Thrombin generation test in microfluidic systems

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The thrombin generation test is one of the diagnostic tests currently in use as a universal method for measuring hemostatic disorders. We envisioned that conventional monitoring of thrombin generation could be miniaturized resulting in a time-saving, accurate, easy-to-operate, and cost-efficient test. For the translation of the conventional thrombin generation test to microfluidic devices, our focus was directed to parameters such as the detection limit, temperature, protein-surface interactions (i.e., hydrophilicity of microchannels), and mixing behavior. Scaling down to microchannels (e.g., capillaries) resulted in volume reduction and allowed us to study the effect of a microchannel surface (either hydrophilic or hydrophobic) on the thrombin activity. Finally, the use of a micromixer enabled us to perform efficient on-chip mixing, resulting in the successful measurement of a thrombin generation in a microfluidic device.

I. INTRODUCTION

Coronary heart disease, stroke and other cerebrovascular diseases, chronic obstructive pulmonary disease, HIV/AIDS, and lower respiratory infections are currently the primary causes of death worldwide. With more than $22 \times 10^6$ fatalities annually, the demand for cheap, rapid, and reliable diagnostic tests for these diseases is ever increasing. In particular, cardiac diagnostic tests have received significant attention as cardiovascular diseases cover nearly 60% of all mortalities. One of the diagnostic tests currently in use as a universal method for measuring hemostatic disorders is the thrombin generation test (TGT) developed by Giesen and co-workers. This hemostatic disorders diagnostic tool, however, involves a highly complex, costly, and time-consuming procedure that needs to be performed by a laboratory specialist. In contrast to conventional diagnostics, novel technology enabled by developments in microfluidics allows rapid diagnosis of blood or plasma samples at the patient’s bed, the so-called point-of-care tests. Ideally, such tests can even be carried out by a patient himself enabling rapid diagnosis, which then facilitates the patient to adjust his medical treatment and monitor the development of his disease.

Since the introduction of microfluidic systems by Manz et al., miniaturization of many chemical and biological processes has experienced a rapid growth. As evidenced by the number of commercial applications described, application of microfluidic systems in a clinical environment has increased drastically. Several restrictions such as the detection limit of the analytes, signal to noise ratio in the system, and/or photobleaching of the fluorescent samples, however, still limit the number of diagnostic applications. Nevertheless, in the field of microfluidics a great interest exists for cardiac diagnostics. Schembri et al. were the first to describe a whole blood multiple analyte analyzer using centrifugation and capillary forces. This centrifugal process for the extraction of plasma from sediment was later also used by Haeberle et al. Other separation techniques applied were based on the bifurcation law or interchannel microstructures. Work by Song et al. demonstrated that clotting times of whole blood and plasma could be determined in very small volumes using a plug-based microfluidic system. Elaborating on the results of Hemker et al., we envisioned that conventional monitoring of thrombin generation could also be miniaturized resulting in a time-saving, accurate, easy-to-operate, and cost-efficient test. More importantly, lab-on-a-chip technology enables the use of a diversity of reagents for simultaneous determination of different clotting factors integrating multiple diagnostic tests onto one microchip. Automation of the whole sequence of handling will result in a more robust and reliable system that is less error prone as compared to the conventional test. In this contribution we report the first example of a miniaturized thrombin generation test on a chip.

II. EXPERIMENTAL DETAILS

A. Equipment

Fluorescence microscopy was performed on a Zeiss Axiostar 135 TV with a $10 \times /0.50$ objective equipped with a DAPI-Aniline blue filter, $\lambda_{ex} 385$ nm. Images were recorded by a Photometrics CoolSnap Camera with a shutter speed of 12 s. As a 96-wells plate fluorometer a Multicounter Wallac Victor2 (equipped with an Umbelliferone filter), $\lambda_{ex} 385$ nm, $T=25$ °C was used. The setup that was used to perform the TGT in a microreactor is schematically depicted in Fig. 1(a). A commercially available microreactor (type TD18, internal volume 3.8 µl) was purchased from Micronit Microfluidics BV (Enschede, The Netherlands). All syringes (Harvard apparatus; high pressure syringe, 2.5 ml) mounted on a syringe...
pump (New Era; type NE-1000) were connected using Swagelok connections to FEP tubing (Upchurch Scientific; type: 1529L 1/16" OD, 1/100" ID). At the end of each tubing, a special flat “bottom headless nut” (Upchurch Scientific; type: M-660) was introduced, which pressed down onto a special flat bottom ferrule (Upchurch Scientific; type: M-650) to achieve a gas tight fluid connection to the microreactor. The microreactor was positioned in a chipholder (custom built) with threaded holes on the top side in which the nuts were screwed. The chipholder was positioned onto the fluorescence microscope during the measurements.

**B. Materials**

Fluorogenic substrate Cbz-Gly-Gly-Arg-AMC (I-1140) was obtained from Bachem A.G. (Bubendorf, Switzerland). A solution referred to as Flu contained 7.5 µl of a 100 mM solution of Cbz-Gly-Gly-Arg-AMC in dimethylsulfoxide (DMSO) and 292.5 µl buffer (Hepes 20 mM, pH 7.35, containing 60 g/l BSA (bovine serum albumin, Sigma, A-7030), referred to as BSA60). A solution referred to as FluCa contained 25 µl of a 100 mM solution of Cbz-Gly-Gly-Arg-AMC in DMSO, 875 µl buffer (BSA60) and 100 µl 1 M CaCl₂, resulting in a concentration of 2.5 mM in fluorogenic substrate and 100 mM in CaCl₂. Platelet poor plasma (PPP) was prepared according to literature and stored at −80 °C. Prior to use the sample was allowed to warm to room temperature. A solution referred to as TF/PL consisted of 30 pM relipidated Tissue Factor (Innovin®, Dade Behring, Marburg, Germany) and 24 µM phospholipids in HEPES-buffered saline, prepared according to literature. All other reagents were used as purchased.

Hydrophilic fused silica capillaries with a polyimide coating were obtained from PolyMicro (Eerbeek, The Netherlands) with an inner diameter of 100 µm, outer diameter of 365 µm, and a length of 30 cm (total internal volume 2.4 µl).

**C. Methods**

A transparent detection window in the capillaries (typically 2–3 cm in length) was created by removing the coating by applying a short (typically 1–2 s) external heat source (typically a flame). The soot formed was easily removed from the capillary by a wet tissue leaving the detection window.

To construct a hydrophobic capillary, a solution of 10 µl ODS-C1 (octadecyltrichlorosilane) dissolved in 1 ml of toluene was pumped through the capillary. The solution in the capillary was left for 15–20 min. Subsequently, approximately 2 ml of toluene (1 ml min⁻¹) was pumped through. Finally, approximately 2 ml of acetone was pumped through (1 ml min⁻¹) and the capillary was dried with pressurized dry air.

Conventional TGT in a 96-wells plate was carried out using the following procedure. The sample (PPP) was allowed to warm to room temperature prior to use. 80 µl Sample (PPP), 20 µl TF/PL solution and 20 µl FluCa were added to four wells in a 96-wells titer plate and mixed for 10 s (t=0). The titer plate was placed in the 96-wells plate fluorometer. The temperature was set to 25 °C and the fluorescence measurement was started (measuring every 15 s for 40 min).

TGT in capillaries was performed using 40 µl of sample (PPP), which was premixed with 10 µl FluCa in order to initiate the test (t=0). Subsequently, the mixed solution was brought into the capillary by applying reduced pressure and the fluorescence was measured by fluorescence microscopy.

Mixing experiments in the micromixer were performed by filling syringe I with Rhodamine B solution (1 mg/ml in de-ionized water) and syringe II with de-ionized water. Both syringes were mounted on the syringe pumps and connected to the microchip. Pump I was programmed to deliver 50 µl at a pump rate of 450 µl min⁻¹. Pump II was programmed to deliver 25 µl at a pump rate of 225 µl min⁻¹. The microchip was positioned on the microscope (Zeiss, Axiovert 40 MAT) and the mixing experiment was initiated by starting both pumps at exactly the same time. Images were recorded with a digital camera (Carl Zeiss, Axiocam MRc5).

TGT in a micromixer was carried out by filling syringe I with sample (PPP, typically 300 µl) and syringe II with re-

![Schematic representation of the microreactor setup used for the TGT testing.](image-url)
FluCa was programmed to deliver 25 μl TF/PL solution and 150 μl FluCa. Both syringes were mounted on the syringe pumps and connected to the microreactor. Pump I was programmed to deliver 50 μl at a pump rate of 450 μl min⁻¹. Pump II was programmed to deliver 25 μl at a pump rate of 225 μl min⁻¹. To initiate the reaction, both pumps were started exactly at the same time, and the fluorescence in the microreactor was measured for 40 min by fluorescence microscopy.

III. RESULTS AND DISCUSSION

For reliable miniaturization of the conventional thrombin generation test several parameters such as temperature, detection limit, protein-surface interactions, and mixing behavior required profound investigation. Temperature plays an important role in many biological processes including thrombin generation. Preferably enzymatic reactions are carried out at 37 °C. However, our microfluidic device was designed to function at ambient temperature. As a point of reference the conventional thrombin generation test therefore first needed to be performed in a 96-wells plate [Fig. 1(a)] at 25 °C instead of the usual 37 °C.

Miniaturization of the 96-wells plate to capillaries [Fig. 1(b)] will result in sample volume reduction and efficient and reliable detection becomes an issue to address. In the conventional test the fluorophore (7-amino-4-methyl-coumarin, AMC) is liberated and measured using a standard 96-wells plate fluorometer. In the miniaturized setup [Fig. 1(b)] fluorescence microscopy was used in order to detect the fluorescent signal, and the efficiency of this method had to be determined. The use of microchannels for the TGT results in a diagnostic device with an increased surface to volume ratio when compared to the conventional test. The effect of the hydrophilicity of the channel walls therefore also had to be taken into consideration as protein-surface interactions affect coagulation behavior. Finally, in order to obtain an efficient mixing procedure of the sample and diagnostic fluid, we investigated the use of a micromixer [Fig. 1(c)].

Performing the thrombin generation test in a 96-wells plate at 25 °C resulted in a fluorescence trace as a function of time as depicted in Fig. 2(a). The thrombin activity rapidly decreases in plasma as a result of plasma inhibitors. The most important of these inhibitors, α₂-macroglobulin, encapsulates thrombin, forming a (α₂-M-T) complex. This α₂-M-T complex switches off all biological activity of thrombin (i.e., coagulation initiation) except for the amidolytic action on small substrates. Consequently, there is continuous hydrolysis of fluorescent substrate (Cbz-Gly-Gly-Arg-AMC) due to the presence of the α₂-M-T complex, giving rise to an increased fluorescence signal. Thus the thrombin generation curve (or thrombogram) is comprised of the fluorescent signal produced by free thrombin and the complex of thrombin with α₂-macroglobulin. Mathematical processing was applied to convert the fluorescent signal into free thrombin activity by subtracting the α₂-M-T activity, generating Fig. 2(b).

The results shown in Fig. 2 demonstrate that performing the TGT at a lower temperature provided comparable thrombograms, although the time-to-peak was significantly prolonged. It could however be concluded that no intrinsic problems were encountered by performing the test at ambient temperature.

The conventional TGT consumes 80 μl of sample and 40 μl of reagents per test, which can easily be reduced upon usage of capillaries or other microfluidic systems. In the first miniaturized experiments, the sample and reagents were premixed outside a microchannel, after which the mixture was introduced into a capillary by reduced pressure and the thrombin generation was measured [schematically depicted in Fig. 1(b)]. Initially, we tested the TGT in fused silica capillaries with an inner diameter of 100 μm (total internal volume 2.4 μl). To investigate the effect of the polarity of the surface, both hydrophobic and hydrophilic capillaries were examined at 25 °C (Fig. 3).

The hydrophobicity has a significant effect on the time to peak, as shown in Fig. 3. Using a hydrophobic channel resulted in a delay of the time to peak of approximately 13 min in comparison with the hydrophilic channel (17.8 and 4.7 min., respectively). This could be explained by the enhanced binding of proteins to the hydrophilic surface of the capillary hence increasing the coagulation activity via the intrinsic pathway (i.e., coagulation in a blood vessel initiated by the activation by certain negatively charged surfaces). Comparing the results of both capillaries with the established 96-wells plate results, the hydrophobic capillary yielded the more similar outcome, with no significant difference in the time-to-peak parameter (17.8 and 15.8 min, respectively).
To demonstrate that thrombin generation could also be measured in a microchip [using a commercially available micromixer, as depicted in Fig. 1(c)], we initially applied the premixing method as described for the capillaries prior to injection into the microchip. The fluorescence signal was monitored during 40 min and after mathematical processing, the thrombogram was generated (Fig. 4).

The obtained thrombogram (Fig. 4) demonstrates that the thrombin generation can be monitored in the micromixer. Remarkably, the time to peak (13.2 min) was situated in between the times found for the hydrophobic and hydrophilic fused silica capillaries while the material of the microchip is hydrophilic (untreated borosilicate glass). The increased time to peak might be explained by the slightly different composition of the channel material and the lower surface-to-volume ratio of the microchip compared to the capillary which could decrease the intrinsic coagulation activation.

Encouraged by these results, we investigated the possibility to eliminate the premixing step by applying an excellent micromixer chip. To evaluate the mixing behavior of this micromixer, two aqueous solutions (one containing the fluorescent dye Rhodamine B, the other de-ionized water) were pumped at a controlled rate through the micromixer.

Figure 5 shows that after four mixing units mixing was complete. By replacing the aqueous solution with a BSA buffer solution (closer related to physiological conditions), similar mixing behavior was observed.

Having established that the mixing in a micromixer occurs rapidly, we proceeded by performing the TGT in this specific micromixer. The premixing step was eliminated by introducing the sample and reagent via separate syringes into the microchip, as depicted in Fig. 1(c). The pump rate for the two solutions was set at a ratio of 2:1 (sample:reagents). After loading the microchip with the appropriate amount of sample and reagent (approximately 4 μl), thrombin generation was monitored during a period of 40 min. To our satisfaction we obtained the thrombogram, as depicted in Fig. 6.

Comparing the on-chip mixing procedure with the premix method, modest variations in time to peak and peak height were observed. The distribution is slightly broadened indicating a delayed and prolonged thrombin generation. This can possibly be explained by the low accessibility of TF, which could be improved by changing the mixing ratio. Based on these results it can thus be concluded that the TGT can be performed in a micromixer with efficient on-chip mixing, lower sample volumes, and excellent detection.
IV. CONCLUDING REMARKS

The focus of our research was to investigate the miniaturization of the conventional thrombin generation test by applying microfluidic devices. We demonstrated that thrombin generation can be measured in different microfluidic devices with excellent detection. The use of microfluidics resulted in 30-fold sample volume reduction. The influence of protein-surface interaction was demonstrated using both hydrophilic and hydrophobic capillaries resulting in a large shift in time to peak possibly as a result of contact activation of the intrinsic coagulation pathway by the glass surface. The use of a micromixer enabled us to perform efficient on-chip mixing, which resulted in the successful measurement of a thrombin generation curve. With this work we demonstrated that microreactor technology is suitable for miniaturization of the conventional thrombin generation test. As a next step validation of this test by calibrating the fluorescent signal and performing the TGT in a hydrophobic micromixer will be examined.

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ABBREVIATIONS

Chz carbobenzyloxy  
Gly glycine  
Arg arginine  
AMC amino-4-methylcoumarin (AMC)

10C. Haber, Lab Chip 6, 1118 (2006).  
14S. Yang, A. Undar, and J. D. Zahn, ASAIO J. 51, 585 (2005); Lab Chip 6, 871 (2006).  
19The total volume of plasma and reagents needed to conduct the TGT in the micromixer was rather large due to the fact that relatively large syringes and tubing were used. This can easily be downscaled to very small volumes and will be subject of investigation in future research.  
21See EPAPS Document No. E-JAPIAU-105-044992 for an example for the mathematical processing of the data. For more information on EPAPS, see http://www.aip.org/pubservs/epaps.html.  