Branhamella catarrhalis Septicaemia in a Granulocytopenic Patient

Introduction

Branhamella catarrhalis (former name: Neisseria catarrhalis) is a gram-negative diplococcus which occurs as a commensal in the upper respiratory tract. The organism may cause acute, often mild and self-limiting infections such as otitis media, maxillary sinusitis and lower respiratory tract infections (1, 2). Recently, however, B. catarrhalis has been reported as the etiologic agent of serious infections, especially in the immuno and myelo-suppressed host (3-9). The present paper reports a case of septicaemia in a leukaemic patient.

Case Report

A 24-year-old woman was admitted because of acute myeloblastic leukaemia (AML) in relapse. The AML had been diagnosed six months before, and administration of daunorubicine, vincristine and cytosine arabinoside had been followed by a remission. On examination there were no abnormalities. Laboratory investigations: Hb: 8.9 mmol/l; WBC: 37 x 10⁹/l with 4.2 x 10⁹/l granulocytes and 85% blast cells; platelet count: 7.0 x 10⁹/l. Further laboratory studies were normal. Chest and sinus radiographs were normal. Under protective isolation and oral antibiotic prophylaxis consisting of neomycin, polymyxin B, amphotericin B and nalidixic acid (SAM regimen) (10), intermediate dose cytosine arabinoside and daunorubicine (11) was started. During the period of pancytopenia she developed a temperature of 39°C. Physical examination revealed only a nasopharyngitis and bacteriological investigations showed no abnormalities. The temperature returned to normal without systemic antibiotics. A week later, still pancytopenic, she had a chill after a transfusion and developed diarrhoea. She appeared ill with a temperature of 39°C. The chest X-ray was normal, but sinus X-ray films disclosed an air fluid level in the right maxillary sinus. Blood cultures were taken and because septicaemia was suspected, treatment with intravenous tobramycin and cefamandole (4 x 1 g) was started. During the next four days her temperature remained around 39°C and repeated examinations showed no abnormalities.

On the fifth day tender red subcutaneous nodules (Figure 1) were found on the arms and legs. Cultures from the maxillary sinus could not be taken because of disseminated intravascular coagulation (DIC) and profound thrombocytopenia. On the same day three blood cultures were reported to be positive for B. catarrhalis, sensitive to amoxicillin and to cefamandole, intermediate to tobramycin and resistant to sulfamethoxazole and trimethoprim (disk diffusion technique). One of the blood cultures also yielded Staphylococcus aureus, as did one stool specimen. Antibiotic treatment was changed to amoxicillin (6 x 2 g) and cloxacillin (6 x 1 g) intravenously. Within the next five days the bone marrow recovered, the skin lesions cleared and the temperature returned to normal. At this time an aspirate from the maxillary sinus showed many leucocytes, but no bacteria in the Gram stain; cultures remained sterile. Amoxicillin and cloxacillin were continued for twelve days. The patient experienced another remission and was discharged in good condition.
Discussion

This report documents the pathogenicity of *B. catarrhalis* in a compromised host. Previously, this agent was recognised as the cause of otitis media (1), maxillary sinusitis (2), pneumonia (3, 7), meningitis with septicaemia (4, 6) and endocarditis (8, 9). Our patient had subcutaneous nodules giving the impression of a disseminated infection. Since the lesions were not punctured for culture, we cannot prove that they represented metastatic lesions with *B. catarrhalis*. The skin lesions did not resemble the skin lesions of meningococcal septicaemia which have also been reported in *B. catarrhalis* meningitis (6). As a gram-negative microorganism, *B. catarrhalis* produces endotoxin and this might explain the DIC. Although the *B. catarrhalis* strain was sensitive in vitro to cefamandole, our patient did not respond until a high dose of amoxicillin was given.

At the same time, however, the bone marrow recovered. Since organisms like *B. catarrhalis* are not eradicated with the oral non-absorbable antibiotics used (10), infections with such microorganisms can occur. Prophylaxis with co-trimoxazole (12) most probably would not have prevented this infection either, since the microorganism was co-trimoxazole-resistant. Our case report underlines the experience in previous reports that *B. catarrhalis* is an opportunistic pathogen that may cause serious systemic infections in the compromised host.

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Literature