Rare Genetic Variants Associated With Development of Age-Related Macular Degeneration

Nicole T. M. Saksens, MD; Maartje J. Geerlings, MSc; Bjorn Bakker, BaSc; Tina Schick, MD; Mohamed R. Daha, PhD; Sascha Fauser, PhD; Camiel J. F. Boon, PhD; Eiko K. de Jong, PhD; Carel B. Hoyng, PhD; Anneke I. den Hollander, PhD

**IMPORTANCE** Rare variants in the complement genes CFH, CFI, C9, and C3 have been found to be highly associated with age-related macular degeneration (AMD); however, the effect on clinical characteristics and familial segregation by these variants is lacking.

**OBJECTIVES** To determine the contribution of rare CFH Arg1210Cys, CFI Gly119Arg, C9 Pro167Ser, and C3 Lys155Gln variants in the development of AMD in 22 multiplex families and to describe clinical differences in carriers vs noncarriers in these families and a large case-control cohort.

**DESIGN, SETTING, AND PARTICIPANTS** This retrospective case-control study included 114 affected and 60 unaffected members of 22 multiplex families with AMD as well as 1589 unrelated patients with AMD and 1386 unrelated control individuals enrolled in the European Genetic Database (EUGENDA). Patients were recruited from March 29, 2006, to April 26, 2013, and data were collected from April 20, 2012, to May 7, 2014. All participants underwent an extensive ophthalmic examination and completed a questionnaire. Venous blood samples were obtained from all participants for genetic analysis, including whole-exome sequencing and measurements of complement activation. Data were analyzed from September 23, 2014, to November 4, 2015.

**MAIN OUTCOMES AND MEASURES** Differences between carriers and noncarriers of rare variants in age at onset of symptoms, the family history of AMD, complement activation levels (C3d:C3 ratio), the presence of reticular pseudodrusen, and AMD phenotype.

**RESULTS** Among the 114 affected and 60 unaffected members of 22 multiplex families with AMD and the 1598 unrelated patients with AMD and 1386 unrelated controls in the EUGENDA cohort who underwent analysis, the presence of the CFI Gly119Arg, C9 Pro167Ser, or C3 Lys155Gln variant was confirmed in 18 individuals in 5 families but did not completely segregate with the disease. In the case-control cohort, the 91 affected carriers of these variants were younger at symptom onset (mean [SD] age, 67.4 [8.5] vs 71.3 [8.9] years; P = .01) and more often reported a positive family history (35 of 79 [44.3%] vs 367 of 1201 [30.6%; P = .008]) compared with the 1498 noncarriers. Patients with advanced atrophic AMD carried these rare variants more frequently than patients with neovascular AMD (11 of 93 [11.8%] vs 40 of 835 [4.8%; P = .04).

**CONCLUSIONS AND RELEVANCE** Previously reported rare variants do not completely segregate within families with AMD. However, patients carrying these rare variants differ clinically from noncarriers by an earlier age at symptom onset, higher prevalence of a positive family history, and AMD phenotype. These results suggest that genetic tests for AMD might be designed to detect common and rare genetic variants, especially in families, because rare variants contribute to the age at onset and progression of the disease.

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ge-related macular degeneration (AMD) is the leading cause of irreversible, central visual loss in the elderly population in developed countries. A combination of genetic and nongenetic factors plays a role in the development and progression of this multifactorial disease. Genome-wide association studies have identified common genetic risk variants that are strongly associated with AMD, such as the Tyr402His (rs1061170) variant in the complement factor H gene (HGNC 4483) and the Ala69Ser (rs10490924) variant in the age-related maculopathy susceptibility 2 (ARMS2) gene (HGNC 32685).

Previous family and twin studies have demonstrated a strong genetic component and aggregation of AMD within families. Approximately 20% to 30% of the patients have a positive family history for AMD, which has been reported as a significant risk factor for AMD. A positive family history also has been associated with an earlier age at onset of disease. Clustering of known common genetic risk factors does not fully explain the number of affected family members in large, densely affected families. Several recent studies have identified rare genetic variants that strongly increase the risk for AMD, including CFI Gly119Arg, CFI Gly119Arg, Pro167Ser, and C3 Lys155Gln. These rare variants are located in genes of the complement system, which plays a major role in the pathogenesis of AMD. Owing to their strong effect size, these rare, highly penetrant genetic variants may account for clustering of AMD in families and lead to more severe disease. Highly penetrant variants have been identified in families with AMD, thus confirming the hypothesis that rare variants cluster in families. Understanding the contributions of these rare variants to the clinical characteristics of AMD is important because carrying these variants may have diagnostic, predictive, and therapeutic consequences for carriers.

The aim of the present study was to determine the contribution of known rare genetic variants in the development of AMD in large multiplex families with AMD. In addition, we aimed to describe differences in clinical characteristics in carriers compared with noncarriers of these rare genetic variants in families and a large case-control cohort.

Methods

Participants
In this retrospective study, we evaluated 114 affected and 60 unaffected members of 22 multiplex families with AMD. In addition, we analyzed a case-control cohort of 1589 unrelated patients with AMD and 1386 unrelated control individuals from the European Genetic Database (EUGENDA). This study was approved by the ethics committees of Commissie Mensgebonden Onderzoek Regio Arnhem-Nijmegen and University Hospital Cologne on research involving human subjects and met the criteria of the Declaration of Helsinki. Before enrollment in EUGENDA, all participants provided written informed consent and completed a detailed questionnaire on their medical history, age at onset of first symptoms, family history of AMD, and lifestyle factors. For the case-control cohort, a family history positive for AMD was defined as at least 2 first-degree relatives (parents and/or siblings) with AMD or possible AMD.

Patients were recruited from March 29, 2006, to April 26, 2013, and data were collected from April 20, 2012, to May 7, 2014. Each participant of the EUGENDA cohort and all members of the 22 families underwent digital color fundus photography and spectral-domain optical coherence tomography (OCT) (Spectralis; Heidelberg Engineering) after pupillary dilation. Digital, nonstereoscopic, 30° color fundus photography centered on the fovea was performed (TRC 50IX camera; Topcon Corporation). Spectral-domain OCT volume scans consisted of 19 or 37 parallel OCT B-scans for analysis, which covered a macular area of 6 × 4 mm. For each OCT B-scan, the mean of 20 images was derived using the automated real-time function. Color fundus photographs and OCT scans of both eyes of all individuals were evaluated by 2 independent, certified reading center graders, including one of us (T.S.), according to the standard protocol of the Cologne Image Reading Center and Laboratory. We classified AMD by the presence of pigmentary changes with at least 10 small drusen (diameter, <63μm) or the presence of intermediate (diameter, 63-124μm) or large (diameter, ≥125 μm) drusen in the Early Treatment Diabetic Retinopathy Study grid. Advanced AMD was defined as AMD with subfoveal geographic atrophy (GA) or choroidal neovascularization (CNV) in at least 1 eye. Age at onset of AMD was defined as the age at which the first visual symptoms occurred. Controls were classified as having no abnormalities or only small drusen or pigmentary abnormalities and were 60 years or older. In addition, in 479 individuals, infrared images and spectral-domain OCT images were evaluated for the presence of reticular pseudodrusen by one of us (T.S.).

Genotyping

Whole-exome sequencing was used to genotype 85 affected members of 22 multiplex families with AMD. The samples were sequenced at the Erasmus Medical Center using DNA obtained from venous blood after extraction using standard procedures. The DNA was fragmented using shearing ultrasonic technology according to the manufacturer’s instructions (Adaptive Focused Acoustics; Covaris, Inc), and a DNA library preparation kit (Kapa Biosystems, Inc) was used on a sequencing workstation (Sciclone NGS; Caliper Life Sciences). Exome capture was achieved using...
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Pro167Ser, and Lys155Gln variants were also analyzed in the pedigrees of the five families with age-related macular degeneration (AMD) (Figure 1). The variants were confirmed by Sanger sequencing using primers and methods as described previously.18 Genotyping of the rare CFI Gly119Arg, C9 Pro167Ser, and C3 Lys155Gln variants was performed using a custom-made assay (TaqMan; Life Technologies) as described previously.18 Genotyping of the CFH Arg1210Cys, C9 Pro167Ser, and C3 Lys155Gln variants was performed using a competitive, allele-specific, polymerase chain reaction assays (KASP SNP Genotyping System; LGC Group) for CFH as previously described20 and C9 and C3 according to the manufacturers’ recommendations (eTable 2 in the Supplement).

Complement Measurements
Levels of complement component C3 and the activation fragment C3d were measured in serum samples as described previously.31 The C3d:C3 ratio was calculated as a measure of complement activation21 and is a strong marker for AMD.31 For the statistical analysis, the C3d:C3 ratio underwent natural logarithm transformation.

Statistical Analysis
Data were analyzed from September 23, 2014, to November 4, 2015. The odds ratio (OR) of the presence of a rare variant for AMD was calculated by binary logistic regression analysis. Statistical analyses were performed to study differences in age at symptom onset, complement activation levels, family history of AMD, and AMD subtype between patient carriers and noncarriers of the rare CFH Gly119Arg, C9 Pro167Ser, or C3 Lys155Gln variant. We analyzed the mean values of the continuous traits, complement activation levels, and age at first symptoms using independent-sample t tests and compared the mean value using the Pearson χ2 test for the other variables. Data were analyzed using SPSS software (version 20.0; SPSS, Inc).

Results
The rare CFH Gly119Arg, C9 Pro167Ser, and C3 Lys155Gln variants were observed in 18 individuals in 5 of the 22 multiplex families with AMD. Although these variants aggregated within these families, they did not segregate completely with the disease (Figure 1). The CFH Arg1210Cys variant was not observed in any of the 22 families.
The CFI Gly119Arg variant was detected in family 1 (Figure 1A). Of the 4 affected individuals, 3 were carriers of the CFI Gly119Arg variant. Affected individual II:4 lacked the CFI Gly119Arg and carried the CFH Tyr402His risk allele homozygously. The youngest unaffected individual (64 years) carried the risk-conferring CFI variant. In family 2 (Figure 1B), 2 rare variants, C9 Pro167Ser and C3 Lys155Gln, were identified heterozygously. Although both variants were found only in affected individuals, neither variant segregated fully with the disease phenotype. The C3 Lys155Gln variant was found to cluster in 2 additional families (Figure 1C and D). In family 3, the C3 Lys155Gln variant was detected in 2 affected individuals (II:2 and II:4), who also carried the ARMS2 Ala69Ser and CFH Tyr402His risk alleles homozygously. Individuals II:1 and II:2 had intermediate AMD without carrying the rare variant in C3 and were heterozygous for the common ARMS2 Ala69Ser and CFH Tyr402His risk alleles. In family 4, 5 individuals carried the C3 Lys155Gln variant, of whom 4 had AMD and 1 did not (II:8). Individuals II:6 and II:7 carried the C3 variant and were diagnosed as having intermediate AMD. Their older siblings II:4 and II:5, who did not carry the rare variant, did not develop AMD, although they had a higher genotypic load of the 2 common variants. In addition to family 2, the C9 Pro167Ser variant was also identified in family 5 (Figure 1E). Two affected individuals carrying the variant had a more advanced AMD stage than the affected noncarrier family members.

Within the 5 families, rare variants were detected in 16 affected individuals and 2 unaffected carriers (Table 1). Carrying 1 of the variants in CFH, C9, or C3 resulted in an OR of 7.11 for AMD (95% CI, 1.23-40.98; P = .03).

The age at symptom onset was earlier in affected family members who carried the rare CFI Gly119Arg, C9 Pro167Ser, or C3 Lys155Gln variant compared with affected noncarriers (64 vs 69 years; P = .25) (Figure 2). The complement activation level (C3d:C3 ratio) was higher in affected family members who carried a rare variant in a complement gene compared with noncarriers (1.43 and 1.18, respectively; P = .053) (Figure 2). Most patients with advanced AMD carried a rare variant. This finding holds true for the single patient with GA and 5 of the patients with CNV (P = .17).

Five of 25 affected family members showed an AMD phenotype with reticular pseudodrusen, and all 5 patients carried the rare CFI Gly119Arg, C9 Pro167Ser, or C3 Lys155Gln variant. Carrying 1 of these variants was associated with developing reticular pseudodrusen (P = .02). The Pro167Ser variant in the C9 gene appeared to segregate with the reticular pseudodrusen phenotype in family 5 because individuals II:2 and II:3, who carried the rare variant, showed reticular pseudodrusen, whereas individuals II:1 and II:4 did not. However, the rare variants in the CFI and C3 genes did not segregate with the reticular drusen phenotype. Individual II:1 of family 1 and individuals II:2 and II:6 of family 4 showed the reticular pseudodrusen phenotype, but this phenotype was not observed in their siblings who carried the same rare variant.

Next, the analyses were replicated in a large case-control EUGENDA cohort, which was genotyped for the rare variants CFH Arg1210Cys, CFI Gly119Arg, C9 Pro167Ser, and C3 Lys155Gln. Of the 1589 patients and 1386 controls in the case-control cohort, we identified 91 carriers (5.7%) in the AMD cohort and 43 carriers (3.1%) in the control cohort (Table 1). The CFH Arg1210Cys variant was not present in our case-control cohort.

The presence of a rare genetic variant was associated with AMD and conferred an OR of 1.90 (95% CI, 1.31-2.75; P = .001). This association was comparable with the OR for advanced AMD (OR, 1.90; 95% CI, 1.27-2.85; P = .002). Separate analyses for each rare variant showed large effect sizes for the CFI Gly119Arg variant (OR, 11.38; 95% CI, 1.49-87.06; P = .003), whereas the effect sizes for the C9 Pro167Ser variant (OR, 1.54; 95% CI, 0.96-2.45; P = .07) and the C3 Lys155Gln variant (OR, 1.81; 95% CI, 0.96-3.44; P = .06) were smaller (Table 2). Patients with AMD who carried the rare CFI Gly119Arg, C9 Pro167Ser, or C3 Lys155Gln variant reported a positive family history for AMD more often than patients with AMD who did not carry these rare variants (35 of 79 [44.3%] vs 367 of 1201 [30.6%], respectively; P = .008). This difference in positive family history was the largest for carriers of the CFI Gly119Arg variant (58.3% vs 30.6%; P = .04), followed by variant Pro167Ser in C9 (44.7% vs 30.6%; P = .04) (Table 3 in the Supplement).

In addition, an earlier age at symptom onset was found in patients with AMD with the rare CFI Gly119Arg, C9 Pro167Ser, or C3 Lys155Gln variant.

### Table 1. Clinical Characteristics of Carriers and Noncarriers of the Rare Variants in the 5 Families With AMD and the EUGENDA Cohort

<table>
<thead>
<tr>
<th>Carrier and Disease Status</th>
<th>Female Sex, No. (%)</th>
<th>Mean (SD) Age, y At Participation in EUGENDA</th>
<th>Complement Activation, Mean (SD) In C3d:C3 Ratio</th>
<th>No. of Patients With GA/CNV</th>
<th>Individuals With Reticular Drusen, No. (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Families</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Affected carriers (n = 16)</td>
<td>14 (87.5)</td>
<td>74.9 (10.2)</td>
<td>63.9</td>
<td>1.55 (0.38)</td>
<td>1/5</td>
</tr>
<tr>
<td>Affected noncarriers (n = 9)</td>
<td>5 (55.6)</td>
<td>71.4 (8.6)</td>
<td>69.4</td>
<td>1.51 (0.40)</td>
<td>0/1</td>
</tr>
<tr>
<td>Unaffected carriers (n = 2)</td>
<td>2 (100)</td>
<td>66.0 (4.2)</td>
<td>NA</td>
<td>1.26 (0.37)</td>
<td>NA</td>
</tr>
<tr>
<td>Unaffected noncarriers (n = 8)</td>
<td>4 (50.0)</td>
<td>66.9 (5.1)</td>
<td>NA</td>
<td>1.41 (0.41)</td>
<td>NA</td>
</tr>
<tr>
<td>EUGENDA cohort</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Affected carriers (n = 91)</td>
<td>51 (56.0)</td>
<td>73.7 (8.4)</td>
<td>67.4</td>
<td>1.51 (0.35)</td>
<td>11/40</td>
</tr>
<tr>
<td>Affected noncarriers (n = 1498)</td>
<td>839 (56.1)</td>
<td>75.5 (8.9)</td>
<td>71.3</td>
<td>1.46 (0.34)</td>
<td>82/795</td>
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<tr>
<td>Unaffected carriers (n = 43)</td>
<td>29 (67.4)</td>
<td>70.2 (6.3)</td>
<td>NA</td>
<td>1.26 (0.37)</td>
<td>NA</td>
</tr>
<tr>
<td>Unaffected noncarriers (n = 1343)</td>
<td>764 (56.9)</td>
<td>70.4 (6.8)</td>
<td>NA</td>
<td>1.37 (0.36)</td>
<td>NA</td>
</tr>
</tbody>
</table>

Abbreviations: AMD, age-related macular degeneration; CNV, choroidal neovascularization; EUGENDA, European Genetic Database; GA, geographic atrophy; NA, not applicable.
Lys155Gln variant than in patients who did not carry these rare variants (mean [SD] age, 67.4 [8.5] vs 71.3 [8.9] years, respectively; \( P = .01 \)) (Table 1 and Figure 2). In individuals carrying a rare variant, the mean complement activation level (ln C3d:C3 ratio) was higher in cases compared with controls \( (P < .001) \). In contrast, the mean ln C3d:C3 ratio in patients with AMD who carried one of the rare variants was not different from that of noncarriers of these variants \( (P = .85) \) (Figure 2). In patients with advanced AMD, the rare CFI Gly119Arg, C9 Pro167Ser, and C3 Lys155Gln variants were present more often in patients with GA (11 of 93 [11.8%]) than in patients with CNV (40 of 835 [4.8%]; \( P = .04 \)). A reticular pseudodrusen phenotype was present in 56 of 246 patients with AMD and none of the 183 controls (Table 1). No association was found between the presence of reticular pseudodrusen and the presence of one of these rare variants in the large AMD cohort \( (P = .80) \).

### Discussion

The development of AMD in densely affected families can be influenced by rare genetic variants, of which 4 (CFH Arg1210Cys, CFI Gly119Arg, C9 Pro167Ser, and C3 Lys155Gln) were previously associated with AMD.\(^{15,18-21}\) In our EUGENDA case-control cohort, the presence of a variant resulted in an OR of 1.90 for AMD, which is comparable with previously reported effect sizes for the C9 Pro167Ser and C3 Lys155Gln variants.\(^{15,18-21}\) However, the effect size of the Gly119Arg variant in the CFI gene was much stronger, with an OR of 11.38, which is in line with those of previous reports (ORs, 8.5 and 22.2).\(^{16,33}\) The CFI Gly119Arg variant was previously associated with AMD in North American cohorts\(^{15,20}\) but not in Icelandic\(^{19}\) and Han Chinese cohorts.\(^{34}\) The absence of this variant in our AMD case-control cohort may reflect the different distribution of low-frequency alleles among populations.\(^{30}\)

Almost half of the patients who carried one of the rare CFI Gly119Arg, C9 Pro167Ser, or C3 Lys155Gln variants reported a family history positive for AMD, which has important implications for counseling of these patients and their family members and underlines the importance of including these rare variants in genetic tests for AMD. Despite their strong association with AMD in case-control cohorts,\(^{16-20}\) the CFI Gly119Arg, C9 Pro167Ser, and C3 Lys155Gln variants did not segregate with the disease in the 5 families in this study. This finding could point to the contribution of other genetic risk alleles and environmental factors in such
multiplex families. Further research is warranted to determine whether additional rare variants aggregate in the remaining 17 families with AMD in this study.

Patients who carry a known rare genetic variant differ clinically from patients who do not. We demonstrated that carriers of the rare CFI Gly119Arg, C9 Pro167Ser, or C3 Lys155Gln variants have an onset of symptoms 4 years earlier, of which the CFI Gly119Arg variant shows the strongest effect. This finding is comparable to the earlier onset previously described in patients carrying the rare Arg1210Cys variant in the CFH gene\(^{13}\) and is in line with the earlier age at symptom onset in patients with familial AMD.\(^{14}\)

Many of the common genetic variants associated with AMD reside in genes encoding components of the complement cascade,\(^2,4,35-37\) some of which have been associated with increased systemic levels of complement activation and complement components.\(^{25,31,38}\) Nearly all the recently identified rare variants are located in complement genes,\(^{15,17-21,39-41}\) emphasizing the important role of the complement system in the pathophysiology of AMD. Mean complement activation levels were slightly higher in patients with AMD who carried rare variants in the CFI, C9, or C3 gene compared with noncarriers, but this difference in complement activation levels cannot be explained by the presence of the rare variants evaluated in this study. Preventive and therapeutic options inhibiting the complement cascade have been suggested to be effective in treating AMD,\(^{42}\) but our current results do not support the hypothesis that patients who carry a rare variant in a complement gene will benefit more from such treatments than noncarriers. However, complement inhibition is a promising target for treatment of GA in AMD,\(^{43}\) which is more prevalent in affected carriers than noncarriers.

In this study, rare variants were more frequently identified in patients with advanced AMD and GA than advanced AMD and CNV. This finding is in line with that of a recent study,\(^{44}\) which observed a higher prevalence of GA among patients carrying the CFH Arg1210Cys variant. A previous investigation\(^{13}\) suggested that additional genetic factors may contribute to the development of GA in familial patients because a higher prevalence of GA was found in familial than sporadic AMD cases, and siblings are more likely to develop the same advanced AMD subtype as their family proband.\(^{32}\) The findings of the current study are thus consistent with our suggestion that additional genetic factors play a role in GA development.\(^{14}\)

From these findings, we recommend that patients of European descent in densely affected families with AMD undergo screening for rare CFI Gly119Arg, C9 Pro167Ser, and C3 Lys155Gln variants because these rare variants played a role in more than 20% of our screened families. However, these associations may not hold true within populations of other antecedents because different rare variants in these populations may play a more important role, such as, for example, CFH Arg1210Cys in the North American population.\(^99\)

### Conclusions

We observed a higher familial occurrence and an earlier age at onset in the carriers of the rare genetic variants CFI Gly119Arg, C9 Pro167Ser, and C3 Lys155Gln. These findings emphasize the importance of counseling of patients and family members to increase awareness and enable early detection of the disease. Genetic tests for AMD should therefore be designed to detect, in addition to the common variants, the described rare genetic variants, especially in families, because these rare variants contribute to the age at onset and progression of the disease.
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