I. INTRODUCTION

Oxides of the transition metals, like LaAlO$_3$ and SrTiO$_3$, are intriguing and useful materials, displaying many properties attributed to electron correlations effects like ferro- and antiferromagnetism, colossal magnetoresistance, metal-insulator transitions, and high and low temperature superconductivity. Recently, pulsed laser deposition growth methods succeeded to combine different oxides in heterostructures with layers as thin as 10-20 lattice parameters and relatively sharp interfaces. These samples resemble the well known semiconductor heterostructures, since the different band gaps of the two materials and their band line-up at the interface can lead to quantization of the electronic states into two-dimensional levels, opening the way to the typical two-dimensional electron systems phenomena.

The bandstructure of semiconductor heterostructures is quite successfully described with the effective mass k.p method with wavefunctions that are matched at the interface between adjacent layers. Such a framework is absent for the transition metal oxide heterostructures and is developed in this paper. Much interest in these structures has been triggered by the observation in magnetotransport of a high-mobility electron gas at the LaAlO$_3$/SrTiO$_3$ interface, an unexpected feature in view of the fact that the constituent materials are both insulators. Several models have been proposed to explain the presence of the charge carriers at the interface. A so-called polar catastrophe, namely the charge transfer of half an electron per unit cell (3.3 $\times$ 10$^{14}$ cm$^{-2}$) at the interface to compensate the ever increasing electrostatic potential due to the polar layers in LaAlO$_3$, has been often invoked. A wide range of charge densities, also orders of magnitude away from those expected from this model, have been measured, revealing that details of the structure and in particular the presence of oxygen vacancies also have a crucial role.

The origin of the charge carriers is not completely understood and there are also conflicting ideas on the nature of the bands that are responsible for the conductivity. Recently, tight-binding calculations showed that the bands of the quasi-two-dimensional electron gas are either atomic-like or delocalized depending on the carrier density. In the low density regime ($n < 1$ $\times$ 10$^{14}$ cm$^{-2}$), the electrons are deeply spread into the SrTiO$_3$ due to strong dielectric screening and the subbands are only meV apart. For higher densities, nonlinear screening becomes important and the electrons are confined closer to the interface.

Many experiments and theoretical calculations have been performed for these higher densities showing atomic-like levels, eV apart. Here, electron correlations clearly play an important role giving rise to enhanced effective masses, effects of localization and Kondo phenomena, that cannot be described in a single particle model. However many results are reported on high mobility, low density heterostructure samples (densities $n \sim 1$ $\times$ 10$^{13}$ cm$^{-2}$) which show clear Shubnikov de Haas oscillations, with at least one but often several two-dimensional subbands. Two dimensional magneto-transport with signatures of multiple subband conduction have also been observed in $\delta$ doped SrTiO$_3$. In the multiple subband case, subband separations of a few meV can be resolved. This low density regime has recently been shown to be related to La-deficient films.

In this paper we focus on the properties of the electrons in the low density regime. In this regime the single particle bandstructure can be effectively described with a 6-band k.p approach for the bands of the bulk materials, and matching of the envelope functions at the interface for the LaAlO$_3$/SrTiO$_3$ heterostructures. We determined effective mass parameters by fitting the bulk bandstructure as calculated with density functional theory (DFT).

The effective mass k.p method complements tight-binding calculations in the low density regime where
the electron states are sufficiently extended and where it is more convenient in view of the large number of atoms in the unit cell. Furthermore, the \textbf{k}p method can easily be extended to incorporate the effect of perpendicular and parallel magnetic fields, electric fields and self-consistent calculation if necessary. Our versatile effective mass approach and the parameters that we obtain can be used in many SrTiO$_3$-based heterostructures, giving results that are very useful to analyze experiments on these new materials. In particular, the relatively heavy masses experimentally observed in this material system follow directly from the single-particle band structure. Our method could be applied to obtain the single particle energy level structure in many of the samples mentioned in previous work, including multiple subband conduction observed on application of an electrostatic potential to a SrTiO$_3$ surface.\textsuperscript{21}

As an important example, we apply our method to the LaAlO$_3$/SrTiO$_3$ interface which has shown two-dimensional conductivity. We determine the quantized energy levels, the in-plane dispersion and the density of states. Via quasiclassical quantization, we calculate the energy levels in a magnetic field and compare the results to magnetotransport measurements. Note that when all relevant parameters of the sample are known (density, layer thicknesses and doping), there are no free parameters left and the calculation gives the actual energy level structure. Deviations between theory and experiments should then be attributed to the neglect of correlations in the calculations. Such an accurate theory is therefore an excellent starting point to study correlation effects. Our calculations are relevant for all low density SrTiO$_3$-based two-dimensional systems and are particularly relevant for the analysis of recent multisubband Shubnikov-de Haas (SdH) oscillations.\textsuperscript{22} Here, we find anisotropic, non-parabolic bands with quite different in-plane masses and an energy dependent density of states that is important for the interpretation of the SdH experiments, which usually assumes parabolic and isotropic bands. Moreover, as the relevant energy spacings at the interface are meV, incorporation of spin-orbit (SO) coupling is crucially important. Similar results with small subband separations and heavy in-plane masses are also reported in Refs.\textsuperscript{15} and \textsuperscript{17}.

In section\textsuperscript{II} we model the bulk conduction band structure around the $\Gamma$ point using the \textbf{k}p approach. In section\textsuperscript{III} we find the \textbf{k}p parameters by fitting the bulk bands calculated within DFT. We discuss in detail the importance of SO coupling. In section\textsuperscript{IV} we use the envelope function method to calculate the subband energy structure of SrTiO$_3$ quantum wells. In section\textsuperscript{V} we introduce an electric field to account for the polar structure of the interface and compare our results to the SdH experiments. Section\textsuperscript{VI} presents a summary of this work.

\section{Bulk Band Structure Model}

In this section, we construct the \textbf{k}p model of the band structure of the LaAlO$_3$/SrTiO$_3$ interface around the $\Gamma$ point. We first use symmetry arguments to show that the SrTiO$_3$ conduction bands alone are enough to describe the system, making a \textbf{k}p model of LaAlO$_3$ unnecessary. We then model the conduction bands of SrTiO$_3$ with three effective mass parameters $L$, $M$, $N$, the spin orbit splitting $\Delta_{SO}$ and the low temperature tetragonal distortion energy splitting $\Delta_T$. In section\textsuperscript{III} these five \textbf{k}p parameters are determined by fitting to the DFT bulk band structure of SrTiO$_3$.

![Figure 1. Bulk band structure of (top) cubic SrTiO$_3$ and (bottom) cubic LaAlO$_3$ calculated without spin-orbit interaction. The states at $\Gamma$ are labeled by the symmetry representation and by the dominant atomic character. The La $f$ states have symmetry $\Gamma_{2g}$, $\Gamma_{25}$, $\Gamma_{25}$ with increasing energy. Notice that only the $\Gamma_{25}$ Ti $t_{2g}$ bands are considered to calculate the energy subbands at the LaAlO$_3$/SrTiO$_3$ interface (see text).](image-url)
described in section III labeled with the symmetry and atomic character at $\Gamma$. Based on the position and symmetry of the bands in the two materials, we argue that a description of the SrTiO$_3$ band edge only is sufficient. In fact, the conduction band of SrTiO$_3$ has a minimum at the $\Gamma$ point constituted by the 6-fold degenerate (including spin) Ti $t_{2g}$ bands. The $t_{2g}$ bands are a subset of the $d$ bands, $d_{xy}$, $d_{yz}$ and $d_{zx}$, split by the crystal field from the other $d$ bands, the $e_g$ states which lie $\sim 2$ eV higher. In the cubic perovskite structure, the $t_{2g}$ bands at $\Gamma$ transform as $\Gamma_{25}^+$. These bands should be matched to states of the same symmetry in the LaAlO$_3$ layer. However, the lowest $\Gamma_{25}^+$ states in the LaAlO$_3$ are located well above the band gap and since the band-offset is expected to be of type $\Gamma^+$ even further above the $t_{2g}$ states in SrTiO$_3$. Moreover, in LaAlO$_3$, the states of this symmetry are localized on La, namely on a different crystalline position than the Ti in the SrTiO$_3$, with consequent small overlap. Therefore, we can safely neglect a spreading of the Ti $t_{2g}$ states in the LaAlO$_3$ and assume an infinite potential barrier at the interface. This greatly simplifies the problem, avoiding explicit matching of the wavefunctions in the two materials.

From now on we focus on the 6-fold degenerate $t_{2g}$ states in SrTiO$_3$, which have $\Gamma_{25}^+$ symmetry like the $p$-states in III-V semiconductors with zincblende structure. Note that, due to the crystal field, the orbital momentum $l = 2$ of the $d$-states is no longer a good quantum number. The spin-orbit splitting will be considered as a perturbation on this level structure and will split the 6-fold degeneracy into a 4-fold $J = 3/2$ multiplet of symmetry $\Gamma_{8}^+$ and a 2-fold $J = 1/2$ multiplet of symmetry $\Gamma_{7}^+$, exactly as in the valence band of III-V semiconductors.

Following Ref. [25] we describe the bulk Ti $t_{2g}$ bands around $\Gamma$ by means of a $k \cdot p$ Hamiltonian depending on 3 effective mass parameters $L, M, N$, the spin-orbit splitting $\Delta_{SO}$ and the low temperature tetragonal distortion energy splitting $\Delta_T$:

$$H = H_{\text{cubic}}(L, M, N) + H_{SO}(\Delta_{SO}) + H_T(\Delta_T).$$  \hspace{1cm} (1)

We choose as basis functions the six $k = 0$ $t_{2g}$ states $|X \uparrow\rangle, |Y \uparrow\rangle, |Z \uparrow\rangle, |X \downarrow\rangle, |Y \downarrow\rangle, |Z \downarrow\rangle$ corresponding to $d_{yz}, d_{zx}$ and $d_{xy}$ with both spin up and spin down, although $H_{\text{cubic}}$ and $H_T$ do not depend on spin.

$$H_{\text{cubic}} = \begin{pmatrix} H_{r^+} & 0 \\ 0 & H_{\Gamma_{25}^+} \end{pmatrix}$$  \hspace{1cm} (2)

where $H_{\Gamma_{25}^+}$ describes the $\Gamma_{25}^+$ bands in a cubic crystal.

4-fold $\Gamma_{8}^+$ and 2-fold $\Gamma_{7}^+$ level:

$$H_{SO} = \frac{\Delta_{SO}}{3} \begin{pmatrix} 0 & i & 0 & 0 & 0 & -1 \\ -i & 0 & 0 & 0 & 0 & i \\ 0 & 0 & 0 & 1 & -i & 0 \\ 0 & 0 & 1 & 0 & -i & 0 \\ 0 & 0 & i & i & 0 & 0 \\ -1 & -i & 0 & 0 & 0 & 0 \end{pmatrix}.$$  \hspace{1cm} (4)

At a temperature $T = 110$ K, SrTiO$_3$ undergoes a structural phase transition to a tetragonal symmetry. At $T = 4.2$ K the TiO octahedra have rotated $2.1^\circ$ around the tetragonal axis. We include this distortion in our model because we want to compare our results to low temperature transport experiments at $T = 4.2$ K. For the heterostructures, we choose the tetragonal axis along the growth axis which we call the $z$ axis throughout this article. $H_T$ has only two non-zero matrix elements $\langle Z \uparrow | V | Z \uparrow \rangle = \langle Z \downarrow | V | Z \downarrow \rangle = \Delta_T$ that, at $\Gamma$, shift the $|Z\rangle$ band $\Delta_T$ above $|X\rangle$ and $|Y\rangle$.

The effect of spin-orbit interaction on the $t_{2g}$ bands is described only by the splitting $\Delta_{SO}$ at $\Gamma$ between the

As the spin-orbit splitting is important near $\Gamma$, it is convenient to introduce the $|J, m_j\rangle$ basis in which $H_{SO}$ is
diagonal
\[ u^1_r(r) = \frac{3}{2} \sqrt{3} = \frac{1}{\sqrt{3}} |X + iY \uparrow| \]
\[ u^2_r(r) = \frac{3}{2} \sqrt{3} = \frac{1}{\sqrt{3}} |X - iY \uparrow + i\sqrt{3}Z \downarrow| \]
\[ u^3_r(r) = \frac{3}{2} \sqrt{3} = \frac{1}{\sqrt{3}} |X + iY \downarrow - i\sqrt{3}Z \uparrow| \]
\[ u^4_r(r) = \frac{3}{2} \sqrt{3} = \frac{1}{\sqrt{3}} |X - iY \downarrow| \]
\[ u^5_r(r) = \frac{3}{2} \sqrt{3} = \frac{1}{\sqrt{3}} |X + iY \downarrow + i\sqrt{3}Z \downarrow| \]
\[ u^6_r(r) = \frac{3}{2} \sqrt{3} = \frac{1}{\sqrt{3}} |X - iY \downarrow - i\sqrt{3}Z \downarrow| \] (5)

In this basis
\[ H_{SO} = \frac{\Delta_{SO}}{3} \text{diag}[-1, -1, -1, -1, 2, 2] \] (6)
which lowers the \( J = 3/2 \) multiplet by \( \Delta_{SO}/3 \) and raises the \( J = 1/2 \) multiplet by \( 2\Delta_{SO}/3 \). In the following, for simplicity, we take the origin of energy at the \( J = 3/2 \) multiplet which is the minimum of the conduction band.

Since the lowest states are almost purely eigenstates of the total angular momentum \( J \), it is convenient to write the matrix \( H \) explicitly in the \( |J, m_J\rangle \) basis of Eq. (5):

\[
H = \begin{pmatrix}
 p & b^\dagger & -ia & 0 & a/\sqrt{2} & -i\sqrt{2}b \\
b & q & 0 & ia & \sqrt{3}a^\dagger & c^\dagger \\
-ia^\dagger & q & 0 & b & c^\dagger & \sqrt{3}a \\
0 & -ia & b^\dagger & p & -i\sqrt{2}b^\dagger & a^\dagger/\sqrt{2} \\
a^\dagger/\sqrt{2} & \sqrt{3}a & c & i\sqrt{2}b & r & 0 \\
i\sqrt{2}b^\dagger & c & \sqrt{3}a^\dagger & a/\sqrt{2} & 0 & r
\end{pmatrix}
\] (7)

with
\[ a = \frac{1}{\sqrt{3}} N(k_x - i k_y) k_z \]
\[ b = \frac{1}{2\sqrt{3}} (L - M)(k_x^2 - k_y^2) - \frac{1}{3} i N k_x k_y \]
\[ c = \frac{1}{3\sqrt{2}} i (L - M)(k_x^2 + k_y^2 - 2k_z^2) - \frac{\sqrt{2}}{3} \Delta_T \]
\[ p = \frac{1}{2} (L + M)(k_x^2 + k_y^2) + Mk_z^2 \]
\[ q = \frac{1}{6} (L + 5M)(k_x^2 + k_y^2) + \frac{1}{3} (2L + M)k_z^2 + \frac{2}{3} \Delta_T \]
\[ r = \frac{1}{3} (L + 2M)(k_x^2 + k_y^2 + k_z^2) + \Delta_{SO} + \frac{1}{3} \Delta_T \] (8)

The effective mass parameters \( L, M \) and \( N \) and the energy splittings \( \Delta_T \) and \( \Delta_{SO} \) have to be determined by experiments or calculations. As discussed in detail in Ref. 23 the experimental data for SrTiO\(_3\) is rather scarce and contradictory and therefore we have performed DFT calculations which also allow to study each term in the Hamiltonian separately.

<table>
<thead>
<tr>
<th>( k\cdot p ) parameters</th>
<th>numerical value</th>
<th>calculation</th>
</tr>
</thead>
<tbody>
<tr>
<td>( L )</td>
<td>0.6104(2) eV(^2)</td>
<td>cubic no SO</td>
</tr>
<tr>
<td>( M )</td>
<td>9.73(2) eV(^2)</td>
<td>cubic no SO</td>
</tr>
<tr>
<td>( N )</td>
<td>-1.616(4) eV(^2)</td>
<td>cubic no SO</td>
</tr>
<tr>
<td>( \Delta_{SO} )</td>
<td>28.5 meV</td>
<td>cubic with SO</td>
</tr>
<tr>
<td>( \Delta_T )</td>
<td>2.1 meV</td>
<td>tetragonal no SO</td>
</tr>
</tbody>
</table>

Table I. \( k\cdot p \) parameters found by fitting the DFT band structure of SrTiO\(_3\).

III. BAND STRUCTURE PARAMETERS

A. DFT calculations

We perform first-principles calculations in the framework of DFT (Refs. 27 and 28) employing the Perdew-Burke-Ernzerhof (PBE) generalized gradient approximation (GGA).\(^{29}\) The projector augmented wave (PAW) method\(^{30}\) is applied, as implemented in the Vienna \( \text{ab initio} \) simulation program (VASP).\(^{32,33}\) We use standard PAW data sets as provided with the VASP package, which have for Sr a frozen \([Ar]3d^{10}\) core, for Ti and Al a frozen \([Ne]\) core, and for La a frozen \([Kr]4d^{10}\) core. The La data set includes \( f \)-channel augmentation. Calculations with a harder data set (smaller PAW core radii) for oxygen, confirm our results. VASP uses spinors for calculations with spin-orbit coupling in the Kohn-Sham (KS) Hamiltonian.

A kinetic energy cutoff of 400 eV is employed for the plane wave expansion of the KS orbitals. The calculations are done with a \( \Gamma \)-centered \( 12 \times 12 \times 12 \) \( k\)-mesh.\(^{34}\)

We use experimental lattice parameters at room temperature: \( a = 3.905 \text{ Å} \) for SrTiO\(_3\) (Ref. 35) and \( a = 3.789 \text{ Å} \) for LaAlO\(_3\).\(^{36}\) For body-centered tetragonal SrTiO\(_3\) we use \( a = 3.896 \text{ Å} \) and \( c = 3.899 \text{ Å} \).\(^{37}\)

To find the character of the bands, we project the KS states onto spherical harmonics, within a radius \( r_p \). For SrTiO\(_3\) we choose \( r_p \approx 1.2 \text{ Å} \) for all elements.

The resulting band structures for cubic SrTiO\(_3\) and cubic LaAlO\(_3\) are shown in Fig. 1.

B. Fit effective mass parameters

The energy band dispersion given by Eq. (8) along the three high symmetry lines \( k = (\kappa, 0, 0), k_{||} = (\kappa, \kappa, 0) \) and \( k = (\kappa, \kappa, \kappa) \) can be written analytically in terms of \( L, M \) and \( N \). These effective mass parameters are then determined by fitting to the DFT band structure of cubic SrTiO\(_3\) without spin-orbit coupling. The \( k_x, k_y \) and \( k_z \) directions are equivalent because of the cubic symmetry. The resulting values for \( L, M \) and \( N \) are listed in Table I. Fig. 2(a) shows that the \( k\cdot p \) model accurately reproduces the DFT calculations at least up to \( k = 0.15 \text{ Å}^{-1} \). Along \( k_z \) there is one very flat band with \( m^* = 6.24 m_0 \). This unusual heavy mass originates from the fact that the \( |Z| \) state lies in the \( xy \)-plane and does not extend along the
z direction, as shown in the inset of Fig. 2. Along $k_{||}$ we find three distinct dispersions given by $1/(L+M+N)k_z^2$, $1/(L+M-N)k_z^2$ and $Mk_z^2$ which indicate that $N \neq 0$, in contrast to what has been used in Ref. 8.

C. Calculation of $\Delta_{SO}$ and $\Delta_T$

In this Section we discuss how the inclusion of SO coupling and of a tetragonal distortion modify the band structure of Fig. 2. To determine $\Delta_{SO}$ we calculate the DFT energy band structure of cubic SrTiO$_3$ including spin-orbit coupling. We find $\Delta_{SO} = 28.5$ meV, in agreement with other calculations. Fig. 2, shows the resulting 4-fold $J = 3/2$ states and the 2-fold $J = 1/2$ split-off bands at $\Gamma$. Although the latter is located $\Delta_{SO}$ above $J = 3/2$, it affects the dispersion of the $(3/2, \pm 1/2)$ band to which it is coupled at finite $k_z$. Along $k_z$, the $(3/2, \pm 3/2)$ and the $(3/2, \pm 1/2)$ are the light and heavy mass electrons respectively. This is opposed to the well-studied case of $p$-type valence bands in III-V semiconductors, which can be easily understood by noting that while the $p_z$ lobe extends mainly in the $z$ direction, the $(Z)$ state extends only in the $xy$-plane. Notice that the spin-orbit interaction makes the effective heavy electron mass much lighter, bringing it from $m^* = 6.24$ $m_0$ to $m^* = 1.17$ $m_0$ and with an almost linear dispersion at larger $k_z$.

The tetragonal distortion energy splitting $\Delta_T$ is determined by calculating the band structure of the tetragonally distorted SrTiO$_3$ without spin-orbit interaction. We find $\Delta_T = 2.1$ meV, close to the values found in Refs. 8 and 37. The tetragonal distortion breaks the symmetry between $k_x$ and $k_z$ as is shown for the case of tetragonally distorted SrTiO$_3$ including SO in Fig. 2.

In summary, the k-p model is in excellent agreement with the DFT calculations at least up to $k \sim 0.1$ Å$^{-1}$, which is the relevant range for confinement over lengths larger than ~40 Å.

IV. QUANTUM WELL SUBBANDS

In the previous section we have shown that the k-p method describes the conduction band of bulk SrTiO$_3$ very well. A heterostructure leads to a potential profile along the growth direction $V(z)$, leading to quantization of $k_z$. The wavefunction can then be written as

$$\psi_{k_{||},k_z}(r) = e^{ik_{||} \cdot r_{||}} u(r) \cdot \phi(z).$$

with $k_{||} = (k_x, k_y, 0)$, $r_{||} = (x, y, 0)$ and the basis functions $u_i(r)$ have the periodicity of the bulk unit cell. The components of $\phi(z)$, $\phi_1(z)$...$\phi_6(z)$ are the envelope functions replacing $e^{ik_z z}$ which vary slowly on the scale of the unit cell. They can be found by solving the eigenvalue equation:

$$\begin{aligned}
\left\{ H \left( k_z \rightarrow -i \frac{\partial}{\partial z} + V(z) \right) \right\} \phi(z) = E(k) \phi(z)
\end{aligned}$$

(10)

From here on we will always use the full Hamiltonian $H$ of Eq. (1). We solve this equation by the finite difference method, where we discretize the envelope wavefunction on an equispaced grid in real space $^{38}$.

For illustration, in Fig. 3 we show the quantized energy levels in a 100 Å wide SrTiO$_3$ quantum well (QW) with infinite barriers. With increasing energy, the first, third and fourth subbands derive from the heavy $(3/2, \pm 1/2)$ bands and have a mixed $(3/2, \mp 1/2)$ and $(1/2, \pm 1/2)$ character, whereas the second subband has a pure $(3/2, \pm 3/2)$ character. In the in-plane direction, the heavy electrons have a light effective mass and vice versa. This leads to strongly non-parabolic dispersion of the in-plane subbands. In particular we see a strong avoided crossing between the first two subbands at finite in-plane wavevectors. As a consequence, the equal energy contours are strongly anisotropic and energy dependent, a property which is important for the interpretation of Si:H experiments that we will discuss in the next section.

V. THE EFFECT OF ELECTRIC AND MAGNETIC FIELDS

The results obtained previously can be used to make a realistic calculation of the energy levels of different LaAlO$_3$/SrTiO$_3$ heterostructures and δ doped SrTiO$_3$. All these systems exhibit low dimensional Shubnikov de Haas oscillations with 1/B periodic oscillations, but with an anomalous amplitude behavior. That is, instead of a monotonically increasing amplitude with increasing field, successive oscillations may either be bigger or smaller. Furthermore, several articles mention that the densities obtained from Hall experiments are very different from the ones obtained from the quantum oscillations. These observations indicate multiple subband conduction and in refs. 14 and 15, multiple subbands are explicitly mentioned. These results show the need for accurate band structure calculations, such as those we present here.

Charge neutrality dictates that an interface two-dimensional electron gas requires an equivalent positive charge somewhere in the system. In the case of a heterostructure, this charge is in the adjacent layers and leads to a constant electric field. This, in turn, leads to a potential $V(z)$ that increases linearly with distance from the interface, confining the carriers in the SrTiO$_3$ side of the LaAlO$_3$/SrTiO$_3$ interface. As discussed in section III, the interface can be modeled by an infinite barrier, leading to a triangular potential

$$\begin{aligned}
V(z) = Fz & \quad \text{if } z \geq 0 \\
V(z) = \infty & \quad \text{if } z < 0.
\end{aligned}$$

(11)
Because of the overall charge neutrality the electric field strength $F$ is directly related to the density of the electron gas at the interface. As explained above, there is no consensus on the exact origin of the carriers at the LaAlO$_3$/SrTiO$_3$ interface, so that the carrier density is not fixed. We therefore choose a low carrier density $n \sim 10^{13}$ cm$^{-2}$, giving rise to $F$ on the order of tenths of meV/Å. These numbers are typical for samples described in refs. 14, 15, and 59.

In Fig. 4 we show the dependence of the first 10 quantized levels on $F$. Dashed (blue) lines: $|3/2, \pm 3/2\rangle$ states. The other subbands have a mixed $|3/2, \pm 1/2\rangle$ and $|1/2, \pm 1/2\rangle$ character. Notice the meV spacing in this range of fields. The vertical (red) line is at the field $F = 0.1$ meV/Å for which the subband dispersion is presented in Fig. 5.

Figure 2. Dispersions of the $t_{2g}$ bands in cubic SrTiO$_3$ according to DFT calculations (dots) and to the $k \cdot p$ model (lines) with the parameters given in Table I (a) cubic SrTiO$_3$ without SO ($H = H_{\text{cubic}}$) along $k_z$ and $k_y = (\kappa, \kappa, 0)$. Along $k_y$, the steepest strength of the confining triangular well. We show the quantized levels on the electric field strength. The inset shows the $d_{xz}$ orbitals (upper) and $d_{xy}$ orbitals (lower). The three distinct bands along $k_y$ indicate $N \neq 0$. (b) cubic SrTiO$_3$ with SO ($H = H_{\text{cubic}} + H_{\text{SO}}$). Note that the bands are shifted by $\Delta_{\text{SO}}/3$ so that the $j = 3/2$ multiplet edge is at $E = 0$. (c) tetragonally distorted SrTiO$_3$ with SO ($H = H_{\text{cubic}} + H_{\text{SO}} + H_{\Delta_T}$). Note that $k_x$ and $k_z$ are no longer equivalent.

Figure 3. (Color online) Left: quantized levels (horizontal lines) and corresponding $k = 0$ envelope functions of a 100 Å SrTiO$_3$ QW. The second subband (dashed lines) has a pure $|3/2, \pm 3/2\rangle$ character. The envelope function of the states derived from the $|3/2, \pm 1/2\rangle$ band (solid lines) are mixed and we plot both $|3/2, \pm 1/2\rangle$ and $|1/2, \pm 1/2\rangle$ components: the modulus squared of the $|3/2, \pm 1/2\rangle$ component is 98\%, 88\% and 80\% for increasing energy. Right: in-plane dispersion. Each subband is plotted with the same color in both panels. Notice the non-parabolic dispersion due to the strong avoided crossing between the first and second subbands. The horizontal (red) line at $E = 16$ meV corresponds to the energy for which the, strongly anisotropic, equal energy contours are shown in the inset.

Figure 4. (Color online) Dependence of the first 10 quantized levels on $F$. Dashed (blue) lines: $|3/2, \pm 3/2\rangle$ states. The other subbands have a mixed $|3/2, \pm 1/2\rangle$ and $|1/2, \pm 1/2\rangle$ character. Notice the meV spacing in this range of fields. The vertical (red) line is at the field $F = 0.1$ meV/Å for which the subband dispersion is presented in Fig. 5.
ings due to the spin-orbit interaction and the tetragonal
distortion. In Fig. 5 we show the envelope functions and subband dispersion calculated for electric field strength
$F = 0.1$ meV/Å. We see that the envelope functions at $k = 0$ have the asymmetric shape corresponding to the
Airy functions. In this range of fields, the extension of the first subbands is of the order of 100 Å, which justi-
fies the choice of the envelope function method. The
plane dispersion, as for a QW, is strongly non-parabolic
and anisotropic, particularly due to the strong avoided
crossing between the first and second subband at finite
$k$. Notice that, as already found in the bulk, SO cou-
leping yields a heavy effective mass and an almost linear dispersion at finite $k$ of the lowest subband.

An additional feature is represented by the small
Rashba spin splittings which result from SO coupling
in combination with the asymmetric potential. The
spin splitting is strong near avoided band crossings and
anisotropic, as can be seen in the inset of Fig. 5. No-
tice that if the $k \cdot p$ coupling $N$ is taken to be zero, the
Hamiltonian of Eq. (11) splits into two equivalent $3 \times 3$
blocks and there is no spin splitting. In other reports $N$
is neglected and a Rashba Hamiltonian is introduced to
account for the spin splitting.

Figure 5. (Color online) Left: quantized levels (horizontal
lines) and corresponding $k = 0$ envelope functions of a tri-
angular SrTiO$_3$ well with slope $F = 0.1$ meV/Å indicated
by a solid line. The second and fifth subbands (dashed lines)
have a pure $|3/2, \pm 3/2\rangle$ character. The envelope function of the
states derived from the $|3/2, \pm 1/2\rangle$ band (solid lines) are
mixed and we plot both $|3/2, \pm 1/2\rangle$ and $|1/2, \pm 1/2\rangle$ components: the modulus squared of the $|3/2, \pm 1/2\rangle$ component is
98%, 96% and 94% for increasing energy. Right: in-plane
dispersion. Each subband is plotted with the same color in
both panels. Notice the almost linear dispersion of the first
subband away from $\Gamma$. A small spin splitting is due to the
non symmetric confining potential (see text). The (red) hori-
izontal line at $E = 18.6$ meV corresponds to the energy for
which the equal energy contours are shown in the inset.

These complex bands and non parabolic in plane dis-
persions will lead to strongly non linear energy levels in
a magnetic field. However, using quasiclassical quan-
tization one can relate the Fermi surface $S$ in $k$-space
directly to the frequency of the quantum oscillations by:

$$ S = \frac{2\pi e f}{\hbar}. \quad (12) $$

We can therefore use this relation to compare our calcula-
tions to experimental results such as those of Ref. 14. We
calculate the surfaces and corresponding frequencies for
various values of $F$ as a function of energy. We average
over the Rashba spin-split bands, as these small splittings
cannot be resolved in experiments. In Fig. 5 we show the
calculated frequencies as a function of the Fermi energy
for $F = 0.1$ meV/Å, together with the frequencies that
were measured for one of the three samples in Ref. 14
(sample S2). We see that at this value of the electric
field, at $E_F = 18.6$ meV our calculations are in very
good agreement with the experimental values. The elec-
tron density for this Fermi energy is $n = 7.2 \times 10^{12}$ cm$^{-2}$.
Notice that the large splitting between the first and the
second frequency is a general feature that does not de-
pend on the precise values of $F$ and $E_F$. It is a conse-
quency of the almost linear dispersion of the lowest sub-
band at finite $k$.

From the temperature dependence of the SdH oscilla-
tions, one can extract an average effective mass at the
Fermi energy. As the bands are neither parabolic nor
isotropic, the average effective mass at the Fermi energy
is difficult to compute for the subbands we have calcu-
lated. One way to proceed is to calculate the density of
states (DOS) and relate this to the effective mass. For
a two-dimensional system with parabolic isotropic bands
the DOS is constant

$$ \text{DOS}_{2D} = \frac{m^*}{2\pi\hbar^2}. \quad (13) $$

explicitly counting each spin. We calculate the DOS for
each subband by use of the $k$ space energies on a fine grid,
and build a normalized Gaussian with 0.8 meV width
around each point. The resulting DOS is not constant, as
the subbands are neither parabolic nor isotropic. Never-
thless, it represents an average of the subband dispersion
over all $k$ points with the same energy, and it can there-
fore be related to the energy dependent effective mass by
inverting Eq. (13):

$$ m^*(E) = 2\pi\hbar^2\text{DOS}(E). \quad (14) $$

In Fig. 7 we show the DOS and the corresponding ef-
ective mass as a function of energy. The precise values of
the effective masses are very sensitive to the chosen $E_F$
but the order of heavy and light masses is a robust fea-
ture. In Ref. 14 the authors find masses corresponding to
the four frequencies reported in Fig. 6 of 2.0 $m_0$, 0.9 $m_0$,
0.9 $m_0$, 0.9 $m_0$ with decreasing frequency. We also find
that the mass of the lowest subband is more than twice
that of the following three subbands. For $E_F = 18.6$ meV
and averaging over the spin-split states we find 1.5 $m_0$,
0.5 $m_0$, 0.5 $m_0$, 0.5 $m_0$ which gives a satisfactory
agreement. Note that the spin-split bands can have quite
different effective masses, for example the effective masses
of the third spin-split subband are $m^* = 0.42 \ m_0$ and $m^* = 0.52 \ m_0$.

![Figure 6](image_url) (Color online) Dependence on the Fermi energy of the Fermi surface $S$ (right axis) or of the frequency $f$ of quantum oscillations (left axis) for all occupied subbands calculated with $F = 0.1 \ \text{meV/Å}$. The colors correspond to those of Fig. 5. The Fermi surface has been calculated by averaging over the small spin splittings (see Fig. 5). The horizontal dashed lines correspond to the frequencies observed in SdH experiments of Ref. 14 for sample S2: $f_1 = 83 \ \text{Tesla}$, $f_2 = 36 \ \text{Tesla}$, $f_3 = 20 \ \text{Tesla}$, $f_4 = 8 \ \text{Tesla}$. Notice that at the energy $E_F = 18.6 \ \text{meV}$, indicated by a vertical (red) line, the first four frequencies coincide with the measured values.

VI. SUMMARY AND PERSPECTIVES

In summary, we have calculated the subband structure at the LaAlO$_3$/SrTiO$_3$ interface with the $k\cdot p$ envelope function method, using effective mass parameters describing the bulk bandstructure calculated by DFT, leaving no free parameters for a well defined sample with a known thickness and charge density. To compare to experimental results, we have assumed a low carrier density resulting in meV spaced subbands and a weak confining electric field. We have calculated the subband dispersion, density of states, effective masses and the frequencies of SdH oscillations. We find several occupied, anisotropic, non-parabolic subbands a few meV apart with different, and rather heavy, effective masses as also found experimentally. For an electric field strength $F = 0.1 \ \text{meV/Å}$, corresponding to a charge density of $7.2 \times 10^{12} \ \text{cm}^{-2}$, we even find an excellent agreement with specific experimental data.

Our study can be easily extended to consider other structures, since the effective mass $k\cdot p$ method allows one to calculate in a very versatile and not too demanding way the effect of structure, layering, strain and composition, as well as the effect of magnetic and electric fields and doping.

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10 See Figs. 7, 3 and 6 of Ref. 9.