Microsatellite Genotyping Clarified Conspicuous Accumulation of Candida parapsilosis at a Cardiothoracic Surgery Intensive Care Unit

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Candida parapsilosis has become a significant cause of invasive fungal infections in seriously ill patients. Nosocomial outbreaks through direct and indirect contact have been described. The aim of this study was the molecular characterization of what appeared to be an ongoing C. parapsilosis outbreak at the cardiothoracic intensive care unit of the University Hospital of Vienna between January 2007 and December 2008. Using two different molecular typing methods—automated repetitive sequence-based PCR (DiversiLab; bioMérieux) and microsatellite genotyping—we investigated the genetic relationship of 99 C. parapsilosis isolates. Eighty-three isolates originated from the cardiothoracic intensive care unit, while 16 isolates were random control isolates from other intensive care units and a different Austrian hospital. The 99 C. parapsilosis isolates analyzed by repetitive-element PCR all showed identical genotypes, suggesting an ongoing outbreak. In contrast, microsatellite genotyping showed a total of 56 different genotypes. Two major genotypes were observed in 10 and 15 isolates, respectively, whereas another 13 genotypes were observed in 2 to 4 isolates each. Forty-one genotypes were observed only once. Closely related genotypes that differed in only a single microsatellite marker were grouped into clonal complexes. When it comes to C. parapsilosis, microsatellite genotyping is a more discriminative method than repetitive-element PCR genotyping to investigate outbreaks.

Invasive fungal infections are severe and life-threatening complications in immunocompromised or seriously ill patients. Candida species are the cause of nosocomial sepsis, septic shock, and lethal disseminated infection in critically ill patients admitted to intensive care units (ICUs), rising over the past decade to the fourth most common pathogens causing nosocomial bloodstream infections in the United States (3). The increasing frequency rate of serious Candida hospital infections in intensive care patients has multifactorial causes, including increasing usage of intravascular catheters, broad-spectrum antibiotics, extensive surgery, and immunosuppression for neoplastic disease or allograft preservation (2, 8). Despite the availability of potent antifungal agents, the mortality rate from invasive Candida infection is up to 65% (16).

With Candida albicans being still the most common pathogen isolated from immunosuppressed patients, the incidence of isolation of so-called non-albicans Candida, C. glabrata or C. parapsilosis, has been increasing in Europe (1, 19, 20). Candida parapsilosis strains, though, are more heterogeneous than other Candida species. Tavanti and colleagues suggested a division of the C. parapsilosis group (sensu lato) into three species named C. parapsilosis sensu stricto (or simply Candida parapsilosis), C. orthopsilosis, and C. metapsilosis (18). Although frequently associated with neonates and the use of parenteral nutrition, the epidemiology of C. parapsilosis is more complex, as demonstrated in a recent multicenter study by Cantón and coworkers. They found C. parapsilosis most frequently in adult intensive care unit, surgery, and internal medicine departments, and in their study, most C. parapsilosis candidemias were observed in adults (4). Moreover, the new class of echinocandin broad-spectrum antifungals—although very active against C. albicans or C. glabrata—shows increased MICs against most clinical isolates of the C. parapsilosis group (15), with differences at the species level (3).

Candida parapsilosis nosocomial outbreaks have been reported to occur not only through direct and indirect contact via the hands of health care workers but also through contaminated patient care equipment (5, 12, 13, 21). The close genetic relatedness of C. parapsilosis strains in clinical settings emphasizes the need for reliable identification methods to clarify potential transmission routes. As current methods for yeast identification are based on phenotypic features, they can neither differentiate among the three closely related C. parapsilosis sensu lato species nor reliably discriminate isolates below the species level within the C. parapsilosis sensu stricto group. To ensure optimal therapeutic options and study nosocomial cross-transmission, molecular identification of C. parapsilosis outbreak isolates at the species level is therefore of utmost importance (10).

During a 2-year observation period, a conspicuous colonization with C. parapsilosis was observed at one adult cardiothoracic intensive care unit at the University Hospital of Vienna. Genotyping with conventional methods indicated a pseudo-outbreak involving 50 patients with 83 colonizing isolates. Here we report the
use of additional microsatellite genotyping of *C. parapsilosis* using a six-marker microsatellite panel.

**MATERIALS AND METHODS**

**Study setting.** Our study population was derived from a larger prospective study (unpublished data) conducted at the University Hospital of Vienna—a 2,200-bed tertiary care medical university teaching hospital—between December 2006 and December 2008. During a 2-year period, all nonneutropenic cardiac surgery patients admitted to the ICU longer than 7 days were consecutively enrolled into the prospective study. To detect *Candida* colonization, surveillance culture samples were taken twice weekly from different superficial sites, open wounds, and anus and analyzed for the presence of *Candida* using routine methods for culture and identification. Over the 24-month period, a total of 199 patients were enrolled. Of 199 patients, 148 were colonized with *C. parapsilosis*, recovered from 50 patients. Molecular characterization followed for all colonizing isolates from that prospective study found to be *C. parapsilosis*. The study was approved by the Ethics Review Committee of the Medical University of Vienna (EC no. 510/2006).

**Samples.** A total of 99 colonizing isolates were investigated using two different molecular typing methods. Eighty-three colonizing isolates from urine samples (*n* = 6) and from superficial sites, including anus (4), axilla (*n* = 10), groin (*n* = 29), nose (*n* = 17), respiratory tract (*n* = 14), wound (1), and other (*n* = 2), of 50 patients were collected during the period of the above-mentioned prospective study. Nine samples from patients of other intensive care units at our hospital as well as seven isolates from another Austrian hospital were included for comparison purposes.

**Culture and identification.** All isolates were grown for 48 h on Sabouraud glucose agar medium (Heipha Diagnostika, Eppelheim, Germany) at 37°C. Identification was done using the API 32C (bioMérieux Austria GmbH) according to the manufacturer’s instructions.

**DNA extraction.** DNA from each of the 99 colonizing isolates was extracted using the UltraClean microbial DNA isolation kit (Mo Bio Laboratories) by following the manufacturer’s instructions. We used 5 μl of the enzyme Zymolyase (Zymo Research Corporation, Irvine, CA). The DNA concentration was adjusted to approximately 25 ng/μl for each sample.

**Molecular characterization by automated rep-PCR typing system (DiversiLab).** All DNA samples obtained from the 99 colonizing isolates were amplified using the DiversiLab *Candida* kit for DNA fingerprinting (bioMérieux Austria GmbH) by following the manufacturer’s instructions. Briefly, 25 ng genomic DNA, 2.5 U AmpliTaq polymerase, 2.5 μl 10× PCR buffer (Applied Biosystems, CA), and 2 μl primer mix were added to the repetitive sequence-based PCR (rep-PCR) master mix in a total volume of 25 μl per reaction. Thermal cycling parameters were as follows: initial denaturation of 94°C for 2 min, followed by 35 cycles of denaturation at 92°C for 30 s, annealing at 50°C for 30 s, and extension at 70°C for 90 s, with a final extension at 70°C for 3 min. Detection of rep-PCR products was done by microfluidic chips and a model B2100 bioanalyzer (Agilent Technologies, Inc., Palo Alto, CA) of the DiversiLab system, and analysis was performed with DiversiLab software, version 3.4. The resulting DNA fingerprint patterns were viewed as electropherograms, and the results included a dendrogram with a similarity matrix and a virtual gel image of the fingerprint for each DNA sample (11).

**Microsatellite typing.** A panel of six short tandem repeat (STR) markers was used for genotyping the *C. parapsilosis* isolates. Three trinucleotide repeat markers as described earlier by Sabino et al. (17) were amplified in a multiplex PCR. For these markers, we redesigned the amplification markers to generate shorter PCR products and to amplify all three in one multiplex PCR. Instead of the dinucleotide marker described before, we added a panel of three hexanucleotide markers. In each panel, one of the amplification primers (Table 1) was labeled with either 6-carboxyfluorescein (FAM), hexachlorofluorescein (HEX), or 6-carboxytetramethylrhodamine (Tamra). Amplification reactions were performed in a final volume of 25 μl containing approximately 1 ng genomic DNA, 0.5 μM amplification primers, 0.2 mM deoxynucleoside triphosphates (dNTPs), 3 mM MgCl₂, and 1 U FastStart Taq DNA polymerase (Roche Diagnostics, Ulm, Germany) in 1× reaction buffer (Roche Diagnostics). Thermocycling was performed in a T1 thermocycler (Biotemp, Gottingen, Germany) using the following conditions: initial denaturation for 10 min at 95°C, followed by 35 cycles of 30 s of denaturation at 95°C, 30 s of annealing at 60°C, and 1 min of extension at 72°C. A final incubation of 10 min at 72°C was included before the reactions were cooled to room temperature. Following PCR, the amplification products were diluted 30-fold with distilled water and a 1-μl aliquot of diluted PCR product was added to 8.75 μl distilled water and 0.25 μl internal size marker ET-ROX 400 (GE Healthcare, Düsseldorf, Germany). After denaturation of the samples at 95°C for 1 min and rapid cooling to 4°C, they were injected and run onto a MegaBACE 500 platform (GE Healthcare) equipped with a 48-capillary array as recommended by the manufacturer. The number of repeats in each marker was determined by comparing the relative size of each allele to those obtained using the reference *C. parapsilosis* strain CDC317, whose genome has been fully sequenced. Diploid genotypes were converted to binary data by scoring the presence (“1”) or absence (“0”) of each possible allele. Similarities between genotypes were visualized by constructing a minimum spanning tree using BioNumerics, version 6.0 (Applied Maths, S.-Martens-Latem, Belgium), treating the data as categorical information.

**RESULTS**

By using two different molecular typing methods—automated repetitive sequence-based PCR (rep-PCR) (DiversiLab) and microsatellite-based genotyping—we investigated the genetic relationship of 99 *Candida parapsilosis* isolates from 56 different patients. Eighty-three colonizing isolates from 50 patients were issued from that prospective study, while nine samples from other ICUs and seven samples from another Austrian hospital were included for comparison purposes.

Genotyping of the 99 *C. parapsilosis* isolates using repetitive-element PCR showed identical rep-PCR genotype patterns (data not shown) irrespective of the patient’s identity, the patient’s location, and the time of sampling. In contrast, microsatellite geno-
typing using a panel of six STR markers identified 56 different genotypes, of which 41 were observed only once. Fifteen genotypes were found multiple times and were numbered I to XV. The two most prevalent genotypes (I and II) were found in 10 and 15 isolates and were retrieved from three and eight patients, respectively. Seven genotypes (III to IX) each contained two to four isolates from different patients (Table 2), while the remaining six genotypes (X to XV) involved only one patient each, with two isolates from different anatomic sites taken from this patient over time. A timeline of the nine genotypes involving more than one patient is given in Fig. 1. While with genotypes I, II, and IV there was an overlap in the times of stay of some of the patients, this was not the case for genotypes III, V to VIII, and IX (Fig. 1). The relationship between the obtained genotypes is illustrated in Fig. 2. From the minimum spanning tree it is clear that some genotypes may have evolved by spontaneous changes in one of the microsatellite markers. This can be recognized from the complexes of apparently closely related genotypes that differed in only one of the six microsatellite markers (indicated as A to F in Fig. 2A). Six of such complexes containing a total of 53 isolates were recognized. From 18 patients, multiple isolates were available. In nine patients, this involved only a single genotype, whereas in two patients, two different but closely related genotypes were found. In the remaining seven patients, two or more clearly different genotypes were found over time. In one patient, different genotypes were recovered on the same day but from different body sites.

To illustrate the discriminatory power of the microsatellite panel, we compared the genotypes to those found from different wards and from a different hospital. All nine control isolates from different wards yielded different genotypes. Only one of these genotypes was also found in our study population, and another isolate was of a different but related genotype. None of the seven isolates from a different hospital were found in our study collection (Fig. 2B).

### DISCUSSION

Different molecular typing methods, such as random amplified polymorphic DNA typing, restriction fragment length polymorphism, and multilocus sequence typing to classify *C. parapsilosis* sensu lato into three distinct species according to Tavanti and

<table>
<thead>
<tr>
<th>Genotype</th>
<th>No. of isolates per genotype</th>
<th>Concatenated diploid genotype</th>
<th>Clonal complex a</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>10 (3)</td>
<td>262799106404410128877</td>
<td>A</td>
</tr>
<tr>
<td>II</td>
<td>15 (8)</td>
<td>2626515140410108877</td>
<td>B</td>
</tr>
<tr>
<td>III</td>
<td>4 (3)</td>
<td>2627505474710108877</td>
<td>NR</td>
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<tr>
<td>IV</td>
<td>3 (2)</td>
<td>26264545404110108877</td>
<td>NR</td>
</tr>
<tr>
<td>V</td>
<td>3 (2)</td>
<td>2627364640619198877</td>
<td>NR</td>
</tr>
<tr>
<td>VI</td>
<td>3 (3)</td>
<td>252736374341418877</td>
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</tr>
<tr>
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<tr>
<td>VIII</td>
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</tr>
<tr>
<td>IX</td>
<td>2 (2)</td>
<td>2627106064044128877</td>
<td>A</td>
</tr>
</tbody>
</table>

a A to D indicate clonal complexes of genotypes differing in only one microsatellite marker. NR, not part of a clonal complex.
coworkers, have been described previously (18, 22). In 2006, Lasker and colleagues reported a microsatellite method based on dinucleotide repeats able to distinguish isolates within the *C. parapsilosis* sensu stricto group (14). More recently, Sabino and coworkers also described a new DNA typing method with even higher discriminatory power involving microsatellite loci able to distinguish among *C. parapsilosis* sensu stricto isolates (17).

Surveillance culture samples were taken twice weekly from different superficial sites of all patients hospitalized on the cardiothoracic intensive care unit of the Vienna University Hospital between December 2006 and December 2008. Eighty-three isolates from 50 patients all from this cardiothoracic intensive care unit were found to be *C. parapsilosis*. Repetitive-element PCR genotyping results suggested that we were facing an ongoing outbreak of *C. parapsilosis* in this ICU. For comparison purposes, nine additional isolates were obtained from other ICUs at our hospital, and seven isolates were obtained from another Austrian hospital. All additional nonoutbreak isolates analyzed by automated repetitive-sequence-based PCR typing system did as well show the identical rep-PCR genotype. In order to clarify this potential outbreak, the isolates were then further analyzed by microsatellite genotyping. Microsatellite genotyping identified all 16 nonoutbreak isolates as being 16 clearly different genotypes. Within the 83 outbreak isolates, 26 genotypes were observed only once. The remaining 15 genotypes each represented a separate cluster. Our findings suggest that for 82% (41/50) of our patients, *C. parapsilosis* isolates were already present as part of the colonizing flora of the patients and were selected in the intensive care setting, where antimicrobial and antifungal treatment is widely administered. Because of the intrinsic instability of the microsatellite loci, isolates with only very minor changes in one of the microsatellite markers are being considered to be clonally related though not identical, as was the case for four of our patients. The isolation of patient-specific or clonally related genotypes of *C. parapsilosis* from multiple anatomical sites over time in 24% (12/50) of our patients further supports the evidence of an endogenous colonization with those *Candida* isolates (23). Nevertheless, nosocomial transmission cannot be excluded with isolates of genotypes I, II, and IV, since there was an overlap in the times of stay of some of the patients, as well as for those seven patients for whom two or three clearly distinct genotypes were found. Prevention strategies aimed at *C. parapsilosis* must therefore take into account appropriate control measures against both exogenous and endogenous infection reservoirs.

In our daily infection control, routine DNA typing methods have proven to be very valuable in studying the genetic relatedness among microorganisms involved in possible outbreak settings. DiversiLab typing is a rapid and easy-to-perform method for initial screening during outbreak investigation for different bacterial species, as described by Fluit and colleagues for *Acinetobacter* spp., *Stenotrophomonas maltophilia*, and the *Enterobacter cloacae* com-

**FIG 2** Minimum spanning tree showing the differences between the genotypes based on a categorical analysis. Each circle represents a unique genotype. The size of the circle corresponds to the number of isolates of that genotype. Numbers correspond to the number of differences between the genotypes. (A) Clonal complexes of genotypes differing in only one microsatellite marker are indicated with colors and lettered A to F. (B) Origin of the samples: green, study collection; yellow, isolates from different wards; red, isolates from another hospital.
plex (9) and as recently described by Deplano and coworkers for Enterococcus faecium and Klebsiella pneumoniae (6). Regarding Candida species, Wise and colleagues did show that DiversiLab was able to discriminate between the medically important members of the genus Candida at the species level (24). However, when it comes to C. parapsilosis strain differentiation, our study could demonstrate that DiversiLab typing has limited discriminatory power and therefore needs to be replaced by a more discriminative method such as microsatellite genotyping to investigate outbreaks where C. parapsilosis is involved.

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We declare that we have no conflict of interest.

REFERENCES