th>
<th>MJD</th>
<th>Frequency (GHz)</th>
<th>Flux density (mJy)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010 Apr 21</td>
<td>55307.46</td>
<td>8.459±0.128</td>
<td>0.20±0.03</td>
</tr>
<tr>
<td>2010 Apr 22</td>
<td>55308.47</td>
<td>4.599±0.064</td>
<td>0.81±0.03</td>
</tr>
<tr>
<td>2010 Apr 23</td>
<td>55309.47</td>
<td>7.899±0.064</td>
<td>0.72±0.03</td>
</tr>
<tr>
<td>2010 Apr 25</td>
<td>55311.59</td>
<td>4.599±0.064</td>
<td>0.62±0.03</td>
</tr>
<tr>
<td>2010 Apr 27</td>
<td>55313.35</td>
<td>4.599±0.064</td>
<td>0.28±0.02</td>
</tr>
<tr>
<td>2010 Apr 30</td>
<td>55316.47</td>
<td>4.599±0.064</td>
<td>0.52±0.04</td>
</tr>
<tr>
<td>2010 May 02</td>
<td>55318.42</td>
<td>4.599±0.064</td>
<td>0.44±0.04</td>
</tr>
<tr>
<td>2010 May 06</td>
<td>55322.49</td>
<td>4.599±0.064</td>
<td>0.20±0.02</td>
</tr>
<tr>
<td>2010 May 09</td>
<td>55325.47</td>
<td>4.599±0.064</td>
<td>0.28±0.02</td>
</tr>
</tbody>
</table>

Figure 1. 2010 April 22 (MJD 55308) 4.6 GHz VLA image of SS Cyg, showing the 1.16±0.02 mJy (at 4.6 GHz) confusing source 22′′3 to the WNW of the target at a position of 21:42:40.932±0.′16 in R.A. and 43:35:16.281±0.′′12 in Declination. SS Cyg is marked by the VLBA source position (black cross). Contour levels are at ±(√2)n times the rms noise (25 µJy), where n = −3, 3, 4, 5, 6,... (dashed contours represent negative values). We estimate the spectral index of the nearby source to be α = −0.05 ± 0.09.

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Table 2. WSRT observations of SS Cyg, observed at 4.901 GHz with a bandwidth of 160 MHz. Flux density errors are statistical uncertainties on the fitted source parameters. Specified Modified Julian Dates (MJDs) are for the mid-point of the observation, with the quoted uncertainties reflecting the observation duration.

<table>
<thead>
<tr>
<th>Date</th>
<th>MJD</th>
<th>Flux density (mJy)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010 Apr 24</td>
<td>55310.48±0.06</td>
<td>0.36±0.03</td>
</tr>
<tr>
<td>2010 Apr 26</td>
<td>55312.39±0.15</td>
<td>0.20±0.03</td>
</tr>
</tbody>
</table>

There were a number of additional sources within the field, particularly in the 4.6 GHz sub-band. The presence of a 1.16-mJy source (at 4.6 GHz) only 22′′ field, particularly in the 4.6 GHz sub-band. The presence of SS Cyg (Figure 1) required us to subtract this source in the uv-plane prior to fitting for the flux density of SS Cyg. The nearby source did not vary between observations, has a fitted position of 21:42:40.932±0.06 and resulted in a very poor quality image (WSRT is an east-west array). Therefore, we were unable to derive any useful information from this observation.

2.2 WSRT

The Westerbork Synthesis Radio Telescope (WSRT) observations were carried out on 2010 April 24 (09:39–13:07 UT), April 26 (05:57–13:00 UT) and April 28 (04:31–05:43 UT). We observed at a median frequency of 4.901 GHz in full polarisation mode with eight 20-MHz sub-bands, each comprising 64 channels, for a total bandwidth of 160 MHz. Standard flagging and calibration, as well as imaging were done in MIRIAD Sault et al. 1992. The reported flux density of the point source was measured in the image-plane (Table 2).

The observation taken on April 28 was only 70 min long and resulted in a very poor quality image (WSRT is an east-west array). Therefore, we were unable to derive any useful information from this observation.

2.3 VLBA

Having detected SS Cyg in the radio band with the VLA, we triggered higher angular resolution observations with the VLBA under project code BM308. We observed at 8.4 GHz in dual circular polarization, using the maximum available recording rate of 512 Mbps, corresponding to an observing bandwidth of 64 MHz per polarization. The observations were phase-referenced to the nearby calibrator source J2136+4301, from the fifth VLBA Calibrator Survey (VCS-5 Kovalev et al. 2007) and located 1.3′′ from SS Cyg. We switched between target and calibrator with a cycle time of 3 min, substituting the VCS-3 Petrov et al. 2005 check source J2153+4322 for every seventh scan on the target. At the start and end of every observing run, we observed a range of bright calibration sources at differing elevations to better solve for un-modelled clock and tropospheric phase errors using the AIPS task DELZN, thereby improving the success of the phase transfer. Data reduction was carried out according to standard procedures within AIPS. Flux densities were calculated by fitting a point source to the target in the image plane (Table 3). These observations have previously been reported by Miller-Jones et al. 2013.

Table 3. 8.4 GHz VLBA observations of SS Cyg. Specified Modified Julian Dates (MJDs) are for the mid-point of the observation, with the quoted uncertainties reflecting the observation duration. Systematic flux uncertainties of 5% have not been included.

<table>
<thead>
<tr>
<th>Date</th>
<th>MJD</th>
<th>Flux density (mJy)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010 Apr 22</td>
<td>55308.58±0.14</td>
<td>0.47±0.05</td>
</tr>
<tr>
<td>2010 Apr 23</td>
<td>55309.58±0.14</td>
<td>0.39±0.06</td>
</tr>
<tr>
<td>2010 Apr 24</td>
<td>55311.76±0.13</td>
<td>0.29±0.06</td>
</tr>
<tr>
<td>2010 Apr 30</td>
<td>55316.77±0.10</td>
<td>0.39±0.07</td>
</tr>
<tr>
<td>2010 May 02</td>
<td>55318.43±0.04</td>
<td>0.25±0.07</td>
</tr>
<tr>
<td>2010 May 06</td>
<td>55322.74±0.13</td>
<td>&lt;0.15</td>
</tr>
<tr>
<td>2012 Aug 12</td>
<td>56151.29±0.12</td>
<td>0.93±0.06</td>
</tr>
<tr>
<td>2012 Oct 30</td>
<td>56231.10±0.11</td>
<td>0.17±0.05</td>
</tr>
</tbody>
</table>

We have also included VLBA observations from 2012 August 12 and 2012 October 30 (project code BS215), as reported by Miller-Jones et al. 2013.

2.4 EVN

We include two observations of SS Cyg reported by Miller-Jones et al. 2013. The observations were carried out on 2011 August 25 and 2012 May 16 using the same phase reference and check sources as the VLBA observations. The observations were taken at a central frequency of 5.0 GHz in dual polarisation mode, with 128 MHz of bandwidth per polarisation. Data reduction was carried out in AIPS and flux densities were calculated by fitting a point source in the image plane (Table 4).

Table 4. 5 GHz EVN observations of SS Cyg reported by Miller-Jones et al. 2013. Specified Modified Julian Dates (MJDs) are for the mid-point of the observation, with the quoted uncertainties reflecting the observation duration. Systematic flux uncertainties of 5% (at 1σ) have not been included.

<table>
<thead>
<tr>
<th>Date</th>
<th>MJD</th>
<th>Flux density (mJy)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2011 Aug 25</td>
<td>55798.95±0.12</td>
<td>3.05±0.11</td>
</tr>
<tr>
<td>2012 May 16</td>
<td>56063.17±0.12</td>
<td>1.29±0.05</td>
</tr>
</tbody>
</table>

We observed SS Cyg with RXTE during its 2010 outburst. Following Altamirano et al. 2008, we used the 16 s time-resolution Standard 2 mode PCA data to calculate X-ray colours and intensities. Hard and soft colours were defined as the count rate ratios (9.7–16.0 keV/6.0–9.7 keV) and (3.5–6.0 keV/2.0–3.5 keV), respectively, and intensity was defined as the 2.0–16.0 keV count rate. Standard modelled background was subtracted (using PCABACKEST built in HEASOFT V6.9) and deadtime corrections were made on a per-PCU, per instrumental gain epoch basis. In the observations during which SS Cyg was the faintest, we detected the source at ~ 1.5 cts s⁻¹ PCU⁻¹. We estimate any systematic error.
Radio outbursts of SS Cyg

Figure 2. Light curves of SS Cyg during the 2010 April outburst. Top panel: radio lightcurves from the VLA (filled diamonds and circles), VLBA (open squares) and WSRT (open triangles), where red and blue indicate ~5 GHz and ~8 GHz radio observations, respectively. Visual magnitudes from AAVSO are shown in light grey points, marking the progress of the outburst. Second panel: radio spectral index ($\alpha$, where $S_\nu \propto \nu^\alpha$). Third panel: Swift/XRT and RXTE count rates, measured in the 0.3–10 keV and 2–16 keV bands, respectively. Bottom panel: Swift/XRT hardness, defined as the count rate ratio (1.5–10)/(0.3–1.5) keV. Shaded panels represent the rise and decay periods of the outburst (see Section 4.2 for definition), with the plateau phase in-between. The evolution of the 2010 outburst appears to follow the standard optical and X-ray outburst pattern for this source.
in the intensity (due to diffuse non-modelled background) to contribute \(\sim 0.5\,\text{cts}\,\text{s}^{-1}\,\text{PCU}^{-1}\) at its maximum.

2.6 Swift

The *Swift* X-ray telescope (*Swift*/XRT) monitored SS Cyg during its 2010 April outburst. We retrieved the XRT observations from the High Energy Astrophysics Science Archive Research Centre (HEASARC) public archives. Observations of 1 ks were obtained on a roughly daily basis between April 20 and May 11, except for a 4-day interval between May 1 and May 5. All of the XRT data were collected in Photon Counting mode, and were extracted with the online XRT product generator (Evans et al. 2009), which corrects for the known pile-up.

For the majority of the 2010 April outburst (for all times before May 9), the UV source was too bright to be usefully observed and saturated the UVOT. The final three observations collected data using the uvm2 filter, which has a central wavelength of 2246 Å. The magnitude at this time was uvm2 \(\sim 11.75\,\text{mag}\).

3 RESULTS

3.1 Light curves

The radio, optical and X-ray monitoring show the rise and decay of the 2010 April outburst of SS Cyg (Figure 2). Following the initial AAVSO detection, the optical monitoring showed a gradual rise for the first \(\sim 1.5\) days of the outburst, followed by a sudden rapid increase. The optical emission then gradually declined for \(\sim 10\) days, before a more rapid decline at the end of the outburst.

The radio emission brightened rapidly at the beginning of the outburst, with a detected peak of \(0.81\pm0.03\,\text{mJy}\) at 4.6 GHz \(\sim 0.5\) days after the peak optical brightness (although variability within the observation showed a peak observed radio flux of \(1.2\pm0.1\,\text{mJy}\,\text{beam}^{-1}\) at the start of the observation; Section 3.1.1 and Figure 3). During the rapid brightening, the radio emission evolved from a flat or slightly steep spectrum \((\alpha=-0.3\pm0.2)\) to steep spectrum \((\alpha=-0.8\pm0.3)\) at the peak of the observed radio emission (Figure 2, second panel; although the uncertainties are large and the results are consistent at 1-sigma), before becoming consistent with flat \((\alpha=0)\) as the outburst began to fade. The radio emission brightened \(\sim 3\) days later, before fading. However, our VLBA monitoring showed an increase in flux on MJD 55316, that was discrepant from our VLA data that could be a flare. Although, this measurement is only \(\sim 2\sigma\) from the VLA points. During the decay period, large uncertainties do not allow us to place strong constraints of the radio spectrum (which could be consistent with either a flat or steep spectrum).

The X-ray monitoring showed the object brighten slightly at similar times to the optical before the X-ray flux dropped and remained steady during the optical peak of the outburst. During this steady plateau phase the X-ray spectrum was at it softest. The X-ray flux once again increased as the optical emission rapidly faded (Figure 2, and the X-ray spectrum hardened.

![Figure 3. Variability of SS Cyg (red squares) during the MJD 55308 VLA observation (which was the brightest radio observation of the 2010 outburst). Here we show the 5 GHz observation binned into 6-minute time intervals. Check sources within the field (blue and black points) only varied within the noise, while SS Cyg varied significantly over the same time (according to statistical tests outlined by Bell et al. 2017).](image-url)
Figure 4. Variability of SS Cyg during the 2011 August (top panel) and 2012 May (lower panel) EVN observations, which were both taken near the start of the outburst. Binning the 5 GHz observation into 30-minute time intervals shows that the target varied by up to 5 mJy and 1.5 mJy over a few hours during the 2011 August and 2012 May EVN observations, respectively.

3.2 Imaging

Resolving the radio emission with VLBI observations would provide strong evidence that the radio emission arises from a synchrotron-emitting jet. We therefore searched for any hint of resolved radio emission in our VLBA monitoring epochs. In four of the five epochs in which SS Cyg was detected with the VLBA, the source was unresolved, placing a constraint on the brightness temperature of the radio source, $T_b > 5.4 \times 10^6$ K, where

$$ T_b = \frac{c^2 S_\nu}{2\nu^2 k_B \Omega}. \quad (1) $$

$c$ is the speed of light, $k_B$ is Boltzmann’s constant, and $\Omega$ is the solid beam angle. However, in the third epoch (MJD 55311), we found marginal evidence for a resolved jet at an angular separation of 12.1 mas from the central source, along a position angle 70° E of N (Figure 5). It was detected at a 3σ level by only the shorter baselines to and between the southwestern antennas (KP, LA, OV, PT), and appears to have been resolved out on the longer VLBA baselines (>2328 km). Its peak flux density was $240 \pm 60$ μJy beam$^{-1}$, and the integrated flux density was $670 \pm 220$ μJy.

To verify whether or not this component was real, we conducted a series of tests, splitting the data in two in the frequency, time, and polarization domains to determine whether the possible jet component was an artifact arising from instrumental or calibration issues in part of the data. However, the low signal-to-noise ratio of the detection meant that such tests were inconclusive, with both the radio core and possible jet components dropping below the 3σ level, as expected. We therefore tested removal of smaller fractions of the data, both in the time (removing 90-min chunks), frequency (removing single 8-MHz IF pairs), and baseline (removing single antennas) domains. While the jet component was only detected when all four southwestern antennas were present, in no other case did it disappear completely. Furthermore, as expected from the low significance, gradually shifting the robust weighting scheme from natural to uniform made the jet component disappear as the noise level increased.
The VLA flux density measured at 7.9 GHz a few hours prior to the VLBA observations is lower than the summed flux of the core and possible jet components in the VLA image (similar to that of the radio core alone, measured at 8.4 GHz). There is a tentative suggestion of variability seen within the 40-min VLA observation at this epoch, where the 7.9-GHz VLA flux density dropped by a factor of ~2 during the observation (although tests showed this variability not to be significant; Section 3.1.1), making it possible that the flux density could have changed by the time of the VLBA run.

In summary, we cannot convincingly determine whether or not this jet component is real from our data alone. Future high-cadence observations with higher sensitivity on short to medium VLBI baselines (up to ~2000 km) would be required to confirm or refute this suggestion of a jet.

If the component were to be real, we could use the baseline lengths on which it was resolved out to derive a size scale of 0.2–0.5 AU for the ejecta. At a projected angular separation of ~1.4 AU this would imply a jet opening angle in the range 8–20°. The fact that the system was unresolved in both the preceding and subseqent VLBA observations (2 days before and 5 days after this observation) would suggest that either the ejecta are dark and we are seeing the hot spot where they impact the surrounding medium, or that the resolved component propagated out to an angular separation of 12 mas in 2 d, which would place a lower limit of ~1200 km s⁻¹ on the jet speed, well below the escape speed of a 0.81 M⊙ white dwarf (the mass of SS Cyg; Bitner et al. 2007). Inclination effects could increase this by a factor of ≤1.4 (SS Cyg is thought to have an inclination of 45–56°; Bitner et al. 2007). Transient jet emission from the highly-accreting neutron star system Scorpius X-1 (Hiellming et al. 1995; Fomalont et al. 2001) has been observed to brighten by a factor of ~7 in less than an hour, and then fade by a factor of ~2 over a few hours (Fomalont et al. 2004). Therefore, if dwarf novae launch jets in a similar way to their neutron star counterparts, shock brightening could account for the appearance of a resolved component in only one of our VLBA observations, while adiabatic expansion losses could then cause it to fade below detectability by the time of the subsequent observation. Thus, while the properties of the putative jet seem plausible, we will not consider it further in our discussion, pending a higher-significance detection from a future outburst.

4 DISCUSSION

4.1 The nature of the radio emission

Following the arguments of Körding et al. (2008), the observed radio emission may originate from free-free, synchrotron, or coherent emission processes. Free-free emission could be produced by a wind-formed gas cloud during an outburst (Cordova et al. 1983; Fuerst et al. 1986). At radio frequencies, optically-thick thermal free-free emission from an ionised gas generally produces brightness temperatures of 10⁵–10⁶ K and a spectral index of ~2 (Rybicki & Lightman 1972; Longair 1992), inconsistent with our observed brightness temperature of >5.4×10⁶ K and radio spectrum (Figure 2). The superposition of optically-thick and optically-thin free-free emission can produce a spectrum consistent with our observations. However, according to the disk instability model, the accretion rate of SS Cyg during outburst should be similar to its critical accretion rate of ~1.4×10⁻⁸ M⊙ yr⁻¹ (Schreiber & Lasata 2007).

If we then assume that an un-collimated outflow carries all of the accreted material into an emitting cloud of ionised gas, the free-free radio flux can be expressed as (Wright & Barlow 1973, equation 8)

\[ S_\nu = 23.2 \left( \frac{M}{\mu \sigma}\right)^{4/3} \frac{\nu^{1/3}}{D^2} \gamma^{2/3} g^{2/3} Z^{4/3} \text{Jy}, \]

where \( M \) is in M⊙/yr, \( D \) is the source distance in units of kpc, \( \nu \) is the ejection velocity, \( \mu \) is the mean atomic weight of the outflow, \( g \) is the Gaunt factor, \( \gamma \) is the ratio between the number of electrons and the number of ions, and \( Z \) is the atomic charge. Assuming \( M = 1.4 \times 10^{-8} \text{M}_\odot \text{yr}^{-1} \) (Schreiber & Lasata 2007), \( D = 0.114 \text{kpc} \) (Miller-Jones et al. 2013), \( \nu \approx 6200 \text{km s}^{-1} \), which is the escape velocity of SS Cyg, assuming a white dwarf mass of 0.81 M⊙ (Bitner et al. 2007) and a radius of 5.5×10⁶ cm, \( g \approx 1.2 \), \( \gamma \approx 1.26 \) and \( Z = 1 \), we place an upper limit on the free-free radio flux of ~2μJy at 7.9 GHz, much lower than our observed peak radio flux (of ~1 mJy at 7.9 GHz during the 2010 monitoring). Even a clumpy wind with a filling factor of 1% would not be able to produce the observed radio flux. Therefore, it is unlikely that the radio emission is of thermal origin. In fact, to produce the brightest observed 7.9 GHz flux from the 2010 outburst, the mass accretion rate would need to be ~2 orders of magnitude higher than the mass transfer rate predicted by the disk instability model.

Coherent emission may be produced by electrons trapped in the magnetosphere of the white dwarf (Chamnumg & Dulk 1982). This emission is characterised by a very steep radio spectrum with high levels of circular polarisation (close to 100%). During the peak of the outburst (MJD 55308), we observe a relatively flat spectrum and place an upper limit on the circular polarisation of 3% and 2.6% at 4.6 GHz and 7.9 GHz, respectively. Gyrosynchrotron emission is able to produce the observed radio spectrum (Benz & Güdel 1983). However, the low level of circular polarisation argues against this mechanism. Also, in agreement with Körding et al. 2008, for the brightness temperature to not exceed the Compton limit (of ~10¹² K) during the plateau phase of the outburst, the size of the emitting region must be larger than ~75,000 km. This is much larger than the expected magnetosphere size for a white dwarf (which is thought to be less than a few white dwarf radii; Warner & Woudt 2002). SS Cyg is also thought to have a relatively low magnetic field (Warner & Woudt 2002). Therefore, it is unlikely that the radio emission arises from magnetically-driven processes around the central white dwarf.

Synchrotron emission is able to produce spectral indices between ~1.5 and 2.5, as well as brightness temperatures up to 10⁷ K (if unbeamed) and is thus the most likely process responsible for the observed radio emission. If the tentative resolved jet component was real (Section 3.2), this would support the synchrotron nature of this radio emission. However, if the component was not real, we can still use our VLBI imaging to place constraints on the size scale of the jet. The VLBA observations recovered the full VLA flux.
Table 5. SS Cyg outburst parameters

<table>
<thead>
<tr>
<th>Date</th>
<th>(t_{\text{rise}}^a) (d mag(^{-1}))</th>
<th>(t_{\text{decay}}^a) (d mag(^{-1}))</th>
<th>Duration(^b) (d)</th>
<th>Start time(^b) (MJD)</th>
<th>End time(^b) (MJD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1996 October</td>
<td>0.61</td>
<td>2.39</td>
<td>6.09</td>
<td>50365.84</td>
<td>50371.93</td>
</tr>
<tr>
<td>2007 April</td>
<td>0.49</td>
<td>2.68</td>
<td>12.20</td>
<td>54215.04</td>
<td>54227.25</td>
</tr>
<tr>
<td>2010 April</td>
<td>0.56</td>
<td>2.50</td>
<td>13.86</td>
<td>55307.09</td>
<td>55320.95</td>
</tr>
<tr>
<td>2011 August</td>
<td>0.55</td>
<td>1.98</td>
<td>6.23</td>
<td>55797.80</td>
<td>55804.03</td>
</tr>
<tr>
<td>2012 May</td>
<td>0.58</td>
<td>2.29</td>
<td>13.74</td>
<td>56062.13</td>
<td>56075.86</td>
</tr>
</tbody>
</table>

\(^a\)Defined as half the crossing time between \(m_{\text{vis}}=11\) and \(m_{\text{vis}}=9\) (Cannizzo & Mattei 1998).

\(^b\)Defined as the crossing of \(m_{\text{vis}}=10\) (Cannizzo & Mattei 1992).

Figure 6. The optical rise and decay of the 1996, 2007, 2010, 2011 and 2012 outbursts. Left panel: AAVSO visual band lightcurves of the rise, aligned to the interpolated \(m_{\text{V}}=11\) crossing. Right panel: AAVSO visual band lightcurves of the decay, aligned to the interpolated \(m_{\text{vis}}=9\) crossing times. The AAVSO magnitudes have a 0.1 mag granularity, and the dashed horizontal lines show \(m_{\text{vis}}=11\) and \(m_{\text{vis}}=9\).

The rise and decay times are consistent despite the bimodal outburst duration (Table 5).

density at all epochs except the first (where the discrepancy between the VLA and VLBA fluxes can be explained by the observed variability of the source; see Section 3.1.1), suggesting that we are not resolving out any radio emission. Therefore, the emitting region would be constrained to within the VLBA beam size of 2.6\(\times\)1.2 mas\(^2\). At a distance of 114 pc (Miller-Jones et al. 2013), this corresponds to a size scale of <0.3 AU. For SS Cyg to have remained unresolved at the final VLBA epoch in which the source was detected (~11 d after the onset of the outburst and assuming the resolved component was not real), the average expansion velocity would need to be <47 km s\(^{-1}\), more than two orders of magnitude below the escape velocity from the surface of the white dwarf, which seems implausible. Therefore, in this scenario, unless the radio emission can be attributed to the donor star, an unresolved compact jet seems the most likely explanation. Linear polarisation would help to diagnose the emission mechanism. However, polarisation calibration was not set up and even if it had been, at our sensitivity level we would only have been able to significantly detect linear polarisation (5\(\sigma\)) above 10% in the first epoch.

4.2 Outburst comparison

As suggested by Körding et al. (2008), we can use the extreme ultraviolet emission of the source as a tracer for the luminosity arising from the accretion disk and boundary layer. Since the source was too bright for Swift UVOT, we were unable to obtain any coverage of the 2010 April outburst in the ultraviolet band, except at the very end of the outburst. The
most complete ultraviolet coverage in the literature is the EUVE data published by Wheatley et al. (2003). Thanks to the detailed AAVSO time series over the past century, we are able to compare the dense multiwavelength monitoring of the 1996 October outburst with the 2007, 2010, 2011 and 2012 radio outbursts to estimate the UV and X-ray behaviour during the radio outbursts, under the assumption that the rise and decay behaviour is sufficiently similar between the events. This assumption is supported by the narrow distribution of rise and decay times of the outbursts of SS Cyg (Cannizzo & Mattei 1998). Also, an analysis of the hard X-ray emission of four separate outbursts between 1996 and 2000 showed that the morphology was essentially the same, despite the different outburst durations (McGowan et al. 2004).

Figure 7. The aligned radio observations of SS Cyg during outburst. The outburst start times are determined by the $m_{\text{vis}}=10$ crossing times. Here we show the AAVSO (grey dots) and radio (blue points) monitoring of the 2010 April outburst, the 8.6 GHz VLA radio observations (red diamonds) presented in Körding et al. (2008) and the 8.4 GHz VLBA and 5.0 GHz EVN observations from Miller-Jones et al. (2013), showing the averaged 2011 August (cyan square) and 2012 May (yellow triangle) EVN observations, as well as the averaged 2012 August (green circle) and 2012 October (black triangle) VLBA observations. The black error bar in the bottom right shows the ±0.25 day error on the alignment (where the uncertainty arises from the optical scatter). Here we see the similarity between the 2007 and 2010 radio lightcurves, as well as the similar timing of the initial bright radio flare across multiple outbursts.

To align each outburst, we define the start and end time of the outburst as the weighted mean of the $m_{\text{vis}}=10$ crossing time (Cannizzo & Mattei 1992), although the source can be identified to be in outburst well before this magnitude is reached. We then define the rise and decay phases as the linear interpolation of the re-binned (to 1d) $m_{\text{vis}}=11$ and $m_{\text{vis}}=9$ crossing times (Cannizzo & Mattei 1998; Wheatley et al. 2003). We find that despite the differences in duration (the 1996 and 2011 outbursts were short duration, while the 2007, 2010 and 2012 outbursts were long), the rise and decay phases of the outbursts compared well (Table 5 and Figure 6), with the rise and decay times falling within 1- and 1.5-σ of the mean determined by Cannizzo & Mattei (1998), respectively, justifying our comparison of the 2007, 2010, 2011 and 2012 outbursts to the 1996 event to estimate the UV and X-ray emission. Aligning the radio observations of multiple outbursts shows that, as at higher frequencies, the radio morphology appears to be consistent and reproducible during typical long and short duration outbursts (Figure 7), implying that the radio emission is likely to be driven by the same mechanism during each outburst.

All outbursts show an initial bright flare ($\gtrsim 1\,\text{mJy}$) within 0.5–2 days of the $m_{\text{vis}}=10$ crossing time. Binning the 2011 August EVN monitoring in 30-minute intervals shows that the 2011 radio outburst peaked at 5.6±0.4 mJy 1.10±0.25 days after the beginning of the outburst (where the uncertainty results from the optical scatter of the optical rise; Figure 6). We also observe the fading stage of a similar flare in the 2012 outburst. While we only observe the decay of the 2012 May flare, the re-aligned 2011 and 2012 radio flare decays appear within 0.25 days of each other, consistent within the optical scatter in the rise (of ~0.5 days), and therefore, could be coincident.

The VLA monitoring also observed a second radio
Figure 8. Comparison of the rise (left panels) and decay phases (right panels) of multiple outbursts from SS Cyg. The outburst start and end times are aligned according to the interpolated $m_{\text{vis}}=10$ crossing times (Section 4.2). The $\pm0.25$ day error in the alignment is shown as the black error bar at the bottom of the top left panel and half-day intervals are shown by the vertical grey lines. The top panels show the AAVSO (grey dots) and 7.9 GHz radio (blue points) monitoring of the 2010 April outburst, the 8.6 GHz VLA radio observations of the 2007 outburst (red diamonds; Körding et al. 2008), as well as the 5.0 GHz EVN and 8.4 GHz VLBA observations, showing the 2011 August (cyan squares), 2012 May (yellow triangles) and 2012 August (green points) observations (taken from Miller-Jones et al. 2013). The second panels link the 2010 April AAVSO observations (grey points) to the EUVE (red points) and AAVSO (yellow points) monitoring of the 1996 October outburst from Wheatley et al. (2003). The bottom panels show the Swift and RXTE lightcurves of the 2010 April outburst (black and green points) and the 1996 October RXTE lightcurve (red squares; from Wheatley et al. 2003). The similarities between the rise and decay of the optical outbursts of SS Cyg are well documented (e.g. Cannizzo & Mattei 1992), allowing us to link the emission at different wavebands. The monitoring shows that the radio emission switches on during the initial X-ray brightening, before peaking at similar times to the UV band. Following the initial flare the radio emission then shows a plateau phase for $\sim5$ days before fading.

4.2.1 X-ray and UV outburst

The optical and X-ray rise and decay light curves from the 2010 and 1996 outbursts show similar morphology (Figure 8), with the only difference being the timing of the X-ray rise observed at the end of the outbursts. This rise occurred $\sim1.5$ days earlier in the 2010 outburst than it did in the 1996 one (Figure 8 right column, bottom panel), suggesting that...
the inward propagation of the cooling wave was not ideal-
cially between outbursts, such that the state of the outer disk
(as represented by the optical emission) does not corre-
spont perfectly to a given set of conditions in the inner accretion
flow (which is also shown by the 1–2 day scatter between
outbursts during the decline; Figure 8). This shift in time is
smaller than the spacing of our radio observations. There-
fore, it should not significantly affect the predicted X-ray
behaviour at the times of the radio observations.

At the start of the outburst, the initial X-ray rise be-

gan at a similar time as the $m_{vis}=10$ crossing (Figure 8
(left column, third panel), peaking ~0.5 days after the
outburst start before rapidly quenching. This rise is thought
to occur as material first reaches the boundary layer, while
the suppression results from the boundary layer becom-
ing optically thick to its own emission (Wheatley et al.
2003). At the same time as the X-ray suppression, the
extreme-UV emission brightened dramatically. As discussed
by Wheatley et al. (2003), the coincidence of the X-ray sup-
pression and the extreme-UV rise indicates that these two
components likely arise from the same emitting region (the
boundary layer).

4.3 Disc-jet coupling

During the early stages of an outburst, radio emission is
first detected at similar times to the initial X-ray flare, be-
fore brightening rapidly to $> 1$ mJy (up to ~5.6 mJy)
within 0.5–1.8 days of the outburst start (Figure 8
(left column, first and second panels). The 2011 EVN mon-
toring shows the target brightening by ~5 mJy over
~2 hours, giving a variability brightness temperature of
~$5.5 \times 10^5$ K. The radio emission then exhibits a plateau
phase for ~5 days (although the 2010 monitoring shows a
smaller second flare and subsequent flares may occur
that were not sampled by the radio observations; Figure 2
and then fades. The initial X-ray flare is thought to oc-
cur as the disk material first reaches the boundary layer
Wheatley et al. (2003), which is both vertically (along the
white dwarf surface) and radially extended (with a dynam-
ic width of ~0.01 $R_{WD}$) and a thermal width over which
the boundary layer luminosity is radiated of ~$0.1 R_{WD}$; e.g.
Narayan & Popham 1993, Popham & Narayan 1993,
Popham 1997, Popham & Sunyaev 2001). The coincidence of
the radio switching on at the same time implies that the
mechanisms responsible for the two could be related.
Therefore, the presence of a boundary layer could be im-
plied in the generation of the observed radio emission in these
objects. The high-resolution observations show sustained
radio emission from SS Cyg during the outburst (Figure 2
while the VLA monitoring showed a radio spectrum that
was consistent with flat, indicating that the compact radio
jet remained active throughout the observations.

Compact radio jets are observed from both black hole
and neutron star X-ray binaries. While there are clear
similarities between the two classes of object, there are
important quantitative differences. For example, neutron
star systems produce lower radio luminosities, $L_R$ (defined
as $4\pi D^2\nu S_{\nu}$), at a given X-ray luminosity, $L_X$, to their
black hole counterparts (Migliari & Fender 2006) and the
two classes display different correlations. Black holes gen-
erally exhibit a slope of 0.63±0.03 (e.g., Corbel et al.
2013,
Gallo et al. 2012), while neutron star systems are thought
to display a slope of ~0.7 for atoll and Z sources or ~1.4 for
hard state atoll sources (Migliari & Fender 2006). Although
transitional millisecond pulsars, TMRs, may exhibit a simi-
lar $L_R$ to $L_X$ relationship as black hole systems, Deller et al.
2013. Recent works have used an object’s behaviour in the $L_R/L_X$ plane to classify its nature (e.g., Chomiuk et al. 2013,
Miller-Jones et al. 2013). Therefore, although X-ray obser-
vations of dwarf novae do not sample the full accretion lu-
ninosity and cannot be used to compare the emission mech-

Table 6. The range of radio and X-ray luminosities of SS Cyg
during the flaring, plateau and decay phases of its 2010 outburst.

<table>
<thead>
<tr>
<th>Phase</th>
<th>$L_R$ (5 GHz, erg s$^{-1}$)</th>
<th>$L_X$ (1–10 keV, erg s$^{-1}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flaring</td>
<td>$(0.4–4.7) \times 10^{30}$</td>
<td>$(0.5–3.7) \times 10^{32}$</td>
</tr>
<tr>
<td>Plateau</td>
<td>$(1.4–4.0) \times 10^{29}$</td>
<td>$(4.0–8.8) \times 10^{31}$</td>
</tr>
<tr>
<td>Decay</td>
<td>$(1.0–1.5) \times 10^{29}$</td>
<td>$(0.1–3.7) \times 10^{32}$</td>
</tr>
</tbody>
</table>

Figure 9. The radio/X-ray correlation of SS Cyg during its ini-
tial flaring phase (red error bars), plateau phase (blue error bars)
and decay phase (Figure 2 and Section 4.2). We also plot repre-
sentative black hole and neutron star systems, as well as transi-
tional millisecond pulsars (TMRs), with their proposed $L_R \propto L_X$
correlations. During its brightest radio flare (which only l asted
a few hours; Figure 8), the $L_R/L_X$ of SS Cyg appeared as ra-
dio bright as the proposed TMSP track ($L_R \propto L_X^{0.6}$, shown
by the dot-dashed line; Deller et al. 2013) but remained a factor
of ~4 below the expected radio luminosity of black holes at
similar X-ray luminosities (shown by the dashed line). During
the plateau and decay phase, SS Cyg was as radio bright as the
$L_R \propto L_X^{0.7}$ correlation. Thus, neutron star correlation
extrapolated to low X-ray luminosities (shown by the shallower
dotted line, where the steeper dotted line shows the ~1.4 cor-
relation; Migliari & Fender 2006). Therefore, dwarf novae
could be a source of confusion for quiescent neutron star systems when
classifying them using radio/X-ray ratio, but not black holes.
During its initial radio flaring phase, SS Cyg brightened to a radio luminosity of $\approx 4.4 \times 10^{26}$ erg s$^{-1}$ at a corresponding X-ray luminosity of $\approx 1 \times 10^{32}$ erg s$^{-1}$ (Table 3), which is a factor of $\sim 4$ below the black hole correlation at similar X-ray luminosities (Figure 9). While this radio bright phase could produce a similar radio/X-ray correlation to the proposed tMSP relationship, the initial bright radio flare only lasted $\sim 4$ hours (Figure 2) before fading to around a factor of $\sim 4$ less radio bright than the proposed tMSP radio luminosity at that X-ray luminosity (in $\sim 2$ hours). During the plateau and decay phase of its outburst (which are more analogous to the low/hard states of their black hole and neutron star counterparts), SS Cyg showed a much higher radio luminosity than the widely adopted $L_R \propto L_X^{-0.7}$ neutron star X-ray binary correlation [Migliari & Fender 2004]. However, the observed luminosities could appear to be consistent with an $L_R \propto L_X^{-0.7}$ neutron star correlation. These results show that while a flaring dwarf novae could not masquerade as a black hole, it could be a source of confusion to neutron star classification.

While black hole X-ray binaries exhibit strong quenching of the compact radio jet during their soft states (by up to 2.5 orders of magnitude; Fender et al. 1999; Coriat et al. 2011; Russell et al. 2011), at least two neutron star systems (4U 1820−30 and Ser X-1; Migliari et al. 2004) did not exhibit this same jet suppression in analogous accretion states (the neutron star system MXB 1730−335 may have also remained unquenched during outburst; Rutledge et al. 1998). However, strong radio quenching has been observed in the neutron star systems Aquila X-1 (Tudose et al. 2002; Miller-Jones et al. 2014), GX 9+9 (Migliari 2011) and possibly 4U 1728−34 (Migliari et al. 2003). Therefore, the lack of radio suppression in SS Cyg suggests a common (or similar) launching process between dwarf novae and those neutron star X-ray binaries that do not exhibit strong radio quenching.

Our outburst comparison suggests that a vertically-extended region (i.e. the boundary layer) may be an important factor for the origin of the radio emission from SS Cyg. This result is consistent with the production of steady radio jets in both neutron star X-ray binaries and their black hole counterparts. Neutron star X-ray binaries possess a vertically-extended boundary layer, while black hole systems launch steady jets during their low/hard states (Fender et al. 2004), where the central regions of the inflow consist of a geometrically-thick radiatively inefficient accretion flow [Narayan & Yung 1995]. The observed jet suppression in black hole systems is then thought to occur when the accretion flow becomes geometrically-thin during their soft states, whereas the magnetic field may play a role in the observed radio quenching of some neutron star systems (Migliari 2011).

5 CONCLUSIONS

We have compared the evolution of multiple radio outbursts of SS Cyg, demonstrating that the radio behaviour is reproducible during typical outbursts (both long and short duration). Our multi-frequency and high-resolution observations favour synchrotron emission over free-free and coherent emission mechanisms. Comparing the unquenched radio emission with optical, extreme-UV and X-ray monitoring shows that the radio emission appears to be switched on as disk material first reaches the white dwarf boundary layer. These results indicate that the boundary layer may play a role in jet production in these systems. We observed rapid radio variability (on $\lesssim 30$ minute timescales) at the peak of its outbursts. Multiwavelength monitoring of SS Cyg showed radio luminosities well below what is expected for black holes at similar X-ray luminosities, but consistent with a $L_R \propto L_X^{-0.7}$ neutron star radio/X-ray correlation extrapolated to low luminosities. Our high-resolution monitoring provides marginal evidence for a resolved jet in one VLBI epoch. However, further observations are required to confirm this result. Our results show that white dwarf systems are capable of launching jets and that a vertically extended flow may play a role in the jet launching process in these systems.

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