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MANICHAEISM: ITS SOURCES AND INFLUENCES ON WESTERN CHRISTIANITY

ABSTRACT

The aim of this paper is twofold. First, it will discuss the origins of Manichaeism, a gnostic-Christian world religion that was founded by the prophet Mani (216-276). My discussion of the origins of Manichaeism may serve as an excellent example to illustrate what ‘Gnosis’ or ‘Gnosticism’ actually was. Second, the paper will outline how Manichaeism, being an alternative form of Christianity and even an alternative Christian Church, seemed to have exercised a considerable influence on Catholic Christianity.

INTRODUCTION

Already in Late Antiquity, Manichaeism had become a world religion. This means that in its Manichaean form Gnosticism was once a real world religion, i.e., a world-wide and distinct gnostic community or Church (ἐκκλησία) with its many thousands and, later on, even millions of adherents. It had its own leader, bishops and priests; its own liturgy and rites; its own canonical Scriptures; and even its own and very attractive art (Van Oort 2002, 2008). Manichaeism spread from the region of Babylonia in Southern Mesopotamia (= the south of present-day Iraq) as far as the Atlantic in the West and the Pacific in the Far East (de Stoop 1909; Lieu 1994; Lieu 1998). It had adherents in Egypt, Roman North Africa, Spain, Gaul, Italy, the Balkans and, in the end, even along the South China Coast. Its history covers the period from the beginning of the third century CE to modern times. Even recently, until the middle of the previous century, 120 Manichaeism was forbidden by law in Vietnam (Kawerau 1967:51).

THE ORIGINS OF MANI AND MANICHAEISM: AL-NADĪM AND THE CODEX MANICHAICUS COLONIENSI S

In order to give an outline of the main features of this gnostic Church, it seems appropriate to start from the very beginning. There was once a certain historical figure called Mani. He was, as he styled himself, a prophet ‘from the land of Babylon’ (Ort 1967:73–74). Mani, or by his Syriac name: Manî hajâ, ‘the living Mani’ was born in 216 CE. Several antique sources even state the exact day of his birth – Sunday, 14 April. For some time, we have also had precise information about the place where he was born, namely near the southern Mesopotamian town of Seleucia-Ctesiphon. This capital city, so famous in Late Antiquity, was located not far from present-day Baghdad.

At the beginning of the third century CE, some ascetic Jewish-Christian sects were found in those regions. From Mohammed Ibn al-Nadîm, a Muslim writer who lived at the end of the 10th century, we have an important report on the origins of Mani (Dodge 1970:773 ff.). He tells of a certain person named Futtuq, a resident of the ‘Twin-Cities’ (i.e., Seleucia-Ctesiphon), who joined a baptizing sect in response to a call to asceticism. This Futtuq is said to have been a native of Hamadhân [i.e., the ancient city of Ecbatana], and his wife Maryam, or Marmaryam, is reported to be related to the formerly ruling house of the Arsacids.

One day, while Futtuq was worshipping in a temple of idols, he heard a loud voice admonishing him not to eat meat, nor to drink wine, nor to have intercourse with women. This happened a number of times during the following three days. Futtuq was eventually won over by this voice and consequently joined a sect known as Mughtasilah – those who wash (or: baptize) themselves. His wife Maryam was pregnant when Futtuq decided to join this baptist sect, and in due course she gave birth to their son. In order to give an outline of the main features of this gnostic Church, it seems appropriate to start from the very beginning.

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the Iranian origin of Manichaemism (Colpe 1961; Verheule 1973:159ff) has now definitively turned out to be wrong, however. Al-Nadîm’s account has been confirmed magnificently by the discovery of the so-called Cologne Mani Codex. Since a few years we know that Mani was indeed reared in a Baptist community in Southern Mesopotamia. Moreover, we now know that this sect was a Jewish-Christian one and that the origins of Mani’s gnostic-dualistic world religion should be explained from this background. All this is due to the recent discovery of a unique Manichaean document, the so-called Codex Manichaicus Colonices or CMC.

I believe that it must be stated in no uncertain terms that, in order to understand the origins of Manichaemism, the CMC is of crucial importance. This document was discovered shortly before 1970 in Egypt. It came into the possession of the University of Cologne; hence its name. It is the world’s smallest parchment codex. Its pages measure only 4.5cm by 3.5 cm and the writing on them is 3.5cm by 2.5 cm. Despite its minute format, Manichaean scribes managed to copy an average of twenty-three lines of Greek majuscules onto each page.

The first preliminary report on the CMC was given by the German scholars Albert Henrichs and Ludwig Koenen in a now famous 1970-issue of the Zeitschrift für Paraplogie und Eiphraphik (Henrichs & Koenen 1970). A complete critical edition of the CMC appeared in the year 1988 as Der Kölner Mani Kodex (Koenen & Römer 1988). Ever since the publication of this document there has been an ongoing scholarly evaluation of and debate on the correct interpretation of the text (Van Oort 1996b). A final academic edition with extensive annotations is still awaited for.

The CMC is written in Greek. It has as its running title on each of two subsequent manuscript pages: PERI THS GENNHS / TOY ΣΕΜΑΤΟΣ ΑΥΤΟΥ, i.e., peri tis genous / tou smatos autou. This may be translated as ‘On the genesis / of his body’. How might this be interpreted? Two main views have emerged as a result of the ongoing scholarly debate describing the CMC. According to one opinion, ‘his body’ refers to Mani’s physical body and ‘genesis’ (génna) could be translated as ‘procreation’. Several passages in the Codex may support this view. The other opinion claims that the title of the CMC is already an echo of the Pauline elements so evident in the Codex. As the apostle Paul in his letters described the Church as the body of Christ, similarly the Manichaean Church (ekklésia) is described as the body of Mani (Van Oort 2004; Van Oort & Quispel 2005:87–89). From this perspective the Codex may be interpreted as constituting the first part of a history of the early Manichaean Church.

It is difficult to come to a final decision as to which opinion is correct. Most scholars are partial to the first interpretation (Van Oort 1996b). The extant pages of the Codex have, as their main theme, the story of young Mani’s sojourn among the Baptists that also recounts his earliest missionary journeys after his final break with the sect at the age of twenty-four (Römer 1994).

It is essential to note that the CMC is not the work of one single author, but comprises excerpts from the testimonies of Mani’s closest disciples and early followers. Just as the Evangelists gave their account of the life and the works of Jesus – or better: their account of Jesus’ ‘deeds and words’ (cf. Acts 1:1), so in the CMC these earliest witnesses give their account of Mani’s deeds and words. And, just like one Gospel harmony was created from several Gospels as is, for instance, the case with the Diatessaron of Tatian (c. 120–c. 180; Petersen 2005, 2008), so in the CMC we have a compilation and redaction of the earliest testimonies of Mani’s deeds and words. Among the names of the Manichaean witnesses which have been preserved are Salmiaos the Ascetic, Baraies the Teacher, a certain Timothoos, Abesous the Teacher, Imaios the brother of Zabed, a certain Cafchaeas?, Koustaios the Son of the Treasure of Life, and Ana the Brother of Zachaeus the Disciple. From the number of different authors of the original sections it must be concluded that Mani used to speak frequently and at length about himself and about his supernatural experiences to his closest disciples. In the CMC these earliest disciples appear to serve as trustworthy witnesses of Mani’s deeds and words.

It is something of a revelation to analyse the contents of the CMC and to detect the most essential origins of Mani and his gnostic-Christian Church (Van Oort & Quispel 2005). We cannot enter into all details here, but some of the main facts could be mentioned. First, we now see how well-founded and in essence reliable Ibn al-Nadîm’s testimony is, for according to the CMC Mani grew up among ‘Baptists’. We also learn from the new Codex that they performed daily ablutions on themselves and on their food (CMC 80:1–3; 80:23–83:13; 88:13–15). In addition, their religion is referred to as ‘the Law’. Nomós suggests that the community lived in accordance with the Jewish Law (e.g. CMC 20:9–11; 87:16–18; 89:11–13). Moreover, these Baptists appealed to ‘the traditions of the Fathers’ (CMC 87:2–7, 91:4–9). These characteristic expressions in the passages indicated refer to Jewish traditions.

Another indication of the Jewish roots of the community is that their members observed the ‘Rest of the Hands’ (CMC 102:15). This seems to refer to the observance of the Jewish Sabbath, probably is also this custom which can be found in later Manichaemism, known as ‘the Seal of the Hands’, observed by the Manichaecan Elect. It meant that they abstained from agricultural work in order to refrain from damaging the divine light elements present in the earth and its fruits. Moreover, in a passage from Baraies ‘the Teacher’, one of the Manichaean authors from which the compiler of the CMC edited his work, no less than five Jewish apocalyptic writings are quoted: an Apocalypse of Adam, an Apocalypse of Sethel, an Apocalypse of Enos, an Apocalypse of Sem and an Apocalypse of Enoch (CMC 48:16–60:7; cf. Gruenwald 1983:31ff; Frankfurter 1997; Reeves 1991).

The religious group described in the Cologne Mani Codex apparently acknowledged a certain Alchasaias (CMC 94:10:23, 95:13; 96:13:19; 97:3:13.15) as the founder of their rule. They were followers of the well-known Jewish-Christian prophet Elxai or Elchasaias (Van Oort 2008) and thus can rightly be termed Elchasaites or Elkesaites (contra Luttikhuizen 1985). Again this appears to support al-Nadîm’s observation that the community of the Mughtasailah was instituted by a certain al-Hâsîh, a Jewish-Christian prophet said to have lived at the beginning of the second century. Thus Mani was brought up and educated in a Jewish-Christian community, a community of Jews in which Jesus was accepted as the promised Messiah. Virtue of his Jewish background we can say with some certainty that he lived according to the Mosaic law, which in turn may lead us to assume that he was circumcised.

It was, however, against this Law (Nomós) that Mani protested and thus became a gnostic. In the CMC, this break with the legalistic religion of his youth is recounted vividly, even dramatically. We find in Mani’s own words (handed down by his closest disciples) what kind of gnostic experience inspired him. He claims that, since his early youth, he had come under the power of the ‘Nous’ or ‘divine Intellect’ (Van Tongerloo & Van Oort 1995). Between the young Mani and his Syzygös grew an intimate relationship, which he praises in moving poetry:

and he who is the most trusty
him I received piously
appeared in Adam, Seth(e), Enoch, Noah, Abraham, and also in Jesus, among others. Soon his father Pattikios became an adherent of Mani as well.

Here we may conclude our observations dealing with the origins of Mani’s gnosis. Much more can be noted in regard to it, especially when looking into several other original Manichaean sources, such as those from Medinet Madi in Egypt (e.g. Wurst 1996; Richter 1998) and Turfan in Central Asia (e.g. Klimkeit 1993). Particularly from the pivotal information in the Cologne Mani Codex, we are able to gain a fresh insight. In summation we may state the following: It is now known that Mani was raised in a Jewish-Christian community of Baptists. He rejected their notions and practices regarding baptism, ablutions and Jewish Law. However, among the Elchasaites he heard about Jesus as the true prophet, a manifestation of God’s glory (Greek: doxa, Hebrew: kabod) that was first embodied in Adam, then revealed itself to the Old Testament patriarchs, and finally was incarnated in the Messiah, Jesus.

This may explain the special place of Jesus in Mani’s belief system. It is essential to note that Jesus was venerated, not only in Western Manichaean sources, but also in the sources from Central Asia and China (Waldschmidt & Lentz 1926; Rose 1979). In the Coptic manuscripts, which were discovered in Medinet Madi in Egypt around 1930, the famous Coptic Psalm-Book (the second part of which was edited and translated by the British scholar Charles Allberry), contains many Psalms to ‘Jesus’ and Psalms to ‘Christ’. Psalm-Book, the second part of which was edited and translated by the British scholar Charles Allberry, there are many Psalms to Jesus and Psalms to Christ. Two passages can attest to the essential ‘Christocentric’ character of these psalms. The first one is from a ‘Psalm to Christ’:

Christ, guide me: my Saviour, do not forget me.

I am the love (agape) of the Father, being the robe clothing thee. Christ, guide me: my Saviour, do not forget me. My brethren are the Aeon and the Aeons of the Aeons. Christ, guide me, my Saviour, do not forget me. The air and the Land of Light -- they travailed with me. Christ, ... [etc.].

(Allberry 1938:116)

The second passage is from one of the famous ‘Psalms of the Wanderers’ (Psalmoi Sarakotôn) in the Manichaean Psalm-Book:

I will glorify thee, my God, I will glorify thee, my giver of rest to everyone. My God, I will glorify thee. [Stone of?] Corner-stones, my God, I will glorify thee. My giver of rest to everyone, my God, I will glorify thee. Corner-stone unchanging, unaltering, Foundation unshakeable, sheep hidden to the tree, treasure hidden in the field, Jesus that hangs to the tree, Youth, son of the dew, milk of all trees, sweetness of the fruits (karpos), eye of the skies, guard of all treasures, [power?] that bears the universe, joy of all created things, rest of the worlds (космос). Thou art a marvel to tell, Thou art within, thou art without, Thou art above, thou art below, Thou art near and far, Thou art hidden and revealed, Thou art silent and speakest too. Thine is the glory, the glory due to thee.

(Allberry 1938:155; Villey 1994:95)

To conclude in a few words: right from its inception the figure of Jesus had an important place in the gnosis of Mani. This Jesus was regarded as being the Jesus of Light who is an ‘emanation’
of the divine Nous (Intuition, Insight, Gnosis). This Jesus, Burkitt (1925-43) wrote ‘signified the divine redemption of man; divine nourishment for man; divine suffering for man’. In essence, these are gnostic-Christian ideas.

MANICHAEISM AND WESTERN CHRISTIANITY: THE CASE OF AUGUSTINE

Did this Manichaean Gnosis, once a world religion and alternative Christian Church, exert any influence on ‘orthodox’ mainstream Christianity and thus on the tradition of the main Christian Churches? In this context, it is perhaps the most intriguing question, but I will only briefly touch upon it here. It should be stressed that many of its aspects still await exploration in more detail. Yet, some references can be made to a number of special studies.

Our focal point is the North African bishop Augustine (354–430), the greatest and most influential Father of the Church. He was once an adherent of Manichaeism in North Africa, as well as during his sojourn in Rome. It is also possible to speculate that he might have been involved in Manichaeism as a doubting seeker of ‘truth’ when he was in Milan.

The Manichaean phase of his life started in 373 and lasted for more than ten years. After his Manichaean years, Augustine, now having reconverted to the Catholic Christianity of which he had become a catechumen in his early youth (Van Oort 1991:25–30), wrote many books and tractates against his former co-religionists. Nevertheless, it was near the end of his life that he was again accused of Manichaeism because of his view regarding sexual concupiscence and original sin, among other views he held.

Even as an Ethiopian (i.e., a black man – and Augustine was from Africa) cannot change his skin nor the leopard his spots, even so it is impossible for you to wipe out your Manichaean past

(quote in: Augustinus, Contra Iulianum opus imperfectum IV,42)

There seems to be some truth in this scathing, perhaps even racist remark, made by Augustine’s colleague and severe opponent, the Catholic Bishop Julian of Eclanum from Southern Italy. Three main possible areas of the influence of Manichaeism on the Western Church could be discerned and about each one a few observations may be made.

Firstly, there are some striking similarities between Augustine’s view of sexual concupiscence and original sin and the Manichaean attitude to sex and sin (Adam 1958; Van Oort 1989). Both views are very negative, in particular with regard to the ‘randomness’ of the sexual impulse and, moreover, both stress that this randomness is sin. They agree that in its randomness, itsmotus inordinatus ‘movement’ (motus inordinatus), the sinful nature of sexual desire reveals itself prominently, and that sin is transmitted through this sexual desire.

Secondly, there are many similarities between Augustine’s famous and very influential doctrine of the two ‘cities’ or ‘kingdoms’ (Latin: civitates) and the dualistic Manichaean view of the two ‘realms’, ‘cities’ or ‘kingdoms’. Everyone who reads Augustine’s famous City of God, and its Book XI in particular, will be struck by such similarities. These similarities in thought and even terminology seem to serve as justification to observe direct influences here (Adam 1958; Van Oort 1991:212-228; Van Oort 1996a).

The third and probably most important area of influence seems to be Augustine’s own spirituality. Nowhere in the Early Church before 400 does there appear to be, in my opinion, such a tender and appealing piety, along with such a prominent place given to Christ, as in the writings of Augustine and the Manichaean sources. When reading Augustine’s Confessions, one is more than once reminded of the Manichaean Psalms (Van Oort 1997; Van Oort 2002; Kotzé 2004). He tells us that he also ‘learned’ from the Manicheans and it is quite certain that he had sung their psalms (Van Oort 1991:35). Some essential features of Augustine’s own spirituality reflect how he has served as a ‘conduit’ through which the influences of Manichaeism flowed to effect a lasting impact on Christian spirituality as a whole.

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