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This paper describes the transcriptional adaptations of nongrowing, retentostat cultures of *Lactococcus lactis* to starvation. Near-zero-growth cultures ($\mu = 0.0001 \text{ h}^{-1}$) obtained by extended retentostat cultivation were exposed to starvation by termination of the medium supply for 24 h, followed by a recovery period of another 24 h by reinitiating the medium supply to the retentostat culture. During starvation, the viability of the culture was largely retained, and the expression of genes involved in transcription and translational machineries, cell division, and cell membrane energy metabolism was strongly repressed. Expression of these genes was largely recovered following the reinitiation of the medium supply. Starvation triggered the elevated expression of genes associated with synthesis of branched-chain amino acids, histidine, purine, and riboflavin. The expression of these biosynthesis genes was found to remain at an elevated level after reinitiation of the medium supply. In addition, starvation induced the complete gene set predicted to be involved in natural competence in *L. lactis*, suggesting a role for CodY in the observed transcriptome adaptations to starvation in nongrowing cells.

*Lactococcus lactis* has a long history of use in the manufacturing of fermented foods. In particular, dairy starter cultures containing *L. lactis* are important for primary acidification of cheese milk. In addition, *L. lactis* contributes to the texture and formation of flavor in cheese, which are key determinants of the product’s sensory quality (1, 2). Next to these industrial food fermentation applications, *L. lactis* is frequently found in other environments, such as (decaying) plant material, especially when nutrients become available as a consequence of primary degradation of plant polymers by other microorganisms, including yeasts and fungi (3).

In nature, microbial populations mostly live in nutrient-limiting conditions due to low carbon and energy source availability (4). Under these environmental conditions, microbes either develop adaptive responses to high-affinity substrate acquisition or scavenge the ecosystem for alternative nutrients, resulting in a survival advantage (5). Similarly, in industrial fermentation applications, microbes may encounter restricted access to carbon sources for longer periods of time. For example, lactic acid bacteria (LAB) encounter long periods of low or no carbon availability during the ripening of dried sausages (6) and cheese (1), but they are able to survive under these conditions during months of ripening (6, 7, 8).

Physiological and molecular-level responses of microorganisms to growth stagnation as a consequence of nutrient starvation have been studied in batch cultures that proceed from the logarithmic phase of growth to the stationary phase of growth. An alternative design for the study of starvation in bacteria is a steady-state continuous cultivation in which the medium supply is turned off (9, 10). However, starvation induced by stationary phase in batch cultures and terminating the medium supply in steady-state continuous cultures of LAB encompass a major bottleneck that is generally not encountered in natural habitats. Both cultivation systems of LAB undergo continuous changes in culture conditions due to the increasing concentrations of fermentation end products (e.g., lactic acid) and eventually the accumulation of dead cells that emerge from stimulated cell death, which involves an autolysis process (11). Consequently, it is difficult to disentangle the effects elicited by nutrient depletion from those elicited by the secretion of fermentation end products and cell debris exposure. Also, it is unclear to what extent LAB responses to nutrient starvation and accumulation of end metabolites and dead cells contrast or overlap.

Retentostat cultivation provides an alternative way to study nutrient starvation in microorganisms. This cultivation setup is an adaptation of chemostat cultivation in which complete biomass retention in the fermentor is achieved by continuous removal of spent medium through a cross-flow filter effluent channel (12) (see Fig. S1 in the supplemental material). As a result of cell retention, the microbial biomass concentration increases over
time while the carbon source supply remains constant, which results in a decreasing amount of carbon source availability for each individual cell (10, 13, 14). Prolonged retentostat cultivation leads to growth rates that approximate zero and induces a cellular physiology in which the metabolic energy is completely invested in maintenance-associated processes (10, 15), supporting high cell viability, and which is different from stationary-phase-induced starvation (10). Recent retentostat studies with L. lactis at a near-zero growth rate illustrated that lactococcal adaptation to these conditions includes the derepression of genes involved in alternative carbon source import as well as the repression of cell membrane metabolism (16). Some of these adaptations were also observed in batch cultures that entered the stationary phase of growth (17). In contrast to stationary-phase batch cultures, retentostat cultivation did not lead to repression of functions related to central metabolism, cell division, and macromolecule synthesis or the induction of autolytic processes and cell death. These findings illustrate the difference of these two approaches and illustrate that retentostat cultivation enables the study of nutrient starvation in nongrowing cells without the confounding effects of metabolite accumulation and the induction of autolysis and cell death.

The aim of this study was to disentangle genome-wide transcriptional responses in L. lactis to carbon starvation and carbon-limited conditions. To this end, L. lactis KF147, which was originally isolated from mung bean sprouts, was grown under anaerobic, carbon-limited retentostat conditions for 42 days (10). The near-zero-growth cultures obtained were exposed to starvation by terminating the medium supply for 24 h, followed by a recovery phase induced by restarting of the medium supply for another 24 h (see Fig. S1 in the supplemental material). During starvation, the expression of genes related to cell division, the transcription and translational machinery, and cell membrane energy metabolism were significantly decreased, whereas viability of the culture remained high. Subsequent reinitiation of the medium supply led to the recovery of initial expression levels of the translational machinery- and energy metabolism-associated genes. Strikingly, the gene repertoires predicted to be involved in natural transformation were highly induced during the starvation phase, which was sustained during the recovery period. The transcriptome adaptations were evaluated in the context of their regulation, where we identified a conserved cis-acting regulatory motif, and we propose a regulatory role for CodY in controlling expression of the translational machinery and natural competence. Notably, these findings suggest that CodY may play a dual role in the transcriptional adaptation to retentostat conditions (16) as well as the starvation adaptation studied here, which may involve different CodY coregulators.

**MATERIALS AND METHODS**

**Bacterial isolates, media, and cultivation conditions.** Lactococcus lactis subsp. lactis strain KF147 originates from mung bean sprouts, and its genome sequence has been determined (3). Frozen stock cultures that had been stored at −80°C were used to inoculate 50 ml M17 broth (18) supplemented with 0.5% glucose (wt/vol) and grown overnight at 30°C, and these were used as precultures for retentostat cultivations (10). Overnight cultures were harvested by centrifugation (6,000 × g, 10 min, 4°C), washed twice with physiological salt solution (0.9% NaCl in water), and inoculated into chemically defined medium (19) containing 0.5% glucose (wt/vol) for anaerobic chemostat cultivation (dilution rate, 0.025 h−1; pH, 5.5; T, 30°C; stirring speed, 100 rpm; nitrogen flow, 15 ml min−1). Steady-state chemostat conditions were achieved after six volume changes, after which the fermentation was shifted to retentostat mode by removing the spent medium through a cross-flow filter (10).

Duplicate carbon-limited retentostat cultivations were run until (after 42 days) the estimated specific growth rate had decreased to approximately 0.0001 h−1 (10). At this time, the supply of fresh medium was switched off for 24 h, causing immediate carbon source starvation (starvation phase) (see Fig. S1 in the supplemental material), since the retentostat cultivation was already being performed under carbon-limiting conditions (10). After 24 h of starvation, the supply of fresh medium was switched on again, and retentostat cultivation was continued for another 24 h (recovery phase) (see Fig. S1). During these starvation and recovery phases, all other fermentation parameters were kept constant, including temperature (30°C), nitrogen flow (15 ml min−1), stirring speed (100 rpm), and pH (5.5) (10). Since removal of samples could potentially influence the fermentor conditions and the bacterial culture, sample volume and sampling frequency were minimized.

**Biomass, substrate, and metabolite determination.** During the 24-h starvation period and subsequent retentostat recovery period of another 24 h, culture samples were taken at regular intervals to measure cell dry weight (CDW) and glucose and organic acid concentrations. CDW was measured using predried and preweighed membrane filters with a pore size of 0.45 μm (Merck Millipore, Darmstadt, Germany) as previously described (10). Concentrations of organic acids and residual glucose in the culture supernatant were determined by high-performance liquid chromatography as previously described (10, 20).

**Cell viability and culturable cell estimation.** The viability of cells in the culture was assayed using the Live/Dead BacLight bacterial viability and counting kit (L34856; Molecular Probes Europe, Leiden, The Netherlands), according to the manufacturer’s instructions, using the BD FACSAria II flow cytometer (BD Biosciences, San Jose, CA, USA). The kit contains two fluorescent dyes which intercalate with DNA: red fluorescent propidium iodide (PI) and green fluorescent SYTO9. While SYTO9 can diffuse into cells through intact cell membranes (viable cells), PI can penetrate cells only when cell membranes are permeabilized (dead or damaged cells). In addition, viability was also assessed by enumeration of CFU on GM17 agar plates, using serial dilutions of the cultures in triplicate (21).

**RNA isolation and transcriptome analysis.** Microarray data used in this study have been merged into the data set described in reference 16 and represented as day 42 (the end of retentostat cultivation; 0 h of carbon starvation), 43 (after 24 h of starvation condition; 24 h), and 44 (after 24 h of reinitiated medium supply and recovery; 48 h). The microarray hybridization scheme for the transcriptome analyses of this experimental set-up consisted of a compound loop design with 7 arrays (see Fig. S6 in the supplemental material).

The gene expression intensities were compared and clustered using Short Time-series Expression Minor (STEM) (version 1.3.6; http://www.cs.cmu.edu/~jernt/ stem/) (22). The STEM clustering algorithm enriched with gene ontology (GO) terms was applied with the Bonferroni correction method, a maximum number of predefined, arbitrary model profiles of 8, and a minimum unit change in model profile between time points of 2 (ratio change of 1 in log2 scale). Profiles with statistically significant numbers of gene assignments were selected, and expression of significantly changed genes was visualized using heat maps generated by the MultiExperiment Viewer (MeV) program (http://www.tm4.org/mev.html) (23). The correlation of the transcriptome data at each time point in duplicate retentostat cultivations, starvation, and recovery procedures was calculated by Pearson correlation analysis and as hierarchical clustering using the MeV program.

**DNA motif mining.** Significantly regulated genes that were identified by the significant model profile analyses of the STEM clustering were used to mine for transcription factor binding sites (TFBSs) in the genome of L. lactis KF147. Binding site searches were performed using the 300-bp upstream regions of the selected genes. To identify conserved upstream binding sites, the algorithm for fitting a mixture model by expectation
maximization (MEME) was employed (24), using the parameters mod
ann (unlimited number of motifs per upstream sequence) and revcomp
(allowing motifs to be present on both plus and minus strands) and al-
lowing a maximum of 3 motifs to be found per upstream region without
any restriction on the total number of motifs to be found. The PePPER
database was used as a source of literature-based regulon clusters (25).

**Microarray data accession numbers.** The microarray data obtained
in this study and the experimental procedures used to obtain them have
been submitted to the NCBI Gene Expression Omnibus under accession
numbers GPL17806 and GSE51494 (http://www.ncbi.nlm.nih.gov), re-
spectively.

**RESULTS AND DISCUSSION**

**Biomass accumulation and viability in retentostat-induced car-
bon starvation.** In previous studies, near-zero-growth cultivation
of *Lactococcus lactis* KF147 was achieved using an anaerobic, car-
bon-limited retentostat setup (10). During retentostat cultivation,
the carbon source was fed at a constant rate, while biomass accum-
ulation increased, reaching a specific growth rate of approxi-
mately 0.0001 h
−1 after 42 days of retentostat cultivation (10).
Since there is an inverse relation between growth rate and dou-
bling time, represented as growth rate = ln(2)/doubling time (26),
this growth rate correlated with a culture doubling time of more
than 260 days. At this stage, consequently, no carbon source was
available for production of biomass, and the entire carbon source-
derived energy was employed for maintenance-related processes
in the cells (10). To contrast and compare the physiological and
transcriptional responses of *L. lactis* KF147 at near-zero growth
(retentostat) and under carbon starvation conditions, the me-
dium supply was switched off after 42 days of retentostat cultiva-
tion, thereby exerting a virtually immediate carbon starvation.
During the 24-h starvation period, biomass concentration, cul-
ture viability, and metabolite levels were determined at the start-
ing point (stable retentostat condition; 0 h) and after 6, 14, and 24
h. Subsequently, the medium supply was switched on again (re-
covery phase), and the same parameters were determined after an
additional 24 h of retentostat cultivation (48 h). In two indepen-
dent experiments, optical density at 600 nm (OD
600) (data not shown), the cell size estimated from flow cytometry analysis (data
not shown), and the biomass concentration appeared constant
during 24 h of starvation and subsequent 24 h of recovery (Fig.
1A). In parallel, viability of the culture was assessed using the
enumeration of CFU (Fig. 1A) and Live/Dead staining linked with
fluorescent-activated cell sorting (FACS) analysis (Fig. 1B). The
CFU enumeration established only a very slight decrease of cul-
ture viability during the 24 h of starvation, which remained stable
during the subsequent period of recovery (Fig. 1A). Previously,
the viability assessment by discriminative staining and FACS anal-
ysis of *L. lactis* culture samples from the extended retentostat cul-
tivation revealed a division into subpopulations of live, dead,
and damaged cells. The latter state was tentatively considered a tran-
sition state that could no longer form a colony on solid medium but
was still intact (10). The same approach in the present study con-
firmed the slight decrease of the live population (from approxi-
mately 76% to 69%) during the starvation period and its stable
maintenance during the subsequent recovery period (Fig. 1B).
In parallel, the initially present damaged cell population decreased
during the starvation period from approximately 21% to 15%,
whereas the population of dead cells increased from 4% to almost
17%, indicating that a substantial part of the damaged cells were
dying during the starvation period. The observed damaged and
dead population distributions remained stable during the recovery
period (Fig. 1B).

**Metabolic profiling in retentostat and starvation conditions.**
The levels of the main fermentation metabolites lactate, formate,
acetate, and ethanol were determined (see Fig. S2 in the supple-
mental material). Due to the extremely low growth rate of *L. lactis*
at the end of retentostat cultivation, a mixed-acid fermentation
was observed, with a relative metabolic distribution of 82% ori-
ented toward formation of formate, acetate, and ethanol and 18%
toward formation of lactate (see Fig. S2). The organic acid levels
remained constant during the 24-h starvation and recovery peri-
ods in the current experiment, indicating that during the starva-
tion period, *L. lactis* does not utilize its fermentation products in

![FIG 1 Biomass and viability assessment of *L. lactis* KF147 under extensive retentostat conditions (0 h), during medium starvation (up to 24 h), and during a subsequent recovery period in retentostat cultivation (48 h). (A) Biomass concentrations (g liter
−1) of independent cultures 1 (closed diamonds) and 2 (closed squares) and CFU enumerations (CFU ml
−1) of independent cultures 1 (open diamonds) and 2 (open squares). The dashed line indicates the end of the starvation period. Error bars indicate the standard deviations of triplicate measurements. (B) Biomass viability was assayed with a Live/Dead BacLight kit using FACS during the cultivations. This method enables discrimination of percentages of live (dark gray), damaged (light gray), and dead (white) cell populations. Error bars indicate the standard deviations for two independent cultivations.](http://aem.asm.org/Downloaded-from/http://aem.asm.org/ on May 8, 2017 by UNIVERSITEITSBIBLIOTHEK)
**TABLE 1 Gene ontology (GO) enrichment analysis**

<table>
<thead>
<tr>
<th>Model profile(s)</th>
<th>GO category</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Cellular macromolecule metabolic process</td>
<td>9.2e-6</td>
</tr>
<tr>
<td></td>
<td>Primary metabolic process</td>
<td>7.6e-6</td>
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<tr>
<td></td>
<td>Protein metabolic process</td>
<td>5.5e-6</td>
</tr>
<tr>
<td></td>
<td>Nucleic acid binding</td>
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<tr>
<td></td>
<td>Signal transducer activity</td>
<td>8.3e-5</td>
</tr>
<tr>
<td></td>
<td>Ribosome</td>
<td>6.8e-5</td>
</tr>
<tr>
<td></td>
<td>Gene expression</td>
<td>6.5e-4</td>
</tr>
<tr>
<td></td>
<td>Cell division</td>
<td>5.1e-4</td>
</tr>
<tr>
<td></td>
<td>Proton-transporting ATP synthase complex</td>
<td>4.1e-4</td>
</tr>
<tr>
<td>6 and 7</td>
<td>Integral to membrane</td>
<td>3.2e-4</td>
</tr>
<tr>
<td></td>
<td>Membrane</td>
<td>2.4e-4</td>
</tr>
<tr>
<td></td>
<td>Purine nucleoside monophosphate metabolic process</td>
<td>2.2e-4</td>
</tr>
<tr>
<td></td>
<td>Amino acid transmembrane transporter activity</td>
<td>2.5e-3</td>
</tr>
<tr>
<td></td>
<td>Heterocycle biosynthetic process</td>
<td>1.7e-3</td>
</tr>
<tr>
<td></td>
<td>Organic acid transmembrane transporter activity</td>
<td>1.4e-3</td>
</tr>
</tbody>
</table>

a Shown are the GO enrichment results for the set of genes shown in Fig. S4 in the supplemental material. Enrichment is computed based on actual size enrichment.

Secondary fermentation processes that may generate additional energy (e.g., lactate conversion to acetate). Moreover, these data also illustrated that upon reinitiation of the medium supply (recovery phase), the culture executes the carbon flux distribution observed for the initial near-zero-growth retentostat culture (see Fig. S2). Notably, throughout the experiment, both carbon sources available in the medium (glucose and citrate) were completely consumed, and carbon balances calculated on basis of the major fermentation end products were consistently above 95% (data not shown).

**Transcriptomic adaptations to starvation and recovery.** To investigate genome-level adaptation of near-zero-growth *L. lactis KF147* to starvation conditions, transcriptome analyses were performed in samples derived from the two independent retentostat cultures. Samples were withdrawn before initiating starvation (0 h, i.e., after 42 days of retentostat cultivation), after 24 h of starvation, and after 24 h of subsequent reinitiated medium supply in retentostat cultivation mode (48 h; recovery phase). The initial analysis of the normalized transcriptome data sets included the comparative analysis of the duplicate intervention procedures, revealing that samples were strongly discriminated by their time point of sampling, while the samples taken at the same time point in the two independent cultivations were highly similar (see Fig. S3 in the supplemental material).

To identify gene expression changes during the course of the experiment, absolute expression levels of all genes (2,533 annotated genes in the *L. lactis* KF147 genome) were subjected to expression cluster analysis using STEM, which uses a process of statistical clustering of short-time-series data sets into precomposed patterns of time-dependent expression (22). STEM distributed the expression patterns into 8 time course model expression profiles, which were ordered on the basis of the number of genes assigned to the model profile. Moreover, STEM clustered 53% and 46% of the annotated *L. lactis* KF147 genes into 3 statistically significant model profiles (Table 1; also, see Fig. S4A and B in the supplemental material), using the data sets derived from the two independent cultivations, respectively. To explore specific transcriptional responses to starvation and recovery conditions, we focused on gene expression profiles with similar characteristics; i.e., model profile 3, characterized by repressed expression during the starvation period (24 h) and recovered expression during the recovery period (48 h), and model profiles 6 and 7, characterized by induction of gene expression during the starvation period (24 h), followed by, respectively, sustained high expression or dampening of expression during the recovery period (see Fig. S4A and B).

Model profile 3 encompasses 328 and 360 genes in the two independent experiments, and 252 of those genes are shared in both experiments (see Fig. S5 in the supplemental material). Within these model profiles, the gene ontology (GO) terms that were strongly overrepresented included “cellular macromolecule metabolic process,” “protein metabolic process,” “ribosome,” “gene expression,” “proton-transporting ATP synthase complex,” and “cell division” (Table 1). Many transcriptional regulator encoding genes (bglR, glnR, hsiR, nisRK, tcsKR, truA, uxaR, etc.) (Fig. 2A) and the complete membrane-associated ATP synthase-encoding operon (atpABCDFEHH) were included in these model profiles (Fig. 2E). In addition, many genes involved in DNA replication (dcm, dnaAC, infC, lemA, papL, parC, rexB, topA, and xerC), genes encoding components of the RNA polymerase (rpoAEZ) (Fig. 2B), genes encoding several ribosomal proteins (rplIJKLMNOPQ), rpmBEGFIHJ, and rpsKLMNO) (Fig. 2C), and cell division- and autolysis-associated genes (ddl, divIVA, enbQ, ftsAEXWZ, murD-FGI, and acmA) (Fig. 2D) were also assigned to model profile 3. These genes appear to be repressed in response to the carbon and energy starvation when the medium supply is shut down, but they recover their expression upon reinitiation of the medium supply. These observations indicate that *L. lactis* KF147 is adapted to starvation conditions through stringent responses, which suppress the transcription and translational machineries, DNA replication, and cell division. Notably, members of the acm gene family play prominent roles in stationary-phase-induced autolysis (27), but the N-acetyl muramidases (acmA) assigned to profile 3 have also been reported to play a central role in cell wall repair and remodeling (28). The observation that only a marginal reduction of CFU enumeration is observed during these experiments implies that under these conditions the autolytic phenotype is not induced, which contrasts the typical induction of autolysis in stationary-phase cells obtained from batch cultures.

Remarkably, stringent responses have also been associated with the induction of stress response genes, including heat, acid, and cold shock genes (17), and starvation conditions during the stationary phase of batch cultures led to induction of stress responses in *L. lactis* (17, 29). These responses were not observed in the experiments performed here, which is likely explained by the fact that retentostat preculturing and near-zero-growth conditions had already led to strong induction of a panel of stress-related functions in the cultures that were used as the starting point in the current experiment (0 h). This retentostat-induced high-level expression of stress-related genes appeared to be sustained during the starvation and recovery periods of the current experiments. These findings imply that stress responses in *L. lactis* are important for maintenance of cellular function and viability under near-zero-growth conditions, as well as under starvation conditions, which may reflect the evolutionary advantage of stress robustness for bacteria that encounter conditions that do not permit growth and include (temporal) nutrient starvation (30, 31).

Analogously, in industrial fermentation applications, increased
stress robustness of lactococci may affect product characteristics by extending their viability, which may improve their contribution to aroma and flavor formation during product ripening or prolong shelf life of products that include probiotic bacteria (32).

Model profiles 6 and 7 were analyzed together because these profiles are both characterized by elevated expression levels during starvation (24 h), which either remained at a high level of expression (profile 7) or declined (profile 6) during the subsequent recovery period. Profiles 6 and 7 of the two replicate experiments collectively shared many genes, but their precise distribution between profiles 6 and 7 appeared to be inconsistent (see Fig. S4A and B and S5 in the supplemental material). These combined model profiles were significantly enriched for the functional categories related to “purine nucleoside monophosphate metabolic process,” “integral to membrane,” “organic acid transmembrane transporter activity,” “amino acid transmembrane transporter activity,” and “heterocycle biosynthetic process” (Table 1). In particular, genes and gene clusters encoding the enzymes for biosynthesis of histidine, branched-chain amino acids (valine, leucine, and isoleucine), purine, and riboflavin (hisACDGHBFIK, ibvBD-leuA, purCDEFHKLMNQ, and ribABH, respectively) were highly induced during starvation, and their high level of expression was sustained during the recovery period (Fig. 3A). In addition, the genes encoding metabolism of spermidine/putrescine (potA2B1B2C1C2D1) and gamma-aminobutyric acid (GABA) (yibEFG, ysjA, and yshA), transporters of metal ions (potassium [kdpBCE] and cobalt [corA and cbq]), and multidrug resistance transporters (blt, cydCD, ydiCD, ypgD, and sugE) were strongly induced during the starvation period (Fig. 3B).

A remarkable molecular adaptation of L. lactis KF 147 to the carbon starvation and recovery regimen executed here was the enhanced transcription level of genes predicted to play a role in natural competence (coiA, comC, comEA, comEC, comFA, comGA, comGB, comGC, comGD, comGE, comGF, and comX) (Fig. 3C), a phenotype that to the best of our knowledge has not been observed in L. lactis strains to date (33). Natural competence enables cells to import exogenous genetic material to repair damaged endogenous genes, provide additional genetic diversity, or simply serve as a nutrient source (34). However, in the Gram-negative bacterium Shewanella oneidensis, it was demonstrated that extracellular DNA can also be used as a sole source of phosphorus, carbon, and energy under nutrient-limiting conditions (35). Furthermore, 8 genes involved in utilization of extracellular DNA as a carbon and energy source under carbon-limited conditions in Escherichia coli share significant homology with competence-associated com genes in Haemophilus influenzae and Neisseria gonorrhoeae (36). Previously, Redon and coworkers reported that five out of 13 genes related to a natural transformation pathway were induced during the stationary phase of growth of batch-cultured L. lactis IL1403 (17), whereas our experiments revealed the induction of all genes of L. lactis KF147 that are linked to competence. Induction of starvation in the high-density retentostat culture by the closing of the medium supply (0 h) is instant, which may explain the complete expression of pathways that could facilitate the import of exogenous DNA as a potential nutrient source. In this context, it is interesting that the Gram-positive bacterium L. lactis adapted to near-zero-growth conditions by extended retentostat cultivation (the state of the culture at 0 h), highly expressed the capacity to import alternative carbon sources, and was found to more rapidly utilize these carbon sources when they were provided to the cells (16). Apparently, starvation led to an expansion of this quest for alternative nutrients, including the machinery to import exogenous DNA.

Identification of a cis-acting DNA motif potentially involved in starvation and recovery gene regulation. To identify candidate cis-acting DNA motifs that are potentially involved in controlling transcriptional adaptation to starvation and recovery, we searched for overrepresented DNA sequences in the upstream regions of genes that showed correlated expression. Remarkably, the previously identified highly conserved sequence element containing

FIG 2 Heat map of L. lactis KF147 genes differentially expressed (log₂ scale; P ≤ 0.05) during medium starvation (24 h) and a recovery period in retentostat cultivation (48 h) compared to the initial retentostat culture (0 h) that are clustered in model profile 3 by the STEM module. Genes are grouped into statistically significant GO categories: (A) transcriptional regulators, (B) replication, (C) ribosome functions, (D) cell division and lysis, and (E) ATP synthases. In all panels, the genes are ordered on the basis of their expression changes from the highest to the lowest level. Gene expression patterns shown are derived from one of the experimental duplicates, and these expression patterns were highly similar between duplicates.
the palindromic 5'-CTGTCAG-3' motif that resembles the CodY binding site (Fig. 4B) (16) was also identified in profiles 3, 6, and 7 in the present study (Fig. 4A). Analogous to our earlier findings (16), many of the identified motifs appeared in a duplicated head-to-tail orientation upstream of genes, which strengthens the palindromic nature of these regulatory motifs. The proposed CodY motif is present upstream of genes related to transcriptional and cell division machinery (ddl, murCDFG, mutM, papL, parC, rpmF, rexB, truA, and yacB), purine metabolic processing (guaC and purHL), and natural transformation protein (coiA, comEA, comEC, and comGC) (see Fig. S7 in the supplemental material). This result implies that the previously identified motif could play a prominent role in the regulation of the stringent response, purine metabolism, and natural competence in *L. lactis* KF147 in the adaptation to starvation.

The lactococcal protein CodY has been reported to be a global regulator that contributes to the expression control of a variety of cellular functions, including macromolecular degradation, nutrient transport, and, amino acid and peptide metabolism (37, 38). CodY repression is alleviated in nutrient-limited environments, allowing the expression of many genes involved in adaptation to these restrictive conditions. In addition, several CodY-regulated genes are coregulated by additional mechanisms, allowing their fine-tuned modulation in response to other environmental conditions (38). In our earlier study, we proposed that the identified motif represents a high-affinity binding site for CodY in *L. lactis* KF147 and that CodY may orchestrate transcriptional adaptation of nitrogen- and carbon-metabolism in *L. lactis* KF147 at near-zero growth rates (16). In the present study, we expand the possible regulatory role of CodY to include the control of stringent response, purine metabolism, and natural transformation in non-growing *L. lactis* KF147 upon its exposure to starvation conditions. Notably, some of the proposed CodY-mediated responses lead to downregulation of expression, while other genes are up-regulated, implying that the CodY regulon may be subject to multiple mechanisms of dualistic and bimodal regulation. Since flavor formation in the ripening process of fermented food products, such as cheese, is linked with amino acid conversions that involve nitrogen metabolism-related enzymes (2), it is of importance to decipher regulation mechanisms and corresponding transcriptional regulators of nitrogen metabolism in the context of induc-
trial applications of *L. lactis* in order to improve products’ sensory characteristics.

**Concluding remarks and perspective.** This paper presents the physiological and molecular responses of near-zero-growth cultures of *L. lactis* obtained by carbon source-limited retentostat cultivation to starvation elicited by closure of the medium supply. In addition, this study evaluates the recovery capacity of this starved culture upon reinitiation of the medium supply after 24 h of starvation.

Previous studies have shown that anaerobic retentostat cultivation of *L. lactis* mimics zero-growth conditions in which high culture viability is sustained and where metabolic energy is exclusively used for maintenance-related processes rather than cell growth-related processes (10). Notably, the maintenance-related adaptations included significant changes in both carbohydrate and nitrogen metabolisms, as well as the gene expression patterns that support expanded carbohydrate source flexibility (16). Contrary to the retentostat cultivation, the induction of starvation conditions strongly repressed typical growth-associated functions, including transcriptional, translational, DNA replication, and cell division machineries but also including the ATP synthase function. This response can be classified as a typical stringent response (17), which was not elicited under near-zero-growth conditions but was apparent only upon subsequent starvation. These observations are in clear contrast to the stringent response that is already significantly induced during retentostat cultivation of another Gram-positive bacterium, *Bacillus subtilis* (39), but also in cultures of *Saccharomyces cerevisiae* (40). Despite the starvation induced stringent response, the *L. lactis* culture viability remained relatively high, and the culture was capable of rapid recovery of metabolic activity upon reinitiation of the medium supply, which also led to a relief of the stringent response.

Intriguingly, the strong induction of the genes predicted to play a role in natural competence under starvation conditions may serve as an adaptation to sequester additional nutrients (i.e., exogenous DNA) rather than a system to expand the strain’s genetic repertoire. This response can be classified as a typical stringent response (17), which was not elicited under near-zero-growth conditions but was apparent only upon subsequent starvation. Our attempts to validate the proposed natural competence of the cells may serve as an adaptation to sequester additional nutrients (i.e., exogenous DNA) rather than a system to expand the strain’s genetic repertoire. This response can be classified as a typical stringent response (17), which was not elicited under near-zero-growth conditions but was apparent only upon subsequent starvation. 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