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Treatment of prosthetic joint infections due to *Propionibacterium*

Similar results in 60 patients treated with and without rifampicin

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Background and purpose — Currently, *Propionibacterium* is frequently recognized as a causative microorganism of prosthetic joint infection (PJI). We assessed treatment success at 1- and 2-year follow-up after treatment of *Propionibacterium*-associated PJI of the shoulder, hip, and knee. Furthermore, we attempted to determine whether postoperative treatment with rifampicin is favorable.

Patients and methods — We conducted a retrospective cohort study in which we included patients with a primary or revision joint arthroplasty of the shoulder, hip, or knee who were diagnosed with a *Propionibacterium*-associated PJI between November 2008 and February 2013 and who had been followed up for at least 1 year.

Results — We identified 60 patients with a *Propionibacterium*-associated PJI with a median duration of 21 (0.1–49) months until the occurrence of treatment failure. 39 patients received rifampicin combination therapy, with a success rate of 93% (95% CI: 83–97) after 1 year and 86% (CI: 71–93) after 2 years. The success rate was similar in patients who were treated with rifampicin and those who were not.

Interpretation — *Propionibacterium*-associated PJI treated with surgery in combination with long-term antibiotic administration had a successful outcome at 1- and 2-year follow-up irrespective of whether the patient was treated with rifampicin. Prospective studies are needed to determine whether the use of rifampicin is beneficial in the treatment of *Propionibacterium*-associated PJI.

A prosthetic joint infection (PJI) occurs in 1.5–3% of cases after primary joint arthroplasty (Ong et al. 2009, Kurtz et al. 2010, Singh et al. 2012), whereas the risk of PJI after revision arthroplasty is even higher (Phillips et al. 2003). *Propionibacterium* is involved in about 10% of cases, and is a more common causative organism of PJI in shoulder arthroplasty than in other joint arthroplasties (Levy et al. 2008, Corvec et al. 2012). In recent years, the number of *Propionibacterium*-associated PJIs has been increasing (Bjerke-Kroll et al. 2014), probably due to improved diagnostic modalities such as prolonged cultivation time of tissue cultures and the use of implant sonication (Achermann et al. 2014).

*Propionibacterium* is a gram-positive, relatively slow-growing microaerophilic rod that is known to be a major colonizer and inhabitant of the human skin, especially the sebaceous glands. It is recognized to be an important opportunistic pathogen causing implant-associated infection, including PJI, due to its ability to form biofilms (Ramage et al. 2003, Bayston et al. 2007a). *Propionibacterium* causes a delayed, low-grade infection that usually occurs 3–24 months or more after joint replacement surgery (Levy et al. 2008, Piper et al. 2009, Singh et al. 2012). Distinguishing PJI with *Propionibacterium* from aseptic failure can be difficult due to subtle clinical signs and symptoms, such as implant loosening or persistent pain (Zimmerli et al. 2004, Zappe et al. 2008).

In general, treatment of a PJI involves surgery involving debridement with retention of the prosthesis, 1- or 2-stage exchange arthroplasty, resection arthroplasty, arthrodesis, or amputation followed by prolonged antibiotic treatment (Zimmerli et al. 2004). For the treatment of *Propionibacterium*-associated PJI, the present clinical practice guidelines of the Infectious Diseases Society of America (IDSA) recommend monotherapy with either penicillin G, ceftriaxone, clindamycin, or vancomycin (Osmon et al. 2013). Taking into account the established effectiveness of rifampicin in staphylococcal PJI (Zimmerli et al. 1998, Baldoni et al. 2009, John et al. 2009, El Helou et al. 2010) and the few clinical studies dem-
onstrating positive outcomes of *Propionibacterium*-associated PJI treated with an antimicrobial regimen including rifampicin (Zeller et al. 2007, Levy et al. 2008), combination therapy with rifampicin may be favorable in treating *Propionibacterium*-associated PJI.

We assessed treatment success at 1- and 2-year follow-up after treatment of *Propionibacterium*-associated PJI of the shoulder, hip, and knee. We also attempted to determine whether postoperative antibiotic treatment with rifampicin is favorable in the treatment of *Propionibacterium*-associated PJI.

Patients and methods

Patients

All intraoperative tissue cultures that were positive for *Propionibacterium*, taken between November 2008 and April 2013 at the Department of Orthopaedic Surgery in Sint Maartenskliniek, the Netherlands, were reviewed to retrospectively identify patients with a *Propionibacterium*-associated PJI after primary or revision joint arthroplasty of the shoulder, hip, or knee who had been treated with surgery and antibiotics. Patients were included if at least 2 intraoperative tissue cultures had been positive for the same *Propionibacterium* strain, antimicrobial treatment had been given, and there had been a minimal follow-up time of 1 year after final treatment. Demographic, clinical, laboratory, microbiological, and therapeutic data were collected from the patients’ medical records. Patients were excluded if the inclusion criteria were not met or if their medical records were not available.

Microbiological methods

Periprosthetic tissue samples (5–10 per patient) were cultured both aerobically and anaerobically for 10 days at 35°C on chocolate and MacConkey agar plates with 5% sheep blood, and in thioglycollate medium. On direct plates, *Propionibacterium acnes* grew within 3–4 days. Thioglycollate was incubated for at least 4 days before subcultures were done on the same primary plates. In general, a final positive result for *Propionibacterium acnes* was reported within a week. All microorganisms were routinely identified with MALDI-TOF (Bruker Daltronics, Bremen, Germany).

*Propionibacterium acnes* was also tested for catalase, indole, and nitrate reductase. Antibacterial susceptibility testing of penicillin, clindamycin, and rifampicin was done with E test strips (bioMérieux, Marcy l’Etoile, France) using a MacFarland 1 inoculum, incubated anaerobically for 48–72 h and interpreted according to EUCAST for penicillin and clindamycin (http://www.eucast.org/clinical_breakpoints/). There are no breakpoints set for rifampicin.

Treatment

In all patients, treatment consisted of surgery and a 3-month postoperative antimicrobial regimen. The choice of surgical procedure was determined by the preoperative diagnosis, based on anamnesis, physical examination, radiological data, C-reactive protein (CRP), erythrocyte sedimentation rate (ESR), white blood cell (WBC) count, and in some cases a sterile arthrocentesis. 4 types of PJI were defined according to the classification by Tsukayama et al. (1996): an early postoperative infection (< 1 month after index surgery), a late chronic infection (≥1 month after index surgery), an acute hematogenous infection (antecedent bacteremia with acute onset of symptoms in affected joint with the prosthesis), and infection diagnosed from positive intraoperative cultures (≥2 positive cultures of the same specimen obtained at the time of revision operation).

An open debridement and prosthesis retention was performed if an early postoperative or acute hematogenous PJI was diagnosed. Those patients with a late chronic infection were managed with a 2-stage exchange arthroplasty. Patients who, preoperatively, were not suspected of having an infection, e.g. with aseptic loosening, polyethylene wear, instability, or prosthesis dysfunction, were treated with a 1-stage exchange arthroplasty. In these patients, a PJI was therefore diagnosed from positive intraoperative cultures. Antibiotic treatment with cefazoline (1,000 mg three times a day intravenously (i.v.)) was started intraoperatively after taking tissue cultures, and was continued for 5 days or until the results of the tissue cultures were available. A switch in antimicrobial treatment took place, guided by the positive cultures, and was continued in all patients orally (p.o.) or i.v. for a period of 3 months postoperatively. We identified 2 antimicrobial treatment groups, those with and without additional rifampicin. Whether a patient received additional rifampicin depended on the personal preference of the treating physician. Side effects of the antimicrobial treatment were extracted from the medical records.

Success of treatment

Failure of the retained and replaced prosthesis after finishing antimicrobial treatment was defined as a relapse, re-infection, and/or removal of the prosthesis for any reason. A relapse was defined as positive cultures yielding the same microorganism as the initial intraoperative samples. A re-infection was defined as a new infection with another pathogen.

Statistics

Differences in patient characteristics in the 2 treatment groups were analyzed with Pearson’s chi-square test or Fisher’s exact test when appropriate for categorical data, and the independent t-test was used for continuous data. We checked for assumptions of continuous data and the homogeneity of variance was fulfilled (Levene’s test, p > 0.05). To determine the cumulative probability of treatment failure, we performed a Kaplan-Meier analysis with 95% confidence intervals. A relapse, re-infection, or removal of the prosthesis for any reason was defined as the endpoint. Patients who had their implant and no signs of infection at the end of the study period—or who had died during
the study period—were censored. To compare treatment outcome in patients treated with and without rifampicin, log-rank analysis was used. All statistical analyses were done using IBM SPSS statistics version 20.0. Any p-value of less than 0.05 was considered to be statistically significant.

**Ethics**

Approval of the local ethics committee was obtained on January 22, 2014 (registration number 608).

**Results**

**Patient characteristics**

We included 60 patients. The characteristics of the 2 antimicrobial treatment groups, those with and without rifampicin combination therapy, did not differ statistically significantly from each other (Table 1). The clinical presentation prior to the diagnosis of *Propionibacterium*-associated PJI consisted mainly of persistent joint pain (in 49 of the 60 patients) and joint stiffness (in 25 of the 60). About a quarter of patients had an elevated ESR and CRP. The median number of intraoperative tissue cultures obtained was 6 (5–10) per patient with a median of 3 (2–9) positive cultures. In 57 of the 60 patients, tissue cultures gave a monomicrobial infection with *Propionibacterium* species. The other 3 cases were caused by an unspecified *Propionibacterium* species. A monomicrobial infection was found in 47 patients. In 11 of 13 patients, tissue cultures showed a polymicrobial infection with *Propionibacterium* species and coagulase-negative staphylococci.

Preoperatively, a small proportion of patients were suspected of having an infection (19/60). 4 patients were diagnosed with an early postoperative infection after primary joint arthroplasty. They presented with symptoms of an acute infection consisting of redness, purulent drainage, or persistent wound leakage. The intraoperative cultures showed a polymicrobial infection in 3 patients (2 hips and 1 knee), and a monomicrobial infection in 1 patient with *Propionibacterium acnes* after primary shoulder arthroplasty. All 4 patients were treated with debridement and prosthesis retention, and with antibiotics for 3 months. 3 of them received additional rifampicin. A reinfection occurred in 1 patient who was not treated with rifampicin combination therapy.

Preoperatively, the remaining patients (a majority) were not suspected of having infection and were diagnosed with a *Propionibacterium*-associated PJI from positive intraoperative tissue cultures (41/60). Preoperatively, these patients mainly complained of having pain, joint stiffness, and instability. In all 41 patients, the intraoperative cultures showed a monomicrobial infection with *Propionibacterium acnes*. They were managed with a one-stage revision arthroplasty followed by an antibiotic regimen for 3 months. 25 of the 41 patients received rifampicin combination therapy. At last follow-up, 4 failures had occurred—2 relapse and 2 reinfections (3 in the group treated with rifampicin and 1 in the group treated without rifampicin).

| Table 1. Patient characteristics of 60 patients with *Propionibacterium*-associated PJI, presented according to their postoperative antimicrobial treatment |
|---------------------------------|-----------------|-----------------|---------------|
| Characteristic                  | Rifampicin (n = 39) | No rifampicin (n = 21) | Total group (n = 60) | p-value |
| Location of joint, n           |                 |                 |                 | 1.0                  |
| Knee                            | 15              | 9               | 24             |                     |
| Hip                             | 12              | 6               | 18             |                     |
| Shoulder                        | 12              | 6               | 18             |                     |
| Type of arthroplasty, n         |                 |                 |                 | 1.0                  |
| Primary/revision                | 31/8            | 15/6            | 46/14          |                     |
| Age at PJI diagnosis a          | 69 (40–78)      | 69 (47–80)      | 69 (40–80)     | 0.5                  |
| Sex, female/male                | 22/17           | 7/14            | 29/31          | 0.09                 |
| BMI, kg/m² a                    | 28 (21–50)      | 28 (22–35)      | 28 (21–50)     | 0.2                  |
| Medical history of PJI, n       | 2               | 2               | 4              | 0.6                  |
| Missing data                    | 6               | 0               | 6              |                     |
| Clinical presentation, n        |                 |                 |                 | 1.0                  |
| Missing data                    | 1               | 0               | 1              |                     |
| Joint pain                      | 31              | 18              | 49             | 1.0                  |
| Stiffness                       | 15              | 10              | 25             | 0.5                  |
| Tumor                           | 9               | 7               | 16             | 0.4                  |
| Instability                     | 7               | 8               | 15             | 0.1                  |
| Rubor                           | 5               | 1               | 6              | 0.4                  |
| Sinus tract                     | 2               | 2               | 4              | 0.6                  |
| Calor                           | 2               | 1               | 3              | 1.0                  |
| Fever                           | 1               | 1               | 2              | 1.0                  |
| Wound leakage                   | 1               | 1               | 2              | 1.0                  |
| Laboratory diagnostics         |                 |                 |                 |                     |
| ESR > 30 mm/h                   | 12              | 6               | 18             | 0.5                  |
| Missing ESR data                | 5               | 3               | 8              |                     |
| CRP > 10 mg/L                   | 10              | 6               | 16             | 0.6                  |
| Missing CRP data                | 8               | 7               | 15             |                     |
| Leucocytes, × 10⁶/L a           | 7.9 (5.2–15)    | 7.5 (4.9–13)    | 7.7 (4.9–15)   | 0.6                  |
| Missing data, n                 | 13              | 10              | 23             |                     |
| Microbiological diagnostics     |                 |                 |                 |                     |
| No. of tissue cultures a        | 7 (6–9)         | 6 (5–10)        | 6 (5–10)       | 0.3                  |
| No. of positive cultures a      | 3 (2–9)         | 3 (2–7)         | 3 (2–9)        | 0.8                  |
| Mono/polymicrobial              | 28/11           | 19/2            | 47/13          | 0.1                  |
| PJI classification b            |                 |                 |                 | 0.7                  |
| Early postoperative             | 3               | 1               | 4              |                     |
| Late chronic                    | 9               | 4               | 13             |                     |
| Acute hematogenous              | 0               | 2               | 2              |                     |
| Positive intraoperative cultures| 25              | 16              | 41             |                     |

PJI: periprosthetic joint infection; BMI: body mass index; ESR: erythrocyte sedimentation rate; CRP: C-reactive protein.

*a* Values are median (range)

*b* According to Tsukayama et al. (1996): early postoperative infection (< 1 month after index surgery), late chronic infection (> 1 month after index surgery), acute hematogenous infection (antecedent bacteremia with acute onset of symptoms in affected joint with the prosthesis), or infection diagnosed from positive intraoperative cultures (≥ 2 positive cultures of the same specimen obtained at the time of revision operation).
Treatment

All patients were treated with a combination of surgery and a 3-month postoperative antimicrobial regimen (Table 2).

Surgical treatment

6 patients underwent debridement with prosthesis retention because of an early postoperative infection (4/6) or a hematogenous infection (2/6). 13 patients, suspected preoperatively of having a late chronic infection, underwent a two-stage exchange arthroplasty. 41 patients who were not suspected preoperatively of having an infection were diagnosed from positive intraoperative cultures and treated with a one-stage exchange arthroplasty, 10 of which had partial revision of the prosthesis, i.e. the femoral/humeral or acetabular/glenoid component.

Antimicrobial regimen

After antimicrobial treatment with cefazoline intravenously (1,000 mg 3 times a day), a switch in antimicrobial treatment took place, guided by the positive intraoperative cultures. In all the patients included, low MICs were observed for clindamycin, penicillin, and rifampicin in the Propionibacterium isolates tested (MIC < 0.5 mg/L). 39 patients received a combination of antibiotics including rifampicin. 33 of these 39 patients received a combination of clindamycin (600 mg 3 times a day) and rifampicin (450 mg twice a day). 21 patients received antimicrobial treatment without rifampicin. 16 of 21 patients received clindamycin only (600 mg 3 times a day). In 25 patients, side effects of the antimicrobial regimen were reported, 16 of them in the group treated with rifampicin. Most side effects (22/25) were gastrointestinal symptoms, and 1 patient with diarrhea was diagnosed with Clostridium difficile infection and treated with a course of metronidazole (500 mg 3 times a day). All patients could continue their antibiotic treatment; in 7 cases, the dose of the antibiotic administered had to be diminished. Few patients (3/25) developed an allergic skin reaction. In these cases, there was a switch of antibiotic regimen.

Outcome of treatment

60 patients were followed for at least 1 year, with a median duration of 21 (0.1–49) months until the occurrence of treatment failure. During the follow-up of 2 years, 7 failures occurred, 4 patients had a relapse infection with a Propionibacterium species, and 3 patients had a reinfection with another pathogen. These 7 patients underwent revision surgery in which the prosthesis was removed (Tables 3 and 4).

Using the Kaplan-Meier method, an overall cumulative success rate of 93% (95% CI: 83–97) after 1 year and 86% (CI: 71–93) after 2 years was found (Figure 1). Patients treated without rifampicin combination therapy had a cumulative success rate of 90% (CI: 67–98) after 1 year and 82% (CI: 53–94) after 2 years. A cumulative success rate of 95% (CI: 81–99) and 88% (CI: 69–95) was reached in patients treated with rifampicin combination therapy after 1 year and 2 years, respectively (Figure 2). Comparison of the overall cumulative success rate of patients treated with and without rifampicin revealed a p-value of 0.7 (log-rank test).
Discussion

This retrospective cohort study was conducted to determine the success rates after treatment of Propionibacterium-associated PJI of the shoulder, hip, and knee at 1- and 2-year follow-up. We also attempted to determine if there was a difference in treatment success in patients treated with or without rifampicin combination therapy. We found an overall cumulative success rate of 93% after 1-year follow-up and 86% after and 2-year follow-up. Similar treatment success was found in patients who were treated with or without rifampicin combination therapy.

The patient characteristics of our cohort are comparable to those in previous studies, and support the evidence that clinical findings before the diagnosis of Propionibacterium-associated PJI are subtle (Zappe et al. 2008, Dodson et al. 2010). Furthermore, the success rates we observed are in line with the few published data. Zeller et al. (2007) found a success rate after 2-year follow-up of 92% in 48 patients who were treated for Propionibacterium-associated PJI. All of these 48 patients underwent surgery and underwent long-term antibiotic treatment. Most of these patients received an antibiotic regimen of cefalosporines and rifampicin or clindamycin and rifampicin. A smaller study by Levy et al. (2008) found favor-
able results from combination therapy with amoxicillin and rifampicin.

Unexpectedly, we did not find a higher success rate in patients treated with rifampicin combination therapy, despite the established effectiveness of rifampicin in staphylococcal PJI (Zimmerli et al. 1998, Baldoni et al. 2009, John et al. 2009, El Helou et al. 2010) and the successful eradication of Propionibacterium biofilms with rifampicin in in-vitro studies (Bayston et al. 2007b, Furustrand Tafin et al. 2012) and in-vivo studies (Furustrand Tafin et al. 2012). Our study results can be explained in several ways. First of all, most of our patients underwent surgical treatment consisting of exchange arthroplasty in combination with long-term post-operative antimicrobial treatment with or without rifampicin. Studies researching the effect of additional rifampicin in the treatment of staphylococcal PJI were performed in patients undergoing debridement and retention of the prosthesis (Zimmerli et al. 1998, El Helou et al. 2010). Since rifampicin is known to be a biofilm-active antibiotic, the additional benefit when the infected prosthesis has already been removed is debatable. Secondly, most of our patients who received rifampicin were treated with a combination of clindamycin and rifampicin. Several authors have described a decrease in clindamycin plasma concentration, which is influenced by co-administration of rifampicin (Zeller et al. 2010, Bouazza et al. 2012, Join-Lambert et al. 2014, Curis et al. 2015), presumably because rifampicin is a potent inducer of hepatic cytochrome P-450 3A4 (Niemi et al. 2003), the main metabolic pathway of clindamycin (Wynalda et al. 2003). This could result in a less than optimal treatment. Still, it is uncertain whether this conflicting interaction between clindamycin and rifampicin is of clinical relevance, because several in-vitro, in-vivo, and clinical data show good effectiveness of clindamycin and rifampicin combination therapy against Staphylococcus-related osteoarticular infections (Arditi and Yogev 1989, O’Reilly et al. 1992, Zeller et al. 2010, Czekaj et al. 2011, Curis et al. 2015).

Our study had some limitations. First, the historical study design and the use of data not primarily intended for research resulted in bias from missing data. Patients were only included in the analyses if there was a minimum follow-up of 1 year, and notes were present in the patients’ medical records which may have contributed to selection bias and given an overestimation or underestimation of the success rates calculated. Another shortcoming, and contributory factor to selection bias, was the choice of antibiotic treatment with or without rifampicin, which was based on personal preference. No predefined criteria were used to substantiate the choice of whether or not a patient should receive rifampicin combination therapy. Furthermore, we included a small and heterogeneous group of patients with different types of PJIs of the knee, hip, and shoulder, which were treated with different types of surgery and antimicrobial treatment regimens. This would have contributed to a lack of power and increased the probability of type-2 error. A possible difference in success rates between the 2 treatment groups could be missed. It could also be that the null hypothesis was correct and that there was no difference in success rates between the 2 treatment groups.

In summary, to our knowledge this is the first clinical study to compare antibiotic treatment regimens in Propionibacterium-associated PJI. A combination of surgery and long-term antibiotic treatment postoperatively resulted in an overall success rate of 93% at 1-year follow-up and 86% at 2-year follow-up. No significant difference in treatment success was found between patients treated with rifampicin combination therapy and those treated without. Prospective studies are required to determine the benefit of adding rifampicin for the treatment of Propionibacterium-associated PJI.

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