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Utility of Scintigraphic Methods in Patients With Fever of Unknown Origin

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Background: We assessed the utility of scintigraphy with indium 111-labeled polyclonal human IgG scintigraphy in patients with fever of unknown origin that fulfilled the criteria of temperature of 38.3°C or more for at least 3 weeks and no diagnosis during 1 week of hospital admission. We compared the utility of this technique with results of scintigraphic techniques reported in the literature.

Methods: Data for all patients seen at our university hospital in whom 111In-lgG scanning was performed were analyzed and checked for the criteria for fever of unknown origin. The literature on the utility of scintigraphic techniques in patients with fever of unknown origin was reviewed.

Results: We studied 24 patients with fever of unknown origin. In 13 patients, focal 111In-lgG accumulation was observed. In nine (38%) of those, the positive 111In-lgG scintigram led to the final diagnosis; in the other four patients (17%), the scintigraphic findings were not helpful. In the 11 patients with negative 111In-lgG scans, extensive diagnostic workup produced no infection as the final diagnosis in nine patients (38%), one had an abscess in a renal cyst that was detected several months later, and in the other the cause of fever was an infected intravenous line. The overall sensitivity and specificity of 111In-lgG scintigraphy were 81% and 69%, respectively. The positive predictive value was 69% and the negative predictive value was 82%.

Conclusions: Our results show that 111In-lgG scintigraphy significantly contributed to the diagnostic process in patients with fever of unknown origin. A positive scan increased the likelihood of finding the cause of the fever, and a negative scan ruled out an inflammatory component with a high degree of certainty. These data compare favorably with data in the literature concerning other radiopharmaceuticals; a larger prospective evaluation of this technique is indicated.


FEVER OF unknown origin (FUO) has been defined by Petersdorf and Beeson1 as a febrile illness of more than 3 weeks' duration, documented temperature higher than 38.3°C on at least three occasions, and uncertain diagnosis after 1 week of diagnostic workup in the hospital. Currently, a variety of diagnostic imaging procedures, including radiography, magnetic resonance imaging, ultrasonography, and scintigraphy, are potentially useful in patients with FUO.

Scintigraphic imaging, including gallium 67,2-4 white blood cells (WBCs) labeled with indium In 111,5-12 and, most recently, technetium Tc99m-labeled BW250/183, an antigranulocyte monoclonal antibody of murine origin,13 has been applied in patients with FUO to detect infectious and other inflammatory foci. A positive scintigram enhances the likelihood of establishing a final diagnosis.8

A relatively new and potentially useful technique for this indication is indium 111-labeled polyclonal human IgG scintigraphy. Recently, the utility of 111In-lgG scintigraphy in the evaluation of various types of focal inflammation and infection has been studied. Reports have been published in the literature on bone and joint infections,14,15 and abdominal,16 pulmonary,17 and vascular lesions. This technique is also applicable in granulocytic patients.18 Since 111In-lgG is a convenient and safe radiopharmaceutical, comparing favorably with other scin-
PATIENTS AND METHODS

PATIENTS

Records of all patients who underwent \(^{111}\)In-IgG scintigraphy in our hospital were reviewed for FUO. \(^{111}\)In-IgG scan was diagnostically helpfull in the workup of patients with FUO. In nine patients (38%), a positive \(^{111}\)In-IgG scintigraphy was observed. In six of those patients, extensive radiographic techniques, including computed tomography, were studied its diagnostic utility in patients with FUO.

All patients underwent full biochemical and appropriate further investigations, including extensive negative microbiologic methods, which failed to establish a diagnosis within 1 week of admission. These investigations varied from patient to patient; no protocol was followed. The median follow-up of these patients was 216 days (range, 2 to 1500 days).

The final diagnosis was made by the patients' physicians and checked by one of us (E.M.H.A.K.).

RADIOPHARMACEUTICAL

Human nonspecific polyclonal IgG (Sandoglobulin, Sandoz AG, Nürnberg, Germany) was conjugated to diethylentriamine pentaacetic bicyclic anhydride according to the method described by Hnatowich et al \(^{10}\) and labeled with indium \(^{111}\) (indium [\(^{111}\)In] chloride, Medigenix Diagnostics, Fleurus, Belgium). Labeling efficiency was always greater than 95%. A dose of 1 to 2 mg of IgG labeled with 75 MBq of \(^{111}\)In was injected intravenously.

IMAGING PROCEDURES

Exclusion criteria for \(^{111}\)In-IgG scintigraphy were agammaglobulinemia, selective IgA deficiency, and a history of severe adverse reactions after intravenous or intramuscular administration of human IgG. Pregnant or lactating women were also excluded from this study.

Scintigraphic images were obtained with a gamma camera (Siemens Orbiter, Siemens Inc, Hoffman Estates, Ill) connected to an image processor (Scintview, Siemens Inc). All images were collected in digital format in a 256 \(\times\) 256 matrix. A medium-energy parallel-hole collimator (173-keV peak, 15% symmetric window; 247-keV peak, 13% symmetric window) was used.

The \(^{111}\)In-IgG images were acquired 4, 24, and 48 hours after injection for a preset time of 5, 7.5, and 10 minutes, respectively. At least once, 24 hours after injection, spot views of the total body were obtained. Single-photon-emission computed tomographic images were recorded when necessary for more definite localization in three dimensions of areas with increased uptake.

All images were interpreted by three observers, "blinded" to the results of the verification procedures. Disagreements were resolved by consensus opinion. Hyperemic noninflamed lesions may initially show some uptake but no further accumulation of \(^{111}\)In-IgG with time.\(^{21}\) These scans were interpreted as equivocal and not pathologic. An \(^{111}\)In-IgG scan was interpreted as positive only if consistent, locally increasing accumulation could be noted over time. An \(^{111}\)In-IgG scintigram was considered "true positive" only when this imaging procedure was considered helpful in diagnosis.

The results of the scintigraphic findings were verified by clinical, radiographic, and ultrasonographic methods and preferably by microbiologic methods.

STATISTICS

Differences between groups were analyzed by the Mann-Whitney \(U\) test or Student's \(t\) test, when necessary.\(^{22}\)

RESULTS

In 13 (54%) of 24 patients, focal accumulation of activity increasing with time was observed. In nine patients (38%), scintigraphy was diagnostically helpful (Table 1); in eight of these, inflammatory or infective foci were identified as the cause of the fever (Figure 1 and Figure 2). In four other patients (17%), a positive \(^{111}\)In-IgG scintigram did not lead to the final diagnosis (Table 1).

Table 1 also shows the data for the remaining 11 patients, in whom a negative or equivocal \(^{111}\)In-IgG scintigram was obtained. In six of those patients, extensive workup disclosed no diagnosis; follow-up from the start of fever varied from 224 to 929 days (median, 515 days). In two patients a malignant neoplasm most probably was the cause of the fever, and one patient had positive blood cultures with Salmonella enteritidis serotype paratyphi A. The two remaining patients had infections as the cause of the fever despite negative IgG scintigrams; one had an infected renal cyst, diagnosed 3 months after the negative \(^{111}\)In-IgG scan, and the other had an infected central venous catheter.

If we considered results of \(^{111}\)In-IgG scintigraphy as true positive only when this imaging procedure led to the diagnosis, sensitivity was 82%, specificity was 69%, and positive and negative predictive value was 69% and 82%, respectively.

Comparison of the erythrocyte sedimentation rate of patients with positive scans (mean±SD, 80.8±43.0 mm/h) with that of patients with negative scans (mean±SD, 70.5±47.5 mm/h) yielded no significant difference (\(P=.66\)). Likewise, WBC counts of patients with positive scans (mean±SD, 9.9±5.7\(\times\)10\(^3\)L) and patients with negative scans (mean±SD, 8.0±3.3\(\times\)10\(^3\)L) did not differ significantly (\(P=.38\)).

Comparison of the groups with positive and negative \(^{111}\)In-IgG scans showed that a positive scan significantly increased the likelihood of reaching a diagnosis: in 11 (85%) of 13 patients with a positive scan, a final diagnosis was made, compared with only five (45%) of 11 patients with a negative scan (\(P=.05\)).

COMMENT

From this study, it can be concluded that \(^{111}\)In-IgG scintigraphy is a promising technique in the workup of patients with FUO, as indicated by an overall sensi-

ARCH INTERN MED/VOL 155, OCT 9, 1995 1990
tivity of 82%. The specificity was 69%. These results compare favorably with data in literature dealing with other radiopharmaceuticals (Table 2). Most scintigraphic studies in FUO have been performed with gallium citrate Ga 67 and 111In-WBCs. For scintigraphic studies with Ga 67, sensitivity ranged from 75% to 100% and specificity varied widely, ranging from 38% to 100%. In 111In-WBC scintigraphy, sensitivity and specificity appeared to be much higher, ranging from 90% to 100% and 84% to 86%, respectively. When these data are compared, 111In-WBC scintigraphy seemed to perform somewhat better than Ga 67 scintigraphy and 111In-IgG scintigraphy. However, few studies adhere to the criteria for FUO formulated by Petersdorf and Beeson; some even include postoperative patients with fever, who often have a localized abscess. Those results cannot be extrapolated to those patients with classic FUO, making comparison of these data somewhat hazardous. Moreover, in most other studies, only a selection of patients with FUO was included.

Knockaert et al found in patients with FUO that a positive Ga 67 scintigram increased the chances of reaching a final diagnosis; 77% of patients with positive scans in contrast to 34% of those with negative scans were given a final diagnosis. This is in agreement with our findings with the use of 111In-IgG: a final diagnosis was made in 10 (77%) of 13 patients with a positive scan and in five (45%) of 11 patients with a negative scan. In previous experience with more than 1000 patients studied with 111In-IgG for a variety of indications, this technique had a high diagnostic yield, and in comparison with Ga 67 and 111In-WBC scintigraphy, it has many advantages. First, unlike gallium citrate Ga 67 and technetium Tc 99m hexamethylpropyleneamine oxime–labeled WBCs, 111In-IgG is not secreted in the normal bowel, leading to better detection of abdominal infections or inflammation. In addition, the radiation burden of gallium citrate Ga 67 is higher than that of 111In-IgG, ie, an effective dose equivalent of 27 and 15 mSv, respectively.

Table 1. Characteristics of Patients According to Results of Indium In 111 IgG Scans

<table>
<thead>
<tr>
<th>Patient/ Age, y/ Sex</th>
<th>ESR, mm/h</th>
<th>Clinical Data</th>
<th>Leukocytes, x10³/L</th>
<th>Fever Duration, wk</th>
<th>Localization of Uptake</th>
<th>Final Diagnosis</th>
<th>Additional Investigations</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/81/F 93</td>
<td>140</td>
<td>Arthritis of knee, heart murmur</td>
<td>11.4</td>
<td>4</td>
<td>Right knee</td>
<td>Tuberculous arthritis, spondylodiskitis</td>
<td>Puncture, C</td>
</tr>
<tr>
<td>2/67/F 132</td>
<td>8.5</td>
<td>Lumbar pain</td>
<td>12.7</td>
<td>7</td>
<td>Right lower abdomen</td>
<td>Aseptic necrosis of hips, no diagnosis</td>
<td>X, CT, S, PE</td>
</tr>
<tr>
<td>3/23/F 40</td>
<td>5.7</td>
<td>Lymphadenopathy, abdominal pain, arthritis</td>
<td>26.5</td>
<td>22</td>
<td>Right lower abdomen</td>
<td>Ileum metastasis of surgically cured lung cancer</td>
<td>US, S</td>
</tr>
<tr>
<td>4/65/M 140</td>
<td>5.7</td>
<td>No abdominal complaints</td>
<td>7.6</td>
<td>7</td>
<td>Ascending colon</td>
<td>Abscess with Escherichia coli after appendicitis</td>
<td>Ulcerative colitis</td>
</tr>
<tr>
<td>5/63/M 90</td>
<td>4.7</td>
<td>No abdominal complaints, steroids</td>
<td>5.4</td>
<td>8</td>
<td>Both lungs, left hip, knee</td>
<td>Nonclassifiable noninfectious inflammatory lung disease, culture-negative peritonitis</td>
<td>Open lung B, CT, US, C, B, blood, DSA</td>
</tr>
<tr>
<td>6/33/M 70</td>
<td>13.6</td>
<td>Recurrent abdominal pain, no diarrhea</td>
<td>6.6</td>
<td>11</td>
<td>Right lung</td>
<td>Pleural empyema and spondylitis with Staphylococcus aureus</td>
<td>CT, X, B, US, C</td>
</tr>
<tr>
<td>7/48/M 72</td>
<td>13.8</td>
<td>Polyarthritis, pleural effusion</td>
<td>10.9</td>
<td>20</td>
<td>No activity in kidney</td>
<td>Hydronephrosis in colon cancer, E coli in urine</td>
<td>US, X, colonoscopy, S, PE</td>
</tr>
<tr>
<td>8/46/M 136</td>
<td>5.7</td>
<td>Low thoracic pain, pleural effusion</td>
<td>3.9</td>
<td>4</td>
<td>Nose, left axilla</td>
<td>Systemic lupus erythematosus, nonspecific lymphadenopathy of axilla</td>
<td>B, CT, blood</td>
</tr>
<tr>
<td>9/63/F 20</td>
<td>2.9</td>
<td>Polyarthritis, diarrhea without blood</td>
<td>8.1</td>
<td>53</td>
<td>Both hips</td>
<td>Aseptic necrosis of hips, no cause of fever found</td>
<td>X, Tc bone scan, US</td>
</tr>
<tr>
<td>10/49/M 50</td>
<td>8.5</td>
<td>Fatigue, recurrent fever for 5 y</td>
<td>120</td>
<td>7</td>
<td>Right hip</td>
<td>No diagnosis</td>
<td>S, C</td>
</tr>
<tr>
<td>11/61/M 120</td>
<td>75</td>
<td>Abdominal pain, extreme weight loss</td>
<td>3.9</td>
<td>4</td>
<td>Nose, left axilla</td>
<td>Systemic lupus erythematosus, nonspecific lymphadenopathy of axilla</td>
<td>B, CT, blood</td>
</tr>
<tr>
<td>12/25/F 75</td>
<td>13.4</td>
<td>Dyspnea, heart murmur, spontaneous recovery from fever</td>
<td>13.4</td>
<td>23</td>
<td>Ascending colon</td>
<td>No diagnosis</td>
<td>Blood, C</td>
</tr>
</tbody>
</table>

(continued)
Table 1. Characteristics of Patients According to Results of Indium In 111 IgG Scans* (cont)

<table>
<thead>
<tr>
<th>Patient/Age, y/ESR, mm/h</th>
<th>Clinical Data</th>
<th>Leukocytes, x10³/L</th>
<th>Fever Duration, wk</th>
<th>Localization of Uptake</th>
<th>Final Diagnosis</th>
<th>Additional Investigations†</th>
</tr>
</thead>
<tbody>
<tr>
<td>14/25/F 84/10</td>
<td>Heart murmur; Indonesian travel</td>
<td>6.1</td>
<td>6</td>
<td>Equivocal (pelvis)</td>
<td>Salmonella sepsis, prompt response to antibiotics</td>
<td>X, blood, C</td>
</tr>
<tr>
<td>15/77/M 112</td>
<td>Cough, diarrhea; artificial heart valves</td>
<td>7.4</td>
<td>17</td>
<td>None</td>
<td>Hodgkin’s disease and lung cancer</td>
<td>S, B, bronchoscopy</td>
</tr>
<tr>
<td>16/62/M 96</td>
<td>Fatigue; spontaneous recovery after 4 mo</td>
<td>10.0</td>
<td>13</td>
<td>None</td>
<td>No diagnosis</td>
<td>BM, CT, C, US, blood</td>
</tr>
<tr>
<td>17/52/M 40</td>
<td>Fatigue, slight weight loss; pigeon fancier; spontaneous recovery after 10 mo</td>
<td>5.5</td>
<td>12</td>
<td>Equivocal (right lower abdomen)</td>
<td>No diagnosis</td>
<td>X, B, CT, B, US, C</td>
</tr>
<tr>
<td>18/46/M 140</td>
<td>Myalgia of legs; fatigue, anorexia</td>
<td>5.5</td>
<td>30</td>
<td>Equivocal (lungs)</td>
<td>Acute leukemia</td>
<td>CT, US, BM, bone biopsy</td>
</tr>
<tr>
<td>19/63/F 112</td>
<td>Fatigue, lumbar pain, transient diarrhea; spontaneous recovery after 4 mo</td>
<td>11.1</td>
<td>3</td>
<td>None</td>
<td>No diagnosis</td>
<td>US, CT, X, B, blood, C</td>
</tr>
<tr>
<td>20/53/F 14</td>
<td>Persistent recurrent fever for &gt;4 y</td>
<td>4.6</td>
<td>88</td>
<td>None</td>
<td>No diagnosis</td>
<td>MR, CT, US, B, X, blood, C</td>
</tr>
<tr>
<td>21/35/M 5</td>
<td>Tick bite; recurrent fever with headache; spontaneous recovery after 1 y</td>
<td>4.4</td>
<td>51</td>
<td>None</td>
<td>No diagnosis</td>
<td>CT, X, B, C, blood, US</td>
</tr>
<tr>
<td>22/27/M 4</td>
<td>Fatigue; spontaneous recovery after 10 mo</td>
<td>7.1</td>
<td>18</td>
<td>Equivocal (colon)</td>
<td>No diagnosis</td>
<td>US, colonoscopy, C, blood</td>
</tr>
</tbody>
</table>

True-Negative Scans

False-Negative Scans

23/54/F 93 | Heart murmur, kidney transplant, renal cysts | 11.7 | 5 | None | Infected renal cyst, culture negative after use of several antibiotics | S, C |
| 24/68/F 71 | Scleroderma, heart murmur, renal failure | 14.5 | 5 | None | Infected central catheter with Staphylococcus epidermidis | CT, X, blood, US, C |

*US indicates ultrasound; CT, computed tomography; B, biopsy; C, culture; S, surgery; MR, magnetic resonance imaging; X, x-ray; BM, bone marrow aspiration; PE, pathologic examination; DSA, digital subtraction angiography; and Tc, technetium.
†Investigations performed to verify the diagnosis are shown in boldface. For true-positive scans, all additional investigations were performed for verification.

Figure 1. Patient 2. Abnormal uptake in the left hip and back (arrow) caused by spondylodisks.

Figure 2. Patient 3. Abnormal uptake in the right lower abdomen (arrow) caused by Crohn’s disease.
of infection.26 In a prospective comparative study in subacute infections, with the use of 111In-WBC and 111In-IgG scintigraphy, Oyen et al11 found a higher diagnostic accuracy of 111In-IgG scintigraphy.

The need to draw blood and to isolate and label leukocytes makes 111In-WBC and 99mTc-WBC scintigraphy more time consuming, complicated, and costly than 111In-IgG scintigraphy. It takes 3 hours to prepare the radiopharmaceutical, and not every department of nuclear medicine has the facilities to label leukocytes. Of major concern are the handling of blood and the possibility of administering the cells to the wrong patient.27 There is a limitation to the use of all scintigraphic techniques, including 111In-IgG: lesions in organs with relatively high physiologic uptake, eg, liver, heart, spleen, and kidneys, can be missed. Because of these advantages and the high diagnostic yield, 111In-IgG scintigraphy may become the first choice in scintigraphic investigations in patients with FUO.

Since this study, like all studies on scintigraphic methods in FUO, is retrospective, the exact role of 111In-IgG scintigraphy in the diagnostic process of patients with FUO is unknown. Prospective studies are necessary to provide such additional information.

Accepted for publication January 23, 1995.

This study was supported in part by a grant from RW Johnson Pharmaceutical Research Institute, Spring House, Pa, and the Netherlands Institute for Internal Medicine through a grant from Glaxo Inc, Zeist, the Netherlands.

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