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Population synthesis of classical low-mass X-ray binaries in the Galactic Bulge

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ABSTRACT

Aims. We model the present-day population of classical low-mass X-ray binaries (LMXBs) with neutron star accretors, which have hydrogen-rich donor stars. Their population is compared with that of hydrogen-deficient LMXBs, known as ultracompact X-ray binaries (UCXBs). We model the observable LMXB population and compare it to observations. We model the Galactic Bulge because it contains a well-observed population and it is the target of the Galactic Bulge Survey.

Methods. We combine the binary population synthesis code SeBa with detailed LMXB evolutionary tracks to model the size and properties of the present-day LMXB population in the Galactic Bulge. Whether sources are persistent or transient, and what their instantaneous X-ray luminosities are, is predicted using the thermal-viscous disk instability model.

Results. We find a population of \( \sim 2.1 \times 10^3 \) LMXBs with neutron star accretors. Of these about 15 – 40 are expected to be persistent (depending on model assumptions), with luminosities higher than 10\(^{35}\) erg s\(^{-1}\). About 7 – 20 transient sources are expected to be in outburst at any given time. Within a factor of two these numbers are consistent with the observed population of bright LMXBs in the Bulge. This gives credence to our prediction of the existence of a population of \( \sim 1.6 \times 10^3 \) LMXBs with low donor masses that have gone through the period minimum, and have present-day mass transfer rates below 10\(^{-11}\) M\(_{\odot}\) yr\(^{-1}\).

Conclusions. Even though the observed population of hydrogen-rich LMXBs in the Bulge is larger than the observed population of (hydrogen-deficient) UCXBs, the latter have a higher formation rate. While UCXBs may dominate the total LMXB population at the present time, the majority would be very faint or may have become detached and produced millisecond radio pulsars. In that case UCXBs would contribute significantly more to the formation of millisecond radio pulsars than hydrogen-rich LMXBs.

Keywords. binaries: close – Galaxy: bulge – X-rays: binaries

1. Introduction

Low-mass X-ray binaries (LMXBs) are binaries in which a star with a mass below \( \sim 1.5 M_\odot \) transfers mass via Roche-lobe overflow to a neutron star or black hole companion (e.g., van den Heuvel 1975; Joss & Rappaport 1979). The bifurcation period separates zero-age main-sequence LMXBs with expanding orbits and long orbital periods, in which mass transfer is driven by donor evolution, from LMXBs with shrinking orbits, in which mass transfer is driven by angular momentum loss via magnetic braking and gravitational wave radiation (Tutukov et al. 1985; Pleyser & Savonije 1988, 1989). In the first group of ‘diverging’ long-period systems, the donor star will eventually become a detached white dwarf after its subgiant or giant progenitor has lost almost all of its envelope (Webbink et al. 1983). In the ‘converging’ systems, however, the donor loses most of its mass before it has developed a helium core. Convection turns the donor into a homogeneous mixture of hydrogen and helium, where the ratio between both elements depends on the evolutionary stage at the time hydrogen burning was extinguished (e.g., Tutukov et al. 1985).

Similar to cataclysmic variables, the orbital periods of the bulk of the converging LMXBs shrink until a period minimum of \( \sim 70 – 80 \) min (Paczyński 1981; Paczyński & Sienkiewicz 1981; Rappaport et al. 1982), where the donor reaches a maximum average density, and later it becomes degenerate. In the case of sufficiently evolved cores, the period may continue to shrink to \( \sim 40 \) min (Nelson & Rappaport 2003) or even \( \sim 5 – 10 \) min (Tutukov et al. 1985; Podsiadlowski et al. 2002; van der Sluys et al. 2005). Systems subsequently slowly expand towards longer orbital periods. Stable mass transfer continues to decrease the donor mass, and irradiation of the donor by the accretor and the accretion disk becomes important in driving mass transfer and generating a wind from the donor (Ruderman et al. 1986).

In both the converging and diverging systems, neutron star accretors can be recycled to spin periods of a few milliseconds. If accretion stops, systems can become binary millisecond radio pulsars, as has been observed in the 4.75 hr binary FIRST J102347.67+003841.2 (Archibald et al. 2009). The observed evaporation process suggests the possibility that ‘black widow’ systems may turn into isolated millisecond radio pulsars (Ruderman et al. 1989a; Fruchter et al. 1988).

In this study we estimate the number of classical (i.e., hydrogen-rich) LMXBs in the Galactic Bulge, and compare the results to observations of bright LMXBs, as well as with earlier population synthesis studies. Furthermore, we compare the results with the population of ultracompact X-ray binaries (UCXBs) in the Bulge modeled by van Haarfen et al. (2013).
2. Method

We use the binary population synthesis code SeBa (Portegies Zwart & Verbunt 1996; Nelemans et al. 2001; Toonen et al. 2012) to simulate the primordial Galactic Bulge binary population, and select all binaries containing a neutron star and a main-sequence star, immediately after the supernova event. We use a combined common-envelope parameter $a_{CE} = 2$ for massive stars (e.g., Portegies Zwart & Yungelson 1998). In Sect. 4 we also consider the effect of using a lower value. The initial mass function of the primary components is derived by combining the initial mass function for stellar systems (Kroupa 2001) with the binary fraction as a function of mass. The mass ratios of the secondary and primary components follow a uniform distribution between 0 and 1, and the eccentricity $e$ is drawn from a distribution proportional to $e$ between 0 and 1. The semi-major axis $a$ is inversely proportional to $a$ (Popova et al. 1982), with a lower limit determined by the stellar radii, and an upper limit of $10^6 R_{\odot}$ (Daquennoy & Mayor 1991). The kick velocities imparted on neutron stars during their formation are drawn from the distribution by Paczynski (1990) with a dispersion of 270 km s$^{-1}$. For more details on the initial binary parameters, we refer to van Haften et al. (2013).

For the subsequent evolution of the selected systems we use the low-mass X-ray binary tracks described in van der Sluys et al. (2005), a selection of which is shown in Fig. 1. These tracks describe the evolution of binaries starting with a neutron star accretor and a zero-age main-sequence donor. The tracks cover a grid of initial donor masses and orbital periods. The donor masses range from 0.7 to 1.5 $M_{\odot}$ with steps of 0.1 $M_{\odot}$. The initial orbital periods range from 0.5 to 2.75 days, with steps of 0.25 days, but with 0.05 day steps near the bifurcation period. The spikes in Fig. 1 have a numerical origin; they are caused by the finite number of grid points in the stellar-structure models. When a convective region shrinks or expands, a grid point near the boundary will start or stop being convective. Hence, the changes in convective regions are not smooth, but undergo discrete steps. Such changes cause steps in the radius of the star, which influences its Roche-lobe-filling factor, to which the mass-transfer rate is rather sensitive, causing the spikes. Each system produced by SeBa is matched to the track that most closely approaches its donor mass and orbital period. We correct the orbital period of the SeBa system because its donor is slightly evolved at the time of the supernova event, whereas the tracks start with zero-age main-sequence donors.

In Fig. 1, the orbital periods have shrunk before the systems start mass transfer. The two tracks on the right-hand side show LMXBs that diverge, and ultimately become detached. The three tracks on the left-hand side represent converging systems, which go through a period minimum. Among the converging systems, the lowest period minimums are reached by systems with the longest initial period, as long it lies below the bifurcation period.

Initially the orbital evolution of the binary is predominantly driven by magnetic braking of the main-sequence star. We calculate the angular momentum loss rate using the formula by Rapaport et al. (1983). A metallicity $Z \approx 0.02$ is used in SeBa. The LMXB tracks use $Z = 0.01$, but their evolution is very similar for $Z = 0.02$ (van der Sluys et al. 2005).

Following van Haften et al. (2013), we approximate the star formation history of the Galactic Bulge by a Gaussian distribution with a mean $\mu = -10$ Gyr (the present time is defined as 0) and a standard deviation $\sigma$ of either 0.5 or 2.5 Gyr, in order to model both burst-like and extended star formation. For the total star forming mass we take $1 \times 10^{10} M_{\odot}$ (Clarkson & Rich 2009; Wyse 2009).

The X-ray luminosity $L_X$ of a system is calculated from its mass transfer rate using

$$L_X \approx \frac{\eta_{bol} \dot{M}_a}{R_a} \times \frac{GM_a M_b}{R_b},$$

where $\eta_{bol} \approx 0.55$ is the bolometric correction (following Belczynski et al. 2008), $M_a$ is the accretor mass, $R_a$ is the accretor radius, and $G$ the gravitational constant. We use the thermal-viscous disk instability model (see, e.g., the review by Lasota 2001) to decide which of our modeled sources are transient and which are persistent at the present time. Sources do not have a stable disk if their mass transfer rates are below the critical value $M_{crit}$ for irradiated accretion disks derived by Dubus et al. (1999), in the form given by in’t Zand et al. (2007)

$$M_{crit} \approx 5.3 \times 10^{-11} \left(\frac{M_a}{M_\odot}\right)^{0.3} \left(\frac{P_{orb}}{hr}\right)^{1.4} M_\odot \text{yr}^{-1},$$

where $P_{orb}$ is the orbital period and $f$ is a scale factor depending on the disk composition; $f \approx 1$ for solar-composition disks and $f \approx 6$ for helium disks. Systems with unstable accretion disks are expected to be transient sources, which show outbursts separated by (much longer) quiescent phases. The luminosity during outbursts is given by Eq. (1) with accretion rate $M_a = M_{crit}$. The luminosity is assumed to be zero during quiescence. Therefore, the duty cycle is equal to the ratio of the time-averaged mass transfer rate and the mass transfer rate during outburst. The time-averaged mass transfer rate is the rate at which the donor loses mass according to the evolutionary tracks. This rate is virtually constant on timescales much shorter than the evolutionary timescales of the donor and the binary system. If sources have time-averaged mass transfer rates higher than the critical value, we assume they are persistent X-ray sources with X-ray luminosities given by Eq. (1) where $M_a$ is taken to be the time-averaged mass transfer rate.

We do not model LMXBs with black hole accretors because it is not at all clear how they are formed (Portegies Zwart et al. 2005).

![Fig. 1. Sample of tracks showing the mass transfer rate against orbital period for LMXBs with initial donor masses of $1 M_\odot$. The complete grid covers a range of initial orbital periods between 0.5 and 2.75 days ($12 - 66$ hr, indicated by the horizontal bar) (van der Sluys et al. 2005).](image_url)
3. Results

3.1. The total population of LMXBs

The total number of LMXBs with neutron star accretors formed over the history of the Galactic Bulge in our study is $7.6 \times 10^7$. Of these, $(2.0 - 2.1) \times 10^3$ (for star formation history width $\sigma = 2.5$ and 0.5 Gyr, respectively) are still X-ray binaries at the present time – all other systems have stopped transferring mass and have turned into long-period detached white dwarf–neutron star binaries.

Figures 2 and 3 show the present-day population of $\sim 2 \times 10^3$ LMXBs in terms of their orbital periods and time-averaged mass transfer rates, for the two star formation history widths (Sect. 2). There are $(1.5 - 1.6) \times 10^3$ systems (for $\sigma = 2.5$ and 0.5 Gyr, respectively), three quarters of all LMXBs, with mass transfer rates below $10^{-11} M_\odot$ yr$^{-1}$ and orbital periods shorter than 3 hr. These LMXBs have passed through the orbital period minimum and have increasing periods at the present time. The donor stars in these systems are (semi-)degenerate and have masses below $\sim 0.05 M_\odot$. The donor stars in systems that reach periods shorter than $\sim 60$ min have no hydrogen in their cores and less than 10% hydrogen on their surface at the period minimum (van der Sluys et al., 2005).

Almost all LMXBs with orbital periods longer than $\sim 3$ hr have mass transfer rates above $\sim 10^{-11} M_\odot$ yr$^{-1}$, and about three quarters of these are diverging systems. The solid lines in Figs. 2 and 3 separate these persistent and transient systems according to the Disk Instability Model (Sect. 2). In Sect. 3.2 we will discuss this in more detail.

The orbital period distributions of all present-day neutron star systems, both semi-detached and detached, are shown in Figs. 4 and 5 again for two star formation histories. The semi-detached systems (solid lines) are the same populations as shown in Figs. 2 and 3 combining all mass transfer rates. Of all LMXBs that have formed in the history of the Bulge, about 78% are diverging systems. The majority ($\sim 80\%$) of present-day semi-detached systems (solid lines) have descended from converging LMXBs. All modeled present-day detached systems (dashed line) have descended from diverging LMXBs, of which the donor envelope has been lost and the core has been left as a helium or carbon-oxygen white dwarf. The orbital periods of the white dwarf–neutron star systems are $\sim 6$ hr or longer. The shortest-period detached systems may have turned into UCXBs, if they have had enough time to shrink their orbit, and if they remained stable during the onset of mass transfer (Yungelson et al., 2002; van Haften et al., 2012b).
averaged mass transfer rates exceeding $10^{-10}$ $M_\odot$ yr$^{-1}$. The long-period end of the LMXB distribution represents diverging systems. The donor stars in present-day LMXBs in the Bulge originally had masses lower than $\sim 1 M_\odot$.

Figure 6 shows the time-averaged mass transfer rates of the neutron star LMXB population. About 330 systems have time-averaged mass transfer rates exceeding $10^{-10}$ $M_\odot$ yr$^{-1}$, approximately 1% of the Eddington limit. The post-period minimum systems have lower average mass transfer rates than the population of diverging, long-period systems.

3.2. The observable population of LMXBs

As discussed in Sect. 2, only the brightest and shortest-period sources in the modeled population are persistent, while the remainder of the population experience outbursts, with a duty cycle that decreases towards longer orbital period and lower average mass transfer rate. At the present time, the number of LMXBs in the persistent regime is 37 for $\sigma = 0.5$ Gyr and 42 for $\sigma = 2.5$ Gyr, whereas the number of transient LMXBs in outburst is 15 for $\sigma = 0.5$ Gyr and 20 for $\sigma = 2.5$ Gyr. Figures 7 and 8 show that almost all persistent systems have orbital periods in the range $0.3 - 10$ hr and X-ray luminosities of $10^{35} - 10^{37}$ erg s$^{-1}$. The transient sources in outburst are brighter on average than the persistent sources. The orbital periods of transients in outburst lie in the range $0.5 - 30$ hr, with a peak near 2 hr, and their luminosities lie between $10^{36}$ erg s$^{-1}$ and the Eddington luminosity. The present-day observable population, both the persistent and transient sources, are predominantly of the converging type, especially for a narrow star formation history ($\sigma = 0.5$ Gyr). The transient sources have mostly evolved beyond the period minimum. These correspond to the darkest squares in Figs. 2 and 3. The persistent sources are typically near, or on their way to, the period minimum.

It is interesting to note that the period distribution of the bright, observable population (Fig. 7) does not show a global maximum near the period minimum. Instead, the distribution is relatively uniform between 20 min and 10 hr. This is similar to the situation for Cataclysmic Variables, where a peak near the period minimum appears only after including very faint sources (Gansicke et al. 2009). In the LMXB case, our models predict an accumulation of semi-detached systems beyond the period minimum near 2 hr (solid lines in Figs. 4 and 5), where angular momentum loss via gravitational wave radiation becomes very weak, and evolutionary timescales long. However, the vast majority of these systems is transient as a result of their low mass transfer rates. Because of their low duty cycles, only a small fraction is in outburst at a given time. On the other hand, systems with periods near 3 - 10 hr are either persistent, or transient with relatively high duty cycles. Therefore there is no peak in the observable population at short orbital periods.

4. Discussion

We predict the existence of ~ 40 persistent LMXBs and, at any given time, ~ 20 transient LMXBs in outburst in the Galactic Bulge. The star formation history width is $\sigma = 0.5$ Gyr (solid lines) and $\sigma = 2.5$ Gyr (dashed lines). Unlike the previous histograms, here the vertical scale is linear.

Fig. 5. Same as Fig. 4 except $\sigma = 2.5$ Gyr.

Fig. 6. Time-averaged mass transfer rate distributions of the present-day population of hydrogen-rich LMXBs with neutron star accretors in the Galactic Bulge. The star formation history width is $\sigma = 0.5$ Gyr (solid line) and $\sigma = 2.5$ Gyr (dotted line).

Fig. 7. Orbital period distributions of the present-day population of persistent hydrogen-rich LMXBs with neutron star accretors in the Galactic Bulge (black lines), as well as a snapshot in time of the transient population in outburst (gray lines). The star formation history width is $\sigma = 0.5$ Gyr (solid lines) and $\sigma = 2.5$ Gyr (dashed lines). Unlike the previous histograms, here the vertical scale is linear.
already persistent will become brighter. Transient systems close to the critical mass transfer rate may become persistent, however, persistent systems in which angular momentum loss is caused by magnetic braking may become transient. Transient systems well below the critical line will remain transient, but have a higher duty cycle. A larger spread in neutron star mass levels will lead to a larger spread in observed X-ray luminosities as well.

Several studies (Pfrähl et al. 2002; Podsiadlowski et al. 2004) have suggested the existence of a dichotomy in neutron star kicks, where the kick velocity (and neutron star mass) depends on the type of supernova the neutron star is formed in, which in turn depends on the degree to which the primary was influenced by the companion during its evolution. In our standard simulation, about 43% of the neutron stars that end up in LMXBs originated from 8 – 11 M⊙ primaries, which is a necessary condition for the formation of an electron capture supernova (Podsiadlowski et al. 2004). Neutron stars forming in these supernovae are expected to have very low kick velocities (≤ 50 km s⁻¹). Out of all neutron stars in LMXBs in our simulation, about 26% went through a helium star helium giant phase where the initial helium star mass was in the range of 2.6 – 2.95 M⊙, which according to calculations by Farris et al. (2015) can lead to an electron capture supernova, depending on the initial orbital period. The Paczynski (1990) kick velocity distribution, which we use in our standard model, includes a sufficient fraction of low kick velocities to account for the neutron stars formed during electron capture supernovae. Another reason we use the Paczynski kick distribution is to be able to directly compare the results to our earlier work on UCXBs (van Haaften et al. 2013), where we used the same distribution.

Several population synthesis studies of LMXBs have been performed in the past. Fragos et al. (2008) predicted ~ 800 LMXBs with neutron star accretors with L_X > 10^{36} erg s⁻¹ in an elliptical galaxy (with an age similar to the Bulge), most of which are persistent. The stellar mass of the modeled elliptical galaxy is nine times larger than the stellar mass we use for the Bulge, therefore their estimate is equivalent to ~ 90 LMXBs in the Bulge. We find a total of 23 – 31 persistent LMXBs with luminosities above this value in the Bulge, and at any given time another 15 – 20 in outburst (for σ = 0.5 and 2.5 Gyr, respectively), see Fig. 8. Hence, our number of sources that is brighter than 10^{36} erg s⁻¹ is a factor of ~ 2 – 3 smaller, per unit stellar mass. Fragos et al. (2008) found most LMXBs near a period of ~ 1 hr, with a lower peak near 30 hr. This resembles the distribution in our Figs. 4 and 5 (solid lines), which show peaks near 2 and 15 hr. Kalogera & Webbink (1998) and Kalogera (1998) found a formation rate of LMXBs with neutron star accretors of 10^{-6} – 10^{-3} yr⁻¹ in the Galaxy, depending on common-envelope parameters and supernova kick velocities. This implies a total number of LMXBs formed over the history of the Disk of roughly 10^{4}–5, which compares reasonably well to our result of ~ 10^{5}, taking into account that the Bulge has a stellar mass that is 4 – 6 times lower than the stellar mass of the Disk (Klypin et al. 2002; Kiel & Hurley 2006), in their favored model, found about 1700 LMXBs with neutron star accretors in the Galaxy. Kiel & Taam (2013) modeled the population of LMXBs and black widow systems. Their various models produce 5 – 200 black widow systems, and about one hundred times as many LMXBs in the Galaxy. These numbers are consistent with our results as well, again after correcting for the mass difference between Bulge and Galaxy. Kuranov et al. (2014) modeled an old stellar population of 500 000 systems. This corresponds to a total stellar mass of approximately 5 × 10^{7} – 10^{8} M⊙, based on the stellar initial mass function. Therefore the numbers these authors predict,
about 0.1 – 1 LMXBs in their population across their models, should be multiplied by 100 – 200 in order to compare them to our numbers for the Galactic Bulge. The number of LMXBs they found adjusted this way is a factor of 0.3 – 2 times our number, depending on the models used. Their LMXBs are generally somewhat brighter than the systems we modeled, in particular they find more systems with luminosities over 10^{35} \text{erg s}^{-1}. We note that agreement between different models within a factor of a few is still acceptable, given for instance the uncertainty of a factor of ~ 3 based on the common-envelope parameters and kick velocity distribution.

The model results must be compared to the observed population of LMXBs, in particular bright systems. In general this is difficult because of the variability of LMXBs, Voss & Ajello (2010) found 18 LMXBs in hard X-rays (15 – 55 keV) in data from the Swift Burst Alert Telescope, within 10° (1.5 kpc) of the Galactic Center, that are not known to be located outside the Bulge (e.g., in a globular cluster). Owing to confusion with background sources near the Galactic Center, there may be more sources. On the other hand, as a result of poor distance constraints, some of the observed sources may be located in front of, or behind, the Bulge. The faintest of the 18 LMXBs has a luminosity of ∼ 2.4 × 10^{35} \text{erg s}^{-1} in the hard X-ray band, which implies a total X-ray luminosity of ∼ 7 × 10^{35} \text{erg s}^{-1} after a spectral correction based on Revnivtsev et al. (2008). The number of 18 can be compared to our prediction in Fig. 8 which shows about 45 sources above this luminosity threshold. The LMXB catalog by Liu et al. (2007) contains approximately 40 – 50 LMXBs (persistent and transient sources combined) that are located in the direction of the Bulge based on their celestial coordinates. Furthermore these sources are not known to be located in globular clusters, neither are they candidates of having black hole accretors. About one-third of these sources have a distance estimate that is consistent with the distance to, and size of, the Bulge. The others are located sufficiently close to the Galactic Center (e.g., 60% within two degrees) that it is probable that the vast majority of them is located in the Bulge, given the high stellar density near the Galactic Center. The Liu et al. (2007) catalog includes sources found by pointed observations, therefore the sample is inhomogeneous. These numbers lie within a factor of two of our prediction of bright X-ray sources in the Bulge. A lower value for α_{CE,t}, as discussed above, would give an even better match. We consider the agreement of the number of predicted systems with the observed ones good. We compare the orbital periods and luminosities of our modeled systems to persistent Galactic LMXBs in Revnivtsev et al. (2011). The X-ray luminosities of those systems in the 2–10 keV range are ∼ 10^{35.5–38} \text{erg s}^{-1} at orbital periods of ∼ 2–5 hr. This corresponds well with the properties of our persistent LMXBs, although we also find fainter systems with luminosities of 10^{35.5–36.5} \text{erg s}^{-1}. The Galactic Bulge Survey, which mainly aims to detect quiescent LMXBs (Jonker et al. 2011, 2014), has observed 12 square degrees in the Bulge. Extrapolating from our prediction of ~ 60 bright hydrogen-rich LMXBs in the Bulge as well as ~ 50 UCXBs (van Haften et al. 2013), and assuming they are evenly distributed over the projected area of the Bulge, this implies up to six bright sources in the Galactic Bulge Survey field.

4.1. Comparison with the population of ultracompact X-ray binaries

Ultracompact X-ray binaries (UCXBs) are hydrogen-deficient LMXBs, with compact donors and observed orbital periods shorter than 1 hr (e.g., Nelemans & Jonker 2010 van Haften et al. 2012b, Heinke et al. 2013). As mentioned in Sect. 1, UCXBs can also form via an evolved main-sequence donor, but more than 99% of all UCXBs is expected to form after a second common envelope phase, when eventually the core of the secondary fills its Roche lobe (van Haften et al. 2013).

Figure 9 shows the present-day UCXB population in the Bulge (to the left of the dotted line) assuming their evolution is not affected by an irradiation-induced wind from the donor (van Haften et al. 2015), as well as the population of hydrogen-rich LMXBs from Fig. 2 (to the right of the dotted line) for comparison. The oldest UCXBs have the lowest mass transfer rates and the longest orbital periods. Without a donor wind, the evolution of an UCXB is driven by angular momentum loss only via gravitational wave radiation, and the system remains semi-detached. In the case of a wind from the donor, the mass transfer rate is higher, and longer orbital periods can be reached within the age of the Universe (van Haften et al. 2012b). Donor evaporation is expected to have an important impact on the orbital period distribution, which will shift towards longer periods and reduce the number of low mass transfer rate systems. 

van Haften et al. (2013) predicted a population of (0.2 – 1.9) × 10^5 UCXBs in the Bulge, depending on model assumptions, of which a large fraction may have turned into (binary) millisecond pulsars as a result of recycling and accretion turnover. When we compare the population of UCXBs in Fig. 9 (showing 1.9 × 10^5 UCXBs) to the hydrogen-rich LMXBs (2.1 × 10^3 systems), we see that UCXBs are about one hundred times more common than hydrogen-rich LMXBs, unless the vast majority of UCXBs have become detached and turned into millisecond radio pulsars (for the lower value of α_{CE,t} = 0.2 the ratio of ~ 100 decreases to ~ 30). In the case UCXBs typically become
detached, hydrogen-rich LMXBs, such as the evaporating black
dwarf systems, cannot be the main progenitor class of (iso-
lated) millisecond radio pulsars. In fact, if most UCXBs become
isolated millisecond radio pulsars, their absolute number corre-
sponds reasonably well with the estimated number of isolated
millisecond radio pulsars (van Haften et al. 2013). Therefore,
apart from the relative importance of UCXBs, the absolute num-
bers also suggest that the classical LMXBs cannot explain the
size of the millisecond pulsar population. The higher birth rate
of UCXBs compared to hydrogen-rich LMXBs is probably a re-
sult of the higher secondary masses in zero-age main-sequence
UCXB progenitor binaries, which make it easier to avoid disrup-
tion of the system during the supernova explosion of the primary,
and to survive the common envelope stage.

If a significant fraction of UCXBs do not become milli-
second radio pulsars, their number, \((0.2 - 1.9) \times 10^5\), is much higher
than the number of hydrogen-rich LMXBs, \((0.8 - 2) \times 10^3\) (for
the same variation in model parameters). However, the latter are
expected to be slightly more common in the bright population
\((\gtrsim 10^{35} \text{ erg s}^{-1})\), with \(20 - 60\) versus \(5 - 50\) for UCXBs (van
Haften et al. 2013). Thus, a much larger fraction of hydrogen-
rich LMXBs is bright, compared to UCXBs. This has several
reasons. The donor composition in UCXBs can be helium, car-on or oxygen, or a mixture of these elements. LMXBs that
start mass transfer from a hydrogen-rich donor have donors com-
posed of hydrogen and/or helium. At low donor mass, the donors
composed of lighter elements are larger than donors of heav-
ier elements (of the same mass), due to Coulomb interac-
tions (Zapolsky & Salpeter 1969). Therefore, the donors composed of
heavier elements reach the same average donor density (hence
also the same orbital period, by the period-density relation) at a
lower donor mass. Because gravitational wave losses are smaller at
lower donor mass, UCXBs have a lower time-averaged mass trans-
fer rate at the same orbital period (and average density) than
LMXBs with hydrogen in their donors (which can be seen in
Fig. 9). Moreover, the critical mass transfer rates are higher for
UCXBs (solid and dashed line in Fig. 9) respectively. Com-
pared, this leads to significantly lower duty cycles for UCXBs –
this explains why the number of UCXBs in outburst is not larger
than that of hydrogen-rich LMXBs in outburst, even though the
UCXBs are much more common (unless they have become milli-
second pulsars). Persistent sources have a higher critical mass
transfer rate that results in a shorter life as a persistent source.
The result is that a larger fraction of the population of hydro-
gen-rich LMXBs is persistent.

In Fig. 10, we combine the luminosity distribution of
hydrogen-rich LMXBs (Fig. 8) with the luminosity distribu-
tion of UCXBs by van Haften et al. (2013), both the persistent
sources and the transient sources in outburst, for our standard
model (\(Q_{\text{CE, i}} = 2\)). In this model, the contributions of persistent
and transient systems are approximately equal, but in the case of
a common envelope that is ten times less efficient, the number
of UCXBs decreases by a factor of \(\approx 8\), whereas the number of
hydrogen-rich LMXBs decreases by a factor of \(\approx 2.7\). Therefore
the latter are more common among bright sources by a factor
of a few with this change in assumptions.

The bright end of our luminosity distribution (Fig. 10) can
be compared with extragalactic LMXB observations parametrized
by Gilfanov (2004), shown as the dotted curve in Fig. 10. The
absolute numbers correspond quite well with our two models
(solid and dashed bars). Counting only sources with luminosi-
ties between \(10^{35} - 10^{38.5} \text{ erg s}^{-1}\), our \(\sigma = 0.5 \text{ Gyr model has 90
sources}, and our \(\sigma = 2.5 \text{ Gyr model 110}\). Gilfanov (2004)
has 120 sources in this luminosity range. Our alternative \(Q_{\text{CE, i}} = 0.2

distribution of UCXBs in the Galactic Bulge. The star formation
history width is \(\sigma = 0.5 \text{ Gyr (solid line)}\) and
\(\sigma = 2.5 \text{ Gyr (dashed line)}\). These distributions include hydro-
gen-rich as well as hydrogen-poor LMXBs, and both persistent sources and tran-
sient sources in outburst. The dotted line shows the X-ray luminosity function parametrized by
Gilfanov (2004) sample ‘All’ in Table 3) us-
ing the best-fitting normalization of \(\lambda = 440.4\), and further adjusted
for the bin width of our histograms to allow for direct comparison.

5. Conclusions

We have simulated the evolution of binaries in the Galactic
Bulge in order to predict the present-day population of low-mass
X-ray binaries and their possible descendants, such as detached
white dwarf–neutron star systems and millisecond radio pulsars.
We predict about \(2.0 \times 10^5\) LMXBs with neutron star accretors
in the Galactic Bulge. Based on the predicted number of per-
sistent sources and transient sources in outburst, this number
corresponds well with observations. Because our prediction is
supported by observations combined with the timescale progres-
sion along the evolutionary tracks for LMXBs (which are more
accurate than population synthesis), it is not very sensitive to un-
certainties in population synthesis models. About three-quarters
of the LMXBs are predicted to be systems below the bifurcation
point that have passed through the period minimum, and have
very low mass transfer rates and orbital periods shorter than 3

corresponds reasonably well with the estimated number of isolated
millisecond radio pulsars (van Haften et al. 2013). Therefore,
hr, some of which may have become millisecond radio pulsars. Most LMXBs that have formed over the history of the Bulge are no longer transferring mass at the present time, and we predict about $5.5 \times 10^3$ binary millisecond radio pulsars with white dwarf companions in the Bulge with a LMXB origin (i.e., excluding the contribution of intermediate-mass X-ray binaries).

Ultracompact X-ray binaries have a significantly higher formation rate than hydrogen-rich LMXBs and are the most common subclass of low-mass X-ray binaries, unless the majority have become detached and turned into millisecond radio pulsars, in which case they dominate the millisecond radio pulsar formation from all LMXBs. Even so, hydrogen-rich LMXBs are more easily observed because a larger fraction of them is persistent and the transient sources have longer duty cycles.

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