Deleterious Germline BLM Mutations and the Risk for Early-onset Colorectal Cancer

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Bloom syndrome is an autosomal recessive disorder characterized by chromosomal instability and increased cancer risk, caused by biallelic mutations in the RECQL-helicase gene BLM. Previous studies have led to conflicting conclusions as to whether carriers of heterozygous BLM mutations have an increased risk to develop colorectal cancer (CRC). We recently identified two carriers of a pathogenic BLM mutation in a cohort of 55 early-onset CRC patients (≤45 years of age), suggesting an overrepresentation compared to the normal population. Here, we performed targeted sequencing using molecular inversion probes to screen an additional cohort of 185 CRC patients (≤50 years of age) and 532 population-matched controls for deleterious BLM mutations. In total, we identified three additional CRC patients (1.6%) and one control individual (0.2%) that carried a known pathogenic BLM mutation, suggesting that these mutations are enriched in early-onset CRC patients (P = 0.05516). A comparison with local and publically available databases from individuals without suspicion for hereditary cancer confirmed this enrichment (P = 0.003534). Analysis of family members of the five BLM mutation carriers with CRC suggests an incomplete penetrance for CRC development. Therefore, these data indicate that carriers of deleterious BLM mutations are at increased risk to develop CRC, albeit with a moderate-to-low penetrance.

In autosomal recessive cancer predisposing syndromes such as Bloom syndrome (MIM2109000), Nijmegen breakage syndrome (MIM251260), and Fanconi anemia (MIM227650), the risk for cancer is age-dependent and varies between cancer types. Currently, evidence accumulates that also monoallelic mutations in the genes associated with these autosomal recessive syndromes, BLM, NBN and FANCC, respectively, may result in increased risks for cancer1-3. Heterozygous deleterious mutations in the DNA RECQL-helicase gene BLM have been associated with an increased risk for breast cancer4, but studies on the role of these mutations in susceptibility to CRC have been conflicting5-6. In Bloom syndrome patients, the lifetime risk for developing CRC is approximately 12%.7 Previous research on heterozygous carriers of BLM mutations and CRC risk has mainly focused on the BLM founder mutation p.Y736fs (BLMAsh) in the Ashkenazi Jewish population. Whereas Gruber et al. described that Ashkenazi Jews with CRC carry the BLMAsh allele more than twice as frequent as matched controls, Cleary et al.5 were unable to replicate these findings and Baris et al.6 did not find an increased risk for CRC in BLMAsh mutation carriers.

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Very recently, we performed whole-exome sequencing on a cohort of individuals diagnosed with CRC ($n=55$) before the age of 45 years, and we identified two individuals with heterozygous $BLM$ mutations that are known to play a role in Bloom syndrome (De Voer et al. unpublished data). To reveal whether these mutations contribute to the risk for CRC development, we have performed a case-control sequencing study using targeted enrichment by molecular inversion probe technology\(^8\) followed by Ion semiconductor sequencing to compare the prevalence of Bloom syndrome-causing mutations in patients with CRC and healthy controls.

**Results**

**Frequency of $BLM$ mutations in the general population.** We previously identified deleterious $BLM$ mutations, a splice site mutation (c.3558 +1G >T) and a nonsense mutation (c.2695C >T; p.Arg899*), in two individuals that were diagnosed with colorectal cancer at the age of 29 and 37 years, respectively (Fig. 1a and Table 1; deVoer et al. unpublished data). Both mutations were reported in the Bloom’s syndrome registry, and are thus found in Bloom’s syndrome patients.\(^9\) Since there are no precise numbers on the frequency of pathogenic $BLM$ mutations in the general population, we queried the data browser from the Exome Aggregation Consortium (ExAC; $n=61,486$)\(^10\), a publicly available dataset containing exomes from individuals of European, African or Asian ancestry. We established an overall prevalence of known deleterious $BLM$ mutations of approximately one in 900 individuals (0.11%), suggesting that the prevalence of $BLM$ mutations is enriched in our cohort of 55 early-onset CRC patients. To determine whether we could validate these findings, we managed to collect and analyse a cohort of 185 CRC patients diagnosed with CRC before the age of 50 years originating from the Netherlands.
Targeted re-sequencing of \( BLM \) in cases and controls. \( BLM \) is thought to be a classical tumour suppressor gene\(^{11,12} \), suggesting that somatic events targeting the wild-type \( BLM \) allele may contribute to the development of CRC. Therefore, we analysed four available tumours and matched normal colonic tissue for loss of heterozygosity (LOH) and mutations in the \( BLM \) locus (Table 1). In

### Table 1. Deleterious \( BLM \) mutations in patients with early-onset colorectal cancer were identified using whole-exome (discovery cohort) or targeted (replication cohort) resequencing.

<table>
<thead>
<tr>
<th>Case</th>
<th>Nucleotide change</th>
<th>Mutation</th>
<th>rs-number</th>
<th>Sex</th>
<th>Age of onset</th>
<th>Familial history for cancer(^a)</th>
<th>Tumour available</th>
<th>2nd hit</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Discovery cohort (n = 55)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>P008</td>
<td>c.3558 + 1G &gt; T</td>
<td>Splicing</td>
<td>rs148969222</td>
<td>F</td>
<td>29</td>
<td>2CRC (2x)</td>
<td>No</td>
<td>N/A</td>
</tr>
<tr>
<td>P034</td>
<td>c.2695C &gt; T</td>
<td>p.Arg899*</td>
<td></td>
<td>M</td>
<td>37</td>
<td>1CRC (2x), 2CRC (1x)</td>
<td>Yes</td>
<td>Tumour LOH</td>
</tr>
<tr>
<td><strong>Replication cohort (n = 185)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>RC001</td>
<td>c.98 + 1G &gt; A</td>
<td>Splicing</td>
<td></td>
<td>F</td>
<td>45</td>
<td>Multiple 1st and 2nd degree family members with cancer</td>
<td>Yes</td>
<td>No(^b)</td>
</tr>
<tr>
<td>RC002</td>
<td>C.1642C &gt; T</td>
<td>p.Gln548*</td>
<td>rs200389114</td>
<td>M</td>
<td>38</td>
<td>2CRC (2x)</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>RC003</td>
<td>c.2695C &gt; T</td>
<td>p.Arg899*</td>
<td></td>
<td>F</td>
<td>43</td>
<td>2CRC (6x)</td>
<td>Yes</td>
<td>No(^b)</td>
</tr>
</tbody>
</table>

\(^a\)The number preceding the type of cancer indicates the familial relation, e.g. 1, first-degree relative; 2, second-degree relative. F, female; M, male; CRC, colorectal cancer; LOH, loss of heterozygosity; N/A, not available. \(^b\)Samples were only analysed for tumour LOH.

### Table 2. Enrichment analyses for known deleterious \( BLM \) mutations in early-onset CRC cases compared to a cohort of population-matched controls in in-house and public databases. \(^a\)In-house data set of sequenced exomes; \(^b\)ExAC, Exome Aggregation consortium\(^{10} \); Abbreviations: OR, odds ratio; CI, confidence interval.

\[ \begin{array}{ccc}
\text{Control cohort (1/532)} & \text{In-house control exomes}^a (2/2,329) & \text{ExAC}^b (71/61,486) \\
\hline
\text{OR: 8.67} & \text{OR: 18.99} & \text{OR: 14.15} \\
95\% \text{ CI, 0.69–455.36} & 95\% \text{ CI, 2.17–227.56} & 95\% \text{ CI, 2.85–43.37} \\
P = 0.05516 & P = 0.003534 & P = 0.001482 \\
\end{array} \]

\((n = 105)\) and Germany \((n = 80)\), as well as a control cohort of 532 healthy individuals, for the presence of deleterious \( BLM \) mutations.

Second-hit mutation analyses in tumours of \( BLM \) mutation carriers. \( BLM \) is thought to be a classical tumour suppressor gene\(^{11,12} \), suggesting that somatic events targeting the wild-type \( BLM \) allele may contribute to the development of CRC. Therefore, we analysed four available tumours and matched normal colonic tissue for loss of heterozygosity (LOH) and mutations in the \( BLM \) locus (Table 1). In
DNA from one tumour (P034) a clear reduction of the wild-type allele compared to the normal tissue was observed, suggesting loss of the wild-type BLM allele in the tumour (Fig. 2a). Subsequent genome-wide profiling of this tumour showed that multiple regions exhibited copy-number neutral LOH, including the entire q-arm of chromosome 15 on which the BLM gene is located (Fig. 2b and Supplementary Figure 2).

On the remaining three tumours second-hit mutation analysis was performed using MIP-based sequencing of the entire coding region of BLM. However, due to poor quality and low quantity of the DNA this analysis was only successful for one tumour (RC002), which did not reveal additional somatic mutations in the coding region of BLM.

**Risk for CRC in heterozygous BLM mutation carriers.** Next, we collected clinical information from all five CRC patients in which we identified the BLM mutations, as well as from members of the corresponding families (Fig. 1b). Several first-degree relatives of index cases P034 and RC001 have a history of CRC, and cases P008, RC002 and RC003 have multiple second-degree relatives with CRC. The affected sister of case RC001 was found to be carrier of a pathogenic MSH2 mutation (data not shown), which was not present in the BLM mutation-positive proband. We were unsuccessful in collecting DNA from the parents of the probands or other family members to perform co-segregation analyses. However, all identified BLM mutations have previously been described and reported in the data from the ExAC browser, strongly suggesting that they are inherited from either one of the parents.

**Discussion**

Using exome sequencing we previously identified two individuals with early-onset CRC (≤ 45 years of age) that carried a deleterious BLM mutation in a cohort of 55 CRC cases (de Voer et al. unpublished data). We estimated that on average only one in every 900 individuals in the general population is a carrier of a known deleterious BLM mutation, indicating an enrichment of BLM mutation carriers amongst individuals that develop CRC at an early age. Targeted re-sequencing of the BLM locus in an additional cohort of cases and controls confirmed this enrichment in individuals with early-onset CRC. In the tumour of one of these individuals, the BLM gene was found to be completely inactivated by somatic loss of the wild-type allele. Analyses of the familial histories for cancer revealed that carriers of a heterozygous deleterious BLM mutation most likely have a low-to-moderate penetrant risk for developing CRC.

As yet, precise estimations of the carrier rate of pathogenic BLM mutations in the general population have not been reported. Based on data from the Exome Aggregation Consortium (ExAC) database, the prevalence of pathogenic BLM mutations is 0.11%. However, in certain populations, such as in people from Ashkenazi Jewish ancestry, carrier frequencies may be as high as 1%6. Previous research on the risk for developing CRC in carriers with a pathologic BLM mutation has mainly focused on this latter group. Studies in mice have shown that the genetic background and levels of BLM protein may have an effect on the degree of tumour susceptibility13–15, which suggests that other genetic and/or environmental factors may influence the penetrance of mutant BLM alleles. This observation may explain why previous studies, which only focused on the Ashkenazi founder mutation4–6, have not been able to provide conclusive evidence of such an association.

Approximately 45% of registered Bloom syndrome patients have developed one or multiple malignancies. In approximately 12% of Bloom syndrome patients CRC was diagnosed7. Unfortunately, there

Figure 2. Loss of heterozygosity analyses of the deleterious BLM mutation in the tumour of P034. (a) Sanger sequencing results of the region around the variants in reference DNA, DNA from normal- and tumour tissue from the patient, showing a loss of the wild-type C-allele in the tumour. (b) B-allele frequency plot of chromosome 15 showing the loss of heterozygosity along the entire chromosome 15 in the tumour of individual P034 (top) as compared to a reference (bottom). A blue arrow on the top ideogram marks the BLM locus.
are no reports on the incidence of CRC in family members of patients with BLM syndrome that have developed CRC. However, based on the incidence of CRC in Bloom syndrome patients, the penetrance for carriers will likely be even lower, and a pronounced family history for CRC in these individuals is not expected. Next to CRC, heterozygous truncating mutations in BLM have also been associated with an increased risk for breast cancer. In two of the five families in which we identified BLM mutations one or more female relatives were indeed diagnosed with breast cancer. Unfortunately, we were unable to perform segregation analyses, so it therefore remains to be established whether these family members were also carriers of BLM mutations. However, as not all carriers of deleterious BLM mutations develop CRC or breast cancer, additional moderate penetrant risk factors or modifiers most likely influence cancer risk in these carriers. This latter hypothesis is in line with the idea that the risk for CRC at an early age is the result of an interplay between multiple moderate-to-low penetrant genetic and/or environmental risk factors.

Whether complete loss of BLM is necessary for the development of CRC in these heterozygous carriers is currently unclear. Studies in mice have suggested that monoallelic BLM mutations can induce tumorigenesis due to haploinsufficiency, which suggests that additional loss of the wild-type allele is not strictly required for tumour initiation. In line with this, a recent study revealed that breast cancers from BLM mutation carriers did not show somatic inactivation of the wild-type BLM allele. Analyses of a larger group of tumours from BLM mutation carriers is needed to establish the exact molecular mechanism by which heterozygous BLM mutations initiate tumorigenesis.

So far, deleterious BLM mutations have not been described in other whole-exome sequencing studies focusing on the identification of novel genetic risk factors for CRC. A possible explanation for this discordance is that these studies focused on families in which the index patient had at least one first degree relative affected by CRC or families in which the onset of the disease occurred at a later age, rather than on the group of early-onset non-familial cases that we present in this study. Our study is slightly underpowered due to the limiting number of early-onset CRC cases that were available for mutation analyses. However, all comparisons between our discovery and replication cohorts, and the publically and in-house available control cohorts reveal an enrichment of deleterious BLM mutation in early-onset CRC cases. Validation of our findings in another non-Ashkenazi population will substantiate the role of heterozygous BLM mutations and the risk for CRC.

In conclusion, carriers of deleterious BLM mutations may have an increased risk for developing CRC at an early age, and this risk is most likely influenced by other moderate-to-low penetrant risk factors. Further knowledge on whether BLM acts as a classical tumour suppressor gene and/or whether other risk factors are necessary to initiate tumorigenesis, will allow for a more precise estimation of the CRC risk of heterozygous BLM mutation carriers.

Materials and Methods

Study cohorts. The discovery cohort consisted of 55 CRC cases, diagnosed at $\leq 45$ years of age, without polyposis or a mismatch repair deficiency, which were referred to the Radboud university medical center, Nijmegen, the Netherlands. The replication cohort was composed of 185 CRC cases without mismatch-repair deficiency from Nijmegen, The Netherlands and Dresden, Germany, diagnosed before the age of 50, either in the absence or presence of a family history of CRC. All participants provided written informed consent. The study was approved by the Committee on Research involving Human Subjects of the region Arnhem-Nijmegen (Commissie Mengebonden Onderzoek (CMO) Regio Arnhem-Nijmegen; study number 2009/256), the Netherlands. The study was conducted in accordance with the approved guidelines.

Control cohorts and enrichment analysis. The control cohort for targeted resequencing consisted of 532 irreversibly anonymized DNA samples extracted from peripheral blood from individuals with European ancestry. In addition, we retrieved all known pathogenic BLM mutations reported in the Bloom’s syndrome registry (http://weill.cornell.edu/bsr/) from the Exome Aggregation Consortium (ExAC), and from a cohort of 2,329 individuals of which in-house paired-end sequencing data were available with a $>90$-fold median coverage (Agilent V4 kit, Agilent Technologies, Santa Clara, CA, USA; Illumina HiSeq 2500; Illumina, San Diego, CA, USA). These latter exomes were sequenced as a part of routine diagnostic testing for multiple conditions, excluding hereditary cancers, at the department of Human Genetics, Nijmegen, the Netherlands, and the data were analysed anonymously. We calculated that our replication study, with the above-mentioned CRC and control sample sizes, would result in a power of 70%. Power calculations and the Fisher’s exact test to calculate odds ratios (OR) and significance of differences between the CRC cohort and control cohorts were performed using the statistical software package R.

Targeted resequencing by molecular inversion probes. Molecular inversion probes (MIPs) were designed as described by the procedure of O’Roak et al. against the coding region and at least 20 nucleotide intronic sequences up- and downstream of each exon of the BLM gene. Aliquots of each 70-mer oligonucleotide probe (Integrated DNA Technologies, Coralville, IA, USA) were pooled at equimolar ratios and the 5'-end of each probe was phosphorylated using T4 polynucleotide Kinase (New England Biolabs, Ipswich, MA, USA). Genomic DNA was prepared from peripheral blood.
cells or paraffin embedded formalin-fixed (tumour or normal colonic) tissue using standard procedures. MIP-based target enrichment was performed as described previously with minor modifications.2,22 Briefly, 100 ng of genomic DNA was used to capture the target regions. DNA, the phosphorylated MIP pool, dNTPs, polymerase and ligase were pooled, denatured for 10 min at 95 °C and MIP capture was performed for 22 h at 60 °C. After an exonuclease treatment a PCR was performed to amplify the captured material together with forward and barcoded reverse primers suitable for Ion Torrent PGM sequencing: 5′-CCCTCTTAATGGCCAGTTCGTTGATATCGGGAAACGTGAAG-3′ and 5′-CCATCTCATCCCTGCGTGTCTCCGACTCAAGX6XXXXXACGATATCCGCGTATGT-3′ (XXXXXXXX represents the 8 bp barcode). The resulting PCR products were pooled and purified twice using Ampure XP beads (Agencourt, Beckman Coulter, Pasadena, CA, USA). The resulting Ion spheres were run on an Ion Torrent PGM sequencing platform (Life Technologies, Carlsbad, CA, USA). The resulting Ion spheres were run on an Ion Torrent PGM sequencing platform (Life Technologies). Reads were aligned to UCSC human genome assembly hg19 and called and annotated using SequencePilot (JSI medical systems, Ettenheim, Germany). All variants called with a minimal variant percentage of 20% and a minor allele frequency of <1% in dbSNP138 were selected for further analyses. Frameshift variants adjacent to homopolymeric nucletide repeats that occurred in ≥10% of the samples were excluded as these were considered platform-specific artefacts. Variants predicted to be deleterious were validated using Sanger sequencing.

**LOH and copy-number analyses.** Locus-specific loss of heterozygosity (LOH) analyses were performed using DNA extracted from tumour material and adjacent normal tissue. The respective DNA fractions were used to perform PCRs generating small amplicons covering the patient-specific mutations, which were sequenced by Sanger sequencing (primers and conditions available upon request).

**References**


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Author Contributions

Additional Information
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Competing financial interests: The authors declare no competing financial interests.


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