Protection from lethal candidal infection by interleukin 1

Natural and synthetic immunomodulators that increase nonspecific resistance to infection are also known to induce interleukin 1 (IL 1) production. Previous studies have demonstrated a protective effect of recombinant human IL 1β against death from infection caused by *Pseudomonas aeruginosa*. In the present study we investigated the effect of IL 1β or IL 1α on the survival of neutropenic mice with a lethal *Candida albicans* infection. Mice with cyclophosphamide-induced neutropenia were injected with 3 x 10⁵ *C. albicans* i.v. When 80 ng IL 1β was given as a single i.p. injection 24 h before the infection, survival compared to that in control animals was as follows: 100% vs. 97% at 24 h, 83% vs. 70% at 48 h and 70% vs. 23% at 72 h after the infection (p<0.01). The effect of IL 1 was also apparent when it was given ½ h before or 6 h after the infection. The results obtained with 80 ng IL 1α given at 24 h before infection were similar to that obtained with IL 1β. The numbers of *Candida* cultured from the blood, liver, spleen, and kidney were not significantly different in IL 1β-treated and control animals. Passive transfer of serum obtained from mice pretreated with IL 1 to recipient mice did not provide protection against a subsequent lethal candidal infection. In conclusion, the present study demonstrates that IL 1β and IL 1α prolong survival in neutropenic mice with a lethal *C. albicans* infection.
hemocytometer, and the viability was confirmed by inoculating serial dilutions onto agar plates.

2.4 Infection model

Mice were rendered neutropenic (<0.2 × 10⁹ granulocytes/liter) by means of two s.c. injections of cyclophosphamide (Bristol Myers, Syracuse, NY), 150 and 100 mg/kg of body weight, respectively, 4 days and 1 day before the i.v. injection of 3 × 10⁵ C. albicans in 200 μl phosphate-buffered saline into the lateral tail vein. The mice in each cage were randomized to receive either IL1 at different times and in different dosages, or heat-inactivated IL1. Survival was scored at intervals of 6–8 h over a period of 72 h.

2.5 In vitro antifungal effects of IL1

We examined the possibility that IL1 might have a direct antifungal effect. Using an automated spiral plater (Spiral Systems Inc., Cincinnati, OH) we prepared a concentration gradient of IL1 ranging from 0.15 to 42 ng/ml on the agar surface of Mueller-Hinton plates. Radial streaks of C. albicans from a suspension containing 1 × 10⁵ colony forming units (cfu)/ml were made on the plates. After incubation overnight at 37°C the distance from the center to the most central point of growth inhibition was measured.

2.6 Quantitation of C. albicans in blood and organs

Neutropenic mice, treated either with IL1 or heat-inactivated IL1 24 h earlier, received an i.v. injection of 3 × 10⁵ cfu of C. albicans. Blood for cultures was taken by cardiac puncture after CO₂ asphyxia 15, 30 and 90 s and 3 and 6 min after the i.v. injection. In another series of experiments, mice were killed by CO₂ asphyxia 24 h after the C. albicans injection. Immediately after death, blood cultures were taken by cardiac puncture, and the spleen, the left kidney and the liver were removed aseptically, weighed and homogenized in sterile saline in a tissue grinder. Blood and suspensions of tissue were plated on Sabouraud’s dextrose agar. After overnight incubation at 37°C, the number of cfu’s was counted.

2.7 Serum for passive transfer

Twenty-four hours after an i.p. injection of either 80 ng IL1 β or pyrogen-free saline in 2% (v/v) normal mouse serum, mice were exsanguinated by cardiac puncture after CO₂ asphyxiation. The blood was pooled and allowed to clot, and the serum, separated by centrifugation, was either used immediately or stored at −70°C.

2.8 Statistical analysis

Survival curves were analyzed using the Kaplan Meier/log rank test [12]. Student’s t-test was used for the results of the microbiological studies.

3 Results

3.1 Survival of mice

Recombinant human IL1 β was given 24 h before infection as a single i.p. injection in dosages of 800 ng, 80 ng or 8 ng. IL1 induced a dose-dependent enhancement of survival in infected mice (Fig. 1a). The differences in survival between mice treated with IL1 and control animals receiving heat-inactivated IL1 became most prominent between 36 and 72 h after the injection of C. albicans. If the survival curves are considered together, the survival differences compared to control animals were significant for the 800 ng dose (χ² = 15.6,
p < 0.001) and for 80 ng (χ² = 9.2, p < 0.01), but not for the 8 ng dose (χ² = 2.3). To investigate the efficacy of IL1 given at different time points in relation to the infection, the relatively low dose of 80 ng (3.0 µg/kg, which equals 1.2 mg/m²) was used. The protective effect of this dose of IL1 was similar whether it was given 24 h before, shortly before (χ² = 7.4, p < 0.01) or 6 h after infection (χ² = 5.3, p < 0.02 compared to controls) (Fig. 1b). IL1α given at a dose of 80 ng/mouse 24 h before infection appeared to have the same protective effect as 80 ng IL1β (Fig. 1c).

3.2 In vitro assessment of antimicrobial activity

No direct antifungal effect of IL1 could be demonstrated when C. albicans were incubated in vitro with concentrations of IL1β up to 42 ng/ml.

3.3 Effect of IL1 on the number of C. albicans in vivo

The number of C. albicans in the bloodstream of neutropenic mice up to 6 min after i.v. injection of 3 × 10⁶ cfu was similar in mice pretreated with 80 ng of IL1β 24 h earlier and those that had received heat-inactivated IL1 (data not shown). We infer from these data that the rates of clearance of organisms from the bloodstream were the same in the two treatment groups. Using the same experimental conditions, no differences were found in the number of Candida cultured from blood, liver, spleen, or kidney of IL1-treated and control animals 24 h after infection (Fig. 2). When the data were expressed as number of microorganisms per organ rather than per gram of tissue, the data from two groups also did not differ.

3.4 Passive transfer of serum

To investigate whether a humoral factor was responsible for the protective effect, neutropenic mice were injected i.p. with 0.5 ml of serum obtained from mice pretreated 24 h earlier with either 800 ng IL1β or saline containing 2% normal mouse serum. When the transfer was performed either at time of the i.v. injection of C. albicans or 24 h later, no protection was obtained (Fig. 3).

4 Discussion

In these studies, we report the efficacy of a single injection of a low dosage of either IL1β or IL1α in prolonging survival in neutropenic mice with disseminated C. albicans infection. These results extend those we have obtained for Pseudomonas aeruginosa in a previous study [11]. In contrast with this Gram-negative infection, protection against a candidal infection was obtained not only when IL1β was given 24 h before, but also when it was given simultaneously with or 6 h after the injection of C. albicans. This lack of a so-called “negative phase” (i.e. a period in which no protection can be induced [6]) may be due to the fact that the course of the candidal infection in these mice was somewhat more protracted than that of the Gram-negative bacterial infection, thus allowing more time for a possible beneficial effect of IL1 to be established. Alternatively, there might be differences between the mechanisms of protection to death from bacterial and fungal infections. It is of interest that Kimball et al. [6] demonstrated a negative phase for protection by bacterial endotoxin in a C. albicans infection. The accelerated death rate observed in their studies might be due to the combined adverse effect of the infection and the endotoxin.

The protection against candidal infection obtained by prior administration of bacterial endotoxin has been attributed to enhancement of the clearance of C. albicans from the bloodstream and inhibition of the outgrowth in the kidney [7]. We found no differences in the rate of clearance of fungi from the bloodstream (shortly after injection and 24 h later) and their outgrowth in the tissues between IL1-treated and control animals. Since all our experiments were performed in severely neutropenic mice, it seems unlikely that the beneficial effect
was mediated by neutrophils. In a previous study of lethal infection caused by *P. aeruginosa* we excluded the possibility that the protective effect of IL1 was directly related to the induction of fever, the clearance of micro-organisms from the bloodstream by activation of macrophages, or by a direct antimicrobial effect [11]. A possible explanation for the beneficial influence of IL1 in Gram-negative infections could be through a humoral mechanism, for example via acute-phase proteins, such as an endotoxin-binding protein [13, 14]. Because *C. albicans* does not contain endotoxin, mechanisms other than endotoxin-binding protein must be involved. Evidence for a humoral mechanism was provided by Kimball et al. who found that mouse serum, obtained 24 h after an endotoxin injection, could transfer protection against a lethal candidal infection [6]. Whether in their studies the protective factor was IL1 or an acute-phase protein is unclear. In the present study, we were unable to protect mice by passive transfer of serum obtained 24 h after an injection with 800 ng IL1. In the *Pseudomonas* infection we were also unable to transfer protection with serum obtained after the administration of IL1 (unpublished data).

Thus, the present study indicates that the beneficial effect of IL1 is not mediated through a transferable factor and cannot be explained by an endotoxin-antagonizing effect. It has been suggested that cytokines like IL1 and tumor necrosis factor (TNF) contribute to death from infection [15–17]. How early treatment with IL1 could reduce the lethal effects of these cytokines is not yet known. One could speculate that this could be effected by occupation of cytokine receptors on cells or by an inhibition of endogenous cytokine production. Further studies are needed to elucidate these possibilities. Whichever the mechanism is, the protective effect could have important implications for the future treatment of serious candidal infections in neutropenic patients.

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5 References